

RIVER VALLEY CHARTER SCHOOL BREAKFAST MENU

NOVEMBER 2026



Monday	Tuesday	Wednesday	Thursday	Friday	Other Options
-2- **Whole Grain Cinnamon Roll*** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	**-3-** **WG Pull apart donut*** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	**-4-** **Pumpkin Pie Overnight Oats** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	**-5-** **WG Apple Cinnamon Texas Toast*** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	**-6-** **Assorted WG Muffins*** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	***Breakfast is FREE for all students!*** **Alternate Breakfast Entrée Choices** 88 Acres Bar w/Cheese Stick Assorted WG ZeeZee Bars Assorted Smoothies Yogurt w/Granola Bites Assorted Cereal *(6g of added sugar per 1oz)*
-9- **WG Bagel w/ Cream Cheese** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	**-10-** **Warm WG Croissant** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	**-11-**  **NO SCHOOL!**	**-12-** **WG Mini Cinni's*** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	**-13-** **WG Mini Choc Chip Pancakes*** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	
-16- **Assorted WG Muffins*** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	**-17-** **WG Pancake Bites*** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	**-18-** **WG Raspberry Swirl Roll*** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	**-19-** **Assorted Snack n' Waffles*** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	**-20-** **WG Mini Maple Pancakes*** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	**MILK ONLY $0.60** **JUICE ONLY $0.60** **8oz WATER $0.75** **FRESH FRUIT $0.60**  ***Less than 15g of Added Sugar**

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Monday	Tuesday	Wednesday	Thursday	Friday	Other Options
-23- **WG Apple Cinnamon Texas Toast*** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-24- **Breakfast Bento Box** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-25- **WG Mini Cinni's*** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-26-  **Happy Thanksgiving!**	-27-	**Breakfast is FREE!!** FOR ALL STUDENTS!  **Questions? Contact: Triton Food Services TRSDFS@ tritonschools.org** ***Less than 15g of Added Sugar** 
-30- **Maple Snack'n Waffle*** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-1- **WG Raspberry Roll*** **OR** Fruit & Yogurt Smoothie Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-2- **WG Pull Apart Donuts*** **OR** Fruit & Yogurt Smoothie Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-3- **Warm Bagel w/ cream cheese** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	-4- **Assorted WG Muffins*** **OR** Fruit & Yogurt Smoothie with Grahams Apple or Orange Juice Assorted Fruit 1% or Chocolate Milk	

Menu is subject to change without notice ~ USDA is an equal opportunity provider and employer ~

