



YOGA

AT BANANA HOUSE

	7:30 AM SUNRISE	9:00 AM MORNING	5:00 PM SUNSET
MONDAY	ZOE	KELLY	NASI
TUESDAY	NASI	KELLY	ZOE
WEDNESDAY	KELLY	KELLY	ZOE
THURSDAY	ZOE	KELLY	NASI
FRIDAY	KELLY	ZOE	ZOE (Yin)
SATURDAY	KELLY	ZOE	NASI
SUNDAY	NASI	KELLY	ZOE (Yoga Nidra)

OUR TEACHERS

KELLY

Hatha • Vinyasa • SUP

NASI

Hatha • Vinyasa • Ashtanga

ZOE

Hatha • Yin • Kundalini

YOGA STYLE

Hatha

Vinyasa

Yin

Restorative

Breathwork

Kundalini

PRICES

1h Banana House Guest KSh 1,500

1h Outside Guest KSh 1,750

5 Classes Package KSh 7,500

10 Classes Package KSh 14,000

Private Class (1-2 people) KSh 5,000

PAYMENT IS MPESA / CASH / CREDIT/DEBIT CARD (3.5% SURCHARGE)