

San Roque Catholic Church



Sixth Sunday Ordinary Time
February 15, 2026

PARISH STAFF:

FR. BRUCE CORREIO, PASTOR
805.687.5215 x11
frbruce2014@earthlink.net

EMERGENCY

Requiring the URGENT services
of a Priest after office hours.
805-569-9787

NOËL FUENTES, PASTORAL
ASSOCIATE / DIRECTOR OF
FAITH FORMATION

805.682.1097
education@sanroqueparish.org

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PARISH OFFICE, LAURA BARAN
805.687.5215

office@sanroqueparish.org

- ♦ Faith Formation
- ♦ Annulments
- ♦ Baptism
- ♦ Funeral Arrangements
- ♦ Ministries
- ♦ Spiritual Direction
- ♦ Weddings (At least 6 months prior to date of marriage.)

PARISH COUNCIL MEMBERS:

Marla Arnoldi, president
Butch Arnoldi
Barbara Shaw
Irma Unzueta
Steve Wiley

FINANCE COUNCIL MEMBERS:

Barbara Shaw, chair
Brian Gough
Diane Maloy
Ted Mullen
Tino Munoz

SAFEGUARD THE CHILDREN:

Marla Arnoldi, president
Butch Arnoldi
Ed De Caro
Yvette Martin Del Campo

WELCOME! to San Roque Catholic Church

325 Argonne Circle, Santa Barbara, CA 93105

805-687-5215—www.sanroqueparish.org



If you are visiting or new to our community, our Pastor, Parish Staff, and Parish Community welcome you and embrace you as a beloved child of God. If you would like information about our parish or wish to join, please visit the website: www.sanroqueparish.org

Parish Office Hours: Monday—Friday, 9am—4pm

Sacrament of Reconciliation / Celebration of the Eucharist (Mass):

(Confession)

Saturdays, 3:30 pm—4:30 pm

Monday—Friday, 8:30 am

Saturday Vigil, 5:00 pm

Sunday, 9:30 am

ASH WEDNESDAY
LENT BEGINS

WHAT IS LENT?

The 40-day period from Ash Wednesday and before Easter Sunday. It is marked by prayer, fasting, abstinence, and other acts of penance.



PRAYING



FASTING



ABSTINENCE

WHAT IS FASTING?



One meal a day, and two smaller meals which if added together would not exceed one full meal.

WHAT IS ABSTINENCE?



Abstinence is refraining from eating meat. Meat is considered to be the flesh and organs of mammals and fowl.

DAYS OF FAST?

Ash Wednesday Good Friday

DAYS OF ABSTINENCE?

Ash Wednesday All Fridays of Lent
Good Friday

WHO ARE REQUIRED?

Catholics from ages < 18 to 59 >

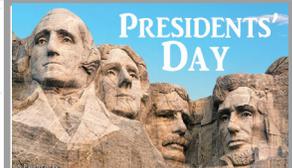


The sick and expectant mothers are excused from fasting.

WHO ARE REQUIRED?

Mandatory for everyone

↑ older than 14 years old



PRESIDENTS DAY

The Parish Office will be closed on **Monday, February 16th** in observance of President's Day. The church will be closed following daily Mass.

Ash Wednesday is February 18th. It is **NOT** a Holy Day of Obligation.

Daily Mass at 8:30am with imposition of ashes.

Liturgy of the Word with ashes at 5:30pm.

Presider Schedule

Mass Intentions for the Week

Sat., Feb 14	5:00 pm	Fr. Bruce	Debbie Duke †
Sun., Feb 15	9:30 am	Fr. Bruce	Esperanza Yzquierdo & Mike Garcia †
Mon., Feb 16	8:30 am	Fr. Bruce	Kevin Bermudes †
Tue., Feb 17	8:30 am	Fr. Bruce	Joe Diaz
Wed., Feb 18	8:30 am	Fr. Bruce	Our Parish Community
Wed., Feb 18	5:30 pm	Noël	Liturgy of the Word w/ashes
Thurs., Feb 19	8:30 am	Fr. Bruce	Deborah Baran †
Fri., Feb 20	-----	NO MASS	
Sat., Feb 21	5:00 pm	Fr. Garret	Pat Schulte
Sun., Feb 22	9:30 am	Fr. Garret	Joy Johnson

Our Community News

2026 Together In Mission

Follow Up Weekend: Feb 14th-15th

What is God calling us to do, to be? How can we live his laws deeply and in a way that bring us closer to him? How can we, in turn, be his modern-day disciples who help spread his Good News and tend to those members of the flock in most need? One way is by prayerfully considering a gift to Together in Mission, which seeks to make Christ present today.

Envelopes are in the pews.

To date, your donations/pledges are

\$10,644.00!!

That's 26.4% of our goal!!



2025 contribution statements have been mailed. If you do not receive a contribution statement, but would like to receive one next year, please contact the Parish Office to be assigned an envelope number by calling 805-687-5215 or emailing: office@sanroqueparish.org.

Thank you to all who have continued to contribute to the Called to Renew Campaign.

Parish Goal: \$540,000.00

Total Pledged: \$434,613.13

Total Paid: \$391,878.13

(as of Jan 2026—up \$1,125.00 from Dec 2025)



Fifty percent of every dollar collected will be returned to the parish to be used for projects mentioned in our case statement.

REFLECTION: Every Christian at every moment is called to holiness. Make no mistake about it. You are proclaiming a message at every moment of the day, even when you are not speaking. Your message must be authentic. It will be so, if you are authentic. Your authenticity as a Christian comes from your personal relationship with Jesus Christ, truly God and truly man. Often ask your self: “Could Jesus Christ share what I am going to say or what I am going to do?” If you can reply *yes*, then you are authentic. Holiness can be summed up in the words of Micah (Mi6:8): “God has shown you, O man, what is good; and what does the Lord require of you but to do justice and to love kindness and to walk humbly with your God.”

(McCullen, Deep Down Things, p.555)

Pray for those in need of healing:

Chris (last name withheld)	Eugene B. Hackman
Ryan Allard	Megan Havrd
Daniel J. Anderson	Francisco Hernandez
Sylvia Anderson	Dolores Johnson
Ellie & Ray Baughman	Joyce Kean
Jeff Bradley	Max Kehoe
Arcelia Branscum	Maureen Koury
Evelyn Brownfield	Maureen Kovac
Margaret Burkey	Claudia Lash
Geraldine Burns	Philip Lianza
Martha Cervantez	Jose Lopez
Brittney Collier	Mary Ann Neilsen
Sophia Corral	Phyllis Murray Oakes
Robin Denny	Silvia Parisotto
Maryann Donovan	Letty de Paz
Taytum Duby	Susana Caballero Pena
Carmen Escobedo	Julie Pinizotto
Mary Evans	Marie Christine Scott
Sarah Evans	Julie Shupe
Carrie Foster	Chris Ventura
Pat Gibson	Christie Von Protz
Richard Grijalva	Calvin Wilson

PRAYER HOTLINE—We are always ready and willing to pray for you! Please call: **805.967.0149** to leave a confidential message or email: prayer@sanroqueparish.org

Marriage Annulment Assistance

Is your marriage situation keeping you from receiving the Sacraments? Please know that if you are divorced, you can still come to the Sacraments. BUT!!! If you have remarried civilly or are living with someone, we are here to help you get your prior marriage annulled, so you CAN come back to the Sacraments! Please feel free to contact Noël by phone at 805-682-1097 or email: education@sanroqueparish.org.

Life is Changed, Not Ended—You are Supported!

The Parish Office and Pastoral Staff of San Roque are here to be of service when you suffer the loss of a loved one. Make us your first call so that we can begin to pray for you and your loved one. We offer a guidebook to help entitled, “**Life is Changed, Not Ended: A Guide to Planning the Funeral Liturgy**”. Please call the Parish Office at 805-687-5215.



Bulletin Advertisers

A sincere “**Thank You**” to all of our loyal sponsors who, year after year, continue to support our parish bulletin. A warm welcome to a couple new sponsors, **The Beach House** in Ventura, **Rosal Ortega Flamenco** (Adult Flamenco Fitness), **María Borlado** (Home Health Caregiver), and **Community Partners in Caring**. Check them out and please mention their ad when doing business with them!

Religious Education & Faith Formation



Lent 2026: Stop Seeking, Start Noticing

As we approach Ash Wednesday on February 18, we often fall into the trap of treating Lent as a spiritual marathon—a time to chase after God through sheer effort. But the spiritual reality is far more comforting and challenging: Lent is not so much a time for seeking God, who is always there, as it is for becoming aware of Him.

God does not play hide-and-seek. He is the "background music" of our lives that we have learned to tune out. This Lent, instead of trying to "find" Him, let us focus on tuning our receivers to the frequency of His presence.

Here are four concrete ways to shift your focus from seeking to awareness this season:

1. The "1% Adjustment" (Silence)

We cannot notice a subtle presence in a loud room. This Lent, commit 1% of your day—just 15 minutes—to absolute silence.

The Practice: Do not pray a rosary, read a book, or listen to music during this time. simply sit in the "classroom of silence."

The Goal: Watch your thoughts settle. When the internal noise quiets, you will begin to notice the peace that was underneath the chaos all along.

2. Practice "Arrow Prayers"

Monks have long used "aspirations" or "arrow prayers"—short phrases shot up to heaven in a single breath—to puncture the fog of a busy day.

The Practice: Choose a 3-5 word phrase to repeat when transitioning between tasks (e.g., walking to the car, opening an email, washing dishes).

Examples: "Jesus, I trust You," "My God and my All," or simply, "You are here."

The Goal: These micro-pauses act as "waking bells," reminding you that God is present in the grocery store aisle just as much as in the pew.

3. Fast from "Interior Noise"

Standard fasting removes food; "awareness fasting" removes distraction. The modern world fills every empty second with scrolling or podcasts, preventing us from noticing God's presence in the mundane.

The Practice: Choose one "zone" of your day to leave unplugged. Drive to work without the radio. Leave your phone in the other room while eating.

The Goal: Create space. As one spiritual writer notes, we must "close the door on the interior noise" to open the door of the heart.

4. The Daily Replay (The Examen)

We often miss God in the present moment but can spot Him in the rearview mirror.

The Practice: Before sleep, review your day like a movie. Ask two questions:

Where did I feel an increase of faith, hope, or love? (God was there).

Where did I feel a decrease—anxiety, bitterness, or emptiness? (I lost awareness of Him there).

The Goal: This Jesuit tradition trains your spiritual eyes to spot God's fingerprints in your daily interactions, eventually helping you see Him in real-time.

A Final Thought for Preparation

This week, before the ashes are imposed, ask yourself: What is the one thing currently blinding me to God's presence? It might be resentment, busyness, or fear. Lent is the time to clean the lens so we can see the One who has been looking at us with love all along. -noël

Other Community News



Safeguard The Children

Did you know?

Online Enticement: what is it and how to talk about it

Online enticement involves an individual communicating with someone believed to be a child via the internet with the intent to commit a sexual offense or abduction. This is a broad category of online exploitation in which a child is being groomed to take sexually explicit images and/or ultimately meet face-to-face with someone for sexual purposes, or to engage in a sexual conversation online or, in some instances, to sell/trade the child's sexual images. This type of victimization takes place across every online platform – social media, messaging apps, game, etc. The goals of online enticement vary, but most commonly offenders seem to want to extort additional sexually explicit images from the child. Children and teens may not take the first steps in disclosing to an uncomfortable online interaction, so it's important to understand the issue and how to talk about it. For more information, please visit <https://www.missingkids.org/theissues/onlineenticement>.

Society of Saint Vincent de Paul San Roque Conference

By your gift to the Society of St. Vincent de Paul, you indeed put your faith into action as you fulfill the commands of Jesus.

To donate to SVdP, please make your checks payable to: Society of St. Vincent de Paul and place in the collection basket or mail to: 325 Argonne Circle, SB, 93105. **To donate online:** please visit our website at: <https://www.srsvdp.com/donate>.

For those in need of assistance, please call: 805-315-3771 or by email at: sanroquesvdp@gmail.com.

SVdP is meeting on the 1st & 3rd Tuesday of each month at 5:45pm. Please call (805) 315-3771 for the location.



St. John's Seminary
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SATURDAY
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For more information,
please contact:
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**NO RSVP NEEDED,
THIS IS A PUBLIC EVENT.**
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LENTEN FISH FRY

Knights of Columbus Council 5300 will be hosting their famous Lenten Fish Fry Dinners for six Fridays beginning **February 20th through March 27th**.

Where: St. Raphael Church Parish Hall
5444 Hollister Avenue, Santa Barbara, CA
Time: Serving begins at 6:00pm

Dine-in dinners as well as take-out meals available.

Adults: \$15

Children
under 12: \$10

Proceeds support the charitable works of the council.



You can help our unsheltered brothers and sisters today

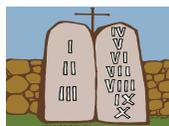
The Fr. Virgil Cordanano Center is seeking donations of the following items:

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Donations can be delivered to St. Vincent's at 4200 Calle Real, Santa Barbara, CA 93110
For more information call (805) 683-6381 or visit our website <https://frvirgilcordananocenter.org/>



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St. Raphael School is enrolling for the 2026-2027 school year. For more information email office@srs805.org or call 805-967-2115.

We educate all children in preschool through 8th grade in mind, body, and spirit.

Please join us in praying the **Holy Rosary** and **Divine Mercy** Chaplet for an end to abortion and for the conversion of those working at Planned Parenthood.

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**Monday & Wednesday
10:00 am - 11:00 am**

Questions? Please text or call
Cindy Hagon: 805-636-5950



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