

Employees of Shipmonk, Inc.

Benefits-At-A-Glance

If you or a covered family member have to go to the hospital for an accident or injury, hospital indemnity insurance provides a lump-sum cash benefit to help you take care of unexpected expenses — anything from deductibles to childcare to everyday bills. Because you're selecting this coverage through your company, you can take advantage of group rates. You don't have to answer medical questions to receive coverage; this is guaranteed coverage.

Core hospital benefits	Plan benefit
Hospital admission	
For the initial day of admission to	\$500 per day up to 1 day per calendar year
a hospital for treatment of a	
sickness/an injury	
Hospital confinement	
For each day of confinement in a	\$100 per day up to 30 days per calendar year starting on 2nd day of confinement
hospital as a result of a	
sickness/an injury	
Hospital intensive care unit	
(ICU) admission	\$1,000 per day up to 1 day per calendar year
For the initial day of admission to	
an ICU for treatment as the result	
of a sickness/an injury	
Hospital ICU confinement	
For each full or partial day of	\$200 per day up to 30 days per calendar year starting te2nd day of confinement
confinement in an ICU as a result	
of a sickness/an injury	
Complications of pregnancy	Included
Newborn Care	\$25 per day up to 2 calendar days per year

- · Admission or Admitted means accepted for inpatient services in a hospital or intensive care unit for a period of more than 20 hours.
- If admitted to a hospital or ICU within 90 days after being discharged from a preceding stay for the same or related cause, the subsequent admission will be considered part of the first admission.
- If both hospital and ICU admission or hospital and ICU confinement become payable for the same day, only the Hospital ICU Admission benefit will be paid

Additional plan benefit(s)		
Continuation of coverage due to approved leave	Included	
Portability if you leave your employer	Included	

Note: See the policy for details and specific requirements for each of these benefits.

Benefit exclusions

General exclusions

The policy covers only sicknesses and injuries that occur while insurance is in force. No indemnities will be paid for a sickness or injury that occurs before the effective date of the insurance. Benefits are not payable for any loss caused or contributed to by:

- 1. Suicide, attempted suicide, or any intentionally self-inflicted injury, while sane or insane*
- 2. Voluntary intake or use by any means of any drugs, poison, gas, or fumes, except when:
 - a. Prescribed or administered by a physician
 - b. Taken in accordance with the physician's instructions
- 3. Committing or attempting to commit a felony
- 4. War or any act of war, declared or undeclared
- 5. Participation in a riot, insurrection, or rebellion of any kind
- 6. Participation in an act of terrorism
- 7. Military duty, including the Reserves or National Guard
- 8. Travel or flight in or on any aircraft, except as a fare-paying passenger on a regularly scheduled commercial flight, or as a passenger, pilot, or crew member in the group policyholder's aircraft while flying for group policyholder business, provided:
 - a. The aircraft has a valid U.S. airworthiness certificate (or foreign equivalent)
 - b. The pilot has a valid pilot's certificate with a non-student rating authorizing them to fly the aircraft
- 9. Driving a vehicle while intoxicated, as defined by the jurisdiction where the accident occurred
- 10. Cosmetic or elective surgery, unless the treatment is the result of a covered event
- 11. Treatment for dental care or dental procedures, unless the treatment is the result of a covered event
- 12. Treatment of a mental illness*
- 13. Treatment of alcoholism, drug addiction, chemical dependency, or complications thereof*
- 14. Treatment through experimental procedures
- 15. Travel outside the United States and its possessions for the sole purpose of receiving medical care or treatment
- $16. \ \ Participating \ in, \ practicing \ for, \ or \ officiating \ any \ semi-professional \ or \ professional \ sport$
- 17. Riding in or driving in any motor driven vehicle for race, stunt show, or speed test
- 18. Being incarcerated in any type of penal or detention facility
- 19. Scuba diving
- 20. Mountaineering or spelunking
- 21. Bungee cord jumping, hang gliding, sail gliding, parasailing, parakiting, kitesurfing, base jumping, or any similar activities
- 22. Skydiving, parachuting, jumping, or falling from any aircraft for recreational purposes
- 23. Residing outside the United States, U.S. Territories, Canada, or Mexico for more than 12 months
- 24. Injury arising out of or during employment for wage or profit

^{*}Exceptions to the exclusions are accepted when substance abuse and mental disorder benefits are selected. This is a partial list of benefit exclusions. A complete list is included in the policy. State variations apply.