

South East Melbourne

Doctors in Secondary Schools Referral Pathways:

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Aboriginal and Torres Strait Islander

Clinicians are encouraged to provide Annual Health Assessment for Aboriginal and Torres Strait Islander People (**MBS item 715**)



Dandenong and District Aboriginal Co-operative Limited (DDACL)

- Provides Aboriginal health services in southern Melbourne and community programs to promote wellbeing and social engagement of local Aboriginal communities.
- **Phone: 9794 5933**
- Website: <http://ddacl.org.au/>



The Frankston Aboriginal Gathering Place - delivers strength based programs, activities and events for the Aboriginal and Torres Strait Islander community.

- **Phone: 9783 1521**



Connecting the community to culturally suitable services

- **Phone: 1300 665 781**
- Website: <https://www.peninsulahealth.org.au/services/aboriginal-and-torres-strait-islander-health-unit/>

Alcohol and Other Drugs



Engage, support and strengthen highly vulnerable and high-risk young Victorians affected by, or at risk of being affected by, alcohol, drugs, mental health issues and social disconnection.

- Referrals and enquiries: **1800 014 446**
- Website: <https://ysas.org.au/>

Mental Health



A professional association of psychologists in Australia, where you can search for registered psychologist according to location, language and bulk billing capacity.

- Phone: 8662 3300
- Website: <https://www.psychology.org.au/>



A free youth mental health service for 12 to 25 year olds, their families and friends. Services include counseling, Youth Health Clinics and other drug services and work and study support.

Enquiries and referrals

- **headspace** Frankston (03) 9769 6419
- **headspace** Dandenong 1800 367 968
- **headspace** Narre Warren 1800 367 968
- Website <https://headspace.org.au/>



A free & confidential online service where young people aged 12 to 25 or their family can chat online, email or speak to a qualified youth mental health professional.

- **Phone: 1800 650 890**
- Website: www.eheadspace.org.au



Free confidential 24-hour telephone and online counselling for young people aged 5 to 25 years

- **Phone: 1800 55 1800**
- Website: <https://kidshelpline.com.au/>



Free confidential 24-hour telephone support and online counselling service.

- **Phone: 13 11 14**
- <https://www.lifeline.org.au>



Free confidential 24-hour telephone support and online counselling service.

- **Phone: 1300 659 467**
- Website: <https://www.suicidecallbackservice.org.au/>



Free confidential 24-hour telephone support and online counselling with links to local services

- **Phone: 1300 22 4636**
- Website: <https://www.beyondblue.org.au/>

MonashHealth *A world of healthcare* **Monash Early in life mental health service** (ELMHS) provide assessment and treatment of children, adolescents and youth with severe mental health disorders living in Cardinia, Casey, Greater Dandenong, Kingston and Monash.

- NB patients under 16 years of age require parental consent prior to referral
- [Referrals](#) are by Healthlink



Accessible Psychological Interventions (API) provide a range of short term psychological interventions of mild-moderate mental illness for people who can't afford.

- **Phone: 1800 862 363**
- [Online Referral](#) preferred. GPs can fax referrals and GP Mental Health Treatment Plan to 11300 354 053 or call 1800 862 363 for priority assistance.

Eating Disorders



Provides free and confidential online service, including information and training and support for people affected by eating disorders or related issues.

- **Phone: 1800 33 4673**
- Website: <https://thebutterflyfoundation.org.au>



Free and confidential service providing information and peer support for people experiencing eating disorders or related issues.

- **Phone: 1300 550 236**
- Website: <https://www.eatingdisorders.org.au/>

MonashHealth *A world of healthcare* The Wellness and Recovery Centre provides intensive treatment program to individuals aged 12 to 24 years affected by eating disorders.

- **Phone: 9594 1770**
- Website: http://www.monashhealth.org/page/Eating_disorders

Refugee Health

MonashHealth *A world of healthcare* **Monash Health Refugee Health and Wellbeing service** provides comprehensive primary care as well as tertiary services including infectious diseases, paediatrics and psychiatry for refugees and asylum seeker communities.

- **Phone: 9792 8100**
- [Referrals](#) are by Healthlink



Foundation House
The Victorian Foundation for
Survivors of Torture Inc.

Free counselling for people of refugee backgrounds across Victoria who have experienced torture and other traumatic events in their country of origin.

- **Phone: 9389 8888**
- Click for [GP referral forms](#)
- Website: <http://www.foundationhouse.org.au/>



Free 24 hour Professional interpreters service available to General Practitioners providing Medicare rebate-able services.

- **Phone: 13 14 50**
- Website: <https://www.tisnational.gov.au/>



centre for
**culture,
ethnicity
& health**

A comic based resource to help anyone working with young people from migrant and refugee backgrounds to start a discussion about sexual health and healthy relationships.

Website: <http://share.ceh.org.au/>

Sexual Health



Hespahead provides free and confidential sexual health testing and education at its Dandenong and Narre Warren centres.

- **Phone: 1800 367 968**
- Website: <https://www.hespahead.org.au/>
- <https://sti.guidelines.org.au/>
- [Let them know](#): Anonymous partner notification for STIs
- **Melbourne Sexual Health Clinic Doctors Hotline: 1800 009 903**
- **Monash Health Infectious Diseases Clinic**: Available afterhours service for 1 day per fortnight
- <https://monashhealth.org/health-professionals/referrals/gp-referrals/>
- <https://monashhealth.org/services/sexual-and-reproductive-health-services/peninsula>
- <https://www.peninsulahealth.org.au/services/community-health-services/womens-sexual-and-reproductive-health-service/>
- <https://www.alfredhealth.org.au/services/melbourne-sexual-health-centre>

LGBTIQA+ Services



Free online and phone based peer support for people who are lesbian, gay, bisexual, transgender, and/or intersex (LGBTI).

- **Phone: 1800 184 527**
- Website: <https://qlife.org.au/>



Peer based, volunteer run support services for lesbian, gay, bisexual, transgender, queer and intersex (LGBTQI) people and their friends and families.

- **Phone: 1800 184 527**
- Website: <http://www.switchboard.org.au/>

Violence and Sexual assault



VICTORIA POLICE Sexual Offences and Child Abuse Investigation Team (SOCIT) are located within Multidisciplinary Centres (MDCs) across Victoria to investigate and support victims of sexual crime and child physical abuse.

- Dandenong (MDC): **8769 2200**
- Frankston (MDC): **8770 1000**
- Moorabbin: **9556 6128**



The Victorian Forensic Paediatric Medical Service (VFPMS) provides 24/7 advice and secondary consultations for Victorian Health professionals as well as forensic medical assessments and care for abused, assaulted and neglected children.

- **Phone: 1300 66 11 42**
- Website: <https://www.rch.org.au/vfpms/>



Provides a 24-hour phone support service for women and children experiencing family violence.

- **Phone: 1800 015 188**
- Website: <https://www.safesteps.org.au/>



Provides counselling and support for young people affected by sexual assault and family violence.

- **Victorian crisis line: 1800 806 292**
- Website: <https://youth.secasa.com.au/>



Child protection protects children and young people from harm caused by abuse or neglect within the family. Doctors, nurses, police and school teachers are legally obliged to report suspected child abuse.

- South Division Intake - 1300 655 795
- Website: <https://services.dhhs.vic.gov.au/child-protection>

Youth support



Assist individuals who are homeless or at risk of homelessness by providing access to stable, affordable and safe accommodation.

- **Referral and enquiries: 1800 825 955**
- Website: <https://www.wayssltd.org.au/program-type/help-young-people>



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Additional Resources

If you could not find what you were looking for on this page, please discuss local referral options with the School Health and Wellbeing Coordinator and check the Health Direct <https://www.healthdirect.gov.au/>