

San Roque Catholic Church



Nineteenth Sunday in Ordinary Time
August 10, 2025

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education@sanroqueparish.org

PARISH OFFICE
805.687.5215
office@sanroqueparish.org
♦ ADULT FAITH FORMATION
♦ ANNULMENTS
♦ BAPTISMS
♦ BECOMING CATHOLIC /
ADULT SACRAMENTS
♦ FUNERAL ARRANGEMENT
♦ MINISTRIES
♦ RELIGIOUS EDUCATION
♦ SPIRITUAL DIRECTION
♦ WEDDINGS
(At least 6 months prior to
date of marriage.)

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give so generously to San Roque.
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and maintain
the Church and
staff.



Welcome to San Roque Catholic Church!

325 Argonne Circle, Santa Barbara, CA 93105
805-687-5215—www.sanroqueparish.org



If you are visiting or new to our community, our Pastor,
Parish Staff, and Parish Community welcome you and
embrace you as a beloved child of God. If you would like
information about our parish or wish to join, please visit the website:
www.sanroqueparish.org

Sacrament of Reconciliation (Confession)

Saturdays, 3:30 pm—4:30 pm

Celebration of the Eucharist (Mass):

Monday—Friday, 8:30 am
Saturday Vigil, 5:00 pm
Sunday, 9:30 am

PRAYER:

Lord, you are urging me to live in
the present, in the Now. Let me not
put off what I want to do today.
Tomorrow is uncertain, but I have
this present moment, and it is only
in this moment—not in an
uncertain tomorrow—that I can find
you. This moment is a sort of
sacrament, a channel of grace for
me.

Prayer Hotline

We are always ready, willing and able
to pray for your intentions.
Please call:
(805) 967-0149 to leave a
confidential message or email:
prayer@sanroqueparish.org

MEDITATION:

Just as Jesus was faithful and ready
to obey his Father in everything—
even to the point of laying down his
life on the cross for us, we too are
called to be faithful and obedient to
the Lord's will for our lives. How
can we grow in faithfulness and

obedience to the Lord? The Lord gives us his Holy Spirit
who frees us from pride and fear, so we can hear the Lord
and embrace his way of love and faithfulness. If we fail,
the Lord will not fail us. He gives strength to the weak and
to those who turn to him with trust in his mercy and help.
Ask the Lord Jesus to fill you with his Holy Spirit and with
a holy desire to seek the Lord and his kingdom above all
else.

-excerpt from Don Shwager, Daily Scripture



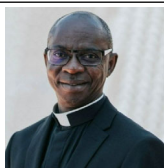
FUNERAL—for Trudy Fernandez on Tuesday, August 12th at 11:00 am

Presider Schedule

Mass Intentions for the Week

Sat., Aug 9	5:00 pm	Fr. Rudy Alumam	Caroline Luis †
Sun., Aug 10	9:30 am	Fr. Rudy Alumam	Sue Smales †
Mon., Aug 11	8:30 am	Fr. Remmy	Lois Ryan †
Tue., Aug 12	8:30 am	Fr. Remmy	Judith Loftus †
Wed., Aug 13	8:30 am	Fr. Remmy	Robin Kaye & Tom Deluca †
Thurs., Aug 14	8:30 am	Fr. Remmy	Mary Foster
Fri., Aug 15	8:30 am	Fr. Garret	Our Parish Community
Sat., Aug 16	5:00 pm	Fr. Remmy	August Frohlich †
Sun., Aug 17	9:30 am	Fr. Remmy	Frank Galindo †

Our Community News



Missionary Cooperative Appeal August 9 & 10, 2025

Please welcome our Missionary Co-op speaker, Fr. Rudy Alumam, representing the diocese of Navrongo-Bolgatanga in Ghana, who will be presiding and speaking at the Masses this weekend. This year's appeal for the diocese of Navrongo-Bolgatanga will go towards building a home for retired missionaries and priests in a city near a healthcare facility giving each person a quality of life deserving of their calling. Specially marked yellow envelopes are in the pews. Please make checks payable to: **Society for the Propagation of the Faith**. Thank you!!



Assumption of the Blessed Virgin Mary

Friday, August 15th
Holy Day of Obligation
Mass at 8:30am

Holy days of obligation should be about more than skipping your lunch break to make Mass, or racing through rush hour traffic to make it to your parish.

A holy day of obligation should be about making the whole *day* holy—holy in the sense of 'set apart'. If your whole day is devoted to the Assumption, then attending Mass becomes a fruit of your devotion rather than a spiritual chore pigeonholed into what is otherwise just another weekday.

Special Collection Next weekend—August 16 & 17, 2025 Catholic Relief Services

Next weekend, we will have a special collection for **The Catholic Relief Services**. Millions of men, women and children worldwide are coerced or forced through human trafficking into commercial sex activities, labor, and slavery—abuses that the Holy Father has called "a crime against humanity." As part of its mission to proclaim Christ's salvation and to restore and promote the dignity of all persons, the Church is called to combat trafficking and to bring comfort and healing to victims. The invaluable work to assist these victims of abuse and injustice is supported by funds received through The Catholic Relief Services collection. Your participation helps the Department of Migration and Refugee Services (MRS) and five other Catholic ministries to reveal Christ's love to victims of trafficking, war, and natural disaster both around the world and here in the United States. Thank you for revealing Christ's love to people living on the margins of society. Special grey envelopes will be in the pews.

Pray for those in need of healing:

<i>Chris (last name withheld)</i>	<i>Pat Gibson</i>
<i>Daniel J. Anderson</i>	<i>Richard Grijalva</i>
<i>Sylvia Anderson</i>	<i>Eugene B. Hackman</i>
<i>Ellie Baughman</i>	<i>Megan Havrd</i>
<i>Ray Baughman</i>	<i>Francisco Hernandez</i>
<i>Jeff Bradley</i>	<i>Dolores Johnson</i>
<i>Arcelia Branscum</i>	<i>Joyce Kean</i>
<i>Margaret Burkey</i>	<i>Max Kehoe</i>
<i>Sister Carmen</i>	<i>Maureen Koury</i>
<i>Martha Cervantez</i>	<i>Maureen Kovac</i>
<i>Brittney Collier</i>	<i>Claudia Lash</i>
<i>Sophia Corral</i>	<i>Philip Lianzo</i>
<i>Robin Denny</i>	<i>Mary Ann Neilsen</i>
<i>Maryann Donovan</i>	<i>Phyllis Murray Oakes</i>
<i>Taytum Duby</i>	<i>Catherine Oliverio</i>
<i>Debbie Duke</i>	<i>Silvia Parisotto</i>
<i>Carmen Escobedo</i>	<i>Letty de Paz</i>
<i>Mary Evans</i>	<i>Susana Caballero Pena</i>
<i>Sarah Evans</i>	<i>Marie Christine Scott</i>
<i>Tony Fischer</i>	<i>Lorraine Taylor</i>
<i>Carrie Foster</i>	<i>Chris Ventura</i>
	<i>Calvin Wilson</i>

We need your help keeping this list of prayer needs current. To add or remove names from this list, please contact the Parish Office by phone: 805-687-5215 or by email at office@sanroqueparish.org.

Life is Changed, Not Ended—You are Supported!

The Parish Office and Pastoral Staff of San Roque are here to be of service when you suffer the loss of a loved one. Make us your first call. Also, we offer a guidebook to help entitled, "**Life is Changed, Not Ended: A Guide to Planning the Funeral Liturgy**".

Please call the Parish Office at 805-687-5215.



Marriage Annulment Assistance

Is your marriage situation keeping you from receiving the Sacraments? Please know that if you are divorced, you can still come to the Sacraments. BUT!! If you have remarried civilly or are living with someone, we are here to help you get your prior marriage annulled, so you CAN come back to the Sacraments! Please contact Noël by phone at: 805-682-1097 or by email: education@sanroqueparish.org.

You're Invited to Join our Parish

Summer Choir

It's really easy! -Just come at 9:00am any Sunday morning during the Summer - grab a music folder and join the choir to sing at our 9:30 Mass! We meet at the choir area in Church.

Questions: call David in the Music Office
at (805) 687-5215 ex.16

Religious Education & Faith Formation

Why a Catholic Funeral *(updated!)*

In recent decades, there has been a noticeable decline in the number of Catholics choosing traditional Catholic funeral rites. This trend is influenced by several factors:

- Cultural shifts and secularization: There's a growing inclination towards non-religious or personalized "celebrations of life" that may not align with the structured rituals of a Catholic funeral Mass.
- Reduced religious affiliation among younger generations: Children of devout Catholics may have left the church or hold less traditional views, leading them to forgo a Catholic funeral for their parents or relatives.
- Emphasis on cost and convenience: Non-traditional funeral options, like direct cremation with a memorial service held weeks later, can be seen as simpler and less expensive than a traditional Catholic burial, according to Today's Catholic.
- Changing views on cremation: While the Catholic Church now permits cremation, provided it doesn't signify a denial of faith in the resurrection and the remains are respectfully interred in a sacred place, it still encourages burial as the preferred method. However, the rise in cremation rates and differing attitudes towards handling cremated remains (e.g., scattering or keeping at home) impact the observance of Catholic funeral rites.
- Focus on the individual rather than traditional rites: There can be a desire to personalize funeral services to highlight the life and interests of the deceased, shifting away from the more standardized rituals of a Catholic funeral.



The Importance of Catholic funeral rites

Catholic funeral rites are considered important for several reasons:

- Pastoral care and comfort: They provide a framework for mourning and offer consolation to the bereaved in light of their faith.
- Affirmation of faith and hope: The funeral Mass and burial rites place the death of a Christian within the context of Jesus's life, death, and resurrection, reminding attendees of the hope of eternal life.
- Dignity of the human body: Catholic tradition emphasizes the reverence and respect due to the human body, seeing it as a temple of the Holy Spirit and believing in the resurrection of the body.
- Support for the deceased & families: Prayers offered during the funeral Mass and afterwards are believed to benefit the soul of the deceased and help strengthen those who mourn them.
- NO ONE will be turned away if unable to pay. Period.

I don't know about you, but I read the obituaries every single day! You may think that's odd because I'm only 60, but believe me, most days I do know someone who died or a related person to the deceased. Something I keep seeing over and over again is that "funeral services will not be taking place," or there's no mention of services happening at all. Or there might be a "celebration of life at a later date". Now as a person in pastoral ministry I understand that there are many, many, many, reasons for what families do when their loved one dies. Families all differ on how they express their grief and how they navigate the grieving process. We do not judge or look down on what families do. But one thing that makes me sad is when I know someone was very Catholic and their family is not doing any sort of Catholic service of any kind. As a reminder there are three formal rights to a Catholic funeral the vigil service, the funeral Mass, and the graveside service. You can have all three or any one of those or any combination of those. As I share in our annual Funeral Planning Workshop in November, you're a Catholic in good standing if you do all of them, some of them, or none of them. But it just saddens me to think that people would be denied a Catholic Funeral Mass when they had attended Mass their whole life.

Now again I understand that families are each unique and most all families can have messy dynamics. People have outright hostile feelings toward the Catholic Church or they are calling themselves spiritual not religious. People are fallen away or resentful or angry or plain not interested. Again, many, many, many reasons. But if you want a Catholic Funeral Mass for yourself, you need to outline that in your will. Even if not one of your relatives or friends is in attendance, request a Mass to be said anyway.

The prayers are exquisite and the pastoral care and comfort it provides is incalculable.

-noël

Other Community News



Safeguard The Children

Did you know?

Far-reaching effects of child abuse

Children who suffer from sexual abuse run a greater risk of negative associated outcomes, not only with their mental health, but also suicidal tendencies, potential future abuse, more cognitive deficits, or lower educational interests and efforts. Abused children also are at higher risk for eating disorders, obesity, early onset of puberty, or chronic health issues. Ultimately, abuse has far-reaching consequences beyond childhood for many victims, and it is critical to act quickly to protect potential victims. It's important to remember that any intervention or supportive response from a safe adult can reduce the risk of many or all negative outcomes. For more information, read the VIRTUS® article "Disclosures Part 1: Why are Disclosures Important?" at: lacatholics.org/did-you-know.

Society of Saint Vincent de Paul San Roque Conference



Please help the Society of Saint Vincent de Paul bring respite and hope to the elderly who are not able to find relief from the heat or cold and you will indeed find "an inexhaustible treasure in heaven!"

To donate to SVdP, please make your checks payable to: Society of St. Vincent de Paul and place in the collection basket or mail: 325 Argonne Circle, Santa Barbara, 93105.

To donate online: please visit our website at: <https://www.srsvdp.com/donate>.

For those in need of assistance, please call: 805-315-3771 or by email at: sanroquesvdp@gmail.com.

Please join us in praying the Holy Rosary and Divine Mercy Chaplet for an end to abortion and for the conversion of those working at Planned Parenthood.

**518 Garden Street, Santa Barbara
Monday & Wednesday
10:00 am - 11:00 am**



Questions? Please text/call Cindy Hagon: 805-636-5950.



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One Mother, Many Peoples

During this *Pilgrims of Hope* Jubilee Year, join Archbishop José H. Gomez and representatives of many cultural groups, papal orders, and fraternal service orders to honor Our Lady of the Angels, the patroness of the city and Archdiocese of Los Angeles.

SATURDAY, SEPTEMBER 6, 2025

Cathedral of Our Lady of the Angels
555 West Temple Street
Los Angeles, CA 90012

10:00 a.m. Procession
10:30 a.m. Multilingual Rosary
11:00 a.m. Mass



For more information:
lacatholics.org/one-mother-many-peoples

Jubilee Year Archdiocesan Pilgrimage to Rome

Join Bishop Matthew Elshoff and priests from the Archdiocese for a special Archdiocesan pilgrimage to Rome for the canonization of Blessed Pier Giorgio Frassasti and Blessed Carlo Acutis from September 2-8, 2025. The pilgrimage will include visits to the Papal Basilicas to enter through the Holy Doors, the town of Assisi, Vatican museums, Catacombs of St. Calixto and other important sites. The cost of the pilgrimage is \$3,795.00. For more information and to reserve your spot, please call 213-249-4201.



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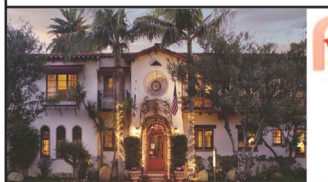
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