

Alfred Post COVID Service

Information for health practitioners

About the service:

The Post COVID Service is a multidisciplinary service for adults who are experiencing ongoing symptoms after a COVID-19 infection.

Care includes:

- A comprehensive assessment of the patient's symptoms and treatment goals.
- Multidisciplinary team review as indicated including medical, physiotherapy, occupational therapy, and neuropsychology.
- Referral back to the patient's GP following completion of the patient's input through the service.

What to expect:

Once a patient's referral has been accepted, they can expect the following:

- They will complete initial questionnaire outcome measures prior to their initial appointment.
- A telephone consultation to gain more understanding about their symptoms, introduce management strategies and referrals to relevant multidisciplinary team members.
- Individual or group appointments with relevant medical and allied health clinicians to address the patient's specific needs and goals.

Eligibility criteria:

For patients to be eligible for the program, they must:

- Be aged 18 years or older
- Have a confirmed history of SARS COV-2 infection
- Have had long COVID symptoms for 3 months post infection
- Live in Victoria

Please note that we are currently accepting referrals from medical professionals, and other healthcare practitioners.

For further information:

Phone: (03) 9076 3450

Monday – Fridays
8:00am – 4:30pm

Email: postcovidfollowup@alfred.org.au

Address:

Caulfield Hospital
Specialist Consulting Suites
Building 28, Level 1
260 Kooyong Road,
Caulfield, VIC, 3162

How to refer:

Please email all referrals to:
postcovidfollowup@alfred.org.au