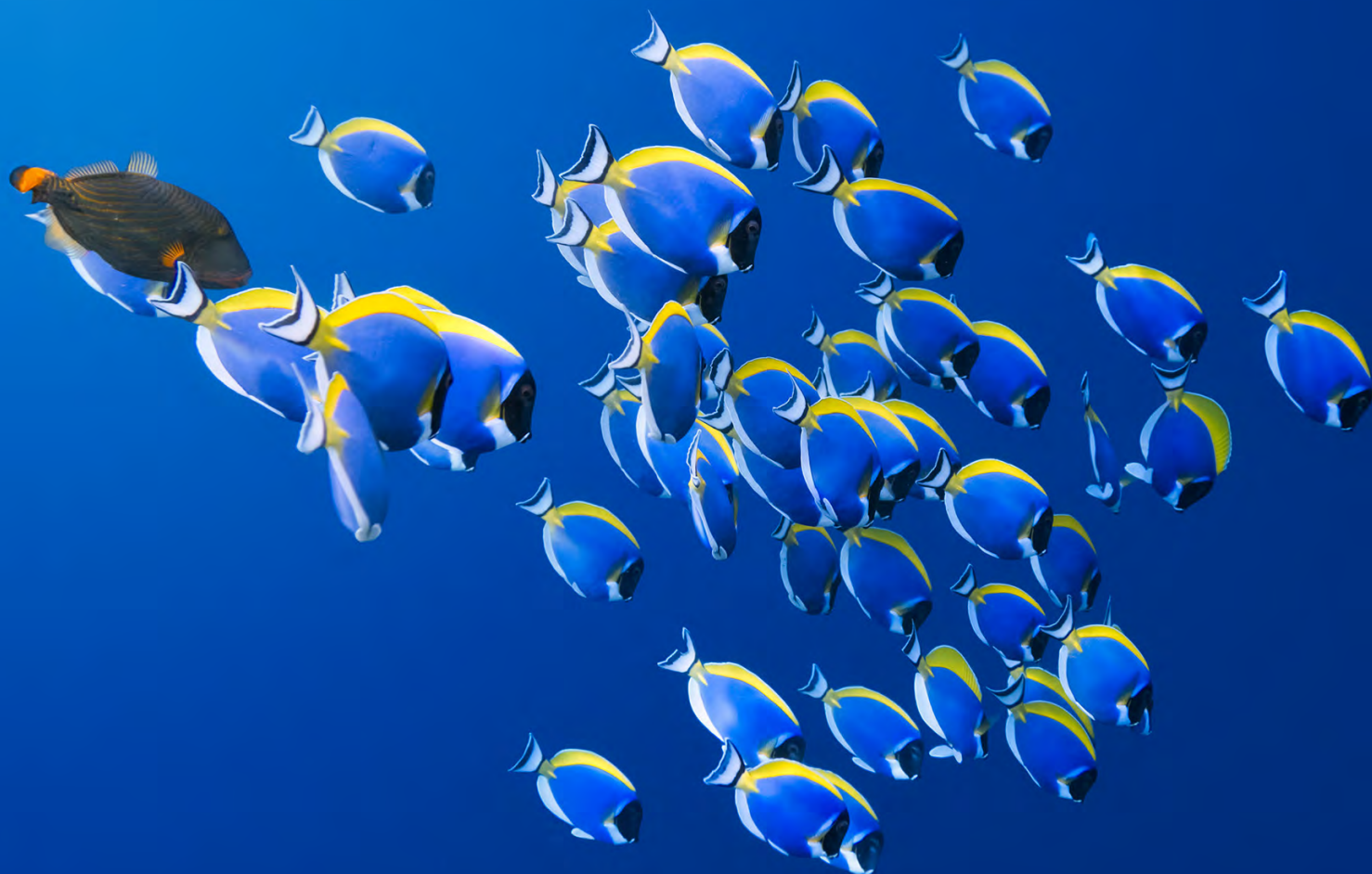


PADI Aware Week

Friday 12 – Sunday 21 September 2025





Welcome!

Surrounded by 105 coral reefs and 61 islands in the protected Baa Atoll, a UNESCO Biosphere Reserve, Avani+ Fares Maldives Resort invites you to reconnect with nature during PADI AWARE Week.

Join us for hands-on experiences that connect you to the sea and its protection.

PADI

SPECIALTY COURSES

PADI MANTA RAY AWARENESS SPECIALTY COURSE

Discover the fascinating world of manta rays – their species, behaviour, and the global efforts to protect them. This course includes theory sessions and optional dives to explore their feeding habits, cleaning stations, and the threats they face in the wild.

Instructor: PADI Ambassador

Duration: 6 – 8 hours

Minimum Age: 12 years

Certification: PADI Open Water Diver certification or equivalent

Chargeable activity

PADI DIVE AGAINST DEBRIS SPECIALTY COURSE

Join the global movement of divers taking action to clean our oceans and contribute valuable data to marine conservation efforts.

This specialty teaches you how to safely remove underwater debris and report findings to PADI AWARE's global database.

Instructor: PADI Ambassador

Duration: 3 – 4 hours

Minimum Age: 10 years

Certification: PADI Junior Open Water Diver, PADI Freediver, or PADI Advanced Mermaid (or equivalent)

Chargeable activity





PADI AWARE CORAL REEF CONSERVATION SPECIALTY COURSE

This dry, non-diving PADI specialty course is open to divers and non-divers of all ages.

It raises awareness about the importance of coral reefs, how they function, the threats they face, and what we can do to protect them.

Instructor: PADI Ambassador

Duration: 2 – 3 hours

Minimum Age: open to all

Certification & Water Training: not required

Chargeable activity

PADI AWARE SPECIALIST COURSE

This course is a non-diving programme open to all ages that explores the most pressing challenges facing the ocean.

Through engaging content and discussion, participants learn practical ways to take action in their everyday lives and become advocates for ocean protection.

Instructor: PADI Ambassador

Duration: 2 – 3 hours

Minimum Age: open to all

Certification & Water Training: not required

Chargeable activity



**DON'T MISS
WORLD
MANTA DAY
17 SEPTEMBER!**

SNORKELLING TRIP TO HANIFARU BAY

Discover the wonders of Hanifaru Bay, a gem of UNESCO Biosphere Reserve renowned for seasonal gatherings of manta rays and whale sharks. This guided snorkelling trip is ideal for confident snorkelers eager to experience one of the Maldives' most extraordinary marine encounters.

Duration: 3 – 4 hours

Minimum Age: 10 years

Water Training: Recommended for confident snorkelers

Chargeable activity

ECO-ADVENTURES

CORAL PLANTING WORKSHOP

This hands-on, family-friendly workshop invites guests of all ages to learn about coral ecosystems, their importance to marine life, and how coral restoration works. Guided by our Marine Biologist and PADI ambassadors, you'll get the chance to assist in planting coral fragments onto our reef structures, helping to protect and regenerate the vibrant underwater world just off our shores.

Duration: 1 hour

Minimum Age: open to all

Complimentary activity

BEACH CLEAN UP ON LOCAL ISLAND

Join us for a hands-on, meaningful experience as we work together to clean the beaches of a local island near Avani+ Fares.

This beach clean-up initiative offers guests the opportunity to give back to the community and protect the pristine beauty of the Maldives. Help collect debris, sort recyclables, and gain a deeper understanding of the environmental challenges facing our planet.

Duration: 3 – 4 hours

Minimum Age: 6 years

Complimentary activity

BLUE PLANET EVENINGS

Every evening, join us for something meaningful – from inspiring Marine Biology Talks and insights by PADI Ambassadors to themed movie nights under the stars. Learn about our oceans, hear real stories from the sea, and unwind with ocean-inspired films.

Duration: 1 – 2 hours

Minimum Age: open to all

Complimentary activity





HANLI PRINSLOO

Former competitive freediver with 11 South African national records, advocate for Ocean Conservation

BREATHWORK & FREEDIVING

Join Hanli for a unique journey into breathwork and freediving. Her expert-led sessions offer a rare chance to connect deeply with your breath, body, and the ocean, whether you're a complete beginner or an experienced diver.

Duration: 2 – 4 hours

Minimum Age: 10 years

Certification & Water Training: Open Water certification or equivalent (*PADI Freediver or similar experience*).

**Tailored session is available for families to build ocean confidence and learn the basics of freediving.
Chargeable activity*

