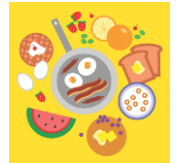





RIVER VALLEY BREAKFAST MENU

OCTOBER 2025





Monday	Tuesday	Wednesday	Thursday	Friday	Other Options
-29- 88 Acre Bar w/ Cheese Stick OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-30- WG Mini Cinni's OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-1- Assorted Snack N' Waffles OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-2- Whole Grain Cinnamon Roll OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-3- Cinnamon Grahams w/ Choc chickpea dip OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	BREAKFAST IS FREE!! FOR ALL STUDENTS! <u>Alternate Breakfast Entrée Choices</u> 88 Acres Bar w/ Cheese stick Assorted Zee Zee Bars Assorted Smoothies Assorted Cereal MILK ONLY \$0.60 JUICE ONLY \$0.60 8oz WATER \$0.75 FRESH FRUIT \$0.60
-6- 88 Acre Bar w/ Cheese Stick OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-7- WG Mini Cinni's OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-8- Assorted Snack N' Waffles OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-9- Whole Grain Cinnamon Roll OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-10- Cinnamon Grahams w/ Choc chickpea dip OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	
-13- NO SCHOOL!	-14- WG Mini Cinni's OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-15- Assorted Snack N' Waffles OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-16- Whole Grain Cinnamon Roll OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-17- Cinnamon Grahams w/ Choc chickpea dip OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	 WG = Whole Grain



RIVER VALLEY BREAKFAST MENU

OCTOBER 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Other Options
<p style="text-align: center;">-20-</p> <p style="text-align: center;">88 Acre Bar w/ Cheese Stick</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-21-</p> <p style="text-align: center;">WG Mini Cinni's</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-22-</p> <p style="text-align: center;">Assorted Snack N' Waffles</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie with Grahams</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-23-</p> <p style="text-align: center;">Whole Grain Cinnamon Roll</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie with Grahams</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-24-</p> <p style="text-align: center;">Cinnamon Grahams w/ Choc chickpea dip</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">Breakfast is FREE!!</p> <p style="text-align: center;">FOR ALL STUDENTS!</p> <p style="text-align: center;">Happy Halloween </p> <p style="text-align: center;">Questions? Contact: Sarah Littmann, RD 978-465-2397 x1063 Sarah.littmann@ tritonschools.org</p> 
<p style="text-align: center;">-27-</p> <p style="text-align: center;">88 Acre Bar w/ Cheese Stick</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-28-</p> <p style="text-align: center;">WG Mini Cinni's</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-29-</p> <p style="text-align: center;">Assorted Snack N' Waffles</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie with Grahams</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-30-</p> <p style="text-align: center;">Whole Grain Cinnamon Roll</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie with Grahams</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	<p style="text-align: center;">-31-</p> <p style="text-align: center;">Cinnamon Grahams w/ Choc chickpea dip</p> <p style="text-align: center;">OR</p> <p>Fruit & Yogurt Smoothie</p> <p>Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk</p>	

Menu is subject to change without notice ~ USDA is an equal opportunity provider and employer ~

