

# LIFE TEEN SUMMER CAMPS



JOIN US THIS SUMMER!





**THIS SUMMER, JOIN US AT LIFE TEEN SUMMER CAMP FOR A TRANSFORMATIVE WEEK OF CATHOLIC, CHRIST-CENTERED FUN.**

**LIFE TEEN OFFERS ONE WEEK CATHOLIC SUMMER CAMP FOR BOTH MIDDLE SCHOOL AND HIGH SCHOOL TEENS TO GIVE THEM AN INCREDIBLE EXPERIENCE THAT GROWS THEIR FAITH, THEIR COURAGE, CONFIDENCE, & COMMUNITY.**

**CAMPS ARE SITUATED IN THE GORGEOUS CAMPGROUND SETTINGS WITH MODERN, AIR-CONDITIONED LODGING AND HOMEMADE MEALS! THE FRIENDSHIPS FORGED THROUGH COURSE CHALLENGES, HIGH ROPES & HIKING, MUSIC & ART, SMALL GROUP TIME AND PRAYER EXPERIENCES OFFER A UNIQUE AND UNFORGETTABLE COMMUNITY THAT WILL LAST FOR YEARS.**

# COMMON QUESTIONS

## WHAT EXACTLY HAPPENS AT CAMP?

THE LIFE TEEN SUMMER CAMP PLANS, PREPARES, AND FACILITATES THE DAILY PROGRAMMING, LITURGIES AND ACTIVITIES SO THAT YOUTH MINISTERS CAN RELAX AND BE PRESENT FOR THEIR TEENS. TEENS STAY WITH THEIR YOUTH GROUP AND SLEEP IN AIR-CONDITIONED CABINS THAT ARE GENDER-SPECIFIC. EACH DAY TEENS EXPERIENCE DAILY MASS, OPPORTUNITIES FOR THE SACRAMENT OF RECONCILIATION, AND OTHER POWERFUL PRAYER EXPERIENCES. DURING THE DAY TEENS ALSO GET TO TRY EXCITING ROPES COURSES, AN OBSTACLE COURSE, MESSY GAMES, AND PLENTY OF FREE TIME. EACH DAY CAMPERS WILL ENJOY THREE DELICIOUS MEALS. EVENING SESSIONS ARE LED BY DYNAMIC SPEAKERS WHO BREAK OPEN SCRIPTURAL TOPICS TO LEAD YOUR TEENS INTO A MORE AUTHENTIC ENCOUNTER WITH CHRIST. THE EVENING FINISHED OFF WITH A NIGHT-TIME SNACK AT TIME WITH OUR YOUTH GROUP.

## IS MY TEEN OLD ENOUGH TO PARTICIPATE?

LIFE TEEN SUMMER CAMPS OFFER BOTH HIGH SCHOOL (LIFE TEEN WEEKS) & MIDDLE SCHOOL (EDGE WEEKS) OPTIONS.



LIFE TEEN SUMMER CAMP AT COVECREST IN TIGER, GA IS FOR INCOMING FRESHMEN TO GRADUATING SENIORS (TEENS WHO WILL BE ENTERING 9TH GRADE IN THE FALL TO THOSE WHO HAVE JUST GRADUATED IN THE SPRING). HIGH SCHOOL WEEKS ARE ALSO OFFERED AT WILD SKY IN BURNET, TX; GOLDEN STATE IN JULIAN, CA; AND HIDDEN LAKE IN DAHLONEGA, GA.

LIFE TEEN SUMMER CAMP AT HIDDEN LAKE IN DAHLONEGA, GA IS PRIMARILY FOR MIDDLE SCHOOL YOUTH - INCOMING 6TH GRADERS TO OUTGOING 8TH GRADERS (THOSE ENTERING 6TH GRADE IN THE UPCOMING FALL TO THOSE WHO WILL HAVE JUST GRADUATED 8TH GRADE IN THE SPRING). MIDDLE SCHOOL WEEKS ARE ALSO OFFERED AT WILD SKY IN BURNET, TX; AND GOLDEN STATE IN JULIAN, CA.



# COMMON QUESTIONS

## WHO WATCHES THEM DURING CAMP?

JUST LIKE WITH LIFE NIGHTS AND EDGE NIGHTS, WE USE A SAFE RATIO FOR TEENS TO ADULT CHAPERONES (THE RATIO IS 1:8 AND GENDER-SPECIFIC) TO ENSURE THAT YOUR TEENS ARE WELL CARED FOR. ALL ADULTS ON PROPERTY ARE REQUIRED TO BE BACKGROUND CHECKED AND SAFE ENVIRONMENT TRAINED. ADDITIONALLY, LIFE TEEN MISSIONARIES AND STAFF AT CAMPS ARE EXPERIENCED IN ENSURING TEENS HAVE A SAFE AND FUN ENVIRONMENT SO YOUR TEEN CAN FOCUS ON WHY THEY ARE THERE- TO HAVE AN INCREDIBLE EXPERIENCE WHILE DEEPENING THEIR FAITH.

## WHAT DO WE PACK?

WE'LL SEND A WHOLE PACKING LIST FOR YOU, BUT ESSENTIALLY YOUR TEEN NEEDS A PILLOW, SLEEPING BAG, AND A DUFFEL WITH A WEEK'S WORTH OF CLOTHES, A SWIMSUIT, SUNSCREEN, BUG SPRAY AND TOILETRIES. PLAN TO INCLUDE A FEW THINGS YOU DON'T MIND GETTING MESSY IN, LIKE OLD SHOES AND CLOTHES FOR "MUD DAY". MOST TEENS ALSO BRING A SMALL BAG TO STASH THEIR RAINCOAT, BIBLE AND WHATEVER ELSE THEY WANT TO KEEP WITH THEM DURING THE DAY.

## HOW MUCH MONEY SHOULD I SEND WITH THEM?

THE CAMP OUTPOST IS A POPULAR HANGOUT FOR THE TEENS AND OFFERS EVERYTHING FROM BEVERAGES AND TRINKETS TO SUMMER CAMP APPAREL. EXPECT TO SEND \$75-100 TO COVER THEIR MEALS DURING THE TRIP TO CAMP, PLUS ANYTHING THEY WANT TO BUY AT THE OUTPOST. THE MOST POPULAR ITEMS ARE MEXICAN COKE, ITALIAN SODA AND CAMP T-SHIRTS, HATS, AND CREWNECKS.

## HOW DO I CONTACT THEM AT CAMP?

LIFE TEEN SUMMER CAMP OFFERS CAMPER MAIL! TWICE A WEEK YOU AND YOUR FAMILY CAN SEND EMAILS TO THEM SO THEY KNOW YOU ARE THINKING AND PRAYING FOR THEM. PLUS, YOU'LL HAVE MY CELL NUMBER SO YOU CAN GET A HOLD OF ME AT ANY TIME.



# WHAT TEENS ARE SAYING

**"GOING TO COVEREST WAS ONE OF THE BEST DECISIONS I HAVE MADE IN MY LIFE. I HAVE SO MANY AMAZING MEMORIES AND HAVE STRENGTHENED MY FAITH IN SO MANY WAYS. CAMP WAS SUCH A FUN TIME AND IT MADE MY SUMMER SO MUCH BETTER."**

**-LS**

**"COVECREST FOR ME WAS AN AMAZING EXPERIENCE. I GOT TO BE WITH SO MANY PEOPLE THAT SHARE THE SAME FAITH, AND TO ME THAT WAS BEAUTIFUL. COVECREST WAS FUN WITH ALL THE ACTIVITIES AND FUN TIME WE HAD TO HANG OUT. I HAD A BLAST BEING AT COVECREST, MY HOME AWAY FROM HOME. MASS EVERY DAY WAS SUCH AN AMAZING EXPERIENCE FOR ALL OF US AND I THINK EVERYONE SHOULD GET THE CHANCE TO EXPERIENCE IT."**

**- DB**

**"AT FIRST, WHEN I ARRIVED AT COVECREST, I WAS NERVOUS AND UNSURE OF WHAT TO EXPECT. THE THOUGHT OF MEETING SO MANY NEW PEOPLE AND STEPPING OUT OF MY COMFORT ZONE FELT OVERWHELMING, AND I WASN'T SURE HOW I WOULD FIT IN. BUT AS THE DAYS WENT ON, I BEGAN TO OPEN UP, AND THAT NERVOUSNESS GRADUALLY FADED AWAY. THROUGH THE ACTIVITIES, PRAYER TIME, AND THE SMALL GROUP DISCUSSIONS, I STARTED TO FEEL GOD'S PRESENCE MORE AND MORE, LIKE HE WAS GUIDING ME TO LET GO OF MY FEARS. ONE OF THE MOST POWERFUL MOMENTS WAS DURING ADORATION. IT WAS THE FIRST TIME I TRULY FELT CONNECTED TO GOD IN A WAY THAT WAS SO PERSONAL AND REAL. I REALIZED THAT MY FEAR AND NERVOUSNESS WERE BEING REPLACED WITH PEACE AND JOY. MEETING OTHERS WHO WERE ALSO SEEKING GOD MADE ME REALIZE THAT I WASN'T ALONE IN MY JOURNEY. I MADE CLOSE FRIENDS, AND TOGETHER WE SHARED OUR STRUGGLES, OUR FAITH, AND OUR HOPES."**

**-GJ**

**"COVECREST ME ENSEÑÓ EXACTAMENTE LO HERMOSO QUE ES EL MUNDO QUE DIOS CREÓ CUANDO DEDICAMOS TODA NUESTRA VIDA A NUESTRA FE. FUE UNA EXPERIENCIA INCREÍBLE PODER CONSTRUIR AMISTADES Y AL MISMO TIEMPO AYUDARNOS MUTUAMENTE A FORTALECER NUESTRA FE. FUE LITERALMENTE LA MEJOR SEMANA DE MI VIDA, UNA QUE NUNCA OLVIDARÉ."**

**-YG**

**"WHEN I DECIDED TO GO TO CAMP, I WAS JUST HOPING TO GO TO CHURCH AND LISTEN TO TALKS. I WAS A LITTLE NERVOUS WHEN I LEARNED WE'D BE WHITE WATER RAFTING AND CLIMBING. IN THE END THOUGH, I NOT ONLY HAD A REALLY PEACEFUL TIME WITH GOD, IN A BEAUTIFUL VENUE, BUT I ALSO REALLY ENJOYED THE RAFTING AND CLIMBING. CAMP IS AMAZING!!"**

**-CO**

# WHAT PARENTS ARE SAYING

**"MY DAUGHTER ATTENDED CAMP HIDDEN LAKE DURING THE SUMMER OF 2024. IT WAS A WONDERFUL, LIFE-CHANGING EXPERIENCE FOR HER. SHE CAME HOME WITH A DIFFERENT ENERGY, MORE AT PEACE, MORE CONFIDENT IN HERSELF, AND DEEPER IN HER FAITH. SHE MADE MEMORIES THAT WILL LAST A LIFETIME! SHE WAS SOMEWHAT ANXIOUS ABOUT SPENDING A WEEK SO FAR FROM HOME, BUT WITH THE SUPPORT OF THE CHAPERONES AND THE COUNSELORS AT CAMP, SHE WAS AT EASE AND WAS ABLE TO SOAK IN EVERY MINUTE OF HER TIME THERE. SHE IMMEDIATELY EXPRESSED WANTING TO GO BACK UPON RETURNING HOME, AND WILL BE DOING SO THIS YEAR AT CAMP COVECREST, WHERE I KNOW THAT SHE WILL HAVE AN EQUALLY AMAZING EXPERIENCE."**

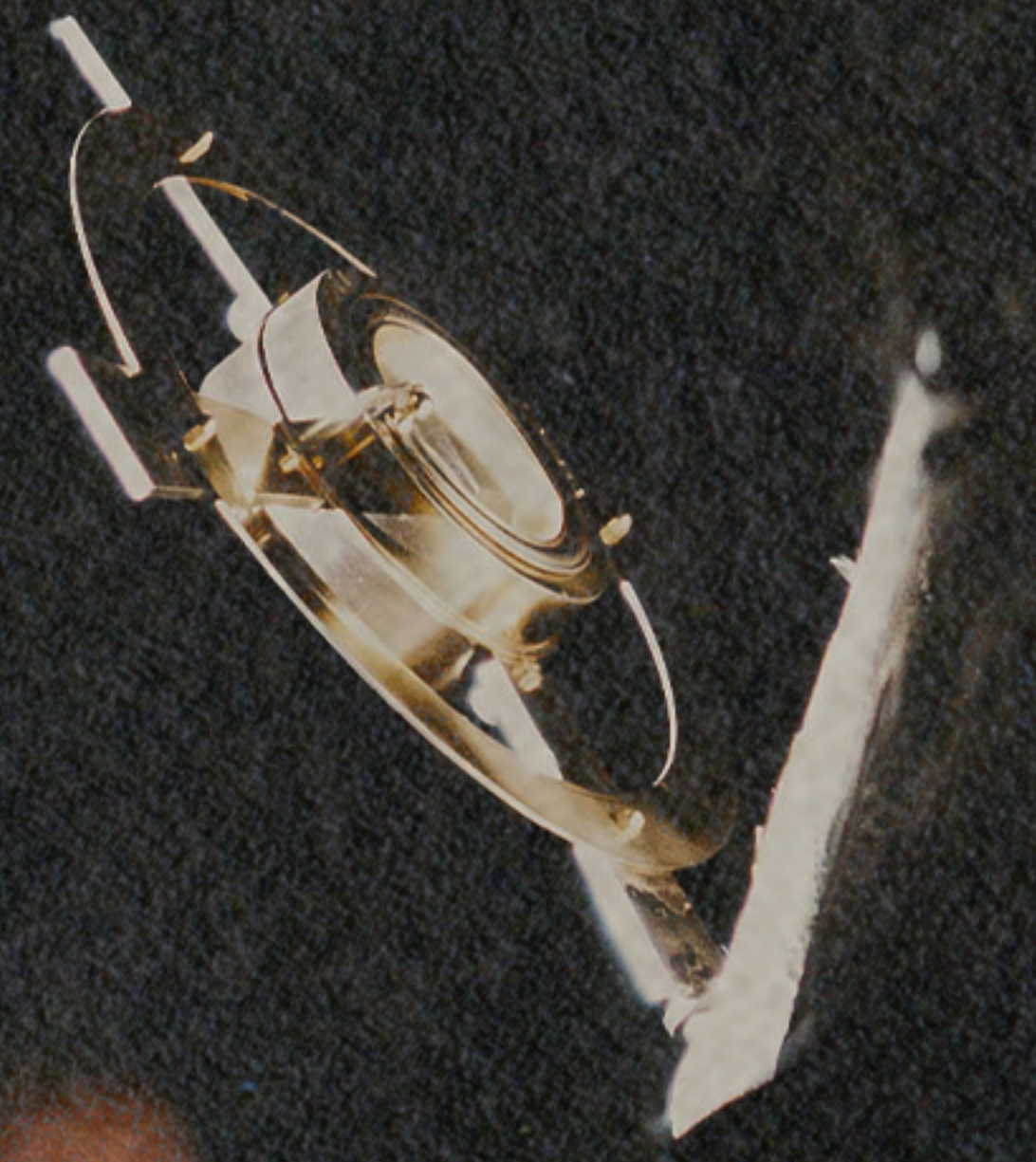
**-DV**

**"I AM SO GRATEFUL MY SONS HAD THE OPPORTUNITY TO ATTEND LIFE TEEN SUMMER CAMP AT COVECREST THIS PAST SUMMER. IT WAS A TRUE BLESSING TO KNOW THEY WERE UNPLUGGED FROM TODAY'S TECHNOLOGY AND COULD ENTIRELY FOCUS ON GOD AND DEEPEN THEIR FAITH. THE CAMP PROVIDED THEM WITH MEANINGFUL EXPERIENCES AND CONNECTIONS THAT I KNOW WILL STAY WITH THEM FOR YEARS TO COME. AS A PARENT, SEEING THEM GROW SPIRITUALLY IN SUCH A SUPPORTIVE AND FAITH-FILLED ENVIRONMENT IS A GIFT THAT I WILL ALWAYS CHERISH."**

**-MO**

**"I WAS SO NERVOUS TO SEND MY KIDDOS TO CAMP! THEY HAD NEVER BEEN ON AN OVERNIGHT CAMP, MUCH LESS 14 HOURS AWAY! BUT, I TRUSTED IN MY PRIEST AND THE LEADERS WHO SPOKE SO HIGHLY OF LIFE TEEN CAMP ... AND MY KIDS LOVED IT!! THEY DIDN'T EVEN WANT TO COME HOME! AND I LEARNED SO MUCH FROM THIS EXPERIENCE AS WELL. MY CHILDREN CAME HOME CHANGED FOR THE BETTER. THEY GAINED AN INDEPENDENT AWARENESS OF THE BEAUTY OF OUR FAITH AND THE ROLE THEY THEMSELVES PLAY IN DEEPENING THEIR RELATIONSHIP WITH JESUS. THEIR HEARTS WERE ON FIRE! THEY CAN'T WAIT TO GO BACK! AND I CAN'T WAIT TO SEE HOW JESUS MOVES THEIR HEARTS ONCE AGAIN."**

**-MD**



# 2026 LIFE TEEN SUMMER CAMP LOCATIONS

*Covecrest*  
TIGER, GA

*Hidden Lake*  
DAHLONEGA, GA

*Wild Sky*  
BURNET, TX

*Golden State*  
JULIAN, CA

*Cana*  
STE. GENEVIEVE, MO

*Restore*  
MISSION CAMP