

HOLISTIC EXPERIENCES FOR ALL

The Nautilus carefully curates an underpinning architecture for our family guests where seemingly contrasting activities can coexist in harmony.

Signifying what The Nautilus believes as true luxury, we have created a world whereby teenage beach activities are of equal importance as adult Solasta Spa journeys, or where the learning from children's pirate day is as prevalent as your adult Maldivian cooking class.











FAMILIES AT THE NAUTILUS

At The Nautilus, every activity is designed so that no matter the age of our guests, everyone can enjoy their experiences in harmony. Whilst parents can indulge in an intimate private dining journey of gastronomic wonder, our little islanders can cozy down on the beach under the watchful eye of our team to watch a movie and play beach games. The Nautilus leaves no room for exclusion and allows youthful, fun-filled and spontaneous to blend seamlessly with mature, refined and indulgent.











WATER SPORTS ACTIVITIES

Providing fun for the entire family, you can set sail with our watersport offerings. Sea bobs, jet skis, fun tubes to stand up paddle boarding; The Nautilus offers it all.

SANDBANK PICNIC

Enjoy a private family experience at the sandbank with a personalised family picnic curated by your House Master. Sunset fishing – Another great family evening activity where the children are invited to enjoy reef fishing in nearby fishing grounds close to The Nautilus. The extensive Residences and Mansion – our accommodations are spacious and ideal for families travelling with children. We provide our selection of luxury in-house amenities for children appropriate for their age.

BABY MASTERS

Our team is on hand 24/7 to cast their watchful eye and entertain our little VIPs. Chargeable at US\$50++ per child per hour regardless of time of the day.

YOUR PHOTO BOOK

Take a picture and make your own photo book. Save your memories of your time at The Nautilus with a handmade photobook. Keep the visual mementos of all the activities experienced at The Nautilus and continue to add images year after year.

RELAXATION SPOT FOR PARENTS

While your little islanders are occupied in their daily adventures, head to our ultimate pool-side bar, Naiboli for all the adult indulgences you can imagine.

DHIVEHI CLASS

What better way to encourage your child to engage with and learn the Maldivian language, Dhivehi, than to learn it on an actual Maldivian island? Beginners Dhivehi classes are available for the whole family at The Nautilus; pick up some local phrases, learn some basic linguistic rules and develop your pronunciation.

MALDIVIAN CULTURE CLASS

Understand the Maldives' cultural traits, traditions and history with this culture class. Perfect for the whole family to understand how The Nautilus came to be a little more.

DOLPHIN ADVENTURE

Explore the surrounding tourmaline seas of The Nautilus as a family with this once in a lifetime experience. Witness these playful creatures in their natural environment as they glide through the water from the comfort of a luxury yacht.

BODUBERU CLASS

The most lively and popular form of traditional Maldivian music, Boduberu is played to the accompaniment of drums, tambourine, harmonicas and singing and takes its influences from African culture. The songs vary in mood and rhythm, but are usually about love or heroism. Beginning slowly and progressively gaining tempo, a frantic crescendo of clapping, chanting and dancing culminates towards the end. Dancers jump to the beat and sway their hips in an informal, easy-to-follow routine.

EVENING WEEKLY ACTIVITIES

You can enjoy your mini disco party inclusive of games, musical chairs, competitions and choreographed performances, all underneath the shiny disco ball.

Wind down after another heavenly day of exploration at The Nautilus with our open air movie night complete with popcorn and a freshly prepared dinner served to you from the comfort of your private cinema location.

Whilst you dine at one of our renowned restaurants, your children will be inspired at our evening Maldivian childrens' corner. Including origami making, balloon twisting, face and body painting, Maldivian Boduberu dancing and Dhalhu Vetti (Maldivian bowling).





Young Wonderers









At The Nautilus, the holistic well-being of our guests who are staying as a family is vital to us. From truly bespoke experiences to our unscripted dining and Solasta Spa, every activity can be tailor-made to ensure even the youngest of guests are looked after.

Young Wonderers boasts a playful hub within the centre of the island, signifying the base for the extraordinary education programme we offer. Welcoming children from any age up to 11 years old, The Nautilus offers a rich collection of activities that provide truly unique moments, underpinned with quality education that will help our young guests develop. From local jewellery making to underwater treasure hunts and storytelling, our intentions are to encourage our young guests to grow in confidence, seek new opportunities and leave with new passions.

Young Wonderers offers a plethora of mature activities that will engage our guests above the age of 11 too. From bespoke yoga and meditation classes at our Solasta Spa, to Dhivehi language classes and watersports, The Nautilus offers rich experiences that cater to the requirements of every guest.

For a structured learning programme, your personal House Master (butler) can create a detailed and bespoke Young Wonderers schedule that is completely tailored to the requirements of your family.



Learn, Discover, Grow

At Young Wonderers, we don't just encourage adventure and discovery, but provide a platform for genuine education and learning in a playful way.

Young Wonderers offers a unique and tailored programme to suit the preferences of your children that are both engaging and exciting.

Available for children up to the age of II, the following activities can be tailored to suit the needs and desired learning outcomes of your children.

TAILORED YOUNG WONDERERS PROGRAMMES

Your personal House Master will gladly and actively create a programme for your children ahead of your stay or during your stay at The Nautilus. Your children's preferences and learning outcomes will be taken into consideration in the hope that they leave our beautiful island enriched and excited.

YOUNG WONDERERS ISLAND ROOM

Young Wonderers isn't just a concept, there is an actual island room which your children can use as a base. Including books, games, X Box, CDs and DVDs, the Young Wonderers island room is the ultimate games haven for your children.

STORYTELLING

Stories create magic and a sense of wonder at the world. They teach us about life, about ourselves and about others. That's why at The Nautilus we offer dedicated times to storytelling. From local Maldivian tales to well-known narratives, there is no better way to develop the creative mind.

ART AND CREATIVITY

We invite our child guests to try out specific practices such as leaf art, paper art, bookmark making, coconut painting, 'create your own boat' or even Maldivian origami.

LOCAL JEWELLERY MAKING

Where creative juices can flow freely, our local jewellery making class provides a plethora of learning opportunities for the children who visit The Nautilus. From counting and sorting, differentiating shapes, colours, and textures, to honing fine motor skills, our child guests will love the process of creating jewellery and other handmade items out of all kinds of materials.

CHILDRENS' TALENT SHOW

Perform for your audience at The Nautilus' children's talent show. Sing a song, show off your dance moves or even relay the information learnt during your marine biology class.





SIGNATURE COOKING EXPERIENCES

Get stuck in straight away with The Nautilus Mini Chef experience. Teaching the very basics of cooking, our award-winning culinary team will guide you through each skill step by step. From making dough and learning how to professionally decorate cupcakes, to understanding basic knife methods, every junior chef will take home a recipe they create so they can recreate The Nautilus' gastronomic magic from home.

The Nautilus chefs are especially attentive to the culinary tastes of our little guests and are more than happy to design special children's menus.

Further to this, your personal House Master will cater to your children's preferences by filling your in-house bar with their favourite juices and soft drinks.

DISCOVER MORE ABOUT FOOD

This themed day activity focuses on developing and refining our child guests' palate. From the morning until the evening, each activity is based on a food-related subject. Begin with learning about different fruits and vegetables and challenge yourself with a trivia game about uniquely shaped exotic fruits.

In the afternoon, learn how to eat healthily in order to build strong bones!

In the evening, The Nautilus' culinary competition will take place as well as hands-on activities from pizza making, to cupcake decorating to cookie baking with the Nautilus' master chefs.

MAKE YOUR OWN MOCKTAIL

Savour fizzy fruity mocktails at The Nautilus where our younger guests can enjoy mixing flavours, decorating their cocktails and of course drinking them. Our bar staff will reveal their mocktail making secrets as well as helping name your drink and awarding you with a creativity achievement certificate.

CAPTURE THE FLAG

Designed to test your memory and creativity, Capture the Flag is an interactive game whereby our young guests can identify the flags of the world places around the island.

BEACH ACTIVITIES

Where could possibly be better to play with loved ones than The Nautilus private beach. We offer everything from sandcastle building to magic sand sculpting. Collect shells, find beautiful stones from the shore and decorate your own sand turtle, whale or starfish; the world truly is your oyster at The Nautilus.

Parents are invited to join their little sculptors for this handson, 'feet in the sand' activity that celebrates creativity and nourishes our child guests' little minds.

Beach football, volleyball and sack racing is of course also available to play on our beach.

PIRATE DAY

Imagine yourself in a whole new world upon The Nautilus, your castaway private island.

This day is full of wonder and delight; design your pirate flag, find Jack Sparrow, create some pirate-themed art, try your hand at pirate themed face fainting, set sail on your private pirate cruise and test your teamwork with the island treasure hunt.

CRAB HUNTING

Explore the tropical habitat of shellfish as well as the reef fish. Get a closer look at how they live, eat and interact with crab hunting on The Nautilus' pristine white sand beach.





MARINE BIOLOGY CLASS

Explain the facts about the Maldivian coral reefs and its threats, at The Nautilus we believe our younger guests should be aware of the realities of our changing world. Focusing on special topics such as coral development, our marine biologist will demonstrate topics first hand such as using a special plankton net and stereo microscope to visualise the micro-world and much more.

UNDERWATER TREASURE HUNT

Find the hidden pool toys around your private decking area as well as in the pool and search for the ocean-dwelling creatures. This fun treasure hunt includes fish, whales and sharks. After a lot of exploring, finish off the hunt with ocean shaped cookies and treats.

NATURE TRAIL DISCOVERY

Explore the island's vegetation and develop an understanding for the biology of the environment The Nautilus is a part of. Our nature trail is consistently popular among our younger guests with many leaving The Nautilus with a new found passion.

CORAL ADOPTION WITH OUR RESIDENT MARINE BIOLOGIST

Leave a piece of you behind in the Maldives with our coral adoption initiative. Both helping preserve the beauty of our reef as well as encouraging new growth for the future, our coral frames are located in the island's lagoon. Guests can monitor their adopted coral frame's growth online through update images shared by our resident marine biologist regularly.





YOGA & MEDITATION

We encourage every person who visits The Nautilus to realign with their surroundings and inner peace. Our children's yoga and meditation classes encourage a sense of mature mindfulness and deeper sense of self all whilst having fun.

ZUMBA

To get rid of any excess energy after a day of discovery at The Nautilus, Zumba is the ultimate dance-fitness party for movers and shakers. Where they can play their favourite songs loudly and rock with their friends to their own beat, no child leaves a Zumba session without a renewed sense of energy. This program features age-appropriate music.

SOLASTA SPA TREATMENTS

At The Nautilus, Solasta Spa journeys aren't just for the adults. You can enjoy our overwater Solasta Spa with your children too. Children's head & shoulder massages as well as mini manicures and pedicures are available for your child to relax in the Solasta Spa's overwater pavilions as much as you.



TEEN Discovery

At The Nautilus, we believe it's fundamentally important for all of our guests to leave the island feeling invigorated and inspired. This is why we offer a totally unique set of experiences for every niche age group, including our guests who are young adults.

We understand that at the stage of life our young adult guests are transitioning into, they are searching for experiences that are wholly relevant and interesting to them. Acting as a rite of passage, The Nautilus offers a multitude of opportunities for them from venturing out on their own with our team to a nearby island to discover what local Maldivian life is like, to curating their own beverages with the Naiboli team or even attempting a professional dive with our Aqua Nautica team.

Our young adult guests can move at their own pace and in their own time, giving them the confidence to feel mature.

Over the years, we have witnessed our return guest's children have grown beautifully into young adults themselves. In this sense, The Nautilus allows our guests, no matter what their age is, to act on their whims. Our young adult guests are able to maturely engage with the islands offerings and we hope that this allows them to both flourish and relax within the surrounding of The Nautilus.









BUBBLE BLOWERS: PADI SCUBA DIVING DISCOVER

Discover the underwater world of the Baa atoll that surrounds The Nautilus. No studying required, just a passion for adventure and discovery. It's our aim to simply introduce you to the incredible aquatic world and allow you to experience the thrill of diving during the holiday. Please note this discovery diving program is not a certification course.

The PADI Discover Scuba Diving (DSD) course is the first step to becoming a diver and is perfect for those who have never experienced diving previously. It consists of a short theory session, a confined water session and an open water dive to a maximum depth of 12 meters / 40 feet. The whole experience only takes about two hours and is the perfect way to be immersed in the stunning underwater life of The Nautilus.

SUP LAGOON RACE

Practice and test your balancing skills on our SUPs. Join the team or other guests in a an island race board to explore the surroundings of The Nautilus in a unique way.

CORAL ADOPTION

Aqua Nautica, our marine biology centre, offers you a unique opportunity to discover and explore the marine life within our house-reef with our resident marine biologist. Learn about the coral reef, their growth habits and together with the team plant your very own coral frame. In support to the resort's marine conservation initiative, you also have the opportunity to sponsor your coral frames.





LOCAL ISLAND EXPERIENCE

Experience a taste of Maldivian culture with a trip to nearby local island of Kudarikilu. Just a short hop across from The Nautilus, visit our neighbours and enjoy an insight into local Maldivian life. The outing includes a welcome drink, followed by an informative tour of the local island's museum showcasing the ancient traditions and heritage of the monarchy and sultans.

DOLPHIN CRUISE

The Baa atoll is one of the best atolls to spot dolphins! The most common ones are spinner dolphins who love to provide spontaneous and breath-taking shows of their own in the water! Join an introductory marine biology session with our resident marine biologist and learn about this incredible species. Join on this unforgettable cruise on our speed boat and watch the magic of these marine mammals.

FISHING EXPEDITION

The Baa atoll is famous for fishing. Join us on a fishing trip to a nearby fishing ground and enjoy few hours of bottom line fishing. Catch different varieties of reef fish including grouper, white snapper, red snapper, job fish and many more. You may also have the chef's prepare the catch to your epicurean tastes or join the chefs and enjoy a cooking class with your own catch.

ISLAND SPORTS AT THE ARENA

Join our Nautilus team for a futsal game at our island's multi sports complex, The Arena. This is a full turf multi-sports pitch where you can enjoy a game of football. Other sports such as badminton and volleyball can also be played.

THE NAUTILUS CHEF

Enjoy a full session of professional cooking class with a private chef and learn how to prepare an authentic Maldivian fish curry, Mashuni or simply any dish you choose. Prepare a dish yourself under the supervision of our award-winning chefs and eat it straight away!

MOCKTAIL CLASS

Join our island team of expert bartenders to learn about professional mixology techniques and the method of combining unique flavours. Pick fresh herbs from our gardens as garnishes and inspiration and learn to create your own mocktail. You can even give your own name.



IN HOUSE AMENITIES PROVIDED FOR OUR YOUNG GUESTS:

- Children's hangers
- Children's bathrobe & kimono
- Children's slipper (in-house & outdoor)
- Soft toys for different ages
- Sand castle toys
- Pool toys for children
- Colouring books
- Baby bath amenities
- Bottle warmer
- Bottle sterilizer
- High chair
- Baby stroller
- Luxury in-house amenities for children appropriate their age

WE ALSO OFFER THE FOLLOWING TO OUR YOUNG GUESTS:

- Special children's welcome drink
- Children's food menu suggestions in all restaurants and bars
- Special children's turn down amenities and fresh cookies daily
- 2 children up to 12 years may eat for free from the children's menu when accompanied by parent





CONTACT US TO BEGIN
CREATING A WORLD OF
YOUR OWN MAKING FOR
YOU AND YOUR FAMILY AT
THE NAUTILUS MALDIVES

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www.thenautilusmaldives.com