

Lee County Resources Directory

Organization	Location/Contact	Services	Insurance	Sliding Scale
Healthcare Network of Southwest Florida	Multiple location throughout Naples & Immokalee 239-658-3000 Healthcareswfl.org	Primary Care BH: Consultation, medical psychotherapy, short-term, brief therapy	Straight Medicaid, Beacon MMA, Beacon Health Kids, Wellcare MMA, Sunshine, Allegiance/Meritian, New Directions & Optum	Yes
Hope Healthcare	9470 HealthPark Circle, Fort Myers, FL 33908 239-489-9195 Hopehospice.org	Grief support for the loss of a loved one	No charge for services	No charge for services
Florida Department of Health	3920 Michigan Ave, Fort Myers, FL 33916 239-461-6100	Mental Health First Aid training for community members	Medicaid, Medicare, BC/BS(Florida Blue, Health Options)	Yes
Hope Clubhouse	3602 Broadway Ave, Fort Myers, FL 33901 239-267-1777	Community of support, employment, education, housing, wellness and socials	Our membership is free	Our membership is free
Salvation Army	10291 McGregor Blvd, Fort Myers, FL 33919 239-278-1551	Professional counseling within our programs as needed. No specific BH programs at this time.	Our programs are free	Our programs are free
SalusCare	Multiple campuses across Fort Myers 239-275-4242	Outpatient: therapy and psychiatry for adults and children; MAT for adults. Community Based: Plethora of case management programs for adults, children, mental health and substance use disorders. Acute Care: CSU for Children and adults; Detox for adults. Residential: Substance abuse residential for adults and children; recovery homes.	Self-pay, Medicare, Medicaid, Medicaid Plans, and 3rd party	Yes
Lee Health Behavioral Health Clinic	12550 New Brittany Blvd, Ste 100, Fort Myers, FL 33907 239-343-9180	Therapy, medication management and addiction medicine	All Lee Health plans	Yes
Park Royal Hospital	9241 Park Royal Dr, Fort Myers, FL 239-204-2131	Inpatient Programs for adult 18+: Drug & alcohol detox, senior inpatient mental health program, adult inpatient mental health program, addiction & co-occurring disorders, women's trauma and electroconvulsive therapy	We are an exclusive Medicare Provider for psychiatric care in Lee County and North Collier. We work with most insurances including Medicaid plans and	While we do not offer a sliding scale for private-pay clients, we do have financial counselors

			have the ability to work Single Case Agreements. Additional in-network contracts include: AETNA, BEACON, MEDICARE, BC/BS, STAYWELL AND UNITED HEALTHCARE	that will work with our patients to establish achievable payment plans.
Abuse Counseling & Treatment Inc. (ACT)	24/7 hotline 239-939-3112	Counseling services for survivors of sexual assault, human trafficking and domestic violence. These services are extended to the loved ones of survivors as well.	Our services are free of charge	Our services are free of charge
Elite DNA	4310 Metro Pkwy, Ste 205, Fort Myers, FL 33916 239-223-2751	Psychiatry and therapy for adults and children. TMS (treatment for severe depression) for adults	All insurances accepted	Yes
Providence Family Life Center	3049 Cleveland Ave, Suite 261, North Fort Myers, FL 33901 239-676-3159	Emotionally Focused Therapy, motivational interviewing, rational emotive behavior, solution focused brief, structural family therapy (PFLC is specializing in communities of color, offering culturally sensitive, trauma-focused individual, couples and family counseling.)	Coming Soon!!	Yes, we offer private pay and a sliding fee scale. Initial 30 minute consultation is complimentary
Delta Family Counseling	3723 Del Prado Blvd. S, Ste A, Cape Coral, FL 33904 239-540-1155	Individual, couples, family, certified in animal assisted play therapy and registered play therapist	Cigna & Staywell	No
Progress Counseling Center	9200 Bonita Beach Rd. Suite 212, Bonita Springs, FL 34135 239-537-2236	Mental Health Counseling	Aetna & United Healthcare	
Samaritan Health	643 Cape Coral Pkwy E Ste B, Cape Coral, FL 33904 239-257-3094	Addiction Services; individual counseling, family counseling, marriage & pre-marital counseling, grief counseling and pastoral counseling	No Insurance accepted - \$65 due at time of services Undocumented welcome	No
NAMI Lee County	8191 College Pkwy Ste 205, Fort Myers, FL 33919 239-337-9024	Peer to peer education and support groups, adults/youth/public safety mental health first aid trainings, crisis intervention team trainings (school resource officers, road patrols, corrections, courts personnel, port authority), peer	Services are free of charge	Services are free of charge

		recovery one-to-one services, NAMI Signature programs education and training		
Hazelden Betty Ford	950 6 th Ave N, Naples, FL 34102 888-965-5065	Residential and Outpatient (virtual at this time) for the treatment of alcohol and substance use. For those 18 and above. We do not offer detox and work with other providers in the community	Most In-network insurances	No
Drug Free SWFL	3763 Evans Ave # 202, Fort Myers, FL 33901 239-931-9317	We are offering virtual prevention resources for parents and caregivers through our Prevention Parents SWFL Facebook page, which is a collaboration between Drug Free Charlotte, Drug Free Collier, Drug Free Hendry-Glades and the Coalition for a Drug-Free SWFL	Services are free	Services are free
Psychiatric Associates of SWFL	6804 Porto Fina Cir, Fort Myers, FL 33912 239-332-4700	Therapist, Dietician, TMS, Ketamine Infusions, Medication Management	No Medicaid, Medicare or Humana. All other insurance is accepted	
Healing Educational Alternatives for Deserving Students	3049 Cleveland Ave Ste 290, Fort Myers, FL 33901 239-245-8651	Cognitive Behavioral therapy	Medicaid and private payment	No
Inner Belief Outer Strength Counseling Center	2503 Del Prado Blvd S Ste 410A, Cape Coral, FL 33904 239-443-6385	Children (ages 10 and up), adolescents and adults in individual, couples and family therapy. She works primarily with depression, anxiety, communication skill building, anger management, parenting, sexual and substance abuse addictions, trauma, school and behavioral issues, and gender issues		
Valerie's House	1762 Fowler St, Fort Myers, FL 33901 239-204-5804	Peer grief support groups via telehealth (Zoom for Healthcare) and individual counseling related to grief.	All services are free to families	
Andrew's Anthem	Fort Myers	Mindfulness and mindful self-compassion practices during programs: Pawsitive Pause, Let's Get Groovy and Mindful Art	Most programs are free	N/A
AIM/Target	3049 Cleveland Ave #100, Fort Myers, FL (239) 939-3363	Counseling services for anger management, domestic violence, substance misuse. Drug and alcohol testing.	No Insurance Accepted (May be covered through DCF programs)	Yes

White Sands Treatment	413-218-7020 1820 Colonial Blvd. Ft. Myers, FL 33907	Alcohol and Drug rehabilitation. www.whitesandstreatment.com	Cigna, Aetna, United Healthcare, Humana, BC/BS	Yes
Alvin A. Dubin Alzheimer's Resource Center	12468 Brantley Commons Court, Fort Myers, FL 33907 239-437-3007	We offer free educational resources and support groups to individuals and caregivers coping with Alzheimer's and other neuro-cognitive disorders. We host 17 support groups including individuals diagnosed who are experiencing the initial stages of memory loss, caregivers (spouses and significant others) and adult children who are navigating care for their parents. We offer memory screenings and make referrals for free follow up medical assessments and follow up. We also offer trainings to caregivers teaching strategies for dealing with difficult behaviors and stressing the importance of self-care. We have trainings for community partners on working with individuals with memory impairment with care and compassion. We facilitate safety programs to protect those who are prone to wander in coordination with local law enforcement.	Free	N/A
Chrysalis Health	3820 Colonial Blvd. Suite 200, Fort Myers, FL 33966 239-208-9449	Mental Health, Substance Use Disorder and Telehealth		
FGCU	239-745-4777	We offer individual, couples, and family counseling (virtual at this time) with master's level trainees. We also offer play therapy.	None	Yes
Centers For Progress & Excellence (CPE)	239-689-8490	Outpatient counseling Case Management Peer Specialist Support CPE offers multiple services targeted towards vulnerable and at risk populations., including individual and group counseling, and mobile crisis response. Individual counseling, Telehealth Assistance with benefit applications Liaison with law enforcement Direct assistance Transportation Assistance Referral for medical, dental and other services Liaison with legal aid Community orientation	None	Free

		and integration assistance.		
Mobile Crisis Unit	844-395-4432	<p>60-minute response time to the crisis location if the individual is having active suicidal or homicidal thoughts and/or ideation</p> <ul style="list-style-type: none"> · SAFE-T Assessment. This is an evidenced-based suicide assessment. It stands for Suicide Assessment Five-step Evaluation and Triage · Service linkage within 48 hours of intervention · Wraparound mental health services with assigning a Peer Specialist AND a Case Manager to each client · 30-45-day Peer Specialist intervention · 30 Day follows up with a Case Manager for 120 days · Outpatient counseling utilizing a sliding scale fee 	None	Sliding Scale
United Way Lee County	211 or Lee County 239-433-3900	<p>211 is a United Way program that provides free information and referral to human/social service agencies within Lee, Hendry, Glades and Okeechobee Counties. Clients can call and receive information and referrals appropriate to their needs.</p>		