

# Lunch & Learn

Join Us for This Convenient Online Event

## St. Luke's Healthy Workforce Presents: *Employee Partner Opportunities*

These virtual lunch and learn events are sponsored by St. Luke's Healthy Workforce – committed to exceptional care for every employee, every time

To register:  
scan the QR code or  
use the link below.



[bit.ly/TriageTalk2026](https://bit.ly/TriageTalk2026)

### Triage Talk: *Urgent Care vs ER Explained* Sherry Clawson, NP

**January 13, 2026  
12 PM-1 PM**

Ever wondered where to go when you're not feeling well? We'll cover the key differences between urgent cares and emergency rooms, when to choose one over the other for common illnesses and injuries, and tips to save time and avoid unnecessary visits.

If you've ever waited hours in an ER for a minor issue or been sent from an urgent care to an ER, this session is for you! Learn how to make the right choice for your health and your time.