



**Island Coast Pediatrics**  
**Limitations and/or Restrictions of Protected Health Information**  
**Regarding Communication and/or Care of the Patient over 18 years old**

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ Suite/Apt/Box: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

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**I am requesting that communication NOT be sent, given or received by any of the following methods:**

Phone Calls or Answering Machines     Faxes     Emails     Post Cards

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**I am giving permission to:** \_\_\_\_\_, (please check relationship)

Parent     Grandparent     Sibling     Other \_\_\_\_\_

Other (please specify relationship): \_\_\_\_\_

**to discuss my treatment with Island Coast Pediatrics. I am also giving permission for this individual to discuss and receive my Protected Health Information including, but not limited to: office notes, immunizations, appointments and prescriptions.**

Above individual can be reached at (phone number): \_\_\_\_\_

**Note: Use one form per patient for each individual being given permission.**

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**Description of the information I wish NOT to be used or disclosed to this individual (check all that apply): This is not a release of information form. Information will be used or disclosed per above instructions**

Medical History     Appointments     Financial Statements     Prescriptions     Other: \_\_\_\_\_

\_\_\_\_\_  
Patient's Signature (must be 18 at time of signature)

\_\_\_\_\_  
Date

**Note: This authorization form does NOT allow this person to request a copy of my medical records on my behalf.**

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**Office Use Only:**

Witnessed By: \_\_\_\_\_ on \_\_\_\_\_

Communication Preference Noted in AllScripts By: \_\_\_\_\_ on \_\_\_\_\_

Information NOT to be Released Noted in AllScripts By: \_\_\_\_\_ on \_\_\_\_\_

Request Sent to CBO for Scanning By: \_\_\_\_\_ on \_\_\_\_\_