

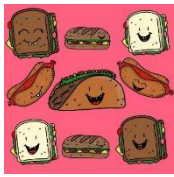


RIVER VALLEY CHARTER SCHOOL LUNCH MENU

September 2026



Monday	Tuesday	Wednesday	Thursday	Friday	Other Options
-31- NO SCHOOL!	-1- Brunch for Lunch Box ZeeZee Bar, Yogurt, Flavored Applesauce, 100% Vegetable Juice, 8oz Milk	-2- Ham & Cheese on a Croissant w/ Flavored Raisins, Assorted Veggies & 8oz milk	-3- Crunch for Lunch Box Protein Cheese Bites, Cheddar Goldfish, Apple Crisps, 100% Vegetable Juice, 8oz Milk	-4- NO SCHOOL!	LUNCH IS FREE!! Second meal: \$3.50 <u>Alternate Lunch Entrée Choices</u> Sunbutter & Jelly w/ Cheese Stick Sunbutter & Fluff w/ Cheese Stick Bagel w/Yogurt & Cheese Stick Box Garden Salad w/Pita Deli Sandwich Hummus Box (Hummus, crackers, grapes, & vegetable) GF Nacho Box Tortilla Chips, Cheese & Salsa cup Charcuterie Box (Crackers, Salami, Cheddar Cheese, grapes and & vegetable)
-7- NO SCHOOL! LABOR DAY 	-8- Stuffed-Crust Pizza Cheese or Pepperoni Pizza on Whole Grain Crust Steamed Mixed Vegetables	-9- <i>National Dumpling Day!</i> Chicken & Vegetable Dumplings w/ Teriyaki Sauce Steamed Edamame Fortune Cookie	-10- Build a Burger w/ Cheese, Lettuce, Tomato, Cheese Smiley Fries	-11- Chicken & Waffles w/ dipping sauces Roasted Sweet Potatoes	
-14- Stuffed-Crust Pizza Cheese or Pepperoni Pizza on Whole Grain Crust Steamed Green Beans	-15- Nachos w/ Fajita Chicken, Queso Cheese, Lettuce, Salsa, Sour Cream Seasoned Black Beans	-16- Baked Potato Bar w/Seasoned Beef, Queso Cheese, Sour Cream, Salsa & Cheesy Breadstick Steamed Broccoli	-17- <i>Branch for Lunch!</i> French Toast Sticks w/ Sausage Link Roasted Sweet Potatoes	-18- Chicken Nuggets w/ Dinner Roll Mashed Potatoes Sweet Corn	



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Monday	Tuesday	Wednesday	Thursday	Friday	Other Options
-21- <i>National Pepperoni Day! (Sept 20th)</i> WG Triton Pizza Cheese or Pepperoni Pizza on Whole Grain Crust Ranch Kale Chips	-22- WG Pasta w/ Sauce <i>Pasta w/ choice of meat or meatless sauce</i> Steamed Green Beans	-23- BBQ Chicken Rice Bowl <i>w/ Pineapple Rice</i> Sweet Corn	-24- Hot Dog <u>or</u> Corndog BBQ Baked Beans	-25- <i>National Quesadilla Day!</i> Cheese or Chicken Quesadilla w/ sour cream & salsa Mexicali Corn	LUNCH IS FREE!!   Questions? Contact: Sarah Littmann, RD, MS, SNS 978-255-4019 Sarah.littmann@ tritonschools.org MILK ONLY \$0.60 JUICE ONLY \$0.60 8oz WATER \$0.75 FRESH FRUIT \$0.60
-28- WG Gil's Pizza Cheese or Buffalo Chicken Pizza on Whole Grain Crust Kale Slaw	-29- Pasta Alfredo w/ WG Garlic Knot <i>Pasta w/ choice of Alfredo sauce or sauce & chicken</i> Roasted Parmesan Broccoli	-30- <i>Chinese Take Out Day!</i> General Tso's Chicken w/ Brown Rice Steamed Edamame & Carrots Fortune Cookie	-1- <i>World Vegetarian Day!</i> Mozzarella Sticks w/ WG Texas Toast and Marinara Sauce Roasted Green Beans	-2- Popcorn Chicken w/ soft dinner roll & dipping sauces Mashed Potato Sweet Corn	

Menu is subject to change without notice ~ USDA is an equal opportunity provider and employer ~

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