

My health visit today

Step 1.

Complete the questions below before today's visit

Date: _____

Why am I visiting the doctor/health care provider today?

What else do I want to ask?

What do I need from the doctor/health care provider?

Advice:

Prescriptions:

Medical Certificate: Yes / No

Referrals: Yes / No

Bayside | Cardinia | Casey | Frankston | Glen Eira | Greater Dandenong
Kingston | Mornington Peninsula | Port Phillip | Stonnington

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Step 2.

Complete the questions below DURING today's visit

What did the doctor/health care provider say?

What do I need to do and why?

Medication:

Diet/exercise:

Tests:

Anything else:

Follow up

Next appointment, when:

Call the clinic, when:

Doctor/clinic calls me, when:
