

2025 Annual Report

Improving the quality of life and well-being for survivors of brain injury (traumatic or non-traumatic), their caregivers, and their family members.



Networking
Resources
Education



Explore More
→

Board of Directors' Report

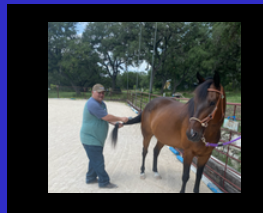
In 2025, the Alamo Head Injury Association reached new heights in its mission to support individuals and families affected by traumatic brain injury. Through our outreach programs, innovative educational symposium, and strengthened community partnerships, the organization empowered more survivors and their caregivers than ever before. Attendance at support groups grew significantly, reflecting both the rising visibility of the association and the trust it has built within the San Antonio Bexar County and our surrounding county communities.

This year also marks an exciting transition in leadership, with the addition of a new Executive Director who brings fresh vision and renewed energy to the organization's mission. Additionally, Deb Harper, who served as AHIA President is continuing her role as Community Outreach Chairperson, bringing lots of energy and experience to our support meetings. With these changes, the association is poised to broaden its services, enhance caregiver support, and introduce new initiatives that will help us meet the needs of survivors, caregivers and our community. With these developments, 2025 stands as a pivotal year—one that sets the stage for meaningful growth and expanded impact across the region.



Brad Troup

Vice President -
Board of Directors



Alamo Head Injury Association



IRS Status:

Nonprofit 501(C)3

Date of Incorporation:

June 6, 1994

Staff:

Executive Director:

Maureen DeFelice

Executive Coordinator:

Abigail Gonzalez

Executive Coordinator:

Jenna Norris

Tax ID Number:

Federal ID #

74-2588800

Contact:

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Po Box 29074

SAN ANTONIO, Texas 78229-0074

United States

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<https://www.AlamoHeadInjury.org>

Mission Statement:

The mission of Alamo Head Injury Association (AHIA) is to improve the quality of life and well-being for survivors of brain injury (traumatic or non-traumatic), their caregivers, and their family members.

AHIA exists to assist survivors and their caregivers to cope with the changes in their lives by providing a forum for networking through our monthly support groups, identifying helpful resources, providing recovery process education, and offering grants to qualified applicants.



Alamo Head Injury Association

Programs and Participation

Services	2024	2025	Growth
In Person Support Groups	349	416	19%
Virtual Support Groups	56	82	46%
Interactive Field trips (therapy)	N/A	38	N/A
Funding Assistance	25	27	8%
Symposium	71	97	37%
TOTAL	501	660	32%

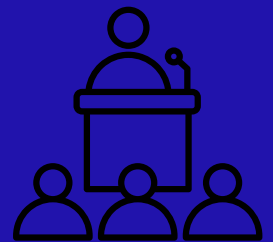


Interactive
Therapy



Networking

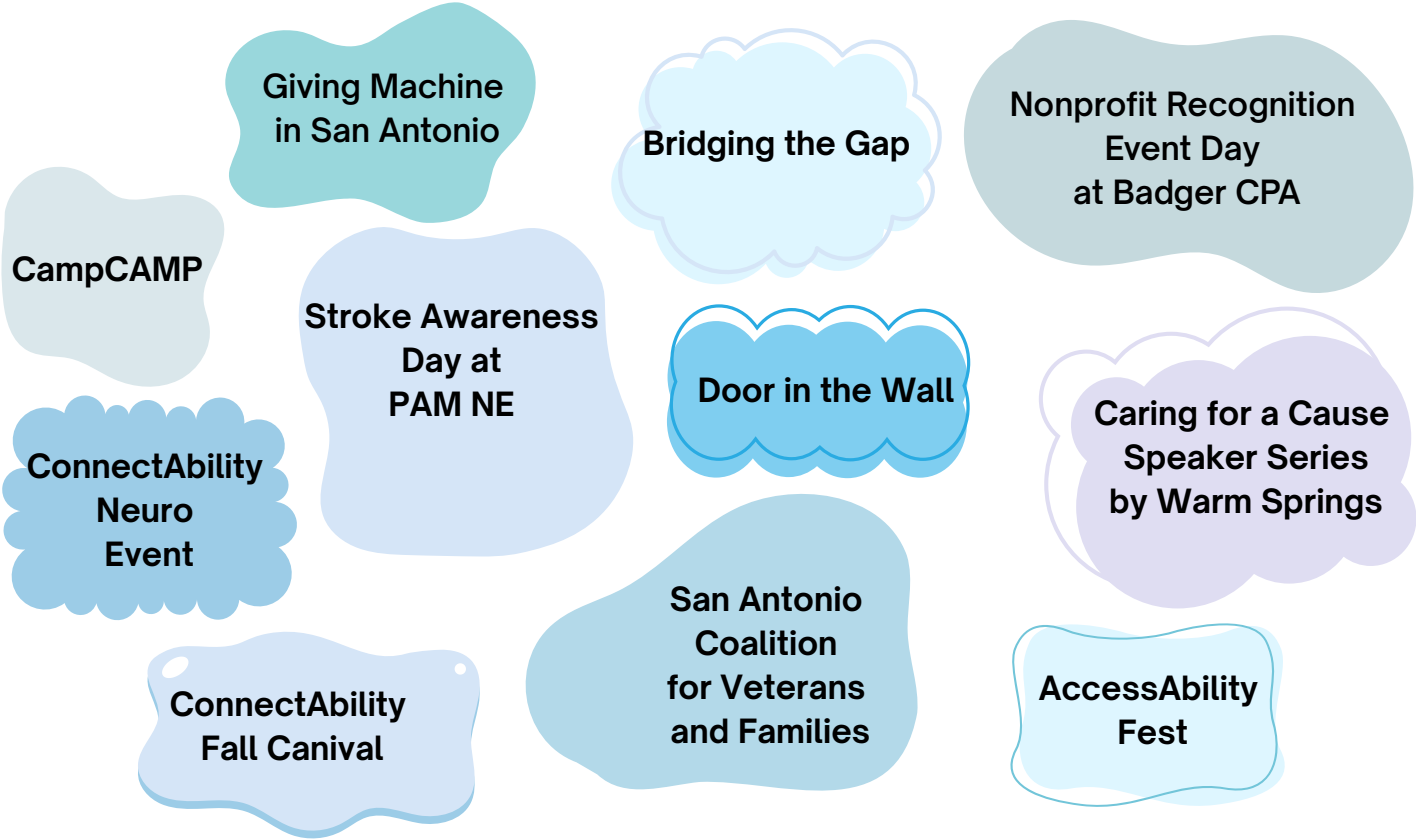
Resource Listing



Conference
Education

Outreach Events

Where we promote our services

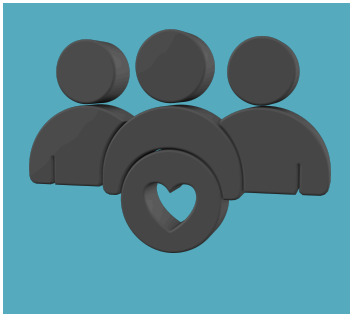


Digital Connection

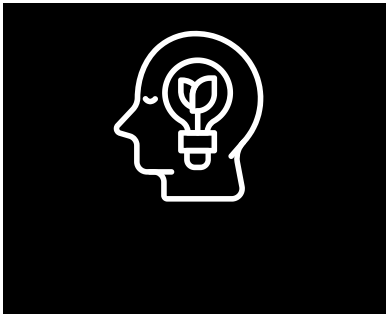
Passionate Service



Educated Guidance



Meaningful Financial Support



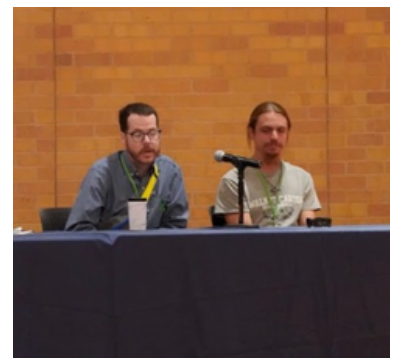
What's Next

As we step into 2026, we honor the donors and volunteers whose generosity fuels the mission of the Alamo Head Injury Association. Your commitment makes every support group, every educational symposium, every financial assistance for families in need, and every moment of hope possible for survivors and their families.

For 2026, we are excited to grow our support groups so more individuals can find connection and community during their recovery journey. We are also expanding our outreach to transitioning adults with traumatic brain injuries, ensuring they receive guidance, advocacy, and a strong network as they navigate new stages of life. In addition, we aim to strengthen and increase our grant support program, helping more families access the resources they urgently need. None of this progress happens without you. Thank you for believing in our mission, standing with our survivors, and helping us build a future where no one faces brain injury alone.

Program Growth
2024 to 2025

32%



Programs

5



Alamo Head Injury Association



Alamo Head Injury Association serves Bexar, Kendall, Blanco, Hays, Bandera, Comal and Atascosa Counties

Outreach Network



Injuries

TxDOT's CRIS (Crash Records Information System) non-fatal car accidents 2025

Non-Fatal Crashes with Injury:

Bexar: 12,932
Atascosa: 1,104
Comal: 3,007
Medina: 782
Bandera: 323
Kendall: 875
Wilson: 636
Guadalupe: 3,273

Texas Department of State Health Services (DSHS) 19 yr+ Injury Epidemiology

Fall: 6,670
Struck by/against: 340
Environmental: 219

22,932

Car Crashes - 2025

7,229

Incidents - 2025

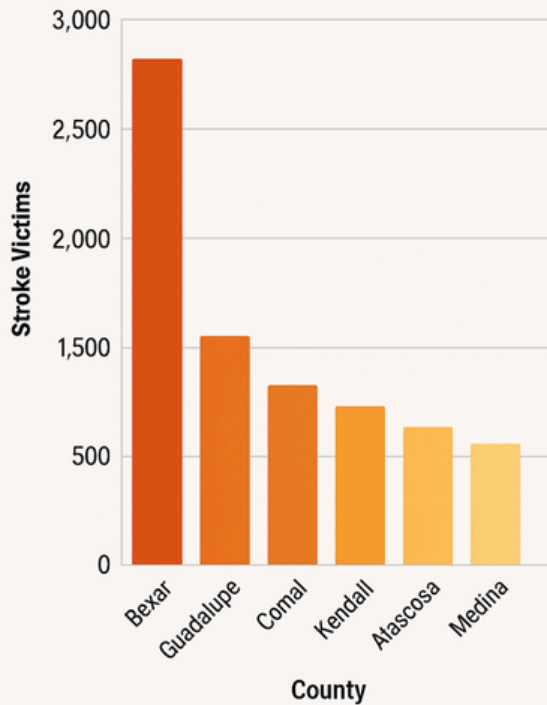
Alamo Head Injury Association



Alamo Head Injury Association serves Bexar, Kendall, Blanco, Hays, Bandera, Comal and the seven surrounding counties.

Outreach Network

2023 Stroke Survivors



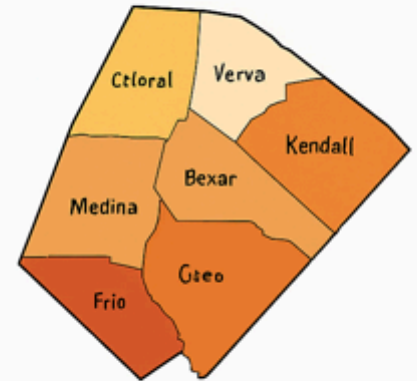
STROKE BURDEN COMPARISON

Atascosa vs. Bexar and Surrounding Counties

Source: CDC Heart Disease & Stroke Maps

Counties Included

- Atascosa County
- Bexar County
- Medina
- Wilson
- Kendall
- Comal
- Guadalupe
- Frio



County-by-County Comparison

County	Stroke Mortality Level (CDC Map)	Urban/ Rural
Atascosa	Moderate-High	Rural
Medina	High	Urban
Bexar	Moderate	Suburban
Kendall	Low-Moderate	Suburban
Comal	Low-Moderate	Suburban/
Guadalupe	Low-Moderate	Rural mix

8,130

Estimated Stroke Survivors for 2023 in the 8 counties AHIA serves.

(latest CDC information collected by hospital systems on Stroke survivors on public record)

Consolidated Statements of Financial Position

FINANCIAL POSITION

<u>ASSETS</u>	<u>2025</u>
Cash	\$59,338
Investments (CD's)	\$184,885
Total Assets	\$244,224

STATEMENT OF ACTIVITIES

ACTIVITIES 2025	Budget	Actual	Variance
INCOME			
Contributions/Revenue	\$ 81,100	\$ 90,804	\$9,704
EXPENSES			
Programs	\$76,228	\$67,180	\$9,048
Fundraising	\$4,136	\$5,235	-\$1,099
Operation Expenses	\$14,736	\$14,451	\$285
Total Expenses	\$95,100	\$86,866	-\$8234
BALANCE			
TOTAL BALANCE	-\$14,000	\$3,938	\$17,938

Financial Highlights

Supporting 5 Programs that help Brain Injury Survivors

Celebrating 43 years of service

25 Years of Educational Symposiums

77% Spent on programs

660 Member participation at events

498 Support group members in sessions

27 Home modifications funded

12% Fundraising growth

Program growth
74%

Interesting AHIA Factoids

A grassroots beginning long before incorporation

AHIA began in 1983 as a small caregiver-led support circle in San Antonio — long before “brain injury awareness” was a recognized movement. Families built the foundation before any formal structure existed.

Officially incorporated in 1994

The organization became a Texas nonprofit corporation in 1994, making AHIA one of the oldest continuously operating brain injury support organizations in the state.

One of the earliest community-based TBI support groups in Texas

Most brain injury organizations in Texas formed after the 2000s. AHIA predates many of them by decades, giving it a unique legacy and credibility.

Entirely community-powered for most of its history

For many years, AHIA operated without paid staff, run entirely by survivors, caregivers, and volunteers. That grassroots DNA still shapes the culture today.

Strong ties to military and veteran communities

Because of San Antonio’s military presence, AHIA has always served a significant number of active-duty and veteran families navigating TBI and polytrauma.

Deep relationships with rehab hospitals

AHIA has long-standing connections with facilities like Warm Springs, Baptist Health, and local outpatient therapy centers — relationships built over decades of trust.

A rare “whole-family” model

Unlike many organizations that focus only on survivors, AHIA has always included caregivers, spouses, parents, siblings, and children in its mission.

A pioneer in survivor-led storytelling

Long before “lived experience” became a buzzword, AHIA was already elevating survivor voices through support groups, panels, and community education.

A quiet but powerful impact

Even with limited resources, AHIA has helped thousands of families across Bexar and the surrounding counties — often at the most vulnerable moments of their lives.

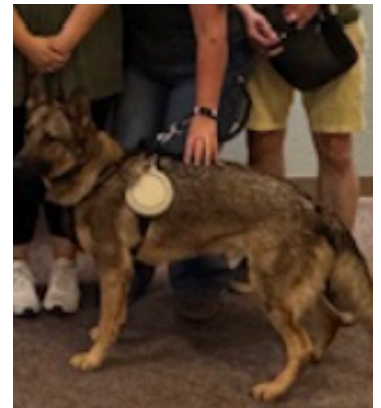
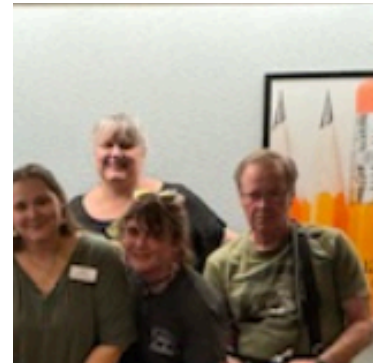
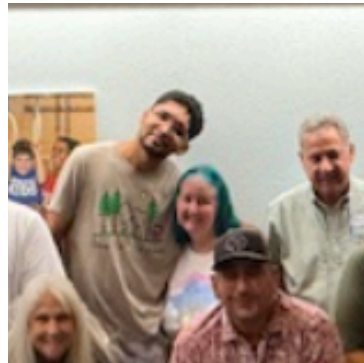
A new era of growth

With leadership changes, AHIA is now transitioning from a small volunteer-run group into a modern, strategic, community-impact organization — something many nonprofits never achieve after decades.

Alamo Head Injury Association



**Connection
and Support
make a
Difference**



Thank You

As we close out 2025, we want to express our heartfelt gratitude for your unwavering support of Alamo Head Injury. Your commitment has made a profound difference in the lives of those we serve, helping us provide care, resources, and hope to individuals and families impacted by head injuries. Thank you for standing with us—together, we are building a stronger, more compassionate community.