



# NOVEMBER HAPPENINGS



Located @ VIDA Hotel  
405 Conch Point Rd, West Bay  
938-9114





# NOVEMBER

---

## COOKING CLASSES

125 KYD INCLUDES

WELCOME DRINK + 2HR HANDS ON COOKING CLASS + 3 COURSES + WINE  
6-8PM

RESERVATIONS  
REQUIRED

### 3rd **QUICK & EASY FRENCH**

*Paying homage to the classics, we will show  
you quick and easy ways to enjoy beautiful  
French cuisine without the fuss!*

- French onion soup
- Steak frites with creamy peppercorn sauce
- Sweet treat



### 5th **SPANISH**

*Indulge in Spain's most beloved dishes  
bursting with flavour!*

- Montaditos (bruschetta, pear & brie, tomato & prosciutto)
- Gambas al ajillo (shrimp in garlic sauce)
- Seafood paella
- Sweet treat





# NOVEMBER

---

## COOKING CLASSES

125 KYD INCLUDES

WELCOME DRINK + 2HR HANDS ON COOKING CLASS + 3 COURSES + WINE  
6-8PM

RESERVATIONS  
REQUIRED

### 17th **PORTUGUESE**

*Discover the soulful flavors of Portugal!*

- Ameijoas à bulhão pato (clams in white wine garlic sauce)
- Bolinhos de Bacalhau (salt cod fritters)
- Peri Peri chicken
- Pastel de nata



### 19th **INDIAN**

*Discover the bold flavors and timeless traditions of Indian cooking.*

- Samosas
- Butter chicken with homemade naan
- Matar paneer, papadam & mango chutney
- Sweet treat





# NOVEMBER

---

## COOKING CLASSES

125 KYD INCLUDES

WELCOME DRINK + 2HR HANDS ON COOKING CLASS + 3 COURSES + WINE  
6-8PM

RESERVATIONS  
REQUIRED

### 24th MED VEG

*Join us for a vibrant veggie class and savour  
the flavors of the sun!*

- Grilled halloumi, tomato & stone fruit salad
- Spinach, callaloo & feta hand pies
- Mushroom orzotto
- Sweet treat



### 26th DIM SUM

*Little bites, big flavor—learn the art of dim sum  
delight!*

- Dumplings
- Shumai
- Assorted bao buns
- Sweet treat



### PRIVATE COOKING CLASSES

Your group! Your theme! Your date!

Gather at least 8 people and enjoy a private cooking class for  
just \$125 per person. Perfect for birthdays, corporate socials,  
or celebrations

[events@nourishatvida.com](mailto:events@nourishatvida.com)