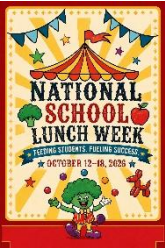




RIVER VALLEY CHARTER SCHOOL LUNCH MENU

October 2026



Monday	Tuesday	Wednesday	Thursday	Friday	Other Options
-28- WG Gil's Pizza Cheese or Buffalo Chicken Pizza on Whole Grain Crust Kale Slaw	-29- Pasta Alfredo w/ WG Garlic Knot <i>Pasta w/ choice of Alfredo sauce or sauce & chicken</i> Roasted Parmesan Broccoli	-30- General Tso's Chicken w/ Brown Rice Steamed Edamame & Carrots Fortune Cookie	-1- Mozzarella Sticks w/ WG Texas Toast and Marinara Sauce Roasted Green Beans	-2- Popcorn Chicken w/ soft dinner roll & dipping sauces Mashed Potato Sweet Corn	LUNCH IS FREE!! Second meal: \$3.50 <u>Alternate Lunch Entrée Choices</u> Sunbutter & Jelly w/ Cheese Stick Sunbutter & Fluff w/ Cheese Stick Bagel w/ Cheese Stick Garden Salad w/ Grilled Chicken & Pita Deli Sandwich Hummus Box (Hummus, crackers, grapes, & vegetable) GF Nacho Box Tortilla Chips, Cheese & Salsa cup Charcuterie Box (Crackers, Turkey, Cheddar Cheese, & veggies)
-5- <i>October is National Pizza Month!</i> WG Triton Pizza Cheese or BBQ Chicken Cheesy Green Peas	-6- <i>National Noodle Day!</i> Chicken Lo Mein Teriyaki chicken w/ WG ramen noodles Steamed Broccoli Fortune Cookie	-7- Ravioli Dippers w/ Marinara Sauce and WG Garlic Knot Steamed Green Beans	-8- Totchos (Tater Tot Nachos w/ pulled pork) Mardi Gras Rice & Red Beans	-9- Grilled Cheese Sandwich Cucumber Tomato Salad	
-12- No school! 	-13- WG Stuffed Crust Pizza Assorted Mixed Vegetables	-14- Chicken Patty on a Bun <i>(Plain or Spicy)</i> w/ lettuce & tomato Smiley Fries	-15- Ham & Cheese Melt <i>on a Croissant</i> Roasted Broccoli	-16- Buffalo Chicken Dip w/ Tostito Scoops Carrot & Celery sticks	



RIVER VALLEY CHARTER SCHOOL LUNCH MENU



October 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Other Options
-19- <i>Pizza Mondays!!</i> WG Triton Pizza Cheese or Buffalo Chicken Pizza on Whole Grain Crust Cheesy Green Peas	-20- <i>National Chicken & Waffle Day!!</i> Chicken & Waffles w/ dipping sauces Roasted Sweet Potatoes	-21- Meatball Sub w/ Parmesan Cheese Steamed Broccoli	-22- Wings and Rings Boneless Chicken Wings with WG dinner roll Tasty Onion Rings	-23- Turkey BLT Sandwich (Turkey, Bacon, Lettuce, Tomato) Crunchy Kale Slaw WG Cookie	All meals include fruit and milk choice! Rainbow Vegetable Tray Available Daily at Lunch!   MILK ONLY \$0.60 JUICE ONLY \$0.60 8oz WATER \$0.75 FRESH FRUIT \$0.60
-26- <i>Pizza Mondays!!</i> Stuffed Crust Pizza Cheese or Pepperoni Pizza on Whole Grain Crust Ranch Kale Chips	-27- Tacos w/ ground beef, cheese, Lettuce, Salsa, Sour Cream Seasoned Black Beans	-28- <i>!! Brunch for Lunch!!</i> Breakfast Favorites French Toast Stick, Waffle Stick, Pancake w/ choice of sausage link Hash brown patty	-29- "Bat Wing" Chicken Nuggets w/ WG Garlic Knot and Dipping Sauces Steamed Green Beans	-30- Happy Halloween Jack-O-Lantern Pretzels w/ Cheese cup SCARROT STICKS SPOOKY TREAT HALF DAY!	

Menu is subject to change without notice ~ USDA is an equal opportunity provider and employer ~

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