









# RIVER VALLEY CHARTER SCHOOL LUNCH MENU

## October 2025






Monday	Tuesday	Wednesday	Thursday	Friday	Other Options
		<b>Chicken &amp; Vegetable Dumplings</b> w/ Teriyaki Sauce  Steamed Edamame Fortune Cookie	<b>Meatball Sub</b> GF meatball on sub roll w/ Marinara sauce & Parmesan Cheese  Steamed Carrots	<b>Chicken Nuggets</b> w/ soft dinner roll & dipping sauces  Mashed Potato Sweet Corn	<b>LUNCH IS FREE!!</b> FOR ALL STUDENTS! Second Meals: \$3.50  <u>Alternate Lunch Entrée Choices</u>  <b>Sunbutter &amp; Jelly</b> w/ Cheese Stick <b>Sunbutter &amp; Fluff</b> w/ Cheese Stick  <b>Bagel w/ Yogurt &amp; Cheese Stick Box</b>  <b>Garden Salad</b> w/ Breadstick  <b>Deli Sandwich</b>  <b>Hummus Box</b> (Hummus, crackers, grapes, & vegetable)
<b>-6-</b> <i>October is National Pizza Month!</i>  <b>Stuffed Crust Pizza</b> Cheese or BBQ Chicken  Ranch Kale Chips	<b>-7-</b> <i>Taco Tuesday!</i>  <b>Tacos</b> w/ chicken or veggies, cheese, Lettuce, Salsa  Seasoned Black Beans	<b>-8-</b>  <b>Waffle Wednesday!</b> w/ choice of sausage link  Sweet Potato Waffle Fries	<b>-9-</b>  <b>General Tso Chicken</b>  Brown Rice Steamed Peas & Carrots	<b>-10-</b>  <b>Ham &amp; Cheese Melt</b> <i>on a Croissant</i>  Roasted Green Beans	<b>GF Nacho Box</b> Tortilla Chips, Cheese & Salsa cup  <b>Charcuterie Box</b> (Crackers, Salami, Cheddar Cheese, grapes and & vegetable)
<b>-13-</b> <b>No School!</b>  	<b>-14-</b>   <b>Chicken Enchilada Empanadas</b>  Sweet Plantains	<b>-15-</b>   <b>Fish &amp; Chips</b> <i>Locally Sourced Fish Sticks!</i> w/ Dinner Roll  Seasoned Potato Wedges Blueberry Biscuit (cookie) Crumble	<b>-16-</b>   <b>Chicken Tikka Masala</b> w/ WG pita  Basmati Rice Roasted Cauliflower	<b>-17-</b>   <b>Penne Alfredo Pasta</b> w/ choice of chicken and WG Garlic Knot  Roasted Parmesan Broccoli	



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<p><b>-20-</b> <i>Pizza Mondays!!</i></p> <p><b>BD Pizza</b> Cheese or Pepperoni Pizza on WG Crust</p> <p>Ranch Kale Chips</p>	<p><b>-21-</b> <i>National Chicken &amp; Waffle Day (Oct 20<sup>th</sup>)</i></p> <p><b>Chicken &amp; Waffles</b> w/ dipping sauces</p> <p>Roasted Sweet Potatoes</p>	<p><b>-22-</b></p> <p><b>Build a Burger</b> w/ Cheese, Lettuce, Tomato</p> <p>Chickpea Salad</p>	<p><b>-23-</b></p> <p><b>Wings and Rings</b> Boneless Chicken Wings with Onion Rings &amp; dinner roll</p>	<p><b>-24-</b> <i>National Food Day!</i></p> <p><b>Turkey BLT Sandwich</b> <i>(Turkey, Bacon, Lettuce, Tomato)</i></p> <p>Cucumber Coins Jello</p>	<p><b>All meals include fruit and milk choice!</b></p> <p>Rainbow Vegetable Tray Available Daily at Lunch!</p>   <p><b>MILK ONLY \$0.60 JUICE ONLY \$0.60 8oz WATER \$0.75 FRESH FRUIT \$0.60</b></p>
<p><b>-27-</b> <i>Pizza Mondays!!</i></p> <p><b>Gil's Fresh Baked Pizza</b> Cheese or Buffalo Chicken Pizza on WG Crust</p> <p>Green Pepper Slices w/ Ranch</p>	<p><b>-28-</b></p> <p><b>Chicken Patty on a Bun</b> <i>(Plain or Spicy)</i> w/ lettuce &amp; tomato</p> <p>Roasted Ranch Broccoli</p>	<p><b>-29-</b> <i>!! Brunch for Lunch !!</i></p> <p><b>Breakfast Favorites</b> <i>French Toast Stick, Waffle Stick, Pancake w/ choice of sausage link</i></p> <p>Hashbrown Patty</p>	<p><b>-30-</b></p> <p><b>Hot Dog <u>or</u> Corndog</b></p> <p>BBQ Baked Beans</p>	<p><b>-31-</b> <i>HALF DAY!</i></p> <p><b>Pretzel Bento Box</b> w/ Jack O' Pumpkin Pretzel, Cheese cup, Apple Slices, Baby Carrots, 8oz Milk</p> <p><b>Happy Halloween</b> </p>	

\*\*Menu is subject to change without notice\*\* ~ USDA is an equal opportunity provider and employer ~

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