

■ IN BLOOM YOGA ■

200-Hour Yoga Teacher Training

Weekend Immersion Program Application

■ **Program Dates:** September 6, 2025 - April 11, 2026

■ **Investment:** \$2,800 (Early Bird \$300 discount by August 1, 2025)

■■■ **Lead Trainers:** Amy Ruckel & Mandy Bushey-Soja

■ Personal Information

Field	Information
Full Name	
Date of Birth	mm/dd/yyyy
Gender	
Address	
City / State / Zip	
Phone Number	
Email Address	
Emergency Contact Name	
Emergency Contact Phone	

■ Yoga Background

Question	Response
How long have you been practicing yoga?	
What styles of yoga have you practiced?	
How often do you currently practice yoga?	
Have you had any previous yoga teacher training?	
If yes, please describe...	
What inspires you to take this 200-Hour YTT?	
Do you plan to teach yoga after certification?	
Please share your teaching goals and intentions...	

■ Health & Medical Information

Question	Response
Do you have any physical injuries or limitations?	
If yes, please describe.	
Please provide details of any injuries, limitations, or conditions we should be aware of...	
Is there anything else we should know about your health?	
Any medications, conditions, or other health considerations...	

■ Agreements & Acknowledgements

Statement	Initial / Signature
I understand this is a Yoga Alliance-approved program and requires full attendance.	
I have read and agree to the school's refund, attendance, and conduct policies.	
I certify that all information provided is true to the best of my knowledge.	
I understand all payments are non-refundable once accepted into the program.	

■ Final Signature

Applicant Signature	Sign Here
Date	

■ Submit Your Application

Email: info@inbloomyogastudio.com

Phone: 315-790-5481

Address: 34 Genesee Street, New Hartford, NY 13413

Thank you for your interest in our 200-Hour Yoga Teacher Training!

We'll review your application and contact you within 5 business days.