

Scottish Schools Swimming Association



Scottish Schools Swimming Championships 2026

**Aberdeen Sports Village, Regents Walk, Aberdeen
Friday 5th June 2026**

SESSION 1: Start Time 08:45 5th June

SESSION 2: Start Time 12:05 5th June

SESSION 3: Start Time 16:05 5th June

SCOTTISH SCHOOLS SWIMMING CHAMPIONSHIPS

UNDER World Aquatics/SASA REGULATIONS

Licence Number: L1/825/SS/JUN26

MEET INFORMATION

DATE: **Friday 5th June 2026**

VENUE: **Aberdeen Sports Village, Regents Walk, Aberdeen
10 Lane, 50-metre pool with full Electronic Timing**

SESSION TIMES:

5th June 2026

Session 1	Warm Up:	08:00 – 08:40
	Start:	08:45
Session 2	Warm Up:	11:15 – 12:05
	Start:	12:05
Session 3	Warm Up:	15:15 – 16:05
	Start:	16:05

ELIGIBILITY TO COMPETE

1. Swimmers must be participating in a full-time course of education at a school or college, on a course up to and including HNC level, SCQF Level 7.
2. Qualification for the Scottish Championships is only open to those swimmers who have competed in an area Schools Championship or time trial.
3. Age group events are defined as age on the 31st December 2026.

DRUG TESTING

Please note that drug testing may be in operation at any Scottish event. All swimmers not registered with the Scottish Amateur Swimming Association, the Amateur Swimming Association or the Welsh Amateur Swimming Association will be required to sign an agreement to undergo tests as required in accordance with World Aquatics Law. N.B. SASA/ASA/WASA swimmers will have signed an agreement when submitting their registration fee.

FACILITIES

Only the competition pool will be available on the day, this will be used for warmups before sessions. There will be no access to the diving pool for warmups and swim downs at any point.

ENTRY TIMES

Consideration times are listed below. Competitors must enter times achieved in schools' event, via their area rep (no individual entries will be accepted), held in a 25m pool since 14 February 2026.

Please Note - Areas may be requested to prove the submitted entry times.

Consideration Times

Boys				Event	Girls			
12&U	13/14	15/16	17/19		12&U	13/14	15/16	17/19
37.50				50 Free	37.50			
	1.10.00	1.04.00	1.02.00	100 Free		1.10.00	1.08.00	1.06.00
	2.25.00	2.20.00	2.15.00	200 Free		2.30.00	2.25.00	2.20.00
4.40.00 (Open event)				400 Free	4.55.00 (Open event)			
43.50				50 Back	43.50			
	1.20.00	1.14.00	1.10.00	100 Back		1.19.00	1.15.00	1.12.00
	2.50.00	2.35.00	2.30.00	200 Back		2.50.00	2.45.00	2.35.00
46.50				50 Breast	46.50			
	1.33.00	1.22.00	1.15.00	100 Breast		1.32.00	1.28.00	1.24.00
	3.15.00	3.00.00	2.50.00	200 Breast		3.15.00	3.10.00	3.05.00
43.50				50 Fly	43.50			
	1.25.00	1.15.00	1.08.00	100 Fly		1.25.00	1.20.00	1.15.00
	3.03.00	2.50.00	2.40.00	200 Fly		3.03.00	2.58.00	2.55.00
	2.50.00	2.40.00	2.35.00	200 IM		2.52.00	2.48.00	2.45.00
5.10.00 (open event)				400 IM	5.30.00 (open event)			

Areas may enter up to THREE SWIMMERS PER EVENT within the consideration times.

12/u can enter 1 individual event. 13/14, 15/16, 17/19 swimmers may enter a maximum of two events. If a swimmer wishes to enter two events, one of these MUST be a 200m or 400m

DISABILITY EVENT: We will accept a maximum of 10 swimmers (13 - 17) who have competed at their regional heats. Time and Classification will be submitted to ensure we accept the top 5 male/female swimmers based on Disability Points. If less than 5 swimmers in one gender, we will accept more of the opposite gender to a maximum of 10 for this event. Disability swimmers may also enter mainstream events, one of which must be a 200m or 400m.

ENTRY FEES

Individual Events: £ 8.00

Entry fees must be forwarded within TWO WEEKS of confirmation of entry to the SSSA Treasurer, Jean Smith. Invoices will be issued to each area representative once entries for the final are published. Payment details will be sent with invoices to each area representative.

COMPUTER ENTRY

The competition entry will be computerised.

Entries will be by Hy-Tek event files ONLY. Entry file should be requested by email from the Meet Entry Secretary at anytime from March 2026 – info@scottishschoolsswimming.co.uk

Closing date for receipt of entries is 12 NOON, Wednesday 17th April 2026. All Regional Heats must have been swum between Saturday 14th February and Sunday 12th April 2026 and organised by a nominated Area Representative.

The organisers reserve the right to restrict entries and amend events as deemed necessary to ensure the smooth running of the event.

- All 12/u individual events will have the fastest 20 swimmers accepted to the heats with 3 reserves. The fastest 10 swimmers from the heats will qualify for the final.
- 400m Free and 400m IM will be open age group and will have the fastest 10 swimmers accepted with 2 reserves. This event will be Heat Declared Winner.
- 13/14, 15/16 and 17/19 age groups will have the fastest 20 swimmers accepted for each event with 3 reserves and are Heat Declared Winners (HDW)
- All area reps **MUST** ensure that ALL SWIMMERS HAVE PARTICIPATED IN THEIR OWN AREA EVENTS. **If for any reason a swimmer is to be allowed to swim in another area event this needs to be approved by the SSSA committee prior to this being authorised.**
- Disability Event (13-17 only) will be swum mixed gender and split for medals by gender only.

Please note no late entries will be accepted and no time only swims will be granted. Entries not submitted via Hy-Tek will be returned and expected by the closing date, if you need assistance with Hy-Tek files please advise as soon as possible.

Once the entry has been emailed to the entry secretary, the summary sheet must be completed and forwarded by email to:

Meet Entry Secretary: Derek McGown
Email: info@scottishschoolsswimming.co.uk

DRAFT PROGRAMME

A draft programme will be forwarded to area reps as soon as possible after the closing date for checking. Any discrepancies should be notified to the Meet Entry Secretary so that the final programme can be produced. **THIS DRAFT PROGRAMME MUST NOT BE CIRCULATED TO ANYBODY** as this causes confusion among swimmers and parents as to who is accepted.

WITHDRAWALS

Any withdrawals or amendments to the final programme should be notified to the Meet Entry Secretary by Email at the earliest opportunity.

AWARDS

Medals will be awarded to 1st, 2nd and 3rd placed swimmers in all events.

PRESENTATIONS

Presentations will be made as per the presentation schedule. Swimmers who win medals will be notified and ushered straight away after their race to the presentation zone at the finish (scoreboard) end of the pool. Swimmers MUST have at least a t-shirt or other clothing for their top half on for presentations. If a swimmer decides to leave the area, presentations will not halt and will continue without the medallist. These medalists can then pick their medal up from the table at an appropriate time afterwards. SSSA cannot be held responsible for swimmers not being present for presentations.

PROGRAMME OF EVENTS

Session 1	Warm Up	08:00 – ALL	Start – 08:45
101	Girls	Open	400m Freestyle
102	Boys	Open	400m Freestyle
103*	Girls	12 years & under	50m Butterfly
104*	Boys	12 years & under	50m Butterfly
105*	Girls	12 years & under	50m Backstroke
106*	Boys	12 years & under	50m Backstroke
107*	Girls	12 years & under	50m Breaststroke
108*	Boys	12 years & under	50m Breaststroke
109 *	Girls	12 years & under	50m Freestyle
110 *	Boys	12 years & under	50m Freestyle
111	Boys/Girls	13/17 Disability Event	100m Freestyle
112	Girls	13/14 years	200m Individual Medley
113	Girls	15/16 years	200m Individual Medley
114	Girls	17-19 years	200m Individual Medley
115	Boys	13/14 years	200m Individual Medley
116	Boys	15/16 years	200m Individual Medley
117	Boys	17-19 years	200m Individual Medley

***Finals of events 103 – 110**

Session 2	Warm Up	11:15 – Girls	11:40 – Boys	Start – 12:05
201	Girls	Open	400m Individual Medley HDW	
202	Boys	Open	400m Individual Medley HDW	
203	Girls	13/14 years	100m Butterfly	
204	Girls	15/16 years	100m Butterfly	
205	Girls	17-19 years	100m Butterfly	
206	Boys	13/14 years	100m Butterfly	
207	Boys	15/16 years	100m Butterfly	
208	Boys	17-19 years	100m Butterfly	
209	Girls	13/14 years	200m Backstroke	
210	Girls	15/16 years	200m Backstroke	
211	Girls	17-19 years	200m Backstroke	
212	Boys	13/14 years	200m Backstroke	
213	Boys	15/16 years	200m Backstroke	
214	Boys	17-19 years	200m Backstroke	
215	Girls	13/14 years	100m Breaststroke	
216	Girls	15/16 years	100m Breaststroke	
217	Girls	17-19 years	100m Breaststroke	
218	Boys	13/14 years	100m Breaststroke	
219	Boys	15/16 years	100m Breaststroke	
220	Boys	17-19 years	100m Breaststroke	
221	Girls	13/14 years	200m Freestyle	
222	Girls	15/16 years	200m Freestyle	
223	Girls	17-19 years	200m Freestyle	
224	Boys	13/14 years	200m Freestyle	
225	Boys	15/16 years	200m Freestyle	
226	Boys	17-19 years	200m Freestyle	

Session 3	Warm Up	15:15 – Girls	15:40 – Boys	Start – 16:05
301	Girls	13/14 years	200m Butterfly	
302	Girls	15/16 years	200m Butterfly	
303	Girls	17-19 years	200m Butterfly	
304	Boys	13/14 years	200m Butterfly	
305	Boys	15/16 years	200m Butterfly	
306	Boys	17-19 years	200m Butterfly	
307	Boys	13/14 years	100m Backstroke	
308	Boys	15/16 years	100m Backstroke	
309	Boys	17-19 years	100m Backstroke	
310	Girls	13/14 years	100m Backstroke	
311	Girls	15/16 years	100m Backstroke	
312	Girls	17-19 years	100m Backstroke	
313	Girls	13/14 years	200m Breaststroke	
314	Girls	15/16 years	200m Breaststroke	
315	Girls	17-19 years	200m Breaststroke	
316	Boys	13/14 years	200m Breaststroke	
317	Boys	15/16 years	200m Breaststroke	
318	Boys	17-19 years	200m Breaststroke	
319	Girls	13/14 years	100m Freestyle	
320	Girls	15/16 years	100m Freestyle	
321	Girls	17-19 years	100m Freestyle	
322	Boys	13/14 years	100m Freestyle	
323	Boys	15/16 years	100m Freestyle	
324	Boys	17-19 years	100m Freestyle	

SCOTTISH SCHOOLS CHAMPIONSHIPS 5th JUNE 2026

Aberdeen Sports Village, Regents Walk, Aberdeen

SUMMARY SHEET

**** This form must be completed and returned by email to secretary****

Area:

Contact Name:

Address:

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Post Code: Tel No.

E-mail address:

(Important for urgent distribution of information and updates for the meet)

Total Entries

** Meet Entry Secretary Derek McGown: info@scottishschoolsswimming.co.uk

TO BE RETURNED BY WEDNESDAY 17TH APRIL 2026