



BECOME A BETTER YOU

2026 PASSPORT



COMPLETE AT LEAST ONE
TEAM-BASED COMPETITION

☐

COMPETITION NAME

DATE COMPLETED



PARTICIPATE IN A GROUP,
PROGRAM, COACHING
SESSION OR EVENT

☐

EVENT

DATE COMPLETED



ATTEND THREE
KEELEYLIFE SESSIONS

☐

SESSION

☐

SESSION

☐

SESSION



COMPLETE AT LEAST TWO
INDIVIDUAL CHALLENGES

☐

CHALLENGE

☐

CHALLENGE



BLOODWORK/ SCREENING
WITH YOUR PHYSICAL

☐

ASSESSMENT

DATE



VISIT YOUR PRIMARY
CARE PHYSICIAN
OR EVERSIDE HEALTH

☐

VISIT

DATE

BONUS: One way you moved the needle for your
health this year.

ACCOMPLISHMENT

WHERE YOUR PASSPORT TAKES YOU:



\$25 /month

**TOWARDS YOUR
KEELEYLIFE-STYLE**

Whether you choose to subsidize your gym membership or get a
massage or two, we hope you'll enjoy this knowing that KeeleyLife
supports your efforts to Become a Better You!"

With any questions, please contact Melissa Swank.