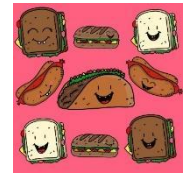

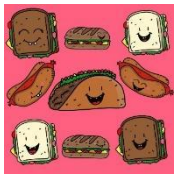


RIVER VALLEY CHARTER SCHOOL LUNCH MENU

September 2025

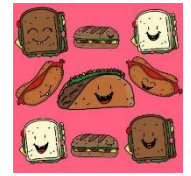



Monday	Tuesday	Wednesday	Thursday	Friday	Other Options
<p>-1- NO SCHOOL! LABOR DAY</p> 	<p>-2- <i>National Cheese Pizza Day (5th)</i></p> <p>Stuffed-Crust Pizza Cheese or Pepperoni Pizza on Whole Grain Crust</p> <p>Steamed Mixed Vegetables</p>	<p>-3- <i>Chinese Take Out Day!</i></p> <p>General Tsao's Chicken w/ Brown Rice</p> <p>Steamed Edamame & Carrots Fortune Cookie</p>	<p>-4-</p> <p>WG Pasta w/ Sauce Pasta w/ tomato sauce & Garlic Texas Toast</p> <p>Steamed Broccoli</p>	<p>-5-</p> <p>Chicken Caesar Wrap Seasoned Fries</p>	<p>LUNCH IS FREE!! FOR ALL STUDENTS! Second Meals: \$3.50</p> <p><u>Alternate Lunch Entrée Choices</u></p> <p>Sunbutter & Jelly w/ Cheese Stick Sunbutter & Fluff w/ Cheese Stick</p> <p>Bagel w/Yogurt & Cheese Stick Box</p> <p>Garden Salad w/Breadstick</p> <p>Deli Sandwich</p> <p>Hummus Box (Hummus, crackers, grapes, & vegetable)</p> <p>GF Nacho Box Tortilla Chips, Cheese & Salsa cup</p> <p>Charcuterie Box (Crackers, Salami, Cheddar Cheese, grapes and & vegetable)</p>
<p>-8-</p> <p>WG Triton Pizza Cheese or Pepperoni Pizza on Whole Grain Crust</p> <p>Steamed Green Beans</p>	<p>-9- <i>September is National POTATO Month!</i></p> <p>Baked Potato Bar w/Seasoned Beef, Queso Cheese, Sour Cream, Salsa & Cheesy Breadstick</p> <p>Steamed Broccoli Fresh Baked Cookie</p>	<p>-10-</p> <p>Chicken Patty on a Bun <i>(Plain or Spicy)</i> w/ lettuce & tomato</p> <p>Curly Fries</p>	<p>-11-</p> <p>Hot Dog <u>or</u> Corndog BBQ Baked Beans Sweet Corn</p>	<p>-12-</p> <p>Chicken & Waffles w/ dipping sauces</p> <p>Roasted Sweet Potatoes</p>	
<p>-15-</p> <p>Stuffed-Crust Pizza Cheese or Pepperoni Pizza on Whole Grain Crust</p> <p>Ranch Kale Chips</p>	<p>-16-</p> <p>Pulled Pork Nachos w/ Queso Cheese, Salsa, Sour Cream</p> <p>Seasoned Black Beans</p>	<p>-17-</p> <p>Build a Burger w/ Cheese, Lettuce, Tomato</p> <p>Smiley Fries</p>	<p>-18-</p> <p>Popcorn Chicken w/ soft dinner roll & dipping sauces</p> <p>Mashed Potato Sweet Corn</p>	<p>-19-</p> <p>Grilled Cheese Sandwich Steamed Carrots</p>	



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Monday	Tuesday	Wednesday	Thursday	Friday	Other Options
<p>-22-</p> <p>WG Triton Pizza Cheese or Pepperoni Pizza on Whole Grain Crust</p> <p>Steamed Mixed Vegetables</p>	<p>-23-</p> <p>Turkey Bacon Ranch Wrap</p> <p>Broccoli Florets w/ Ranch</p>	<p>-24-</p> <p>French Toast Sticks w/ Sausage Link</p> <p>Sweet Potato Waffle Fries</p>	<p>-25- <i>National Quesadilla Day!</i></p> <p>Cheese or Chicken Quesadilla w/ sour cream & salsa</p> <p>Mexicali Corn</p>	<p>-26- <i>HALF DAY!</i></p> <p>Bento Box w/ Wheat Crackers, Chocolate Chickpea Dip, Apple Slices, Cheese stick, Roasted Chickpeas, 8oz Milk</p>	<p>LUNCH IS FREE!!</p> <p><i>Rainbow veggie tray and assorted fruit offered every day!</i></p>  <p>Back To School</p> <p>Questions? Contact: Sarah Littmann, RD 978-465-2397 x1063 Sarah.littmann@tritonschools.org</p> <p>MILK ONLY \$0.60 JUICE ONLY \$0.60 8oz WATER \$0.75 FRESH FRUIT \$0.60</p>
<p>-29- <i>National Kale Day (Oct 1st)</i></p> <p>Gil's Pizza Cheese or Buffalo Chicken Pizza on Whole Grain Crust</p> <p>Ranch Kale Chips</p>	<p>-30-</p> <p>Mozzarella Sticks w/ Garlic knot and Marinara Sauce</p> <p>Roasted Parmesan Green Beans</p>	<p>-1-</p> <p>Chicken & Vegetable Dumplings w/ Teriyaki Sauce</p> <p>Steamed Edamame Fortune Cookie</p>	<p>-2-</p> <p>Meatball Sub GF meatball on sub roll w/ Marinara sauce & Parmesan Cheese</p> <p>Steamed Carrots</p>	<p>-3-</p> <p>Chicken Nuggets w/ soft dinner roll & dipping sauces</p> <p>Mashed Potato Sweet Corn</p>	

Menu is subject to change without notice ~ USDA is an equal opportunity provider and employer ~

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