

Valentines Night

Saturday 14th February 2026



THE SOLA

bistro bar hotel

Lovers Celebration Menu

2 Course £32.95, 3 Course £39.95

Starters

Gin Cured Salmon

capers, pickled fennel, horseradish & dill buttermilk dressing GFA

Homemade Game Terrine

dressed salad, house chutney, toast GFA

Whipped Goats Cheese Mousse

beetroot ketchup, pickled beetroot, charred orange, walnuts V/GFA

Mains

Slow Braised Short Rib

charred leeks, cavolo nero, fondant potato, red wine reduction GFA

Pan Roasted Chicken Supreme

carrot purée, charred tenderstem broccoli, dauphinoise potatoes, truffle velouté GFA

Pan Fried Sea Bass

romesco sauce, samphire, sautéed potatoes

Butternut Squash, Sage & Pine Nut Risotto

crispy kale, parmesan V/VGA

Dessert

Dark Chocolate Délice

strawberry gel, chocolate covered strawberries, white chocolate soil, strawberry sorbet

White Chocolate & Raspberry Crème Brûlée

vanilla shortbread GFA

Mango & Passion Fruit Eton Mess

toasted coconut, coconut sorbet VGA

All meals may contain nuts or nut derivatives. Fish may contain small bones. All of our food is prepared in a kitchen where nuts, gluten and other allergens are present. Please note: our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available on request.

V Vegetarian	VA Vegetarian Adaptable	VG Vegan	VGA Vegan Adaptable	GF Gluten Free	GFA Gluten Free Adaptable
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