



FEBRUARY HAPPENINGS



Located @ VIDA Hotel
405 Conch Point Rd, West Bay
938-9114


VIDA
CAYMAN ISLANDS



FEBRUARY COOKING CLASSES

125 KYD INCLUDES

WELCOME DRINK + 2HR HANDS ON COOKING CLASS + 3 COURSES +

WINE

6-8PM

9th MEXICAN

Spice, zest, and tradition—
celebrate the heart of Mexican cuisine!

- Queso fundido con chorizo
- Fish tacos
- Enchiladas
- Sweet treat



11th SPANISH

From tapas to paella, savor the sunny
flavors of Spain!

- Albóndigas (Meatballs)
- Gambas al Ajillo (Garlic Shrimp)
- Seafood Paella
- Sweet treat





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14th Feeling Bubbly

Celebrate Valentine's Day with your special someone—bubbles, bites, and a little romance!

- 3 glasses of bubbly per person
- Mussels in white wine sauce with garlic bread
- Pea & pancetta Orzotto
- Chocolate covered strawberries



16th Chinese New Year

Ring in the New Year with symbolic dishes and festive flavors!

- Crispy Wontons
- Sweet & Sour Chicken
- Fried rice & Chicken Spare Ribs
- Sweet treat





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23rd Moroccan

Warm spices and rich aromas—journey through the flavors of Morocco!

- Zaalouk (Eggplant & tomato dip)
- Bastilla (Savory-sweet pastry with poultry & spices)
- Chicken Tagine
- Sweet treat



25th CARIBBEAN

Celebrate the vibrant and diverse cuisine of the Caribbean, featuring bold spices, tropical ingredients & island-inspired dishes.

- Salt fish & Ackee Empanadas
- Jerk chicken with tostones
- Curry Goat Dinner
- Sweet treat



RESERVATIONS
REQUIRED

INTERESTED IN PRIVATE CLASSES?

EVENTS@NOURISHATVIDA.COM