



TEAM CHAMPIONSHIPS 2026

Aberdeen Sports Village

Linksfield Road, Aberdeen, AB24 5RU

4TH JUNE 2026

Warm Up 4.30pm

Start 5.15pm

Licence No.: - L3/ND/044/JUN26

Scottish Schools Swimming Association
TEAM CHAMPIONSHIPS 2026 - MEET INFORMATION

DATE: THURSDAY 4TH JUNE 2026

VENUE: Aberdeen Sports Village, Linksfield Road, Aberdeen, AB24 5RU

1. Competition will be held under SASA rules
2. Boys and Girls will swim in separate events with the exception of any notified mixed events. Heats may be combined to suit the time demands of the meet.
3. Swimmers must compete in the team appropriate to their own school year, except in open events (e.g., S1/2 pupil may not compete in an S3/4 team). This is their school year for 2025/26. Change of timetable prior to August 2026 does not amend a pupils' stage.
4. PLEASE NOTE THIS RULE MUST BE ADHERED TO OR THE SCHOOL/REGION WILL BE DISQUALIFIED FROM THE EVENT.
5. Primary teams must be verified and approved as an appropriate entry via their Regional representatives before entries are submitted. All primary relay teams entered in the freestyle relay are eligible to enter the medley relay if they wish.
6. All relays will be 4x50m. Secondary School swimmers may compete in the Freestyle and Medley events for their own school year AND in the Open Events.
7. **Due to the entry and time restraints on the event, each school and region may enter ONE team per event. If a boys team or a girls team is entered for a stage, a mixed team CAN NOT be entered. Regional reps will decide how their teams are selected at their discretion.**

Eligibility of Relay Team Members

- Pupils must be following a full-time course at school to the Scottish Schools Swimming Association through their Area/Region and on the register of the school at the time of competition.
- S6 Swimmers who have taken SQA exams during April/May 2026 may compete.
- Swimmers' gender is determined based on what they are registered on the Management System of their school. Checks will be carried out if deemed necessary.

Primary Relay Teams – Primary Schools Events

- Boys or Girls teams to comprise of 4 boys or 4 girls only
- One boys team and one girls team can enter per school **OR** one mixed team
- Mixed Teams – Can comprise of the following options (**Primary ONLY**):
 - 2 boys and 2 girls
 - 3 boys and 1 girl
 - 3 girls and 1 boy
- Where a mixed team is entered, a school **CAN NOT** enter an individual boys **OR** girls team

Secondary Relay Teams – Schools Events

- Boys or Girls teams to comprise of 4 boys or 4 girls
- One boys team and one girls team can enter per school **OR** one mixed team
- Mixed Teams – Must be 2 boys and 2 girls **ONLY**
- Where a mixed team is entered, a school **CAN NOT** enter an individual boys **OR** girls team
- Swimmers may compete in their own stage and Open relays

Regional Relay Teams

- Regions must adhere to the same age group rules as the Individual Schools events
- It is the responsibility of each region to decide on who represents each region in each event
- Only **ONE** regional team **PER EVENT**
- Mixed Teams – Rules for Primary and Secondary Teams as above
- Swimmers from individual school events **MAY** compete in Regional Events also.

Entry Fees

Each Event: **£ 10.00**

Payment to be made by Bank Transfer or by cheque. Details are on the Entry Form.

Please note this must be paid with the entries and will not be refunded in the case of withdrawals. In the last few years there have been many withdrawals on the day which creates a lot of last-minute changes to the programme.

Entries should be made by clicking the link for the **Google Form**.

- **Schools are responsible for Individual Schools entries**
- **Regional reps are responsible for entering Regional Teams entries**
- **No late entries will be accepted**

Other Information

- Start Sheets will be available for collection on the evening of the event.
- Medals will be awarded to the first three teams in each event and each category
- No times will be submitted for each team, however, there will be an expectation prior to the event to submit the names of the swimmers to the meet organisers. This will be requested by email after all entries are completed.

Scottish Schools Swimming Association

PROGRAMME OF EVENTS

Warm Up 4.30pm Start 5.15pm

EVENT 101	Boys & Girls/Mixed	Primary Freestyle	INDIVIDUAL SCHOOLS
EVENT 102	Boys & Girls/Mixed	S3/4 Medley	INDIVIDUAL SCHOOLS
EVENT 103	Boys & Girls/Mixed	S1/2 Freestyle	INDIVIDUAL SCHOOLS
EVENT 104	Boys & Girls/Mixed	OPEN Medley	INDIVIDUAL SCHOOLS
EVENT 105	Boys & Girls/Mixed	Primary Freestyle	REGIONAL TEAMS
EVENT 106	Boys & Girls/Mixed	S3/4 Medley	REGIONAL TEAMS
EVENT 107	Boys & Girls/Mixed	S1/2 Freestyle	REGIONAL TEAMS
EVENT 108	Boys & Girls/Mixed	OPEN Medley	REGIONAL TEAMS

*****SHORT BREAK*****

EVENT 109	Boys & Girls/Mixed	Primary Medley	INDIVIDUAL SCHOOLS
EVENT 110	Boys & Girls/Mixed	S3/4 Freestyle	INDIVIDUAL SCHOOLS
EVENT 111	Boys & Girls/Mixed	S1/2 Medley	INDIVIDUAL SCHOOLS
EVENT 112	Boys & Girls/Mixed	OPEN Freestyle	INDIVIDUAL SCHOOLS
EVENT 113	Boys & Girls/Mixed	Primary Medley	REGIONAL TEAMS
EVENT 114	Boys & Girls/Mixed	S3/4 Freestyle	REGIONAL TEAMS
EVENT 115	Boys & Girls/Mixed	S1/2 Medley	REGIONAL TEAMS
EVENT 116	Boys & Girls/Mixed	OPEN Freestyle	REGIONAL TEAMS

*****PRESENTATIONS*****

Each event will have medals for: Boys Team/Girls Team/Mixed Team