



## Information on Releasing Information to Parents/Guardians/Patient Representatives

**Verification of Person Requesting Information:** Any individual requesting access to PHI will be required to provide acceptable proof of identity, which can be in the form of photo identification when requesting in person or signature comparison when requesting by mail or online.

**Requests made by patient/personal representatives:** requests made by representatives of the patient will require the individual to provide required documentation of legal authority prior to the processing of the request.

A personal representative may include the following:

1. Parent or guardian of a minor patient
2. Guardian or conservator of the person
3. Beneficiary of a deceased patient
4. Person authorized to make decisions on behalf of the patient

\*\* An attorney is not a Personal Representative

### **Releasing sensitive information of minor patients:**

Under California law, UBCP may **NOT** provide a parent or guardian of a minor patient access to the minor's medical records *without the minor's authorization*, in the following situations:

1. For *minor patients of any age*, medical care related to **contraception, pregnancy, and/or abortion**
2. For minor patients over the age of 12, medical care related to:
  - a. Diagnosis and/or treat of an infectious, contagious, or communicable diseases
  - b. Prevention, diagnosis, or treatment of sexually transmitted diseases;
  - c. AIDS/HIV testing and treatment
  - d. Rape services for minors\*
  - e. Outpatient mental health services
  - f. Drug and Alcohol abuse treatment, subject to certain exceptions
3. For minors over the age of 14, general medical care for emancipated youth.
4. When, in the provider's discretion, access to the minor's PHI would be:
  - a. Detrimental to the minor's physical safety or psychological well-being; or
  - b. Would harm the provider's professional relationship with the minor.

\*Health care providers are mandated reporters of child abuse under California law. Providers cannot disclose to parents they have made this report without the minor's authorization, however, minor patients should be advised that the child abuse authorities investigating the report may disclose to parents that a report was made.

**18 Year Old Patients:** Minor patients (with capacity) that turn 18 and elect to continue to seek treatment with their UBCP pediatric providers must re-sign all patient registration documentation. If an 18-year old patient wants their parent/guardian to continue to be a part of their medical care then the patient will need to complete an ROI form authorizing their parent/guardian access to their health information. If the patient wants their parent/guardian to have access to their MyChart then an authorization form must be completed.