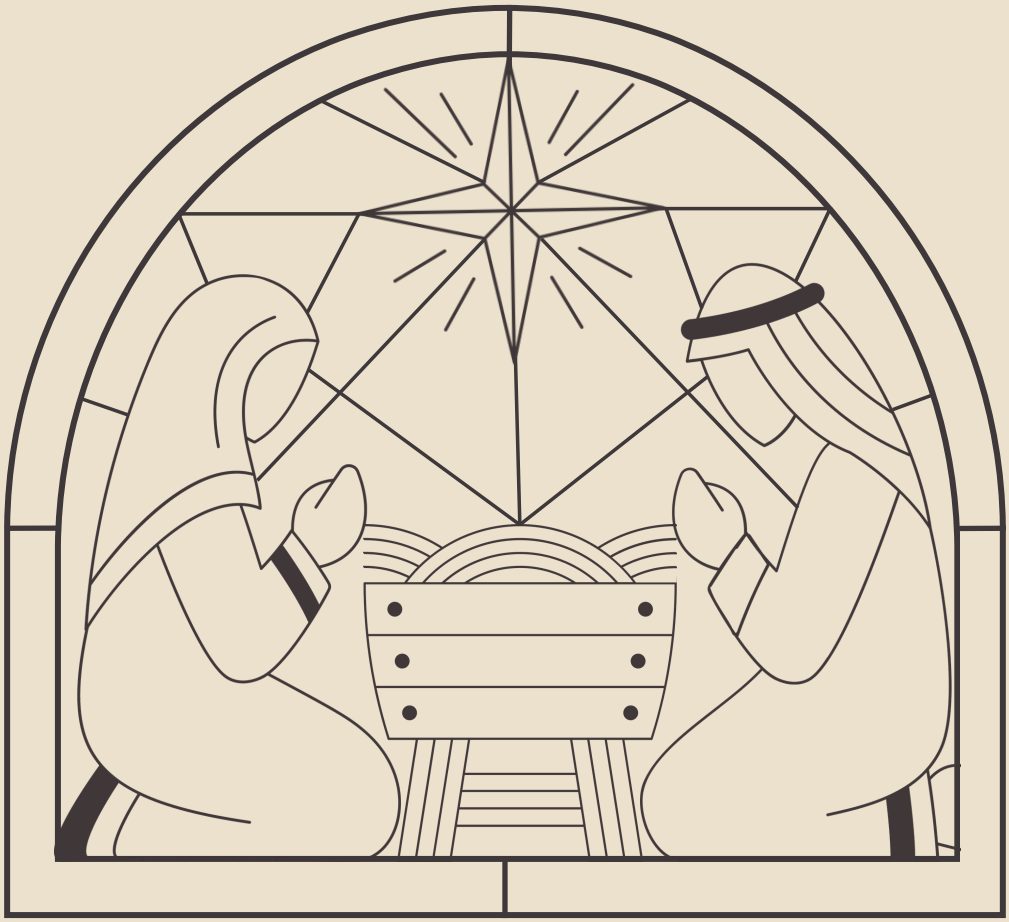


Advent DEVOTIONAL

2026

Written by Members of
Praise Covenant Church




Hope

The 1st Sunday of Advent
November 29th
Written by Tammy Bhang

Hope

Read: Psalm 80: 1-7 and 17-19; Isaiah 64: 1-9; Mark 13: 24-37; 1 Corinthians: 1: 3-9

Ponder:
We hope for all kinds of things throughout our lives. Some hopes are "little h" hopes. Other hopes are capital-letter "H" hopes, accompanied by deep longing and, in some instances, desperation. Throughout the arc of life, and even day to day, hope often shifts. Today I might hope for a sunny day, and tomorrow for rain to cool off the day. When we are young, we might hope for the right friends, to get into the right school, find the right life partner, land the perfect job, have a child, or go on a fun vacation. If we or someone we love has a serious illness, we might hope for a cure, or, barring that, more time with them, that they won't suffer, or even for a peaceful death when the time comes.

While many of the things we hope for throughout our lives can seem flimsy and insignificant, we, as God's people, look to Him with "big H" hope for the weightiest problems of life and for answers to what it all means to be human on this earth. We have assurance that He does what He says He will do and that He is kind, merciful, forgiving, and gracious. He came as a baby over two thousand years ago and is coming back again.

In Psalm 80, Isaiah 64, and Mark 13, we read about God's holy hope-seekers in dark times throughout history. In Psalm 80:1-7, 17-19, the psalmist laments that the nation of Israel has gone off the rails (again) and are being "fed with the bread of tears" and made to "drink tears by the bowlful," powerful descriptors of their repeated failure. All the while, their neighbors made them "objects of derision," mocking them. As a voice for Israel, the psalmist penned poetry to God, pleading that He would send the long-awaited, prophesied, and promised Messiah. They knew that their only hope was the Savior who would revive and restore them, make His face shine on them, and save them.

Where are you in this season of your life?

Do you feel as though you have somehow failed, and are now eating the bread of tears and drinking tears by the bowlful while the enemy of your soul mocks you?

There is HOPE. The Savior who Israel longed for came and defeated that enemy of our souls. He is the One who binds us up, revives, and restores us, makes His face shine on us and saves us.

In Isaiah 64, seven hundred years before the birth of Jesus, Isaiah the prophet asked God to "rend the heavens and come down... so that the nations would quake before You." Isaiah described how God acts on behalf of those who wait for or hope in Him, even though we are a sinful bunch of people. He says, "all of us have become like one who is unclean, and all our righteous acts are like filthy rags, we all shrivel up like a leaf and like the wind our sins sweep us away." No one is exempt. Even the person we might see as impeccably kind, generous, and godly is considered unclean before a Holy God.

Every one of us is broken in small, large, hidden, acknowledged, confessed or concealed ways. Everyone of us has some measure of failure, shame, and sometimes regret.

Where are you today, friend? Do you feel a measure of brokenness, failure or shame?

There is HOPE!

Isaiah says to the Lord, “Since ancient times no one has heard, no ear has perceived, no eye has seen any God besides you, who acts on behalf of those who wait for him. You come to the help of those who gladly do right, who remember your ways.”

He acts on behalf of those who wait, or, in other words, HOPE for him. In all our brokenness, failure, and shame, He acts on our behalf; He comes to help us. There is no other hope besides the Lord.

Hundreds of years later, the gospel writer Mark recounts some clues Jesus gave about the end of the ages, when He said, “the sun will be darkened, and the moon will not give its light; the stars will fall from the sky and the heavenly bodies will be shaken.” Jesus says we are to be on guard, keep watch, wait, and hope for His return, when He will gather us up. No one will know the hour or the day, so we need to pay attention, keep watching, keep hoping, and be sure that we don’t fall asleep.

In these days, as we pay attention and watch, we see some of the very things Jesus described in the gospel of Mark and elsewhere in scripture that would happen before His return. We see an increase in knowledge (AI), rising prices, wars and rumors of wars, governments rising against governments, and the sun and moon sometimes darkened by smoke from the summer fires. We also perceive an underlying current of fear all around us.

Where are you today, friend? Are you watching, waiting, hoping for the Savior's return? Or have you fallen asleep?

If we remain watchful, wide awake with hope in God and in the promise of Jesus return, we will be steadied and secure.

Through the ages, over a thousand years before Jesus birth and to this day, Gods’ people continue to look to Him with hope: hope of deliverance, hope that He still loves us in our sinfulness, hope that He is coming back again, hope that He is who He says He is and will do what He says He will do, hope that He is not caught by surprise by anything in us or in our world, hope that He will return, “keep us firm to the end, blameless on the day of our Lord Jesus Christ.” (1 Cor 1:8) This hope is not flimsy and changing. This HOPE is a BIG “H” kind of hope, sturdy and unchanging. It is a wide-awake, eyes-wide-open HOPE that trusts, believes, looks, and anticipates. It is real and worth holding onto. Hold on, friend!

Continued →

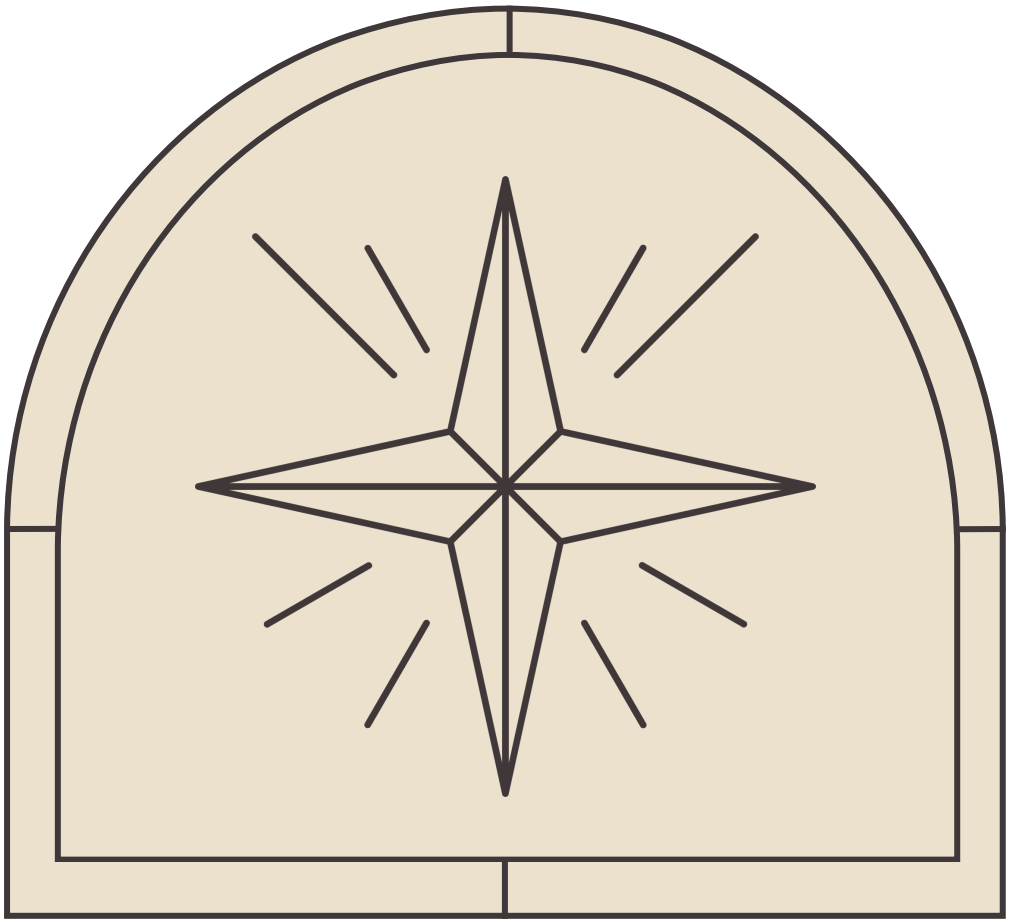
Spiritual Practice: Praying in your body
This practice has three movements.

1. Sit quietly, feet planted on the ground and your hands open in your lap.
2. Name any regret, failure, shame or hope you might have, figuratively lying there in your cupped hands. No need for a lot of words here. Just name them. Lift your hands as an offering, acknowledging that God already knows and is the God of Hope
3. Separate your hands as you lift them higher, offering whatever you are holding up to God, giving it all to Him.

Prayer:
Father, I ask this, according to your word:

May You, the God of Hope fill me with all joy and peace as I trust in You, so that I may overflow with Hope by the power of the Holy Spirit. Amen

Listen:
The Solid Rock
“My hope is built on nothing less than Jesus blood and righteousness;
I dare not trust the sweetest frame but wholly lean on Jesus name.
On Christ the solid rock I stand all other ground is sinking sand,
all other ground is sinking sand.”



Peace

The 2nd Sunday of Advent
December 6th
Written by Jerry Ray

Peace

Read: Isaiah 40:1-11; Psalm 85:1-2, 8-13; 2 Peter 3:8-15a; Mark 1:1-8

Ponder:
When asked, "What is the true meaning of peace?" the Ai overview on the internet says the following; "The true meaning of peace is wholeness, harmony and balance, extending far beyond just the absence of war or fighting. It is active well-being in relationships, justice in society, and calm in the mind."

It goes on to say that the meaning of peace in the Bible is "not merely the absence of conflict. Rooted in the Hebrew word shalom and Greek eirene, it represents wholeness, completeness, relational harmony, and well-being. Ultimately, it refers to a restored, trusting relationship with God, which then brings internal tranquility and peace with others."

It seems that we have a tendency to always be in a state of conflict, whether it be with other people, within ourselves, with other nations, or with God. We face the constant tension of unresolved issues in life, such as the uncertainty of health, the possibility of losing a close friend or relative, a possible promotion that never seems to come when we want it to or the uncertainty of securing needed finances beyond our control.

We also battle within ourselves and with God. We see the sin and flaws in our own character that we can't seem to overcome. We fear the judgment of God and wonder where we really stand with Him. We question why God has allowed things to happen in our lives that we don't like. The prophet Habakkuk asked God how long it would be before He would judge the wicked in Israel and why He hadn't done anything about it. Like Habakkuk, we don't understand where God is at times. When we pray, we try to pray with heavenly authority. If we're not careful. we begin to think that our prayers will be answered the way we want them to just because we prayed them. Without realizing it, we make ourselves God. When things don't work out like we planned, we decide we don't believe in God anymore. At such times, we've made God into a heavenly Santa Claus, who is supposed to give us what we want simply because we asked for (demanded?) it.

Israel had ignored God's warnings and faced His judgment by captivity in Babylon. The verses in Isaiah 40 speak "comfort" because God has now forgiven their sin and is now going to act in their behalf. Salvation from captivity is coming. Isaiah prophesies of another day in history when God announces comfort because the King Messiah will be coming. We celebrate His coming during Advent. Mark's passage quotes this passage and has John the Baptist warning Israel to make the paths straight. When a king was coming, people would level the path so that the ruler could have an easy ride and be welcomed. A return to right living through confession of sin prepared them for His coming and salvation. It does the same for us today.

In Psalm 85:10, love and faithfulness meet together. Righteousness and peace "kiss each other." Like a husband and wife, there is affection only when there is love and faithfulness, a right relationship and peace with each other. It is the same with God and others.

2 Peter 3:13-14 reminds us that we are looking forward to a new heaven and new earth where righteousness dwells. If this is our desire, then we need to make every effort to be found spotless, blameless, and at peace with Him.

We also need to trust God in the times of uncertainty. Psalm 46:10 tells us to let down the hands, cease striving, and know that He is God. Like Hagar in the Book of Genesis, we need to rely on El Roi, the "God who sees me." God knows us well and is there for us when we trust (relax) in Him. Jesus said to "abide" in Him. That means resting and waiting.

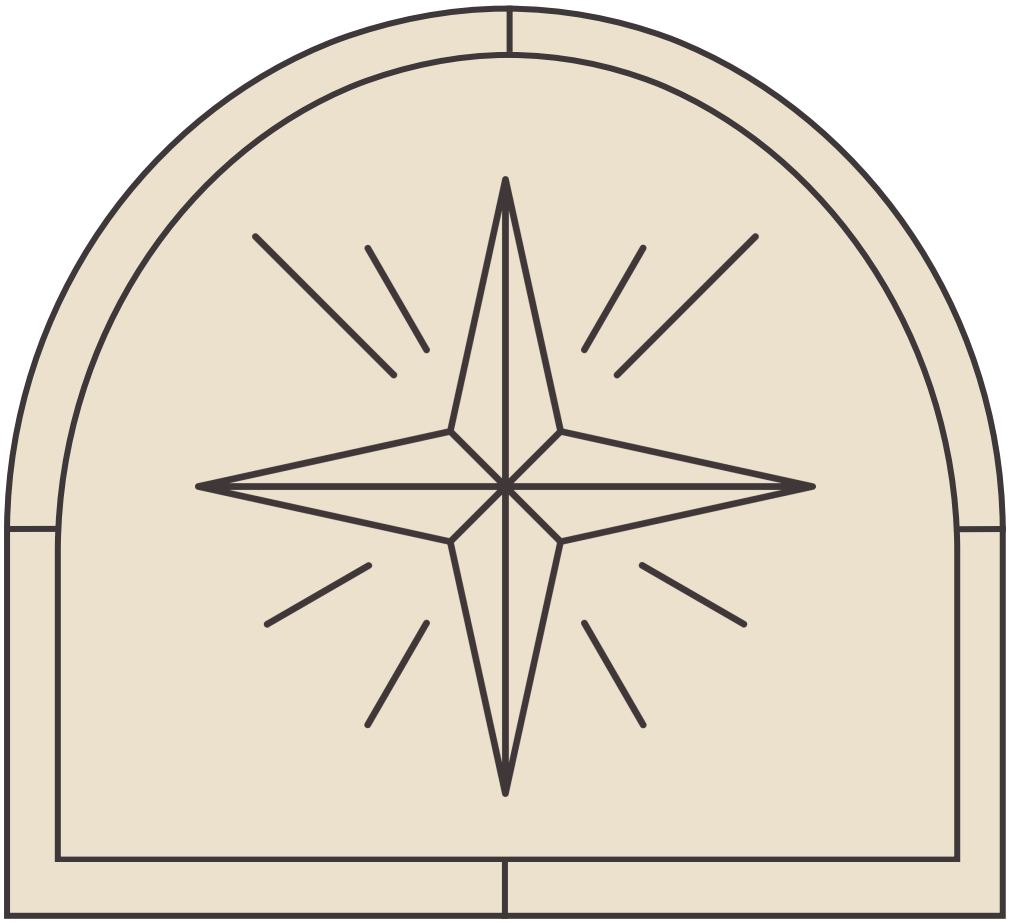
Spiritual Practice: Resting by Meditating
Resting in Jesus is difficult because we tend to feel we must do something. When I become very busy for God, it's often because I've not dealt with something internal that His Spirit is prompting me about. If you're anxious about where finances are coming from or what to do, try meditating on a scripture passage that He keeps bringing to your mind. Simply look up to God and tell Him that you're trusting Him. Then wait to see what God does.

Go Deeper:
In what areas of your life are you living in need of confession of sin?
What is keeping you from relaxing in Him during times of stress?
Are you at odds with anyone? What can you do to restore that relationship?

Prayer:
Father God, continue to show me the areas where I don't trust you and where I still harbor sinful thoughts. Lead me into a life that is blameless, spotless and holy before you. Guide me in restoring any relationships that are in need of being brought to peace.

Listen:
Thou Wilt Keep Him in Perfect Peace (YouTube by ZealforZion)






Joy

The 3rd Sunday of Advent
December 13th, St. Lucia Day
Written by Pastor Aubrey Larsen



Read: Isaiah 61:1–4, 8–11; John 1:6–8, 19–28

Ponder:
When I first started attending Praise Covenant, if you had asked me what denomination the church belonged to, I probably would have answered, “Non-denominational.” It wasn't until I was in seminary that I began learning about the rich history and heritage of the Evangelical Covenant Church - a denomination that Praise Covenant is, in fact, part of!

The Covenant has deep Swedish roots, and one of the gifts of that heritage is the introduction to traditions I might not otherwise have encountered.

One of those traditions is the celebration of St. Lucia Day. Her story was unfamiliar to me. In fact, I'm not sure I would have ever given it much attention had I not first become curious about the candle wreath headbands and the delicious Swedish pastries known as saffron buns. But the more I learned, the more intrigued I became by her story and fascinated by the tradition. So, how did a woman born in 283 AD become the inspiration for an entire Swedish holiday?

The tradition of St. Lucia Day is celebrated on December 13. Girls dress in white, wear crowns of candles, and deliver treats, traditionally saffron buns. But behind the beautiful candles and delicious pastries is a story of remarkable devotion to Christ.

Lucy devoted her life to Jesus during a time when Christians faced intense persecution. Rather than compromise her faith, she remained steadfast. According to tradition, Lucy secretly delivered food to Christians who were hiding in the catacombs. To light her way while keeping both hands free to carry food, she wore a wreath of candles on her head.

In a time when following Jesus could cost you everything, Lucy remained faithful. She refused to compromise her devotion to Christ and ultimately was killed for her faith.

How many of us compromise simply because of the discomfort of standing apart or the pressure to conform? How often do we trade faithfulness for convenience, conviction for comfort, or obedience for the approval of others?

Lucy did not. And her story invites us to consider what it means to remain faithful, even when it costs us something.

Today is December 13, and we celebrate the third week of Advent: Joy. And what better way to introduce the theme of joy than with a martyr?!

In Isaiah 61, the chapter opens with the declaration of “the year of the Lord's favor.” What a beautiful phrase, especially during the Christmas season. But I wonder if we sometimes misunderstand what God's favor actually looks like.

It's easy to get caught up in what the world tells us Christmas favor looks like: expensive or excessive gifts, vacations, Christmas spirit, decorations, and all the Hallmark-worthy things that make the season feel special.

Yet Isaiah 61 paints a very different picture of God's favor. It is about binding up the brokenhearted, proclaiming freedom for captives, releasing those in darkness, and restoring what has been broken. It isn't about making life more comfortable; it's about God bringing real transformation and restoration.

And that is the good news for us this Christmas season. God's favor is not found in how perfectly we create a cozy holiday or how much we have to celebrate. It is found in the faithfulness of a God who comes near to His people, brings hope to the brokenhearted, and makes all things new. It is the God of the universe making Himself known and demonstrating His faithfulness to a people who could never earn it.

Jesus wasn't sent so that we could simply have a cute, cozy holiday. He came to bring real change to the world. He came not merely to make our lives more comfortable, but to tangibly show us the Fathers love and how we can live in relationship with Him.

And this brings us to John.

John opens his Gospel by making something very clear: the story isn't about him. He came as a witness to testify concerning the Light, but he himself was not the Light. Jesus was.

There is something beautiful about that connection to St. Lucia. Lucy wore the light and carried it into dark places, but she herself was not the light. John pointed people toward the Light, but he was not the Light. And the same is true for us.

We are called to carry the light of Christ into the world, but we are not the source of that light, Jesus is. Our lives are meant to point beyond ourselves and toward Him.

I think the temptation when reading something like this is to respond in one of two ways: either to feel shame and think we aren't measuring up or doing enough, or to come up with a plan for how we're going to run out and save the world.

The book of Isaiah isn't primarily about what we can do. It's about what God has done, what He is doing, and what He will do. It's about the greater work of God, even in the midst of pain, destruction, and ruins. We get to join with Him in what He is doing- it doesn’t start with us but we get to be a part of it.

Continued →

The presence of God does not mean the absence of pain. Sometimes, in this life, we have to live in the tension of what is and what we know to be true about God. We live in a world that is not yet as it should be. There are things we cannot change, circumstances we cannot fix, and darkness we cannot overcome on our own.

Lucy couldn't change the reality of persecution around her. But she lived with the conviction that God was present, even when things weren't right. Her faithfulness wasn't rooted in the circumstances around her changing, but in the God she knew and trusted His presence with her.

And perhaps that is where we find the deeper meaning of joy this Advent season.

Joy isn't the absence of hardship, the ability to fix what's broken, or the perfect circumstances we've worked so hard to create. Joy is the confidence that God is with us, that He is faithful, and that He is still at work- even in the middle of it all.

The Light has come into the darkness, and the darkness has not overcome it.

Go Deeper:
1. Where are you currently experiencing the tension between what is and what you know to be true about God? What might it look like to trust His faithfulness in that space?

2. Where might you be tempted to choose comfort, convenience, or approval over faithfulness to Jesus? What would it look like to remain faithful, even when it costs you something?

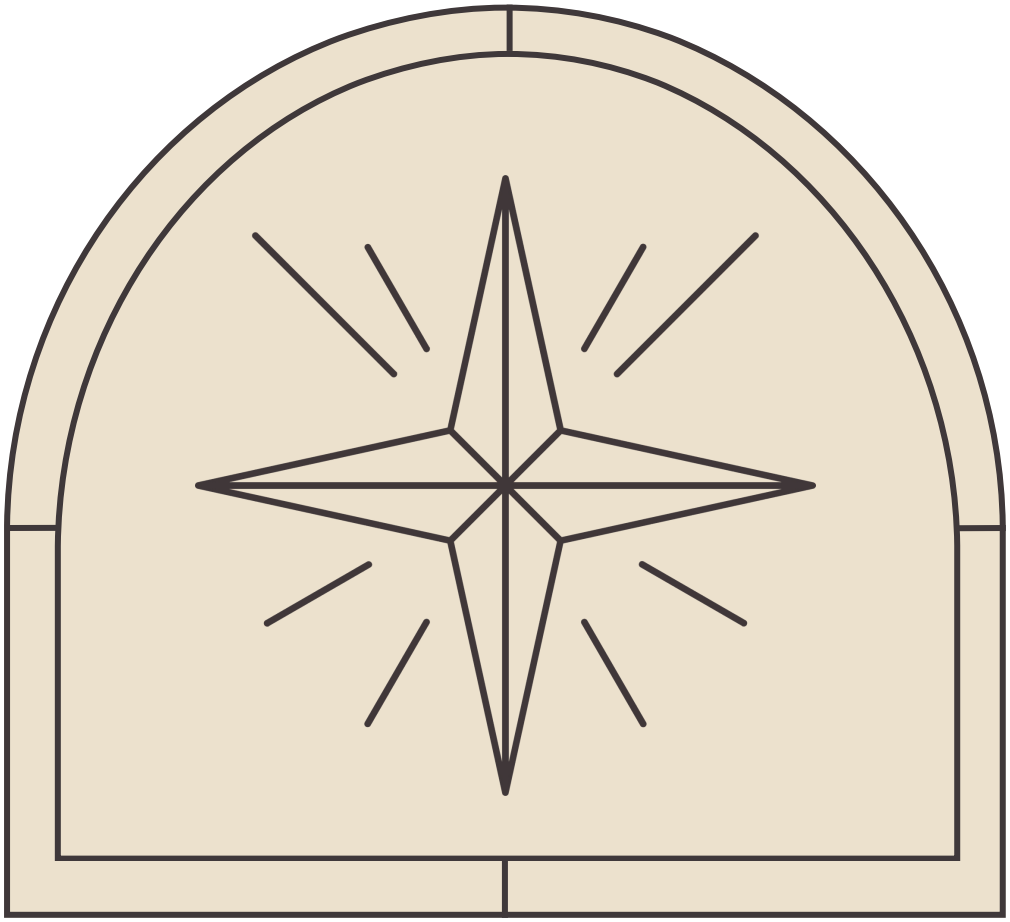
3. How does understanding that Jesus is the Light- not you- change the way you think about your responsibility to bring light into the world?

Spiritual Practice: Looking for the Light
During this Advent season, take 5–10 minutes to sit quietly with a lit candle. Allow the candle to be a reminder that Jesus is the Light of the world, and that He is present with us.

As you sit, bring to mind an area of your life that feels dark, broken, unresolved, or beyond your control. Rather than immediately asking God to show you how to fix it, simply invite Him into it.

Prayer:
Jesus, You are the Light of the world. Remind me that I am not responsible for being the light, but I am invited to live in Yours. Help me recognize Your presence in the places that feel dark, trust Your faithfulness in the things I cannot change, and find joy not in perfect circumstances but in Your presence. Amen.

Listen:
Greatness by Passion and Brooke Ligertwood.




Faith

The 4th Sunday of Advent
December 20th
Written by Larry Tuell

Faith

Read:
2 Samuel 7:1-11,16; Luke 1:46-55; Pslam 89:1-4,19-26; Romans 16:25-27; Luke 1:26-38

Ponder:
In these passages, two of the most unlikely heroes of the Bible are called upon to act, and both answer in complete faith. God takes the lowly things and lifts them up, filling them with his love and power, redeeming creation one person at time, building those who are willing into the best version of who God intended and desired for them to be! Are you ready to act in faith upon God's call on your life?

In the Luke passages we have the story of Mary, the mother of Jesus, and her call to carry the Savior of the world and her two responses, immediately, then later in song when visiting her aunt Elizabeth. Mary was a young girl, almost certainly a teenager, betrothed to a man to be married when an angel visits to inform her that she, a virgin, is carrying a child. The Spirit of God was the agent of conception, and God himself the father. On one hand, this is thrilling news she has learned about all her life from the scriptures: God is keeping his promise to send the Messiah, and she will be a part of the story. On the other hand, this news would be devastating. Mary is engaged. Can you imagine trying to explain to Joseph she's pregnant with someone else's child, but not to worry, this some else is the Alpha and Omega? It means almost certain divorce and a broken heart of Joseph. Then there's the legal issue. The Levitical laws list execution as the penalty for adultery. She lives in a small town and is mostly likely very poor. She will be outcast, with a permanent stain of social stigma and religious judgement. Maybe good news, but very costly. Mary's amazingly simple reply, "I am the Lord's servant. May your word to me be fulfilled." What a stunning statement of faith in God in a very confusing, potentially messy, life altering situation.

The second response we hear from Mary is her spirit filled song she shares with Elizabeth when visiting during her pregnancy. Glorifying the Lord she says some pretty cool statements about who God looks for and lifts up, like "for he is mindful of the humble state of his servant," and "His mercy extends to those who fear him," and "he has scattered those who are proud in their inmost thoughts. He has brought down rulers from their thrones but has lifted up the humble." She goes on with "He Has filled the hungry with good things but has sent the rich away empty." This is a spirit filled teenager, singing about what God is looking for in his servants. It appears he is looking for poor folks, humble people, those who are actually even hungry, and those who fear him. Are you poor in spirit, poor in riches, not exactly a famous person just like Mary was? Then God is looking for you, and desires to enter your life to use you to change the world too.

David is the second unlikely hero in these passages. David, too, was a young boy, most likely a teenager when he was called by God as an afterthought. When Samuel went to Jesse saying one of his sons would be king, Jesse didn't even think of young David who was out in the fields tending the sheep. Jesse paraded David's seven older brothers who were described as tall and strong. God spoke to Samuel, reminding him, "The LORD does not look at the things people look at. People look at the outward appearance, but the LORD looks at the heart." David, the least likely young shepherd boy, was anointed King of God's people. David did many faith filled things, such as killing Goliath, but it took many years until Saul died and David was finally officially anointed king in Hebron at age 30. He then established his throne in Jerusalem, where in our passage in 2 Samuel 7 God promises to make David's name great, "like the names of the greatest men on earth." Finally, in verse 16 he gives David the ultimate promise, "Your house and kingdom will endure forever before me: your throne will be established forever." David responds with a humble prayer, "Who am I, Sovereign Lord, and what is my family, that you have brought me this far?" But he also responded in sure faith, "And now, LORD God, keep forever the promise you have made concerning your servant and his house. Do as promised, so that your name will be great forever." We know the rest of the story now, as David's offspring led to the birth of the Messiah, Jesus, and the true kingdom of God on earth, establishing David's line and kingdom truly forever!

What is your current situation in life? Are you stuck in a job somewhere obscure, like out in the hills with sheep? Are you an afterthought to your own family? Are you rich, or maybe poor, or actually hungry, or in need? Do you feel too young, too small, or unseen to your friends or family? How is your heart? Is it ready to respond to God? Do you fear God? Are you humble before him? You see, a prophet named Samuel or an Angel of God may not visit you, but I'm sure that Jesus will visit you, and is attempting to visit you over and over. He loves you. He made you. He has great plans for his humble servant. He wants you to blossom and grow into the man or woman of God he made you to be. Is your heart ready? Will you hear his call, his whisper, his instructions for you? Finally, will you respond in faith, and action as Mary and David did?

Go Deeper:

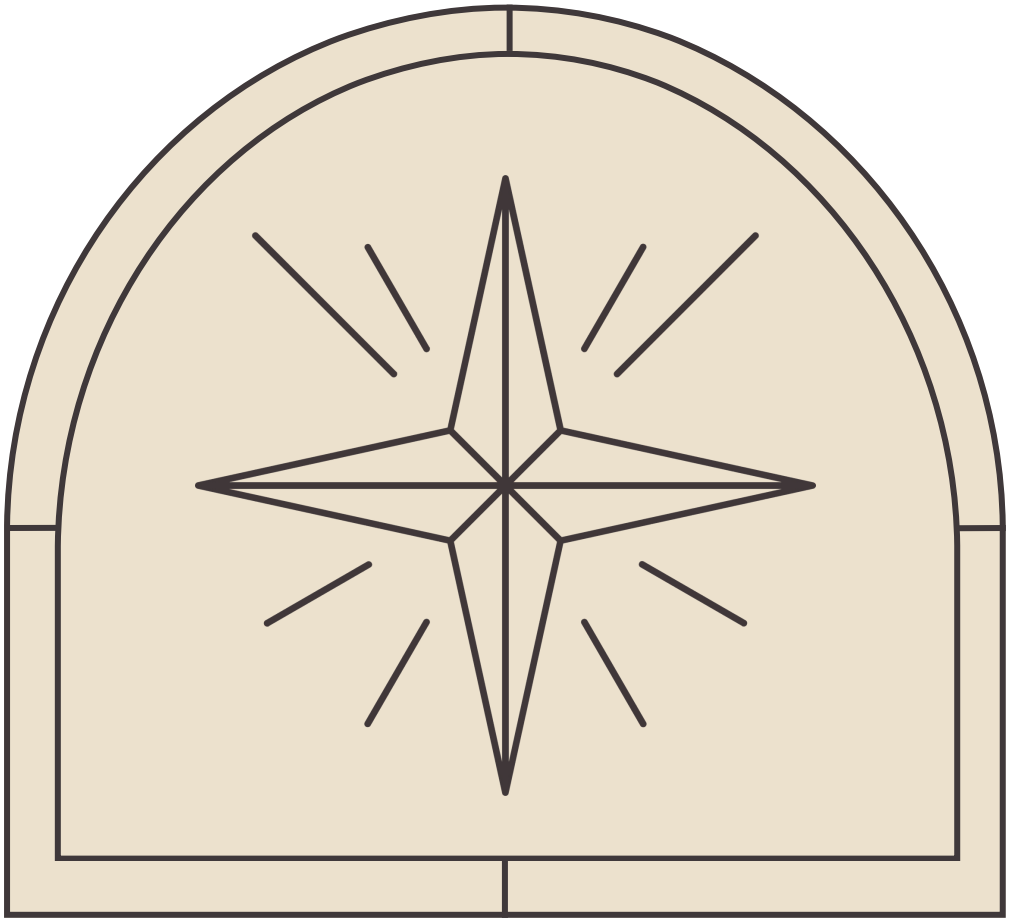
1. Has God asked you to do something in your life? Is he asking you to reach out to a friend, neighbor or fellow sister or brother in our church? Have you heard His call on some part of your life? Will you respond as Mary, "I am the Lord's Servant... May your word (or call) be fulfilled in me."
2. When the angel visits Mary, he ends his reply to Mary with a promise, "For no word from God will ever fail." The Bible is God's written word to us, men and women. Are you spending time reading God's word on a consistent basis? Do you truly believe God's word, all his promises to you, and that no word from God will ever fail?
3. In the Roman's 16:25-27 passage, Paul reminds us of the mystery of the gospel, fulfilled in Christ through Mary, David and the prophets, the very Jesus who has saved us and called us to obey God. In John 14 Jesus says, "If you love me, keep my commands." And again in John 14:23, "Anyone who loves me will obey my teaching." In this Romans passage Paul says this obedience can only come through faith. Is there an area of your life you are not being obedient to Christ? Or is there an area of your life you are holding on to because you don't have faith that God will come through for you if you let it go?

Continued →

Spiritual Practice: Meditative prayer and inquiring of the Lord
David, the king after God's own heart, gives us a glimpse into where our hearts should be in one of my favorite verses, Psalms 27:4. David says, "One thing I ask from the LORD, this only do I seek: that I may dwell in the house of the Lord all the days of my life, to gaze on the beauty of the LORD and to seek him in his temple." Gaze is a word that means to look steadily, intently, (to meditate on) as with curiosity, interest and wonder. God wants us to spend time gazing intently on his beauty, wonder, and love. Then God asks us to seek him in his temple. The Hebrew word here means to inquire of the Lord in his temple. Spend 5 to 10 minutes meditating on some wonderful aspect of the Lord, such as his love, peace, or faithfulness. Then after that mediation period, ask God if there is anything he wants you to do in your life today. Tyler Staton, author of "Praying Like Monks, Living Like Fools" says, "Prayer is the means by which we open our inner world to the Spirit's work within us and say, "Yes, have your way."" Practice prayer in this manner, inquire of the Lord, then act in faith to do whatever he reveals.

Prayer:
Lord, thank you that I am a child of God and that your promises were fulfilled to both Mary and David in the birth, life, death and resurrection of Jesus. Through Jesus and the Holy Spirit you still speak to us today. May we spend time with Jesus, gazing on his beauty and love for us. May we have humble hearts like David and Mary. May we inquire of you, and seek your will for our lives. I believe you will reveal yourself to me, and show me what you are calling me to do. Help me hear your voice, and take action in faith like David and Mary. In Jesus' name, Amen.

Listen:
Abide, by Aaron Williams and Dwell Songs (2021)



Christmas Day

December 25th

Written by
Pastor Mark Knight

Christmas Day

Read: Luke 2:1-20, Hebrews 12:2

Ponder:

My wife and I now live in a world where Christmas morning starts with very eager children startling us awake. “Can we open presents?!” Is the first thing out of their mouths, and the eager anticipation in their eyes tells us, parents, it’s time to get up.

We don’t let them open presents right away. They can dump out their stockings, but the presents must wait. We mosey down to the kitchen to make some coffee as the kids start sorting presents. One pile for Kinsley, another for Cayson, a third for Bridger, and two much smaller piles for Lindsay and me.

As we sip our coffee and watch the piles being created, the anticipation only grows. These kids may be frustrated with us at this point, but it’s still not time to open presents. They know by now the next thing to do is read the Luke account of Jesus’ birth. Then it’s a reminder to our children that these presents will fade; they will only make you happy in a temporary way, and by next Christmas you won’t remember most, if not all, of them.

They endure our reminders with the amount of patient anticipation you can expect from kids. Eventually, it’s time to open presents, but it will not be a free-for-all. It’s a one-by-one situation in our house. Which only grows the anticipation. Especially, if the first present you open is socks.

Yet, this process is all part of being a Christian. It’s a subtle spiritual practice that they don’t even realize they are doing; they are participating in one more practice of Advent.

Advent is the season when we anticipate the coming of Jesus. We light candles each week as it gets closer. We grow in hope, peace, joy, and faith. We finally arrive at Christmas morning, and we celebrate the greatest gift of all, the coming of Jesus. The entire time we are anticipating this great gift.

And yet, similar to the gifts my kids are opening, it often feels temporary; hope, peace, joy, and faith all get snuffed out quickly as we go back to work or school or the busyness of life. Where did Jesus go? We may turn on the news or talk to a neighbor or have to deal with a crisis in the family, and it’s like the lights of Christmas flicker out.

Anticipation for Christmas only creates a bigger anticipation for something that should feed our souls daily and then ultimately when Jesus comes again. Anticipation is still part of our existence. We are caught between two Advents. The first brought Jesus at Christmas and gives us the ability to have Jesus living within us and receive new life. The second is when Jesus returns and makes new life permanent.

The hope of Christmas is that Jesus has come and is coming. We receive these gifts now, but our task is to allow Jesus to actually permeate our whole lives. To bring us peace when it feels like it's escaping, to bring hope in a hopeless world, to find joy in the crazy, and to grow our faith as we live it all out.

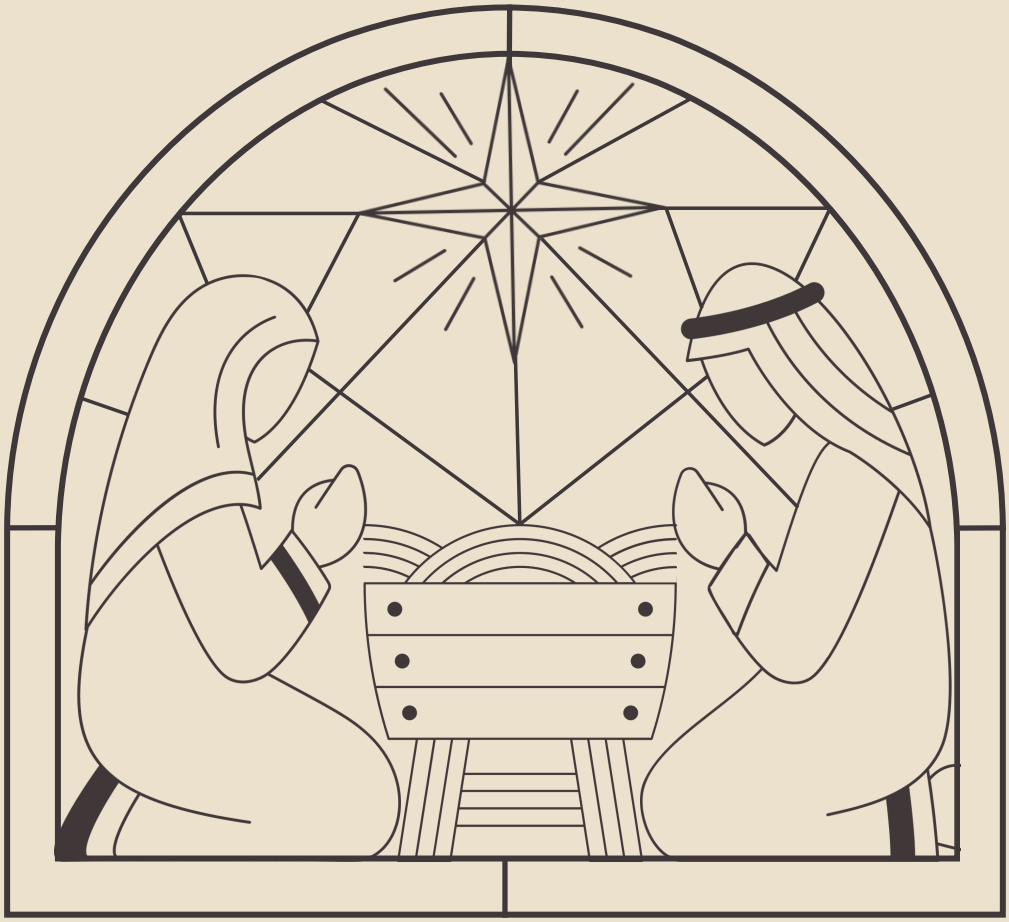
Christmas morning is a great time to be reminded that we need Jesus every single day, that he gives us these gifts every day. But also anticipation for the completion and removal of all the pain and sorrow.

Spiritual Practice: Adding Anticipation
Do something this Christmas to add one last moment of Advent to your day. Whether it be waiting to open your presents, slowing down before stockings, pausing for 30 seconds before eating Christmas dinner.

Go Deeper:
In what areas of your life do you rush from busyness to busyness?
What is it that you anticipate the most? Is it Jesus?
Where can you constantly add this expectation and anticipation?

Prayer:
Father, thank you for sending Jesus, your son to bring hope, peace, joy, and faith. Help me to not only embrace that now but to live with anticipation for when it's not interrupted by the frustrations of this world. Give me opportunities to add anticipation for what you want to do in my life and in our world, help me to see things the way you do.

Listen:
"Come Jesus Come" - CeCe Winans
"Anticipation" - Bryan and Katie Torwalt



Praise
COVENANT