



RIVER VALLEY CHARTER SCHOOL BREAKFAST MENU

NOVEMBER 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Other Options
-3- Assorted WG Zee Zee Bars OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-4- WG Cinnamon Roll OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-5- WG Caramel Mini Cinni's OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-6- Strawberry CC Stuffed Mini Bagels OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-7- WG Muffin OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	BREAKFAST IS FREE!! FOR ALL STUDENTS! <u>Alternate Breakfast Entrée Choices</u> 88 Acres Bar w/ Cheese stick Assorted Zee Zee Bars Assorted Smoothies Assorted Cereal MILK ONLY \$0.60 JUICE ONLY \$0.60 8oz WATER \$0.75 FRESH FRUIT \$0.60
-10- Assorted WG Zee Zee Bars OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-11- NO SCHOOL! 	-12- WG Caramel Mini Cinni's OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-13- Strawberry CC Stuffed Mini Bagels OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-14- WG Muffin OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	
 Thanksgiving is next week, so from all of us at Triton Food Services: <i>Thank you!</i> <i>Follow us on Social Media!</i> @TritonFoodServices   WG = Whole Grain					



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Monday	Tuesday	Wednesday	Thursday	Friday	Other Options
-17- Assorted WG Zee Zee Bars OR Fruit & Yogurt Smoothie Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-18- WG Cinnamon Roll OR Fruit & Yogurt Smoothie Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-19- WG Caramel Mini Cinni's OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-20- Strawberry CC Stuffed Mini Bagels OR Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-21- WG Muffin OR Fruit & Yogurt Smoothie Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	Breakfast is FREE!! FOR ALL STUDENTS!  Questions? Contact: Sarah Littmann, RD 978-465-2397 x1063 Sarah.littmann@tritonschools.org 
-24- Assorted WG Zee Zee Bars OR Fruit & Yogurt Smoothie Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-25- WG Cinnamon Roll OR Fruit & Yogurt Smoothie Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-26- -27- -28- Happy Thanksgiving! 			

Menu is subject to change without notice ~ USDA is an equal opportunity provider and employer ~

