Bismillah

COMAL Y CANELA

TRADITIONAL MEXICAN KITCHEN|COCINA TRADICIONAL MEXICANA

Welcome to Comal y Canela the soul of Mexico in Toronto

SUBSTITUTIONS/MODIFICATIONS: While substitutions may seem easy to accommodate, these requests and modifications compromise the unique characteristics of our food and the efficiency of our service.Substitutions on certain dishes politely declined.

Q & A

HALAL

Our chicken and beef is from HMA or IFANCC certified facilities. Our suppliers are Sargent farms, Cargill meat solutions,St.Helen's and Halco foods. We take the utmost care to ensure our ingredients are from certified halal facilities as well as safeguarding our own in-house halal production from cross contamination.

BIRRIA: A traditional dish from Jalisco made from a combination of dried chilies based adobo, beef, vegetables, herbs and spices cooked at low heat.

CONSOMÉ: The beef birria which is stewed for up to 10 hours with the dried chilies adobo, vegetables and spices naturally release their own juices becoming what we know as consomme. No water is used in creating the birria broth; it is wholly composed of the natural juices released by the meats, dried peppers, vegetables and spices.

AL PASTOR MARINADE:

made from pineapple,annatto seeds, dried chilies, spices, Ceylon cinnamon and aromatic herbs to create an earthy, citrusy, & subtly sweet flavour.

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Q & A

CARNITAS MICHOACANAS: Tail to snout choice cuts of pork that are braised in their own rendered lard with aromatic herbs, citrus juices and spices until tender. Braised for five hours resulting in very tender and juicy pork meats.

ARTISANAL MEXICAN CHORIZO: Our chorizo process takes a total of 4 days. Crafted with our signature blend of spices and premium choice cuts of pork. The result is a juicy savoury and slightly spicy chorizo.

SUADERO: A cut of beef sometimes referred to as rose meat due to its light pink colour, often confused with brisket or skirt steak. Choice cuts are slow cooked then braised and finally confitted in homemade seasoned beef tallow resulting in a unique rich bite.

CAMPECHANA: A mix of our suadero & our house made chorizo.

CHEESES: Comal y Canela uses only RENNET FREE dairy products. Opting to use cheeses produced with natural acidic bases.

RED OR GREEN SAUCE: Red sauce is made fresh daily from ripe romas, onions, garlic, dried chili peppers, spices and herbs. Having a delicious savoury sweet and slightly spicy flavour. Our green sauce is made with roasted tomatillos, onions, chilis, garlic, herbs and spices. Green sauce is tart and acidic and generally spicier than red sauce.

TOMATILLOS: "husk tomatoes" look like beautiful bright green unripe tomatoes with a dry,leafy husk that wraps around the outside.
They are slightly more acidic, less sweet than ripe and unripe tomatoes. The flavour is more vegetable and bright.

Prices do not include h.s.t.

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BREAKFAST

8am - Noon

MEXICAN MORNING COMBO 19.58

3 eggs, refried beans , chilaquiles, tortillas, choice of drink and fresh fruit of the day.

Divorced & ranch style made with 2 eggs instead of 3.

BUILD YOUR COMBO:

EGGS	Scrambled | sunny side up | over easy | over medium | over hard | Rancheros (حلال) | Scrambled with chorizo | Divorced (حلال) | Scrambled with beef bacon (حلال) | a la Mexicana (حلال) |
SAUCE	Red | Green
DRINK	Coffee | Tea | Mexican Coffee | Hot Chocolate | Champurrado
ADD +	Prime Top Sirloin 8 (حلال) | Carnitas 8 | Chorizo 8 | Suadero 8 (حلال) | Beef Bacon 8 (حلال)

CANUCK MORNING COMBO 19.58 (حلال)

3 eggs, halal beef bacon, home fries, sliced toasted bun, fresh fruit, and drink of choice.

BUILD YOUR COMBO:

EGGS	Scrambled | sunny side up | over easy | Over medium | over hard | a la Mexicana (حلال) Scrambled with chorizo
DRINK	Coffee | Tea | Mexican Coffee | Hot Chocolate | Champurrado
ADD +	Prime Top Sirloin 8 (حلال) | Suadero 8 (حلال) | Chorizo 8 | Carnitas 8 | Beef bacon 8 (حلال)

CHILAQUILES TORTA 15.90 (حلال)

A toasted bun filled with chilaquiles in your choice of sauce ripped with fresh Mexican cream & cheese

SAUCE	Red | Green
ADD +	2 Eggs 4.68 | Chorizo 8 | Suadero 8 (حلال) | Prime Top Sirloin 8 (حلال) | Campechano 8 Pulled chicken breast 8 (حلال)
EGGS	Scrambled | sunny side up | over easy | over medium | over hard

Prices do not include h.s.t.

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BREAKFAST

8am - Noon

MORNING CHILAQUILES 19.06

Homemade Corn Tortilla chips in signature sauce of choice topped with pulled chicken breast, fresh Mexican cream & cheese with 2 eggs any style

SAUCE Red|Green

EGGS Scrambled |sunny side up |over easy | Over medium |over hard

MEXICAN BREAKFAST SANDWICH 18.70

Toasted bun with a cheese crust, refried beans, 2 scrambled egg & chorizo topped with pico de gallo and avocado.

MAKE IT HALAL with 2 scrambled eggs & smoked beef bacon topped with pico de gallo and avocado.

MOLLETES 15.90

Open faced bun sandwich with a cheese crust, refried beans, pico de gallo,avocado, fresh cream & cheese.

ADD + 2 Eggs 4.68| Chorizo 8
Smoked beef bacon 8
Prime Top Sirloin 8

RISE N' SHINE PEPITO (TORTA) 15.90

Made with a mozzarella crusted large bun packed to the brim with your choice of protein, slathered with heaps of guacamole and cyc original bean sauce. Weighin in over 1LB it is filing & nutritious.

Carnitas|Chorizo|Suadero |Campechana| Prime Top Sirloin + 8

MORNING BURRITO 18.70

Giant flour tortilla with cheese crust bed of beans filled with 2 eggs scrambled with Mexican chorizo. Topped with tomato, onion, jalapeño, avocado, fresh Mexican cream & cheese.

MAKE IT HALAL with 2 scrambled eggs & smoked beef bacon bean tomato, onion, jalapeño, avocado, fresh Mexican cream & cheese.

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APPETIZERS

CHUNKY GUAC. & CHIPS 16.41

Diced avocado, tomato, white onion, jalapeño, cilantro & lime juice. With seasoned chips.

NACHOS 17.18

Tortilla chips covered in bean sauce, pico de gallo, drizzled with Mexican fresh cream & cheese. Level up your nachos by topping with 1 protein.

ADD + 8

Diced Smoked beef bacon | Chorizo |
Chicken Al Pastor | Suadero
Carnitas | Campechano | Prime Top Sirloin

SOPE ORDER (2) 17.27

Handcrafted Nixtamal masa base filled with our house bean sauce, choice of toppings, Shredded lettuce, fresh cream & fresh Mexican cheese.

CHOOSE UP TO 2:

Basic | Carnitas | Chorizo |
Mushrooms with Beef Bacon | Suadero
Chicken al Pastor | pulled chicken breast |
Campechana | Mushrooms, epazote & onions |
Vegan Sope is Mushrooms with epazote & onions on bed of beans without fresh cheese or cream

PRIME TOP SIRRLOIN SOPES (2) 23.65

Handcrafted Nixtamal masa base filled with our house bean sauce, Top Sirloin, Shredded lettuce, fresh cream & fresh Mexican cheese.

FLAUTAS (4) 17.18

Taquitos filled with pulled chicken breast. Garnished With lettuce, fresh Mexican cream & cheese. Served with housemade hot sauce of choice.

Prices do not include h.s.t.

1LB TACO ORDER

Add side of guac. to your tacos 5.98

GOBERNADOR TACOS (3) 23.14

Shrimps sauteed with pico de Gallo atop 3 cheese crusted corn tortillas. Topped with cilantro, Mexican fresh cream & fresh cheese.

VEGAN STREET TACOS (4) 20.49

Grilled Mushrooms, seasoned onions & epazote, topped with crunchy fries.

PRIME TOP SIRLOIN TACOS

Top sirloin steak served with sides of guacamole , blistered jalapeños & onions, garnishes and hot sauce. **2 TACOS: 22.28| 4 TACOS: 32.22**

1LB ORDER (4): MIX N MATCH 22.28

choose 2 proteins served with sides of blistered jalapeños & onions and garnishes. Al Pastor served with grilled pineapple instead of blistered jalapeños.

Carnitas|Chicken al Pastor|Chorizo|Suadero| Mushroom, epazote & onion topped w fries| Campechana

1LB TACO ORDER (4)

Your choice of one filling with a side of sautéed onions & jalapeños.

21.00 **Mushroom, epazote, onion with fries |Carnitas | Chorizo|**

22.28 **Campechana|Suadero |Chicken al Pastor**

BIRRIA TACOS

Crispy tacos filled with pulled beef birria and cheese. Accompanied with garnishes and consomme.

3 TACOS 1 CONSOMME	22.28
5 TACOS 1 CONSOMME	26.61
8 TACOS 2 CONSOMMES	41.40

Prices do not include h.s.t.

MAINS

BEEF BIRRIA SOUP 23.65

The perfect way to experience the authentic flavours of Mexican cuisine. Known for curing hangovers. Served with tortillas, diced onions, lime wedges & cilantro.

POZOLE 23.65

A traditional soupy spicy broth made from hominy, your choice of protein and spices. Served during celebrations and as a hangover cure.

Chicken | Pork | Half & Half

COMAL Y CANELA PLATTER 26.36

Choice of main served with two cheese enchiladas in vegan & halal sauce of your choice, Mexican red rice, refried beans and chunky guacamole with soft corn tortillas.

SAUCE Red | Green

MAIN Suadero | Campechana | Carnitas | Prime Top Sirloin | Chicken Al Pastor | Mushrooms with onions, epazote & fries

ENMOLADAS 23.65

4 corn tortillas dipped in our house made artisanal Mole Poblano, a smokey, spicy, sweet sauce with your choice of filling. Topped with fresh Mexican cream, fresh cheese and sesame seeds. Served with rice. **Contains nut and sesame seeds*

Cheese | Chicken | Half & Half

ADD + Prime Top Sirloin 8

ENCHILADAS 23.65

4 corn tortillas dipped with filling of choice smothered in vegan & halal sauce. Topped with fresh Mexican cream and cheese. Served with rice.

SAUCE Red | Green | Half & Half

FILLING cheese | chicken | combination

ADD + chorizo 8 | Prime Top Sirloin 8.00

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STREET FOODS

QUESADILLAS

Nixtamal masa chock full of cheese and stuffing of choice fried till golden filled with fresh cheese and topped with Mexican fresh cream.

11.82 Basic (Just cheese)

14.12 Pulled chicken breast | Carnitas | Chorizo | Smoked Beef Bacon | Mushrooms & epazote with onions | Beef Bacon & Mushrooms

15.90 Suadero | Al Pastor Chicken | Beef birria with consomé | Prime Top Sirloin

CHILAQUILES MOUNTAIN 23.65

Made from house made corn tortilla chips in vegan & halal sauce of your choice. Topped with onion, fresh cream, fresh cheese, 1 protein of your choosing and avocado. Served with a side of refried black beans.

SAUCE Red | Green

PROTEIN Basic | Chicken Al Pastor | Carnitas | Chorizo | Suadero | Prime Top Sirloin + 8.00 | Pulled Chicken Breast

Prices do not include h.s.t.

STREET FOODS

PEPITOS CYC (TORTAS) 23.65

Mozzarella crusted large bun packed to with your choice of protein, slathered with guacamole, bean sauce,grilled onions. Served with side of pickled jalapeños and a basket of crunchy fries. Weighin in over 1LB it is filing & nutritious.

Carnitas | Chorizo | Suadero | Campechana | Prime Top Sirloin +8

LA GRINGA 23.65

Giant flour tortilla wedges filled with mozza & choice of 1 protein. With Guacamole & pico de Gallo sides.

Chorizo | Campechana | Prime Top Sirloin +8
Chicken Al pastor | Beef Bacon | Suadero |
Mushroom & epazote with onions | Carnitas |
Mushroom & Beef Bacon with onions

POUTINES

BIRRIA POUTINE 18.20

Crispy fries topped with real mozzarella, homemade gravy with mountains of pulled beef birria. Served with garnishes.

SUADERO POUTINE 18.20

Crispy fries, CyC bean sauce, real mozzarella cheese, homemade gravy, shredded Suadero.

MEXICAN POUTINE 18.20

Crispy fries,Mozzarella, choice of sauce, choice of topping, avocado. Fresh Mexican cream and cheese.

SAUCE Red | Green
TOPPING Basic | Chorizo | Beef bacon Diced
Prime Top Sirloin +8

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1.5 POUNDER BURRITOS

AL PASTOR 23.65

Giant flour tortilla with a cheese crust filled with al pastor chicken topped with fresh Mexican cream, grilled Pineapple and avocado. Served with 1 side of choice.

Guacamole | Refried Beans | Pico de Gallo

EL MICHOACANO 23.65

Giant flour tortilla with a cheese crust, refried beans, braised pork, onion, jalapeño, avocado, fresh Mexican cream & fresh cheese. Served with 1 side of choice.

Guacamole | Refried Beans | Pico de Gallo

EL CAMPECHANO 23.65

Giant flour tortilla with a cheese crust filled with chorizo, suadero, onion, jalapeño, tomato, fresh Mexican cream and cheese. Served with 1 side of choice.

Guacamole | Refried Beans | Pico de Gallo

EL CHILANGO 23.65

A giant burrito filled with Suadero, bed of blackbean purée, diced onion, avocado, fresh cream and fresh cheese. Served with 1 side of choice.

Guacamole | Refried Beans | Pico de Gallo

DON SIRLOIN 23.65

Giant flour tortilla with a cheese crust filled with Prime Top Sirloin, refried beans, rice, house made chipotle sauce, avocado and caramelizad onion. seved with your choice of side dish.

Guacamole | Refried Beans | Pico de Gallo

Prices do not include h.s.t.

SIDE DISHES

BIRRIA CONSOMÉ
Just enough to dip your tacos in. Purported to be a hangover cure
8oz 5.45 12oz 8.00

BLISTERED JALAPEÑO & ONIONS
SMALL 5.45 MEDIUM8.00 LARGE10.05

HOUSE MADE PICKLED JALAPEÑOS
SMALL 5.45 MEDIUM8.00 LARGE 10.05

PICO DE GALLO
SMALL 5.45 MEDIUM8.00 LARGE 10.05

REFRIED BEANS
SMALL 5.45 MEDIUM8.00 LARGE 10.05

MEXICAN RED RICE
SMALL 5.45 MEDIUM 8.00 LARGE 10.05

ARTISANAL MOLE POBLANO
SMALL 8.00 MEDIUM10.05 LARGE 12.05

CHILAQUILES OR ENCHILADA SAUCE
SAUCE Red | Green
SMALL 5.45 MEDIUM 8.00 LARGE 10.05

CORN TORTILLA CHIPS 3.60

NIXTAMAL CORN TORTILLAS
(4) 2.85 (8) 5.00

FRENCH FRIES 7.86

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DESSERTS

MI VIDA 6.85
Mexican tiramisu with real cream, cafe de olla infused cookies & Mexican cocoa.

LIME CHARLOTTE 6.85
Maria cookie layers filled with citrusy sweet creamy filling

FRESH MANGO & CHAMOY 9.85
Fresh mango wedges with chamoy, miguelito, dried mango rolled in sesame seeds & chili.

MEXICAN SWEETBREAD BASKET
Variety of sweet breads (3 pzs) Small 11 |Lrg (5 pzs) 15.50

BEVERAGES

FRESH HOUSE DRINKS 7.86
Hibiscus Limeade, Horchata, Cucumber Limeade

CHAMOYADA 11.05
Fresh Mango blended with Ice cubes & sugar. Garnished with Tajin, Miguelito, gummies & tamarind candy straw.

SANGRIA PREPARADA 11.05
Sangria Soda, lime juice, tajin, Pineapple & orange chunks.

MICHELADA 12.80
a refreshing and spicy drink from Mexico, made with 0% sun brew Corona.seasoned with lime juice, hot sauce, tomatoe juice and various condiments . ORIGINAL| MANGO|

CHAMPURRADO Reg.5.70 Lrg.6.60
Mexican hot chocolate thickened with Nixtamal masa.

CAFE DE OLLA Reg.5.70 Lrg.6.60
Traditional spiced and sweetened Mexican coffee

MEXICAN COCA COLA 5.45

JARRITOS 3.60
Mineral Water, Mango, Tamarind, Mandarin, Lime, Pineapple, Tutti Frutti, Guava

CANNED POP 2.35
Sprite, Ginger ale, Nestea, Coca Cola, Coke Zero, Diet Coke

BOTTLED WATER “eska” 1.55

COFFEESM 2.40 LRG 3.35 ESPRESSO 2oz 4.38
LATTE 4.68 HOT CHOCOLATE 5.10 TEA 3.45

Prices do not include h.s.t.

FIESTA COMBOS
Serves 2-4

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1/2 KILO (serves 2-3)

Your choice of side dish & choice of 1 taco filling served with soft corn tortillas, blistered jalapeños, pickled jalapeños, garnishes & hot sauce.
Al pastor served with pineapple instead of blistered jalapeño.

SIDES Rice | Beans

49.05 Mushrooms, onions & epazote with fries
Carnitas|Chorizo

60.78 Al Pastor Chicken |Campechana|Suadero

1 KILOGRAM

Serves 4-5, your choice of 1 taco filling served with sides or Mexican red rice & refried beans, soft corn tortillas, blistered jalapeños, pickled jalapeños, garnishes and hot sauces. Al pastor served with pineapple instead of blistered jalapeño.

74.55 Mushrooms & onions with epazote & fries
Carnitas| Chorizo

79.91 Al Pastor Chicken |Campechana|Suadero

KILO MIX N MATCH 79.91

Serves 4-5, your choice of up to 2 taco fillings served with Mexican Red Rice, refried beans, soft corn tortillas, blistered jalapeños, pickled jalapeños, garnishes and hot sauce of your choice.
Al pastor served with pineapple instead of blistered jalapeño.
CHOOSE 2

- Carnitas | Chorizo |Suadero
- Al Pastor Chicken|Campechana
- Mushrooms & onion with epazote & fries

Prices do not include h.s.t.

FIESTA COMBOS
Serves 5

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LOS CONSENTIDOS 150

Treat your group to a flavorful adventure with your choice of 1 appetizer, 2 traditional taco fillings, and a variety of desserts to sweeten the deal. Served with Mexican red rice & refried beans, soft corn tortillas, blistered jalapeños, pickled jalapeños, garnishes and hot sauces.

APPS Pico de Gallo | Nachos | Chicken Flautas
Guacamole

FILLS Carnitas | Chicken al Pastor |
Campechana | Chorizo | Suadero |
Mushrooms, epazote, onions with fries

SALSA Morita | Verde | Macha | Habanero

SWEET Lime Charlotte | Mi Vida | Sweet Breads
Mango with Chamoy

MUCHA BIRRIA 185

Get ready for knockout flavor with Mucha Birria! This combo features a hearty serving of our tender quesabirria tacos, oozing with melted cheese and our notorious consommé. Paired with your choice of appetizer and a selection of delightful desserts, this meal is perfect for five hungry luchadores ready to indulge in a true culinary showdown!

APPS Pico de Gallo | Nachos | Chicken Flautas
Guacamole

TACO Cheesy Birria | Naked Birria

SALSA Morita | Verde | Macha | Habanero

SWEET Lime Charlotte | Mi Vida | Sweet Breads
Mango with Chamoy

Prices do not include h.s.t.

FIESTA COMBOS
Serves 10

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SABORES DE TRADICIÓN 290

Choose up to 4 taco fillings, 2 appetizers and desserts. Served with rice, beans, pickled and blistered jalapeño.

APPS Pico de Gallo | Nachos | Flautas | Guacamole

FILLS Carnitas | Chicken al Pastor | Campechana | Chorizo | Suadero | Mushrooms, epazote, onions with fries

SWEET Lime Charlotte | Mi Vida | Sweet Breads Mango with Chamoy

SALSA Morita | Verde | Macha | Habanero

EXPLOSION DE QUESABIRRIA 355

Our signature quesabirria tacos, served with consommé & fresh garnishes, up to 2 appetizers, choice of desserts, and 2 hot sauces.

APPS Pico de Gallo | Nachos | Flautas | Guacamole

TACOS Cheesy Birria | Naked Birria

SWEET Lime Charlotte | Mi Vida | Sweet Breads Mango with Chamoy

SALSA Morita | Verde | Macha | Habanero

CUMBRE DE SABORES 325

Our quesabirria tacos, consommé & up to 2 apps, 2 taco fills, plus desserts. Served with rice, beans, tortillas, garnishes, pickled and blistered jalapeños.

APPS Pico de Gallo | Nachos | Flautas | Guacamole

TACO Cheesy Birria | Naked Birria

FILLS Carnitas | Chicken al Pastor | Campechana | Chorizo | Suadero | Mushrooms, epazote, onions with fries

SWEET Lime Charlotte | Mi Vida | Sweet Breads Mango with Chamoy

SALSA Morita | Verde | Macha | Habanero

Prices do not include h.s.t.