

Choosing a Saint for Confirmation

Question: Why do I need a Confirmation Name?

Answer: When you were baptized your parents gave you a name, your “baptismal name.” Generally this is the name people know you by. Your Baptism was the beginning of your Christian journey. As you enter into the final stages of preparation for the Sacrament of Confirmation, you have the opportunity to renew your own faith and to claim it as your own. Your Confirmation name signifies your new life in Christ. You are beginning a new stage in your life as an adult in the Catholic Church.

Guidelines

- ❖ When you choose a new name, it should be the name of someone from the Bible or a Catholic Saint. The person needs to be listed in the **official Catholic list** of saints.
- ❖ The name you choose should be because a particular person or saint is a role model for you. It is up to you to decide whom you will choose, but please be thoughtful and respectful in your choice.

Steps to Choosing a Saint

1. In choosing your saint name, choose someone whom you can identify with, someone who has qualities or a life story that is ***meaningful to you***. Go online and look for saints that interest you. For example if you like fishing, you might google “patron saint of fishing.” If you like music you might google “patron saint of music.” You can also google something like, “greatest or most important saints in the Catholic Faith.” If you need a particular grace such as courage, look for “saints who showed courage.” If you need peace in our heart or life, google, “patron saint of peace.”
2. If you have a relative with whom you are particularly close, you might want to take their name as a way to honor them. For example if Uncle Robert is your favorite uncle, google St. Robert and see if it is a good fit for you. You may want to consider who your sponsor is and why you admire him or her and take their name.

3. When you have found a saint with whom you identify, who is a good role model for you, write a one-page paper explaining why the saint whom you chose is a good role model for you. All papers should be typed and double spaced with your name and the date at the top of the page.

Note: the due date is posted on a separate sheet. It is important that this form be submitted promptly and on time.

If you have questions, please contact Sr. Joanne at (716) 803-6049 or sisterjoanne@yahoo.com