



## Breakfast

7:00 AM - 11:00 AM

### Barkers Breakfast 16

Eggs your way, plantain, sourdough or white loaf, bacon or homemade chicken sausage

### Breakfast Sandwich 15

Choice of over easy or scrambled egg, mashed avocado, tomato, greens & romesco spread on white bread loaf

### Veggie Stuffed Omelette 16

Tomato, onion, callaloo, and mushrooms choice of sourdough toast or buckwheat

### Breakfast Tacos **GF** 16

Scrambled egg on homemade corn tortillas, avocado mash, pico & refried beans

### Ricotta Pancakes (3) 14

Lemon & ricotta pancakes, blueberry compote, maple syrup

### Acai Smoothie Bowl **GF** 15

Berries, acai and greek yogurt, topped with banana, homemade granola, fresh berries & coconut flakes

### Yogurt Bowl **GF** 14

Greek yogurt, homemade granola, strawberries, mango, blueberries, banana

### Add Ons

Cheese 2

Bacon or chicken Sausage (2) 5

Vegan sausage (2) 7

Sautéed mushrooms or avocado 5

Sub Acke & tofu scramble 5

Fruit bowl 6

## Lunch

11:00 AM - 3:00 PM

### Fish Tacos **GF** 18

Home made corn tortillas, fresh mahi, scotch bonnet tartar, mango salsa, pickled onion and slaw

### Cayman Style Beef Tacos **GF** 18

Slow cooked Cayman style beef, home made corn tortillas, pico, shredded cheese, avocado mash

### Jerk Chicken Platter **GF** 20

Jerk chicken, local callaloo rice, mango salsa & plantains

### Caribbean Veggie Bowl **GF DF** 18

Local callaloo rice, plantains, citrus slaw, mango salsa, and romesco drizzle

### Curry Chicken Sandwich 16

Mango chutney, tomato, lettuce, served with house made cassava chips

### Sides & Add Ons

Chicken breast 6

Mahi 8

Side green salad 7

Side cassava chips 4

Side callaloo rice 4

Sautéed mushrooms or avocado 5

 **Plant based option available**

*All prices shown in KYD. USD to KYD conversion rate is .80.*

*A 16% gratuity will be added for our amazing team - Thank you*

Juices9

Immunity	Apple, carrot, orange & ginger
Antioxidant	Beet, carrot, apple & lemon
Be Well	Immunity + antioxidant combo

Smoothies12

Berry Bliss	Mixed berries, banana & Greek yogurt
Tropical	Pineapple, mango, banana, Greek yogurt

Water7

Sparkling  
Still

CoffeeHot or Iced

Americano	5
Espresso	4
Machiatto	5
Cappuccino	5
Latte	5
Flat white	5
Mocha	6
Nourish cold brew	4
Matcha latte	7
Hot chocolate	4
Turmetic latte	7
Tea selection	4
Add Ons	
Plant milk	1
Flavored syrups	2
Espresso shot	2
Ginger shot	4

Cocktails15

**Batabano Spritz**  
Blue Iguana Gin, elderflower liquor, cucumber syrup & club soda

**Vida Frose**  
Rose, frozen berries, garden mint

**Mo-Garita**  
Los Arcos Tequila, FAIR Kumquat Liquor, lime juice, salt rim

**Vida Colada**  
Appleton Signature, local mango, pineapple, coconut milk

Wine & Bubbles

**White**  
Raza Vinho Verde - Portugal12

**Red**  
Artuke Rioja - Spain12

**Rose**  
Berne Romance - France12

**Bubbles**  
Raventos Blanc Blanc de Blanc - Spain12

**Beer**

**Local**7

Caybrew Lager Bottle  
19-81 Blonde Can  
19-81 Tropical IPA Can

**Import**8

Corona Bottle  
Red Stripe Bottle

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