If you have questions or concerns contact us at (315) 684-9129 or camplookout2112@gmail.com

Please note dates: We may have made changes

Please make every effort to have the health history and medication form included completed by your family physician/health group and brought with you to register your child for camp. You do NOT need to get a physical for camp. Most of the time, if your child has seen the doctor in the past year, you can drop the form off and they will fill it out without an appointment. If you are having difficulty completing the forms, please call the camp director (your child can still attend without the doctor signature but we get written up by the health department for not having the proper paperwork on file). All medications/supplements, whether prescription or over the counter, must be in ITS ORIGINAL PACKAGING and given to the nurse on Sunday.

| Congratulations on having                             | accepted for a camping experience at  |
|-------------------------------------------------------|---------------------------------------|
| the Camp Lookout. Camp Lookout is located on Ro       | ute 26, one mile south of West Eaton, |
| between Hatch Lake and West Eaton. The physical       | address is 2112 Wheler Drive, Eaton,  |
| NY. You will see a large sign identifying our camp. F | Follow the road to the main building. |

# **DATES ATTENDING:**

# Sunday TBD through Friday TBD

# **PLEASE NOTE:**

- A PARENT OR LEGAL GUARDIAN MUST ACCOMPANY EACH CHILD TO REVIEW THE FINANCIAL AND MEDICAL FORMS PROVIDED WITH THE CAMP DIRECTOR AND THE CAMP NURSE. NO CHILD WILL BE REGISTERED WITHOUT A PARENT OR LEGAL GUARDIAN PRESENT FOR CHECK IN.
- Registration is the SUNDAY your child is assigned to attend camp. Campers with last names between Q and Z should register from 3-3:30, last names between I and P should register from 3:30-4, and last names between A and H should register from 4-4:30. Please only plan to be at camp during your assigned registration time to avoid overcrowding. If you have a conflict with your assigned time, please contact the camp director the week before. A donation of \$2 to purchase program supplies will be collected. Picking cabins is allowed for campers ages 8-11 while 12/13 year olds are assigned to random cabins during check in.
- The enclosed confidential financial statement must be completed for all children attending camp. Bring the form with you to registration. The financial statement must be completed once each summer per family.

- Please do not plan to visit your child during his/her stay at camp. You can call the camp and talk with the camp director/assistant director to check on your child.
- If your child has any special dietary needs, please contact the camp prior to their arrival so that we can formulate a satisfactory plan.
- Minimum List of Needs for One Week Stay

5 changes of underwear 2 pairs of sneakers (shoes)

5 changes of socks 3 tee shirts

4 changes of pants/shorts 2 heavy sweatshirts/sweaters

1 rain jacket sleeping bag or 2 blankets/pillow

toothbrush/toothpaste comb/brush
3 towels bathing suit

addressed and stamped postcards/envelopes

- ❖ Please DO NOT BRING any electronic devices including cell phones, smart watches, and gaming devices. Your child will need no money while they are at camp.
- Pick up time is FRIDAY between 3:00 and 4:30pm. Another adult may pick up your child with your prior written permission and notification of the camp director/assistant director or camp nurse.

It is important to us that we run a full camp. If for any reason your child cannot attend or if you have any questions about our program, please contact us. We will call or email you the week before to confirm your child's attendance and to answer any questions. You may confirm yourself via email or a phone call.

Jimmy Burton

**Camp Director** 

PLEASE REMEMBER TO BRING THE MEDICAL FORMS SIGNED BY A DOCTOR AND THE CONFIDENTIAL FINANCIAL FORM WITH YOU TO CAMP REGISTRATION ON SUNDAY

WE WILL BE HOSTING AN OPEN HOUSE ON SATURDAY, JUNE 14th FROM 11am UNTIL 1pm IF YOU WOULD LIKE TO SEE CAMP LOOKOUT, GET A TOUR, MEET SOME OF THE STAFF, AND LEARN MORE ABOUT US.

<sup>\*</sup>If your child normally wears glasses, please make this known at the time of registration. The camp is not responsible for any damage to lenses or frames.

#### CHILDREN'S CAMPS IN NEW YORK STATE

In New York State, summer camps must have a state, city or county health department permit to operate legally. These permits are issued only if the camp is in compliance with the state's health regulations. The permit to operate must be displayed in a conspicuous place on the premises. The camp must be inspected twice yearly by a health department representative. At least one inspection must be made during the time the camp is in operation. Each camp is checked to make sure that the physical facilities are safe and that supervision is adequate. When choosing a summer camp for your child, consider the following:

### Staff Credentials/Supervision

What are the qualifications of the camp director? The New York State Health Code requires that the director of an overnight camp be at least 25-years-old or hold a bachelor's degree; a day camp director must be at least 21-years-old. All directors must have experience in camping administration or supervision. Camp directors' backgrounds are screened by the Office of Children and Family Services Central Register Database for reported incidents of child abuse and maltreatment. Their backgrounds are also screened by the Health Department for criminal convictions. Only individuals who are considered to pose no risk to campers are accepted by the Health Department as camp directors. What are the qualifications of the camp counselors and how are campers supervised? Counselors must have experience in camping and supervision of children or have completed an acceptable training course. Stringent counselor-to-camper ratios and staff qualifications are mandated for supervision of swimming, archery, riflery and camp trip activities. At overnight camps, 80 percent of the camps' counselors must be at least 18-years-old; up to 20 percent may be 17-years-old. There must be at least one counselor for every 10 children aged eight years or older, and one counselor for every eight children younger than eight years old. Camps that must provide at least 10 counselors may choose to use counselors-intraining (CITs) to meet 10 percent of the required number of counselors. These CITs must be at least 16 years of age at an overnight camp and 15 years of age at a day camp. They must work with senior staff, have had previous experience as a camper and complete a training program. Ask the camp operator if any of their counselors are CITs and how they are used to supervise campers. Ask about the camp's staff and supervision procedures, including discipline policies. Do they meet your expectations?

#### Health

Ask about medical coverage and when you will be notified if your child becomes ill or injured. Is a doctor or nurse in residence or on call for campers at all times? Physicians or nursing services must be available. All summer camps in New York State are required to have a health director and a written medical plan approved by the Health Department. The written plan must include, among other things, provisions for medical, nursing and first aid services. Injuries and illnesses must be reported to the Health Department and are thoroughly reviewed.

Does the camp require medical records for campers? Camps must keep current medical history reports on file for all campers. Be sure to detail your child's history of immunization, illness, disability or allergy. Specify special diets and activity restrictions. Provide instruction for any medication your child must take.

# **Camp Safety**

Are the camp facilities and activities safe? The camp operator must develop a written plan to include maintenance of facilities, provisions for training staff members and orientation of campers, supervision of campers, campsite hazards, emergency procedures and drills, safety procedures and equipment for program activities.

# **Swimming**

Are waterfront personnel qualified? Are campers always supervised while in the water? All waterfront activities at camps in New York State must be supervised by an experienced certified lifeguard or water safety instructor. On site, one qualified lifeguard is required for every 25 bathers. All aquatic staff are required to be trained in cardiopulmonary resuscitation (CPR). While campers are involved in aquatic activities on site, there must be one counselor for every 10 campers eight years or older.

Are bathing areas marked off for various swimming skills? Are campers tested to determine their level of swimming ability before participating in aquatic activities? Are nonswimmers kept in water less than chest deep? Is the buddy system used? Are campers required to wear life preservers when boating or canoeing? New York State regulation requires that the answers to all these questions must be "yes."

#### **Sports and Activities**

How are activities in craft shops supervised, especially when campers are using dangerous tools? Is archery at a safe distance from activity centers? Are spectators protected at baseball fields and similar areas? Do players wear protective equipment? State regulation requires that archery be supervised by counselors with special training in those activities.

# **Fire Safety**

Are there periodic fire drills for both campers and staff? Does each floor of every building have fire exits in two different locations? Are flammable materials (gasoline, etc.) stored away from activity centers and kept under lock and key? Are functioning smoke detectors located in every sleeping room? All of the above are mandatory in New York State.

#### **Location and Facilities**

Are barriers erected against such natural hazards as cliffs and swamps? Are foot trails located away from such dangerous areas and from heavily traveled roads and highways? Do the camp facilities (bunks, bathrooms, mess hall, recreation facilities) meet your aesthetic tastes and those of your child? Is the camp located in an area that will not aggravate your child's allergies? Will your child be required to perform chores? For information on the camp's location and facilities, visit the camp or interview the camp operator by telephone, prior to making a decision to enroll your child at the camp.

#### Nutrition

Are good health practices observed in the camp kitchens, dining areas and food services? Does the camp serve food your child likes? At camps in New York State, food must be prepared from inspected sources. Food preparation and handling activities are reviewed to assure safe and sanitary practices. Kitchen employees must be healthy and follow hygienic practices. Potentially hazardous food must be maintained below 45°F or above 140°F.

#### **Rights and Responsibilities**

The regulatory program of the New York State Department of Health places specific responsibilities on camp operators, and on local health departments that enforce department regulations.

# **Rights of Parents and Guardians**

- To be informed by the camp director, or his or her designee, of any incident involving your child, including serious injury, illness or abuse.
- To review inspection and investigation reports for a camp, which are maintained by the local health department issuing the camp a permit to operate (present and past reports are available).
- To review the required written camp plans. These are on file at both the camp and the health department issuing the permit to operate.

## **Responsibilities of the Camp Operator**

- To inform you and the local health department if your child is involved in any serious injury, illness or abuse incident.
- To screen the background and qualifications of all staff. To train staff about their duties.
- To provide supervision for all campers 24 hours a day at overnight camps
- To maintain all camp physical facilities in a safe and sanitary condition.
- To provide safe and wholesome meals.
- To have and follow required written plans for camp safety, health and fire safety.
- To notify the parent or guardian, with the enrollment application or enrollment contract, that the camp must have a permit to operate from the New York State Department of Health or the designated permit-issuing official; the camp is required to be inspected twice yearly; and the inspection reports and required plans are filed and available for their review.

#### **Responsibilities of Local Health Departments**

- To review and approve the required written camp plans for compliance.
- To inspect camps to assure that all physical facilities are properly operated and maintained; and adequate supervision exists to provide a healthy and safe environment in accordance with the New York State Sanitary Code.
- To issue a permit to operate when the required plans and inspection results are satisfactory.
- To investigate reports of serious incidents of injury, illness and all allegations of abuse or maltreatment.
- When requested, to provide parents or guardians of prospective campers an opportunity to review inspection reports and required plans.

The time and effort spent in selecting the camp your youngster will attend is important. Keep in touch, especially if it is your child's first camp experience. If possible, visit the camp before the camping season.

#### Information

For further information about New York State health laws relating to summer camps, call the State Health Department's Bureau of Community Environmental Health and Food Protection in Troy at 1-(800) 458-1158, ext. 27600.