

BEGIN YOUR JOURNEY!

200-Hour Vinyasa Yoga Teacher Training
Weekend Immersion Format Yoga
Alliance Certified ✨ Go Deep Over
Time. Stay Grounded While You Grow.
This Weekend Immersion training is
ideal for those who want to integrate
yoga study into their life gradually,
without stepping away from work,
school, or family. Our Yoga Alliance-
approved certification is spread across
seven immersive weekends, blending
in-person instruction with meaningful
self-study.

INVESTMENT

\$2800 Program Tuition

\$500 Deposit

Payment Plans Available at 0% interest

25 Yoga Classes at In Bloom included

\$300 Discount if registered by August 1st

PLEASE NOTE THAT IF WE ACCEPT YOU, ALL PAYMENTS ARE NON-
REFUNDABLE.

TO PAY IN ADVANCE FOR THE TRAINING, CHECK SHOULD BE FOR
\$2800.

FOR MORE INFORMATION CALL OR
EMAIL US AT info@inbloomyogastudio.com
Download your application
@<https://www.inbloomyogastudio.com/ytt-programs>

✓ Prerequisites * A consistent yoga practice
for at least 6 months is recommended * No prior
teaching experience required



34 Genesee St * New Hartford, NY 13413



PROGRAM INCLUDES:

25 CLASS PASSES

As part of your tuition, you will receive 25 hours of mat classes at In Bloom Yoga because the most important of training is practice.

100+ HOURS OF IN PERSON INSTRUCTION

During training you will be under the mentorship and guidance of a supportive team

E-LEARNING

A selection of online and video learning of over 30+ hours to get a deep dive in history of yoga.

READING, MEDITATION, & REFLECTION

DATES:

SEPT 6, 2025
9AM – 3PM
FULL WEEKENDS
8AM – 4:30PM
OCT 4 & 5, 2025
NOV 1 & 2, 2025
DEC 6 & 7, 2025
JAN 3 & 4, 2026
FEB 7 & 8, 2026
(ADJUSTED SINCE FEB 1 IS A SUNDAY)
MAR 7 & 8, 2026
APR 11 & 12, 2026

*SUBJECTIVE TO CHANGE

What our students say...

I loved the curriculum, environment, instructors, and classmates at In Bloom Yoga's RYT-200 teacher training. Mandy, the lead instructor, and Martha, the owner, are fun, down to earth, knowledgeable, and kind. It was one of the best experiences I have had and I was sad when it was over! – Dr. Krysia Koenicki

Very organized and professional training with thoughtful material and guest presenters. I felt lucky to have picked In Bloom for my YTT. – Peter Trifoli

Intensive summer training was a perfect opportunity for me to grow my practice of yoga by becoming an instructor. The teachers and owners at In Bloom were knowledgeable and supportive of every individual. – Rachel Anken

CONTACT US NOW!



315-790-5481



info@inbloomystudio.com



www.inbloomystudio.com



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200 HR YOGA TEACHER TRAINING Weekend Immersion

STARTING SEPT 6, 2025