



# Choose doctors in your plan's network to save on costs



Choosing a doctor you trust is important, and choosing one in your plan's network can keep your costs down.

Using the **Find Care** tool on the **Sydney<sup>SM</sup> Health** app and on **anthem.com** can help you do both.

**Find Care** brings together details about doctors, hospitals, and pharmacies in your plan's network. You can search by name, specialty, or procedure. You can also compare costs, choose English or Spanish, and see office hours.\* To make sure your care provider is in your plan's network, view the doctor or facility profile.

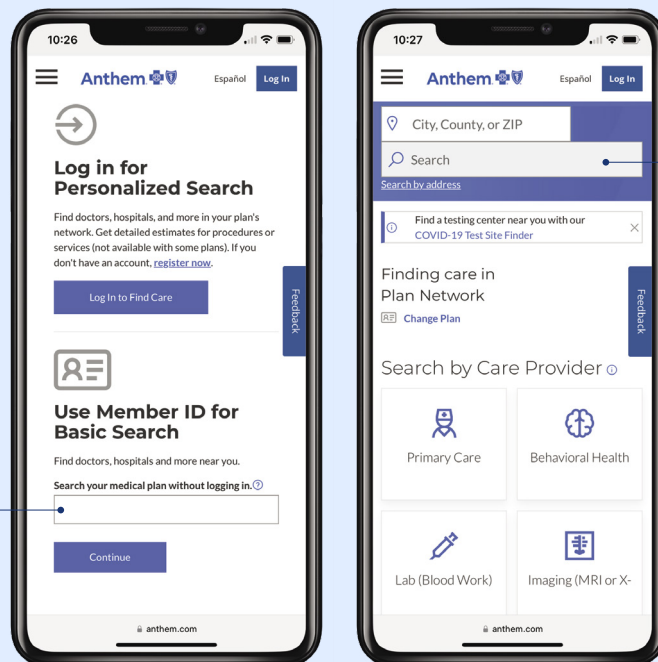
## How it works

## PPO/EPO Network

1 Go to **anthem.com/find-care**.

2 For enter under *Search your medical plan without logging in* and select **Continue**.

3 On the next screen, you can search for the care you need.



## Download the Sydney Health app

Scan the QR code with your phone's camera and start your search today!



\* On-screen experiences may vary by user due to personalization experiences, benefit packages, and ongoing user-experience improvements.

Sydney Health is offered through an arrangement with Caredon Digital Platforms, a separate company offering mobile application services on behalf of your health plan. ©2024

Anthem Blue Cross and Blue Shield is the trade name of Anthem HealthChoice HMO, Inc. and Anthem HealthChoice Assurance, Inc. Anthem Blue Cross and Blue Shield HP is the trade name of Anthem HP, LLC. Independent licensees of the Blue Cross and Blue Shield Association.

Anthem is a registered trademark of Anthem Insurance Companies, Inc.

1063752NYMESABS 11/23