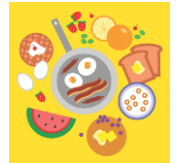






RIVER VALLEY CHARTER SCHOOL BREAKFAST MENU

SEPTEMBER 2025





Monday	Tuesday	Wednesday	Thursday	Friday	Other Options
<p style="text-align: center;">-1-</p> <p style="text-align: center;">NO SCHOOL!</p> <p style="text-align: center;">LABOR DAY</p> 	<p style="text-align: center;">-2-</p> <p style="text-align: center;">Assorted WG Cereal</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Fruit & Yogurt Smoothie with Grahams</p> <p style="text-align: center;">Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-3-</p> <p style="text-align: center;">WG Mini Cinni's</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Fruit & Yogurt Smoothie with Grahams</p> <p style="text-align: center;">Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-4-</p> <p style="text-align: center;">Apple Cinnamon Texas Toast</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Fruit & Yogurt Smoothie with Grahams</p> <p style="text-align: center;">Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-5-</p> <p style="text-align: center;">Whole Grain Strawberry Bar</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Fruit & Yogurt Smoothie with Grahams</p> <p style="text-align: center;">Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">BREAKFAST IS FREE!!</p> <p style="text-align: center;">FOR ALL STUDENTS!</p> <p style="text-align: center;"><u>Alternate Breakfast Entrée Choices</u></p> <p>88 Acres Bar w/Cheese Stick</p> <p>Assorted ZeeZee Bars</p> <p>Assorted Smoothies</p> <p>WG Strawberry Bars</p> <p>Assorted WG Cereal</p> <p>MILK ONLY \$0.60 JUICE ONLY \$0.60 8oz WATER \$0.75 FRESH FRUIT \$0.60</p> 
<p style="text-align: center;">-8-</p> <p style="text-align: center;">WG Grahams w/ Choc Chickpea Dip</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Fruit & Yogurt Smoothie with Grahams</p> <p style="text-align: center;">Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-9-</p> <p style="text-align: center;">Assorted WG Cereal</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Fruit & Yogurt Smoothie with Grahams</p> <p style="text-align: center;">Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-10-</p> <p style="text-align: center;">WG Mini Cinni's</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Fruit & Yogurt Smoothie with Grahams</p> <p style="text-align: center;">Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-11-</p> <p style="text-align: center;">Apple Cinnamon Texas Toast</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Fruit & Yogurt Smoothie with Grahams</p> <p style="text-align: center;">Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-12-</p> <p style="text-align: center;">Whole Grain Strawberry Bar</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Fruit & Yogurt Smoothie with Grahams</p> <p style="text-align: center;">Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	
<p style="text-align: center;">-15-</p> <p style="text-align: center;">WG Grahams w/ Choc Chickpea Dip</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Fruit & Yogurt Smoothie with Grahams</p> <p style="text-align: center;">Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-16-</p> <p style="text-align: center;">Assorted WG Cereal</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Fruit & Yogurt Smoothie with Grahams</p> <p style="text-align: center;">Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-17-</p> <p style="text-align: center;">WG Mini Cinni's</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Fruit & Yogurt Smoothie with Grahams</p> <p style="text-align: center;">Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-18-</p> <p style="text-align: center;">Apple Cinnamon Texas Toast</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Fruit & Yogurt Smoothie with Grahams</p> <p style="text-align: center;">Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-19-</p> <p style="text-align: center;">Whole Grain Strawberry Bar</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">Fruit & Yogurt Smoothie with Grahams</p> <p style="text-align: center;">Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	



RIVER VALLEY CHARTER SCHOOL BREAKFAST MENU

SEPTEMBER 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Other Options
<p style="text-align: center;">-22-</p> <p style="text-align: center;">WG Grahams w/ Choc Chickpea Dip</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie with Grahams</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-23-</p> <p style="text-align: center;">Assorted WG Cereal</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie with Grahams</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-24-</p> <p style="text-align: center;">WG Mini Cinni's</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie with Grahams</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-25-</p> <p style="text-align: center;">Apple Cinnamon Texas Toast</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie with Grahams</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-26-</p> <p style="text-align: center;">Whole Grain Strawberry Bar</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie with Grahams</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">Breakfast is FREE!! FOR ALL STUDENTS!</p>  <p>Questions? Contact: Sarah Littmann, RD 978-465-2397 x1063 Sarah.littmann@ tritonschools.org</p> 
<p style="text-align: center;">-29-</p> <p style="text-align: center;">WG Grahams w/ Choc Chickpea Dip</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie with Grahams</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-30-</p> <p style="text-align: center;">Assorted WG Cereal</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie with Grahams</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-1-</p> <p style="text-align: center;">WG Mini Cinni's</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie with Grahams</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-2-</p> <p style="text-align: center;">Apple Cinnamon Texas Toast</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie with Grahams</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-3-</p> <p style="text-align: center;">Whole Grain Strawberry Bar</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie with Grahams</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	

Menu is subject to change without notice ~ USDA is an equal opportunity provider and employer ~