

South Eastern Melbourne - NMHSPA Bilateral PHN Program 2023/24 - 2027/28 Activity Summary View



NAB-H2H - 1 - NAB-H2H1 2025 Adult Mental Health Centre and Satellite Network (Head to Health)



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-H2H

Activity Number *

1

Activity Title *

NAB-H2H1 2025 Adult Mental Health Centre and Satellite Network (Head to Health)

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description

Aim of Activity *

Support delivery of services by existing Adult Mental Health Centre and Satellite Networks (Head to Health), and work with the Victorian Government to support any future transition of consumers to the nearest Adult and Older Adult Local Mental Health and Wellbeing Centres.

Description of Activity *

This activity supports the services delivered by Head to Health mental health hubs previously funded through the Primary Mental Health Care Schedule.

There are currently two commissioned Head to Health hubs located at Officer and Berwick, with no currently identified

decommissioning date and transition of services announced by the Victorian Department of Health for these locations. The Frankston Head to Health hub was decommissioned on 30 June 2023 with all consumers transitioned to the Frankston Adult and Older Adult Local Mental Health and Wellbeing Centre or other mental health providers or services.

The purpose of SEMPHN’s program is to:

- provide additional mental health support and arrange referrals to more intensive mental health care or social supports as needed
- commission evidence-based clinical primary mental health care services in line with stepped care approach
- support general practice by providing funding to organisations to employ multidisciplinary teams of mental health workers
- ensure clinics provide culturally safe mental health services for vulnerable populations
- enhance the availability of existing services to support referrals from practitioners engaged through the mental health clinics, to best meet the needs of people who present at the mental health clinics
- develop and deliver communication and engagement activities to support access to mental health services
- support the transition of services to the nearest State funded Adult and Older Adult Local Mental Health and Wellbeing Centres.

SEMPHN Strategy 2023-2028: Path to Impact
Pillar 3: Vibrant primary health services

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2025-2028

Priorities

Priority	Page reference
Improve knowledge and capacity of service providers and consumers to engage with and navigate the service system	196
Improve coordination/ integration of psychosocial support services	198
Improve MH services for people with severe and complex MH needs	195
Increase support for consumers in need of low-intensity MH services	194
Increase support for young people requiring MH support for severe and complex mental illness	194



Activity Demographics

Target Population Cohort

Adults

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Cardinia	21201
Frankston	21401
Casey - North	21202
Casey - South	21203



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

23/11/2022

Activity End Date

29/06/2026

Service Delivery Start Date

25/11/2022

Service Delivery End Date

30/06/2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: No
Direct Engagement: Yes
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

Yes

Decommissioning details?

Frankston site to be decommissioned by 30 June 2023 with Berwick and Officer decommissioning dates to be confirmed.

Co-design or co-commissioning comments



NAB-PRCG - 1 - NAB-PRCG1 2025 PHN Regional Commissioning and Governance



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-PRCG

Activity Number *

1

Activity Title *

NAB-PRCG1 2025 PHN Regional Commissioning and Governance

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 8: Regional mental health and suicide prevention plan

Other Program Key Priority Area Description

Aim of Activity *

Support the regional planning, commissioning and governance arrangements required for the SEMPHN region.

Description of Activity *

SEMPHN is:

- working towards integrated and aligned approach to planning and commissioning, including providing timely data and other information
- supporting the development, implementation and monitoring of a mental health and wellbeing and capital plan, which will:
 - respond to priorities outlined in the inaugural state-wide mental health and wellbeing service and capital plan;
 - be informed by the new national guidelines on joint regional planning and commissioning committed under the National Agreement;
 - consider opportunities for data sharing and identifying opportunities for system design responses to integration between Commonwealth and state-funded services; and
 - address other requirements outlined in the National Agreement and Victorian bilateral schedule
- participating in regional commissioning and governance arrangement under the Victorian Bilateral Agreement, including participation in communities of practice, working groups and/or other relevant governance mechanism.
- working with the Commonwealth and Victorian governments and Interim Regional Boards (where relevant) to consider and use opportunities to trial a co-commissioning approach designed to improve the integration between Commonwealth and state-

funded services that builds on joined up planning approaches

- collaborating on joint capability building activities such as workforce training, secondary consultation, and communities of practice
- developing agreed referral pathways and shared care protocols.
- continue to maintain and build momentum in joint regional planning and commissioning activities as specified in the Primary Mental Health Care (PMHC) Schedule.

SEMPHN is also supporting clinical governance and service quality by maintaining appropriate clinical governance and quality assurance arrangements, ensuring staff and services are COVID safe and supporting the evaluation of activities as required.

SEMPHN Strategy 2023-2028: Path to Impact:
Pillar 1: Population health and service demand
Pillar 4: Innovation and system reform

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2025-2028

Priorities

Priority	Page reference
Improve knowledge and capacity of service providers and consumers to engage with and navigate the service system	196



Activity Demographics

Target Population Cohort

All

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Regional PHNs and other external bodies such as Local Mental Health Regional Boards.

Collaboration

Regional PHNs and other external Bodies.



Activity Milestone Details/Duration

Activity Start Date

23/11/2022

Activity End Date

29/06/2026

Service Delivery Start Date

1/12/2022

Service Delivery End Date

30/06/2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



NAB-HE - 1 - NAB-HE1 2025 headspace Enhancement funding Bentleigh/Elsternwick



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

1

Activity Title *

NAB-HE1 2025 headspace Enhancement funding Bentleigh/Elsternwick

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description

Aim of Activity *

Reduce wait times, improve the transition between services and ensure young people can access an appropriate level of support by expanding and enhancing headspace services in the SEMPHN region.

Description of Activity *

SEMPHN manages funding for eight headspace centres including Elsternwick/Bentleigh, Frankston, Rosebud, Pakenham, Dandenong and Narre Warren across the SEMPHN region. Headspace delivers a mild to moderate approach to young people's mental health as well as physical and sexual health, AOD, vocational and educational services. Each headspace location covers all LGAs in the SEMPHN region allowing young people to attend the location which best meets their needs regardless of where they reside.

SEMPHN received additional funding in June 2023 for the enhancement of the catchment's headspace services. This is intended to provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness. It is also provided in recognition of the increasing complexity of young people presenting to headspace services, in addition to workforce and funding pressures that have constrained service capacity in recent years.

This headspace service will use the additional funding to:

- undertake professional development and upskilling

- supplement salaries for the existing multi-disciplinary workforce
- increase community engagement and awareness activities, particularly with priority populations.

Local needs analysis has identified that providers have been struggling to maintain current FTE due to the increasing CPI index as this is not reflected in current funding. The full funding would assist the centre/s maintain current service levels as well as increase staffing for certain roles.

In 2024-2025 headspace centre Bentleigh/Elsternwick received \$1,393,774.53 core service funding and was allocated \$413,600 in enhancement funding. Based on the local needs analysis outlined above, the headspace centre has been allocated the new funding floor of \$1,807,375.53.

headspace National was consulted regarding the intended redistribution of surplus funding.

SEMPHN Strategy 2023-2028: Path to Impact

Pillar 3: Vibrant primary health services

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2025-2028

Priorities

Priority	Page reference
Improve pathways for young people navigating the MH system	199
Provide psychological therapies for priority populations and/or underserved groups in identified LGAs of high prevalence (e.g. Frankston)	195
Improve accessibility of services after-hours	192
Increase support for consumers in need of low-intensity MH services	194



Activity Demographics

Target Population Cohort

Young people aged 12-25

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Management of issues arising from the headspace enhancement funding are part of SEMPHN's ongoing management of each headspace contract.

Each lead agency will hold quarterly consortium meetings which include young people and family representation. The consortium members provide strategic and operational input to the service delivery at the headspace centre. SEMPHN is a member of the headspace consortiums.

Centres have youth advisory and family participation programs as part of the core component of the model which ensure lived experience expertise is integral.

SEMPHN will hold monthly meetings with the lead agencies of the headspace centres to share clinical practice and quality improvement strategies, as well as ways to improve integration within a stepped model of care for young people in the catchment.

SEMPHN will engage with a range of key stakeholders, consortium partners, General Practice and community based primary health care organisations to improve integration between the headspace model and the broader primary mental health care services.

SEMPHN will work with the lead agencies and headspace National to ensure fidelity to the model and that quality improvement activities are undertaken.

The PHN attends consortium meetings and planning days with the Centres to ensure activities are aligned with PHN priorities as identified in the Needs Assessment.

SEMPHN will provide guidance to service providers as we transition to the Stepped Care Model and seek to integrate the headspace model with other mental health services in the region.

Collaboration

- Access Health Community - Lead Agency
- EACH - Lead Agency
- YSAS - Lead Agency
- Alfred Health - Lead Agency and LHN
- Monash Health - LHN
- Peninsula Health - LHN
- Consortium partners - broad range of community health care organisations who provide (in-kind) support and referral. Representation from young people and families provide their lived experience expertise
- General Practice - assessment and referral - care coordination
- headspace National Office - model fidelity and procurement guidance and advice, and data support services



Activity Milestone Details/Duration

Activity Start Date

29/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/09/2023

Service Delivery End Date

30/06/2026

Other Relevant Milestones

Annual hMIF review process with all Centres.



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

There is no decommissioning in this Activity Work Plan. All of our programs are subject to ongoing evaluation and review.

Co-design or co-commissioning comments



NAB-HE - 2 - NAB-HE2 2025 headspace Enhancement funding Dandenong



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

2

Activity Title *

NAB-HE2 2025 headspace Enhancement funding Dandenong

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

Reduce wait times, improve the transition between services and ensure young people can access an appropriate level of support by expanding and enhancing headspace services in the SEMPHN region.

Description of Activity *

SEMPHN manages funding for eight headspace centres including Elsternwick/Bentleigh, Frankston, Rosebud, Pakenham, Dandenong and Narre Warren across the SEMPHN region. headspace delivers a mild to moderate approach to young people's mental health as well as physical, AOD, vocational and educational services. Each headspace location covers all LGAs in the SEMPHN region allowing young people to attend the location which best meets their needs regardless of where they reside.

SEMPHN received additional funding in June 2023 for the enhancement of the catchment's headspace services. This is intended to provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness. It is also provided in recognition of the increasing complexity of young people presenting to headspace services, in addition to workforce and funding pressures that have constrained service capacity in recent years.

This headspace service will use the additional funding to:

- undertake professional development and upskilling, including upskilling in culturally appropriate care
- supplement salaries for the existing multi-disciplinary workforce
- improve care coordination, referral pathways and service integration with state-funded and other PHN-commissioned services
- increase community engagement and awareness activities, particularly with priority populations.

Through investigating centre needs, headspace Dandenong expressed the need for funding for increased staffing at the new site and to maintain current staffing levels considering CPI index increases. Since Pakenham surpassed the floor funding level, the surplus funds were allocated to headspace Dandenong.

In 2024-2025 headspace centre Dandenong received \$1,087,121 core services funding and was allocated \$207,000 in enhancement funding. Based on the local needs analysis outlined above, the headspace centre also received the surplus funds from Pakenham totalling \$8,396. The centre has been allocated the new funding floor of \$1,302,516.76.

headspace National was consulted regarding the intended redistribution of surplus funding.

SEMPHN Strategy 2023-2028: Path to Impact
Pillar 3: Vibrant primary health services

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2025-2028

Priorities

Priority	Page reference
Improve pathways for young people navigating the MH system	199
Provide psychological therapies for priority populations and/or underserved groups in identified LGAs of high prevalence (e.g. Frankston)	195
Improve accessibility of services after-hours	192
Increase support for young people requiring low intensity and mild-to-moderate MH support	194



Activity Demographics

Target Population Cohort

Young people aged 12-25

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Management of issues arising from the headspace enhancement funding form part of SEMPHN's ongoing management of each headspace contract.

Each lead agency continues to hold quarterly consortium meetings which include young people and family representation. The consortium members provide strategic and operational input to the service delivery at the headspace centre. SEMPHN is a member of the headspace consortiums.

Centres have youth advisory and family participation programs as part of the core component of the model which ensure lived experience expertise is integral.

SEMPHN continues to hold monthly meetings with the lead agencies of the headspace centres to share clinical practice and quality improvement strategies, as well as ways to improve integration within a stepped model of care for young people in the catchment.

SEMPHN continues to engage with a range of key stakeholders, consortium partners, General Practice and community based primary health care organisations to improve integration between the headspace model and the broader primary mental health care services.

SEMPHN continues to work with the lead agencies and headspace National to ensure fidelity to the model and that quality improvement activities are undertaken.

The PHN attends consortium meetings and planning days with the Centres to ensure activities are aligned with PHN priorities as identified in the Needs Assessment.

SEMPHN will provide guidance to service providers during the transition to the Stepped Care Model and seek to integrate the headspace model with other mental health services in the region.

Collaboration

- Access Health Community - Lead Agency
 - EACH - Lead Agency
 - YSAS - Lead Agency
 - Alfred Health - Lead Agency and LHN
 - Monash Health - LHN
 - Peninsula Health - LHN
 - Consortium partners - broad range of community health care organisations who provide (in-kind) support and referral.
- Representation from young people and families provide their lived experience expertise
- General Practice - assessment and referral - care coordination
 - headspace National Office - model fidelity and procurement guidance and advice, and data support services



Activity Milestone Details/Duration

Activity Start Date

29/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/09/2023

Service Delivery End Date

30/06/2026

Other Relevant Milestones

Annual hMIF review process with all Centres.



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

- Not Yet Known:** No
- Continuing Service Provider / Contract Extension:** Yes
- Direct Engagement:** No
- Open Tender:** No
- Expression Of Interest (EOI):** No
- Other Approach (please provide details):** No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

There is no decommissioning in this Activity Work Plan. All of our programs are subject to ongoing evaluation and review.

Co-design or co-commissioning comments



NAB-HE - 3 - NAB-HE3 2025 headspace Enhancement funding Frankston



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

3

Activity Title *

NAB-HE3 2025 headspace Enhancement funding Frankston

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

Reduce wait times, improve the transition between services and ensure young people can access an appropriate level of support by expanding and enhancing headspace services in the SEMPHN region.

Description of Activity *

SEMPHN manages funding for eight headspace centres including Elsternwick/Bentleigh, Frankston, Rosebud, Pakenham, Dandenong and Narre Warren across the SEMPHN region. headspace delivers a mild to moderate approach to young people's mental health as well as physical, AOD, vocational and educational services. Each headspace location covers all LGAs in the SEMPHN region allowing young people to attend the location which best meets their needs regardless of where they reside.

SEMPHN received additional funding in June 2023 for the enhancement of the region's headspace services. This is intended to provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness. It is also provided in recognition of the increasing complexity of young people presenting to headspace services, in addition to workforce and funding pressures that have constrained service capacity in recent years.

This headspace service will use the additional funding to:

- undertake professional development and upskilling, including upskilling in culturally appropriate care
- supplement salaries for the existing multi-disciplinary workforce

- improve care coordination, referral pathways and service integration with state-funded and other PHN-commissioned services
- increase community engagement and awareness activities, particularly with priority populations.

Local needs analysis identified providers have been struggling to maintain current FTE due to the increasing CPI index as this is not reflected in current funding. The full funding would help the centre maintain current service levels as well as increase staffing for certain roles.

In 2024-2025 headspace centre Frankston received \$1,126,356.70 core service funding and was allocated \$413,600 in enhancement funding. Based on the local needs analysis outlined above, the headspace centre was allocated the new funding floor of \$1,539,956.70.

headspace National was consulted regarding the intended redistribution of surplus funding.

SEMPHN Strategy 2023-2028: Path to Impact

Pillar 3: Vibrant primary health services

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2025-2028

Priorities

Priority	Page reference
Improve pathways for young people navigating the MH system	199
Provide psychological therapies for priority populations and/or underserved groups in identified LGAs of high prevalence (e.g. Frankston)	195
Improve accessibility of services after-hours	192
Increase support for young people requiring low intensity and mild-to-moderate MH support	194



Activity Demographics

Target Population Cohort

Young people aged 12-25

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Management of issues arising from the headspace enhancement funding form part of SEMPHN's ongoing management of each headspace contract.

Each lead agency continues to hold quarterly consortium meetings which include young people and family representation. The consortium members provide strategic and operational input to the service delivery at the headspace centre. SEMPHN is a member of the headspace consortiums.

Centres have youth advisory and family participation programs as part of the core component of the model which ensure lived experience expertise is integral.

SEMPHN continues to hold monthly meetings with the lead agencies of the headspace centres to share clinical practice and quality improvement strategies, as well as ways to improve integration within a stepped model of care for young people in the catchment.

SEMPHN continues to engage with a range of key stakeholders, consortium partners, General Practice and community based primary health care organisations to improve integration between the headspace model and the broader primary mental health care services.

SEMPHN continues to work with the lead agencies and headspace National to ensure fidelity to the model and that quality improvement activities are undertaken.

The PHN attends consortium meetings and planning days with the Centres to ensure activities are aligned with PHN priorities as identified in the Needs Assessment.

SEMPHN, provides guidance to service providers as we transition to the Stepped Care Model and seek to integrate the headspace model with other mental health services in the region.

Collaboration

- Access Health & Community - Lead Agency
 - EACH - Lead Agency
 - YSAS - Lead Agency
 - Alfred Health - Lead Agency and LHN
 - Monash Health - LHN
 - Peninsula Health - LHN
 - Consortium partners - broad range of community health care organisations who provide (in-kind) support and referral. Representation from young people and families provide their lived experience expertise
 - General Practice - assessment and referral - care coordination
 - headspace National Office - model fidelity and procurement guidance and advice, and data support services
- Orygen – EPPIC model fidelity for Early Psychosis



Activity Milestone Details/Duration

Activity Start Date

29/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/09/2023

Service Delivery End Date

30/06/2026

Other Relevant Milestones

Annual hMIF review process with all Centres.



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

There is no decommissioning in this Activity Work Plan. All of our programs are subject to ongoing evaluation and review.

Co-design or co-commissioning comments



NAB-HE - 5 - NAB-HE5 2025 headspace Enhancement funding Narre Warren



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

5

Activity Title *

NAB-HE5 2025 headspace Enhancement funding Narre Warren

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

Reduce wait times, improve the transition between services and ensure young people can access an appropriate level of support by expanding and enhancing headspace services in the SEMPHN region.

Description of Activity *

SEMPHN manages funding for eight headspace centres including Elsternwick/Bentleigh, Frankston, Rosebud, Pakenham, Dandenong and Narre Warren across the SEMPHN region. headspace delivers a mild to moderate approach to young people's mental health as well as physical, AOD, vocational and educational services. Each headspace location covers all LGAs in the SEMPHN region allowing young people to attend the location which best meets their needs regardless of where they reside.

SEMPHN received additional funding in June 2023 for the enhancement of the region's headspace services. This is intended to provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness. It is also provided in recognition of the increasing complexity of young people presenting to headspace services, in addition to workforce and funding pressures that have constrained service capacity in recent years.

This headspace service will use the additional funding to:

- undertake professional development and upskilling, including upskilling in culturally appropriate care
- supplement salaries for the existing multi-disciplinary workforce

- improve care coordination, referral pathways and service integration with state-funded and other PHN-commissioned services
- increase community engagement and awareness activities, particularly with priority populations.

Local needs analysis has identified that providers have been struggling to maintain current FTE due to the increasing CPI index as this is not reflected in current funding. The full funding would help the centre maintain current service levels as well as increase staffing for certain roles.

In 2024-2025 headspace centre Narre Warren received \$1,116,819.65 core service funding and was allocated \$413,600 in enhancement funding. Based on the local needs analysis above, the headspace centre has been allocated the new funding floor of \$1,530,419.65.

headspace National was consulted regarding the intended redistribution of surplus funding.

SEMPHN Strategy 2023-2028: Path to Impact
Pillar 3: Vibrant primary health services

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2025-2028

Priorities

Priority	Page reference
Improve pathways for young people navigating the MH system	199
Provide psychological therapies for priority populations and/or underserved groups in identified LGAs of high prevalence (e.g. Frankston)	195
Improve accessibility of services after-hours	192
Increase support for consumers in need of low-intensity MH services	194



Activity Demographics

Target Population Cohort

Young people aged 12-25

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Management of issues arising from the headspace enhancement funding form part of SEMPHN's ongoing management of each headspace contract.

Each lead agency continues to hold quarterly consortium meetings which include young people and family representation. The consortium members provide strategic and operational input to the service delivery at the headspace centre. SEMPHN is a member of the headspace consortiums.

Centres have youth advisory and family participation programs as part of the core component of the model which ensure lived experience expertise is integral.

SEMPHN continues to hold monthly meetings with the lead agencies of the headspace centres to share clinical practice and quality improvement strategies, as well as ways to improve integration within a stepped model of care for young people in the catchment.

SEMPHN continues to engage with a range of key stakeholders, consortium partners, General Practice and community based primary health care organisations to improve integration between the headspace model and the broader primary mental health care services.

SEMPHN continues to work with the lead agencies and headspace National to ensure fidelity to the model and that quality improvement activities are undertaken.

The PHN attends consortium meetings and planning days with the Centres to ensure activities are aligned with PHN priorities as identified in the Needs Assessment.

SEMPHN provides guidance to service providers during the transition to the Stepped Care Model and seek to integrate the headspace model with other mental health services in the region.

Collaboration

- Access Health Community - Lead Agency
- EACH - Lead Agency
- YSAS - Lead Agency
- Alfred Health - Lead Agency and LHN
- Monash Health - LHN
- Peninsula Health - LHN
- Consortium partners - broad range of community health care organisations who provide (in-kind) support and referral. Representation from young people and families provide their lived experience expertise
- General Practice - assessment and referral - care coordination
- headspace National Office - model fidelity and procurement guidance and advice, and data support services



Activity Milestone Details/Duration

Activity Start Date

29/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/09/2023

Service Delivery End Date

30/06/2026

Other Relevant Milestones

Annual hMIF review process with all Centres.



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

There is no decommissioning in this Activity Work Plan. All of our programs are subject to ongoing evaluation and review.

Co-design or co-commissioning comments



NAB-HE - 6 - NAB-HE6 2025 headspace Enhancement funding Pakenham



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

6

Activity Title *

NAB-HE6 2025 headspace Enhancement funding Pakenham

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

Reduce wait times, improve the transition between services and ensure young people can access an appropriate level of support by expanding and enhancing headspace services in the SEMPHN region.

Description of Activity *

SEMPHN manages funding for eight headspace centres including Elsternwick/Bentleigh, Frankston, Rosebud, Pakenham, Dandenong and Narre Warren across the SEMPHN region. headspace delivers a mild to moderate approach to young people's mental health as well as physical, AOD, vocational and educational services. Each headspace location covers all LGAs in the SEMPHN region allowing young people to attend the location which best meets their needs regardless of where they reside.

SEMPHN received additional funding in June 2023 for the enhancement of the catchment's headspace services. This is intended to provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness. It is also provided in recognition of the increasing complexity of young people presenting to headspace services, in addition to workforce and funding pressures that have constrained service capacity in recent years.

This headspace service will use the additional funding to:

- undertake professional development and upskilling, including upskilling in culturally appropriate care
- supplement salaries for the existing multi-disciplinary workforce

- improve care coordination, referral pathways and service integration with state-funded and other PHN-commissioned services
- increase community engagement and awareness activities, particularly with priority populations.

Through investigating centre needs, it was identified that headspace Dandenong had expressed a need for funding for increased staffing at the new site and to maintain current staffing levels considering CPI index increases. Since Pakenham surpassed the floor funding level, the surplus funds were allocated to headspace Dandenong.

In 2024-25, headspace centre Pakenham received \$407,005.76 core service funding and was allocated \$413,600. Based on the local needs analysis outlined above, the headspace centre has been allocated the new funding floor of \$812,210, as well as the surplus enhancement funding of \$8,396 from allocated to headspace Dandenong in 2024-25.

headspace National was consulted regarding the intended redistribution of surplus funding.

SEMPHN Strategy 2023-2028: Path to Impact
Pillar 3: Vibrant primary health services

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2025-2028

Priorities

Priority	Page reference
Improve pathways for young people navigating the MH system	199
Provide psychological therapies for priority populations and/or underserved groups in identified LGAs of high prevalence (e.g. Frankston)	195
Improve accessibility of services after-hours	192
Increase support for young people requiring low intensity and mild-to-moderate MH support	194



Activity Demographics

Target Population Cohort

Young people aged 12-25

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Management of issues arising from the headspace enhancement funding form part of SEMPHN's ongoing management of each headspace contract.

Each lead agency continues to hold quarterly consortium meetings which include young people and family representation. The consortium members provide strategic and operational input to the service delivery at the headspace centre. SEMPHN is a member of the headspace consortiums.

Centres have youth advisory and family participation programs as part of the core component of the model which ensure lived experience expertise is integral.

SEMPHN continues to hold monthly meetings with the lead agencies of the headspace centres to share clinical practice and quality improvement strategies, as well as ways to improve integration within a stepped model of care for young people in the catchment.

SEMPHN continues to engage with a range of key stakeholders, consortium partners, General Practice and community based primary health care organisations to improve integration between the headspace model and the broader primary mental health care services.

SEMPHN continues to work with the lead agencies and headspace National to ensure fidelity to the model and that quality improvement activities are undertaken.

The PHN attends consortium meetings and planning days with the Centres to ensure activities are aligned with PHN priorities as identified in the Needs Assessment.

SEMPHN, provides guidance to service providers as we transition to the Stepped Care Model and seek to integrate the headspace model with other mental health services in the region.

Collaboration

- Access Health Community - Lead Agency
- EACH - Lead Agency
- YSAS - Lead Agency
- Alfred Health - Lead Agency and LHN
- Monash Health - LHN
- Peninsula Health - LHN
- Consortium partners - broad range of community health care organisations who provide (in-kind) support and referral. Representation from young people and families provide their lived experience expertise
- General Practice - assessment and referral - care coordination
- headspace National Office - model fidelity and procurement guidance and advice, and data support services



Activity Milestone Details/Duration

Activity Start Date

29/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/09/2023

Service Delivery End Date

30/06/2026

Other Relevant Milestones

Annual hMIF review process with all Centres.



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

There is no decommissioning in this Activity Work Plan. All of our programs are subject to ongoing evaluation and review.

Co-design or co-commissioning comments



NAB-HE - 7 - NAB-HE7 2025 headspace Enhancement funding Hastings



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

7

Activity Title *

NAB-HE7 2025 headspace Enhancement funding Hastings

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

Reduce wait times, improve the transition between services and ensure young people can access an appropriate level of support by expanding and enhancing headspace services in the SEMPHN region.

Description of Activity *

SEMPHN manages funding for eight headspace centres including Elsternwick/Bentleigh, Frankston, Rosebud, Pakenham, Dandenong and Narre Warren across the SEMPHN region. headspace delivers a mild to moderate approach to young people's mental health as well as physical, AOD, vocational and educational services. Each headspace location covers all LGAs in the SEMPHN region allowing young people to attend the location which best meets their needs regardless of where they reside.

SEMPHN received additional funding in June 2023 for the enhancement of the region's headspace services. This is intended to provide headspace services with additional capacity to meet the current and increasing needs of young people experiencing, or at risk of, mild to moderate mental illness. It is also provided in recognition of the increasing complexity of young people presenting to headspace services, in addition to workforce and funding pressures that have constrained service capacity in recent years.

This additional funding will be used to:

- undertake professional development and upskilling, including upskilling in culturally appropriate care
- supplement salaries for the existing multi-disciplinary workforce

- improve care coordination, referral pathways and service integration with state-funded and other PHN-commissioned services
- increase community engagement and awareness activities, particularly with priority populations.

The funding supported the role of the First Nations Social and Emotional Well-Being (SEWB) Worker at the Hastings headspace site during the 2024/2025 financial year. The First Nations SEWB Worker engages with young people, their families and community members who identify as Aboriginal and Torres Strait islander peoples. The funding will support the First Nation’s SEWB Worker to develop stronger partnerships with a range of schools and services in the Hastings area.

headspace National was consulted regarding the redistribution of surplus funding.

SEMPHN Strategy 2023-2028: Path to Impact
Pillar 3: Vibrant primary health services

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2025-2028

Priorities

Priority	Page reference
Improve pathways for young people navigating the MH system	199
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Activity Demographics

Target Population Cohort

Young people aged 12-25

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments

The funding supported the role of the First Nations Social and Emotional Well-Being (SEWB) Worker during the 2024/2025 financial year. The First Nations SEWB Worker engages with young people, their families and community members who identify as Aboriginal and Torres Strait islander peoples. The funding will assist the First Nation’s SEWB Worker to develop stronger partnerships with a range of schools and services in the Hastings area.

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Management of issues arising from the headspace enhancement funding form part of SEMPHN's ongoing management of each headspace contract.

Each lead agency continues to hold quarterly consortium meetings which include young people and family representation. The consortium members provide strategic and operational input to the service delivery at the headspace centre. SEMPHN is a member of the headspace consortiums.

Centres have youth advisory and family participation programs as part of the core component of the model which ensure lived experience expertise is integral.

SEMPHN continues to hold monthly meetings with the lead agencies of the headspace centres to share clinical practice and quality improvement strategies, as well as ways to improve integration within a stepped model of care for young people in the catchment.

SEMPHN continues to engage with a range of key stakeholders, consortium partners, General Practice and community based primary health care organisations to improve integration between the headspace model and the broader primary mental health care services.

SEMPHN continues to work with the lead agencies and headspace National to ensure fidelity to the model and that quality improvement activities are undertaken.

The PHN attends consortium meetings and planning days with the Centres to ensure activities are aligned with PHN priorities as identified in the Needs Assessment.

SEMPHN, provides guidance to service providers as we transition to the Stepped Care Model and seek to integrate the headspace model with other mental health services in the region.

Collaboration

- Access Health Community - Lead Agency
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- General Practice - assessment and referral - care coordination
- headspace National Office - model fidelity and procurement guidance and advice, and data support services



Activity Milestone Details/Duration

Activity Start Date

29/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/07/2024

Service Delivery End Date

30/06/2025

Other Relevant Milestones

The additional funding has been provided for the 2024/2025 year only.



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

- Not Yet Known:** No
- Continuing Service Provider / Contract Extension:** No
- Direct Engagement:** Yes
- Open Tender:** No
- Expression Of Interest (EOI):** No
- Other Approach (please provide details):** No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

There is no decommissioning associated with this activity. All programs are subject to ongoing evaluation and review.

Co-design or co-commissioning comments

