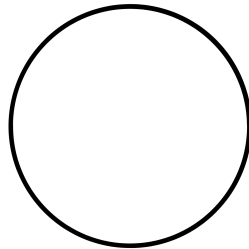




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YOUR NAME: _____





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WHAT I **LOVE** ABOUT LIFE (some of my best moments):

VALUES (FROM WHAT I LOVE AND MORE)...



STRENGTHS (GIFTS - NATURAL | SKILLS - LEARNED)...



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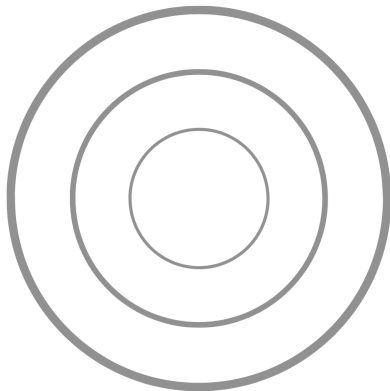
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WHERE ARE YOU NOW?

(CIRCLE THE NUMBER THAT DESCRIBES YOU RIGHT NOW)

SPIRITUALLY ANCHORED 1 2 3 4 5 6 7 8 9 10

PHYSICALLY FIT 1 2 3 4 5 6 7 8 9 10

RELATIONALLY RICH 1 2 3 4 5 6 7 8 9 10

EMOTIONALLY HEALTHY 1 2 3 4 5 6 7 8 9 10

VOCATIONALLY ALIGNED 1 2 3 4 5 6 7 8 9 10

FINANCIALLY FREE 1 2 3 4 5 6 7 8 9 10



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IDEAL STATEMENT (INCORPORATE YOUR VALUES, PERSONALITY, STRENGTHS)

HALLMARK: _____

I AM THE KIND OF PERSON WHO IS **(BE)**

I AM DOING THESE ACTIVITIES **(DO)**

I AM ENJOYING THESE THINGS, EXPERIENCES, PEOPLE **(HAVE)**







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Ready to take control of your future?

Let's have a personalized conversation about creating a strategic life plan that aligns with your goals. No obligation, no selling, no pressure. Simply a conversation to explore your next steps.

BOOK A CALL TODAY

Scott Couchenour

4th Quarter Strategy Coach

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