Riverside County Senior Resource Guide 2026

Purpose

This Resource Guide is a collection of publicly available information on organizations that provide guidance or assistance to elder adults, their families and friends, and providers within Riverside County. Services may include counseling, legal advice, financial guidance, or advocacy on behalf of the Riverside County seniors.

The organizations vary in mission, size, scope of services and intended audiences. They are not medical centers, urgent care centers, or healthcare triage facilities.

Please treat this document as intended – for reference and awareness for older adults seeking advice or services, care givers and providers, as well as those looking for additional information on strategic planning activities at the State and Riverside County levels.

The Guide does not include all service organizations that may be of assistance on case-by-case basis. It doesn't directly include organizations that may be billable or health-condition focused. This information can accelerate the search for support during aging and associated life events.

It's recommended that aging adults seeking guidance start with their <u>local Senior Centers</u>, and, contact the Riverside County Office on Aging to seek direction for resources, or problem resolution.

There are no financial, legal, or political endorsements with private, public, for-profit or non-profit organizations mentioned within this reference guide. It is intended for the greater good of Riverside County.

Table of Contents	Page
Riverside County Support Organizations and Supervisorial District Offices	
Riverside County Senior & Community Centers	2
Riverside County Office on Aging (OoA)	8
Department of Public Social Services (DPSS)	13
In Home Social Services and Public Authority (IHSS)	13
Housing Authority of the County of Riverside	14
Riverside County Supervisorial Districts	14
State and County Planning, Advisory and Assistance Organizations	
California Department of Aging (CDA)	16
California Health Association (CHA ISR)	17
Health Insurance Counseling and Advocacy Program (HICAP)	17
California Commission on Aging (CCoA)	17
California Health Advocates (CHA)	18
Inland Empire Coalition on Aging (ICA)	19
Justice in Aging	19
Addendum	
Frequently Referenced Organization Acronyms with Detail	21
Inland Coalition on Aging Roster of Member Organizations	22

Riverside County Support Organizations and Supervisorial District Offices

Riverside County Senior Centers

Overview

Senior centers, recognized by the Older Americans Act (OAA) as a community focal point, are a widely used service among America's older adults. Today, more than 11,000 senior centers serve more than 1 million older adults every day in their communities and neighborhoods.

They are sources of physical and social well-being, and centers provide essential services for older adults. Research shows older adults who participate in senior center programs can learn to manage and delay the onset of chronic disease and experience measurable improvements in their physical, social, spiritual, emotional, mental, and economic well-being.

Today's senior centers are reinventing themselves to meet the needs and desires of three generations of older adults. Baby Boomers now constitute more than two-thirds of the 50+ population. Senior centers are developing new programs and opportunities for this dynamic generation of older adults and have an eye towards the future with the leading age of Generation X turning 60 in 2025.

Sampling of services provided by Senior Centers:

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Food Banks	Counseling and Supportive Services	Social & Wellness Activities
Meals on Wheels	Legal Advice	Fitness Centers
Nutrition Education	Private & Public Resources for Seniors	Transportation Service Resources
Wellness Education	Veterans Resources	Disaster Preparedness
	Family Caregiver Support	

General Senior Center Information Link: https://www.ncoa.org/page/senior-centers/

This list encompasses the Senior Centers across Riverside County's 5 Districts.

District 1 (9)

Arlanza Community Center - Bryant Park

7950 Philbin Avenue Riverside, CA 92503 951 351 6135

Arlanza Community Center - Bryant Park | City of Riverside Municipal Volunteer Program

Dales Senior Center - White Park

3936 Chestnut Street Riverside, CA 92501 951 826 5303

Senior Centers | Parks, Recreation and Community Services

Good Hope / Moses Schaffer Community Center

21565 Steel Peak Drive Perris, CA 92570 951 943 9126

Good Hope / Meadowbrook MAC | District 1 County of Riverside Supervisor Kevin Jeffries

La Sierra Community Center

5215 La Sierra Avenue, Bldg. B. Riverside, CA 92505 951 351 6435

La Sierra Community Center | City of Riverside Municipal Volunteer Program

Janet Goeske Senior Center

5257 Sierra Street Riverside, CA 92504 951 351 8800 Janet Goeske Center

Mead Valley Senior Activity Center

21091 Rider Street
Perris, CA 92570
951 210 1580
https://rccfc.org/family-resource-centers

Norton Younglove Community Center

450 Center Street Riverside, CA 92507 951 241 7221 Norton Younglove Community Center - Highgrove, CA

Stratton Community Center - Bordwell Park

2008 Martin Luther King Blvd. Riverside, CA 92507 951 826 5355

Stratton Community Center - Bordwell Park | City of Riverside Municipal Volunteer Program

Ysmael Villegas Community Center

3091 Esperanza Street Riverside, CA 92504 951 351 6142

Ysmael Villegas Community Center - Villegas Park | City of Riverside Municipal Volunteer Program

District 2 (5)

Canyon Lake Senior Center

23307 Canyon Lake Dr. South Canyon Lake, CA 92587 951 244 6841 ext.6 Canyon Lake Senior Center in Canyon Lake, CA 92587

Corona Senior Center

921 S. Belle Avenue Corona, CA 92882 951 736 2363 Senior Center | City of Corona

Eddie D. Smith Senior Center

5888 Mission Blvd. Riverside, CA 92509 951 275 9975

Eddie Dee Smith Senior Center Contact Info - Jurupa Area Recreation and Park District

Lake Elsinore Senior Center

420 E. Lakeshore Drive Lake Elsinore, CA 92530 951 674 2526 https://www.lake-elsinore.org/

Rose M. Eldridge Norco Senior Center

2690 Clark Avenue Norco, CA 92860 951 270 5647

Activities & Classes | City of Norco, CA

District 3 (7)

Anza Community Hall

56630 US Highway 371 Anza, CA 92539 951 282 4267

Anza Community Hall - Bringing Community Together

Highland Palms Mobile Home Park

30777 Butia Palm Avenue Homeland, CA 92548 951 926 3952

Highland Palms Golf Community Mobile Home Park in Homeland, CA | MHVillage

Kay Ceniceros Senior Center

29995 Evans Road Menifee, CA 92586 951 672 9673

Kay Ceniceros Senior Center | City of Menifee

Mary Phillips Senior Center

41845 6th Street Temecula, CA 92590 951 694 6464

Facilities • Mary Phillips Senior Center (MPSC)

Murrietta Senior Center

5 Town Square Murrietta, CA 92562 951 304 7275 Facilities • Senior Center

Wildomar Senior Assisted Living

32325 S. Pasadena Street Wildomar, CA 92595 951 678 1555 Wildomar Senior Assisted Living - Riverside County, CA

Wildomar Senior Living Apartments

32325 S. Pasadena Street Wildomar, CA 92595 951 666 5107 https://wildomarapartments.net/

District 4 (18)

Cathedral City Senior Center

37-171 West Buddy Rogers Ave Cathedral City, CA 92234 760 321 1548 ext. 305 The Cathedral City Senior Center

The Center - The LGBTQ Community Center of the Desert

1301 N. Palm Canyon Drive, Ste 301

Palm Springs, CA 92262

760 416 7790

The Center - The LGBTQ Community Center of The Desert

Coachella Senior Center

1540 Seventh Street Coachella, CA 92236 760 398 0104

Senior Center | Coachella, CA

Colorado River Senior Center

HCR-20 Box 3408 Rio Loco Blythe, CA 92225-9712 760 922 6133

COLORADO RIVER SENIOR COMMUNITY CENTER - Network of Care Service Directory

Desert Hot Springs Senior Center

11-777 West Drive

Desert Hot Springs, CA 92240

760 329 0222

Senior Center - Desert Hot Springs, CA

Doris Morgan (Blythe) Community Center

45 N. Broadway Blythe, CA 92225 951 941 8296

BLYTHE COMMUNITY CENTER - Network of Care Service Directory

Idyllwild HELP Center

26330 HWY 243 Idyllwild/Pine Cove, CA 92549 951 659 2110

Idyllwild Help Center – "To Help Those in Need"

Indio Hills Senior Program

80-400 Dillon Road Indio, CA 92201 760 347 3484

Senior Program - Indio Hills, CA 2024

Indio Senior Center

45-7000 Aladdin Street Indio, CA 92201 760 391 4170

Indio Senior Center | Indio, CA

Jerry Rummonds Senior Center Thermal Senior Program

87-229 Church Street

Thermal, CA 92274

760 347 3484

JERRY RUMMONDS: SENIOR AND COMMUNITY CENTER-DESERT RECREATION DISTRICT -

Network of Care Service Directory

Jewish Family Services of the Desert

490 Farrell Dr., Suite C-208 Palm Springs, CA 92262 760 325 4088

JFS - Jewish Family Service of the Desert

Joslyn Senior Center Cove Communities Senior Association

73-750 Catalina Way Palm Desert, CA 92260 760 340 3220

The Joslyn Center - Cove Communities Senior Association

La Quinta Wellness Center

78-450 Avienda La Fonda La Quinta, CA 92247 760 564 0096 Wellness Center | La Quinta, CA

Mecca Senior-Program*

65-250 Coahuilla StreetMecca, CA 92254-6602 760 396 0257

https://www.myrecreationdistrict.com/class/senior-programs-click-see-all-locations#:~:text=The%20Mecca%20Senior%20Program%20is,250%20Coahuilla%20Street%20in%20Mecca

Mizell Senior Center

480 South Sunrise Way Palm Springs, CA 92262 760 353 5689 Mizell Center Palm Springs, Senior Center Palm Springs

North Shore Beach and Yacht Club North Shore Senior Program*

99-155 Sea View Drive Mecca, CA 92254-5026 760 393 0602

https://www.myrecreationdistrict.com/class/senior-programs-click-see-all-locations#:~:text=The%20Mecca%20Senior%20Program%20is,250%20Coahuilla%20Street%20in%20Mecca

Thousand Palms Community Center Thousand Palms Senior Program*

31-189 Robert Road Thousand Palms, CA 92276 760 347 3484 Thousand Palms Today

Torres-Martinez Senior Center

Torres Martinez Desert Cahuilla Indian Tribe

66-725 Martinez Road Thermal, CA 92274 760 397 0300

Torres Martinez Desert Cahuilla Indians - SCTCA

District 5 (9)

Albert A. Chatigny Senior Center

1310 Oak Valley Pkwy. Beaumont, CA 92223 951 769 8524 Ext. 344

Facilities • Albert A. Chatigny Sr. Community Recreation Center

Banning Senior Center

769 N. San Gorgonio Avenue Banning, CA 92220 951 92 3250

Senior Services | Banning, CA - Official Website

Calimesa Senior Center

908 Park Avenue Calimesa, CA 92320 909 795 2287 Calimesa Senior Center - Search

James Venable Center-Cabazon

50360 Carmen Avenue Cabazon, CA 92230 951 922 1097

JAMES A. VENABLE COMMUNITY CENTER - Network of Care Service Directory

Marion Ashley Community Center

25625 Briggs Road Menifee, CA 92585 951 928 2700

Marion V. Ashley Community Center - Valley-Wide Recreation & Park District

Moreno Valley Senior Center

25075 Fir Avenue Moreno Valley, CA 92553 951 413 3430 www.moval.gov

Perris City Senior Center

101 North D Street Perris, CA 92570 951 657 7334 Senior Center | City of Perris, CA

Riverside San Bernardino Indian Health

115580 Potrero Road Banning, CA 92220 951 849 4761 X1999 RSBCIHI – Riverside San Bernardin

RSBCIHI - Riverside San Bernardino County Indian Health

San Jacinto Community Center

625 Pico Avenue San Jacinto, CA 92583 951 487 7330 San Jacinto Community Center - City of San Jacinto, CA

Riverside County Office on Aging (OoA)

The **Riverside County Office on Aging (OOA)** was designated in 1974 as a stand-alone county department by the Board of Supervisors. OOA is charged to provide leadership in developing a home and community-based, consumer-oriented system of services for older persons in Riverside County.

The OoA serves as the official Area Agency on Aging (AAA) for Riverside County.

The OoA is one of many departments within the County of Riverside under the "Human Services Portfolio", which includes:

•	Departments of Social Services	•	Veteran Services
	Child Support Services	•	The 5 RivCo Children & Families Commission.
	Housing and Workforce Solutions		

The OoA Director reports to the Assistant County Executive Officer and is accountable for executing all title programs specified in the 'Area Plan'.

In recent years, the OoA has aligned and integrated services with the stated goals of the California Masterplan for Aging 2030.

Note: Approved by the County Board of Supervisors in 2022, the County's <u>RivCo-ONE</u> Integrated <u>Services</u> <u>Delivery (ISD)</u> Model aims to connect residents to its various health and human resources upon initial <u>engagement.</u> The targeted outcome is to elevate the person's overall encounter with a county service agency, establish meaningful connections, and address the factors that affect health and resource isolation.

Mission — The **Riverside County Office on Aging** (OoA) serves to promote and support a life of dignity, well-being, and independence for older adults and persons with disabilities.

Programs and Services Provided

The Riverside County Office on Aging provides over 20 different programs and services, either directly or through contracted providers, which support older adults and adults with disabilities to remain independent and living in their homes and communities. All OoA programs and services are free to those who meet the minimum qualifications for each program. Services are advertised on the department website and via flyers distributed throughout the aging network, community partners, staff co-located at service delivery hubs and the Advisory Council on Aging. Program information is shared through OoA's outreach efforts and directly by HelpLink call center staff. The following is a summary of services and programs offered by OoA.

1) Options Counseling and Service Delivery Hubs: OoA provides interactive decision support and option counseling to consumers, family members, and/or caregivers to assist with any decisions related to services and care options appropriate to the consumer's needs, preferences, values, and individual circumstances.

Specific programs include:

Integrated Service Delivery Hubs: The County of Riverside selected OoA to develop an integrated service delivery model as the County projects to have a 248% increase in its adult population over age 60 and a 711% increase in adults over age 85, between 2010 and 2060. Through an integrated service delivery model, OoA seeks to better meet the needs of the County's older adult community. This initiative aligns with California's Master Plan on Aging goals for Housing for All Ages, Health Reimagined, and Affordable Aging. This coincides with the County's strategic plan to provide improved access and coordination of appropriate health care and social services. OoA will seek to increase consumer access to local resources through integrated partnerships and one-stop shops.

HelpLink Information and Assistance (I&A) Call Center: In 2008, the Riverside County Office on Aging received an Aging and Disability Resource Connection (ADRC) designation and is part of a collaborative effort of the U.S. Administration on Aging and the Centers for Medicare and Medicaid Services. HelpLink is the ADRC entry point for consumers who need information and/or referrals to inhouse, other county, and/or community-based services and programs through the toll-free number for Riverside County (1-877-932-4100). Consumers can speak with trained I&A Specialists who understand available programs and eligibility requirements, and current availability of services. I&A Specialists are also qualified to perform comprehensive assessments for those consumers who require more ongoing

support through our case management services. These services are provided countywide by OoA staff and partners from throughout the County.

Network of Care: OoA oversees and maintains the Network of Care website, a self-service, internet-based resource directory that provides current and detailed information about services for older adults, people with disabilities, their caregivers, and other service providers.

Users can receive assistance with medications, search for services, use the health library, search for assistive devices, link to city, county, state and federal governments, track legislation and give feedback to legislators, complete and print a personalized emergency care card, use a password-protected personal folder to keep track of medical information and store personal medical information to share with providers who use the system.

The Network of Care website is maintained by OoA staff and can be accessed from anywhere in the PSA.

The **Network of Care website** is maintained by OoA staff and can be accessed from anywhere in the PSA.

LINKS: Network of Care for Network of Care for Seniors and People with Disabilities https://aging.networkofcare.org/riverside

Legal Assistance: Through a contracted provider, OoA provides legal assistance to adults over age 60 providing them with information, advice, counseling, administrative representation, and judicial representation. Legal representation is provided by a member of the California State Bar or a non-attorney under the supervision and control of a member of the California State Bar. Services are provided throughout the County.

Health Insurance Counseling and Advocacy Program (<u>HICAP</u>): Through a contracted provider, OoA offers HICAP which provides free information and assistance with Medicare, managed care, long-term care insurance and other related health insurance issues. Trained volunteer counselors offer educational presentations and objective information to help older adults and other Medicare beneficiaries. Services are provided throughout the County.

Long-Term Care Ombudsman Program: Through a contracted provider, OoA offers Ombudsman services to assist older adults with their effort to seek resolution to problems and to advocate for the rights of residents in long term care facilities. Services are provided throughout the **PSA.**

2) Case Management:

These services offer frail and vulnerable older adults, persons with disabilities, and their caregivers an alternative to more costly institutional and nursing home care by offering a variety of options for home-based care to help them remain in their homes. Trained social workers and nurses conduct comprehensive in-home evaluations and provide links to critical services including homemaking (assorted housecleaning duties, cooking, etc.), personal care (bathing, eating, medication management, etc.), emergency aid (utility bills, home repairs, durable equipment such as wheelchairs, etc.) and respite, training, and support groups for caregivers. Care coordination programs also assist older adults with care transitions from hospital to home and reduce the rate of costly readmissions.

Specific programs include:

Helplink Plus: Provides immediate assistance to clients who contact the OoA Call Center seeking assistance in multiple areas of need and provides short-term case management to stabilize and link clients to other resources or case management programs.

Access: A Title IIIB funded program which provides short-term case management for adults 60 years of age or older who reside in their own home, regardless of income level, immigration status, and Medi-Cal eligibility. Access aims to prevent premature or unnecessary institutionalization of frail, at-risk, elderly, and functionally impaired adults by providing comprehensive care management and support.

Senior Homelessness Integrated Partnerships (SHIP) Program: Delivered in partnership with Several County departments: Riverside University Health Systems – Behavioral Health, Department of Public Social Services - Adult Protective Services, and the Riverside County Housing Authority. Through this program, homeless adults (age 55 and older) are engaged and assessed for immediate risk and level of intervention needed to prevent homelessness. Any immediate issues are addressed by RUHS-Behavioral Health and Adult Protective Services; once stabilized, clients are referred to OoA for ongoing case management. Acting as the primary case management resource, OoA ensures ongoing support, which guarantees that needed services are continuing, housing stabilization supports are in place, and any issues that partners and clients may face are being addressed. This program is funded through a partnership with Housing, Homelessness Prevention, and Workforce Solutions.

Multipurpose Senior Services Program (MSSP): A Medi-Cal waiver program that provides long-term case management to eligible adults over age 65 who have complex medical and psychosocial needs, and who require specialized medical and social support services to postpone or eliminate the need for institutional care. MSSP provides vast resources of experience and knowledge through its comprehensive and coordinated community-based systems and services.

Behavioral Health Liaison Program: Through a partnership with Riverside University Health System – Behavioral Health, counseling staff are embedded in OoA to assist older adults with navigating the behavioral health system and providing pre-depression screenings at community events, health fairs, and other community-based locations. Services are provided by Behavioral Health staff and are available throughout the County.

3) Care Transition:

Specific programs include:

Holistic Assessment, Resources, and Transitions for Seniors (HARTS) Program:

Provides hospital discharge planning, short- and long-term medical case management, and professional nursing services to older and vulnerable adult clients referred from the Department of Public Social Services Adult Protective Services (DPSS APS) or In-Home Supportive Services (IHSS). HARTS' primary objective is to utilize combined strategies and current OoA programs designed for transition care, care coordination through collaboration, and caregiver support, with the goal of improving overall health outcomes for DPSS ASD and IHSS clients. HARTS nursing staff provides general support to APS and IHSS social workers, including in-home medical assessments, prevention education on medical issues for clients and caregivers, and in-person and telephone-based consultations. HARTS is funded through a partnership with DPSS-APS.

Hospital Liaison Program: Via the evidence-based Care Transitions Intervention (CTI) program, social workers from OoA are embedded in the Riverside University Health System (RUHS) County Hospital to partner with hospital social workers and discharge planners to assist older adult patients who are returning home after an acute care admission, with issues related to that transition. The CTI program helps patients both avoid repeat hospitalizations and unnecessary institutionalization. This service is provided directly by OoA staff. This program is funded through a partnership with RUHS.

4) Caregiver Support:

Specific programs include:

Family Caregiver Support Programs (FCSP): Provides support and resources to caregivers, making it possible for them to provide vital care services to their family members. Services include advocacy, care management, education, counseling, respite services, in-home assistance, and supplemental services.

Care Pathways Program: Provides a series of 12 weekly psychoeducational classes and support groups for caregivers. Care management services are provided directly by the AAA; Care Pathways support group sessions are conducted by OoA staff and are conducted at various community locations throughout the **PSA (Planning and Service Area).** The Care Pathways program and support groups have been modified to integrate virtual and online program options.

Grandparents Raising Grandchildren (GRG) Program: GRG is a unique program that provides assessment, advocacy, case management and other links to critical services for grandparents over 55 who are (formally and informally) raising their grandchildren up to age 18. The case management program has no income requirements. The GRG program has been used as a model program for AAAs throughout the United States. Case management services are provided directly by OoA.

5) Social Engagement and Wellness: OoA provides an array of services and programs to assist older adults with maintaining their overall health and wellness as they age. Through a combination of physical fitness programs, congregate and home delivered meals, nutrition education, behavioral health screenings for depression, and activities that promote social engagement and connections with others, OoA assists older adults with understanding what a critical role good health plays in the quality of their lives. OoA provides programs that encourage social connections and to keep older adults active in their communities through intergenerational activities and volunteerism.

Specific programs include:

Congregate and Home Delivered Meals: Congregate and home-delivered meals are provided to persons over age 60 and their spouses. Congregate services are available at over 30 sites throughout Riverside County and provide daily meals to over 6,000 older adults. The Home Delivered Meal Program serves homebound older adults over age 60, who are at the greatest nutritional risk and who are homebound by reason of illness or disability. Meal programs are administered directly by OoA to older adults in Blythe and in partnership with multiple contracted providers throughout the County.

Freezer Meal Program: In partnership with the Department of Public Social Services (DPSS), OoA's Freezer Meal Program provides supportive nutrition services to seniors and medically compromised adults in their home environment with a goal of promoting independence and dignity. Through this program, OoA maintains freezers throughout Riverside County and coordinates with ASD to deliver meals to those in need.

Health & Nutrition Education: OoA-contracted Senior Nutrition Providers offer Nutrition Education a minimum of four (4) times per year to participants in congregate and home-delivered meal programs. In addition, OoA staff provide general nutrition education at events, senior and community centers, and housing communities for older adults. The Registered Dietitian reviews and approves Senior Nutrition Provider menus.

Supplemental Nutrition Assistance Program Education (SNAP - Ed): OoA participates in a county-wide SNAP-Ed initiative to improve the likelihood that persons eligible for SNAP will make healthy choices within a limited budget and choose active lifestyles. The program offers nutrition classes and information to low-income older adults, who may qualify for the benefit, and encourages them to apply for food assistance. SNAP-Ed is provided by OoA staff at designated community sites throughout the County.

Access to Technology (ATT) Program: In alignment with the California Master Plan for Aging's goal to close the digital divide, OoA's Access to Technology (ATT) program utilizes funding from the California Department of Aging (CDA) to provide older and disabled adults with digital devices and access to affordable internet plans. The goal of the program is to improve clients' access to community resources, increase social connections and communication, and build self-confidence using new technology. OoA offers digital devices including laptops, tablets, and smart home monitors, Wi-Fi hotspots, and technical training to introduce basic functions, common apps, and accessing web-based support services.

Coachella Valley Retired Senior Volunteer Program (RSVP): For the past 25 years, OoA has sponsored the RSVP Program in the Coachella Valley and Blythe. RSVP is a volunteer program that places adults over the age of 55 in volunteer positions at public sector and community-based agencies allowing them the opportunity to continue contributing their skills and wisdom for the betterment of their communities and overall health and wellness. The program is grant-funded by the Corporation for National Community Service. OoA staff facilitate the program, which is only available in the eastern part of Riverside County.

6) Transportation Services:

Transportation Access: Provides information on available transportation options and referrals to accessible transportation services. Free bus tickets are offered to qualifying individuals. Services are provided by OoA staff and are offered throughout the County.

Specific programs include:

Veteran Assisted Transportation: OoA arranges transportation for veterans through contracted service providers. This service provides escort or other appropriate assistance for veterans who have difficulties (physical or cognitive) using regular vehicular transportation to attend medical appointments.

Transportation Reimbursement & Information Program (TRIP): Through a partnership with the Independent Living Partnership, the Transportation Reimbursement & Information Project (TRIP) provides mileage reimbursement to volunteer drivers, who are identified by an older adult, to assist the older adult with various errands such as doctor visits, grocery shopping, etc. Services are provided throughout the PSA.

Contact Information for RivCo Office on Aging LINK: <u>Home Page | Riverside County Office on Aging</u>

3610 Central Avenue, Suite 102

Riverside, CA 92506

Phone: (877) 932-4100 ("Helplink" for Information & Assistance)

Phone: (951) 867-383

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The Network of Care website is maintained by OoA staff and can be accessed from anywhere in the PSA.

LINK: Network of Care for Network of Care for Seniors and People with Disabilities https://aging.networkofcare.org/riverside

Riverside County Department of Public Social Services (DPSS)

Mission

The **mission** is to support and improve the health, safety, well-being and independence of the county's individuals and families. **7 values**: Accountability, Collaboration, Respect, Integrity, Diversity, Learning and Customer Focus. Professionals collaborate to provide the most effective solutions to customers. DPSS has served Riverside County for a century and now helps more than 1 million people each year access vital services in the tenth most populous county in the nation.

DPSS supports working class individuals and families who are struggling with low income. DPSS offers access to health care coverage, temporary financial assistance, employment programs and training, and services that protect children and adults from abuse and neglect. DPSS serves their clients through their five divisions: Administration, Adult Services, Children's Services, Self Sufficiency, and Fiscal and Forecasting.

DPSS Support Services and Counseling for Seniors and those with Disabilities

- Abuse, Neglect & Crime
- Adult Care & Caregivers
- Advocacy
- Community Services
- Counseling
- Courts & Legal Assistance
- Disabilities
- Education
- Employment & Volunteerism
- Financial Assistance

- Food, Clothing & Household Goods
- Health Care
- Housing & Shelter
- Information & Referral
- Insurance & Benefits
- Mental Health & Substance Abuse
- Public Health & Safety
- Recreation & Wellness
- Therapy & Rehabilitation
- Transportation

LINKS: https://rivcodpss.org/

Home | Riverside County Department of Public Social Services (DPSS)

Phone #'s - To Contact DPSS - Click here

In Home Social Services and Public Authority (IHSS)

The Public Authority manages a public registry that matches Riverside County Adult Services clients with a trusted in-home caregiver.

The client decides which caregiver can meet their needs. In-home caregivers earn \$18.00 an hour in Riverside County. The Public Authority works diligently with the United Domestic Workers (UDW) union in a shared effort to improve wages and benefits received.

Phone: Apply for services by calling the IHSS Home Line and Public Authority at (888) 960-4477.

Administrative Services (click here) (951) 358-3000

Links: https://riversideihss.org/

Click here to visit our Riverside IHSS website for specific IHSS support for clients and providers.

The Housing Authority of the County of Riverside (HACR)

The Housing Authority is public agency chartered by the State of California to administer the development, rehabilitation or financing of affordable housing programs. The Housing Authority supports and promotes healthy, thriving communities, re-ignite hope and restore human dignity through the creation and preservation of high quality and innovative housing and community development programs which enhance the quality of life and revitalize neighborhoods to foster self-sufficiency.

Housing Authority of the County of Riverside

5555 Arlington Avenue Riverside CA 92504

LINK: Home | Housing Authority of the County of Riverside

951-351-0700

Riverside County Supervisorial Districts (5)

The Board of Supervisors is the governing body of the County, certain special districts and the Housing Authority. The Board enacts ordinances and resolutions, adopts the annual budget, approves contracts, appropriates funds, determines land use zoning for the unincorporated areas, as well as appoints certain County officers and members of various boards and commissions.

Link: Board of Supervisors | County of Riverside, CA

Note: Local services, district maps and resource listings are available on each District's website.

Office of First District Riverside County, Supervisor Jose Medina

District 1 includes about 487,000 residents and encompasses the cities of Riverside and Perris. The district also covers the unincorporated communities of Good Hope, Highgrove, March Air Reserve Base, Mead Valley, and Meadowbrook.

Link: Home | District 1 County of Riverside Supervisor Jose Medina

County Administrative Center

4080 Lemon Street, 5th Floor Riverside, CA 92501 **Link:** district1@rivco.org

Phone: (951) 955-1010

Office of Second District Riverside County, Supervisor Karen Spiegel

The Second Supervisorial District includes the cities of Canyon Lake, Corona, Eastvale, Lake Elsinore, Norco, and Jurupa Valley. Unincorporated communities within the 2nd Supervisorial District include Corona, El Cerrito, El Sobrante, Home Gardens, Lake Mathews, Lakeland Village, Temescal Valley, Warm Springs and Woodcrest.

Link: Home | Supervisor Karen Spiegel - Riverside County District 2

County Administrative Center

4080 Lemon Street - 5th Floor Riverside, CA 92501

Link: district2@rivco.orOg Phone: (951) 955-1020

Office of Third District Riverside County, Supervisor Chuck Washington

The Third District covers the southwest portion of Riverside County, stretching from Anza to Temecula. It includes the cities of Menifee, Murrieta, Temecula, and Wildomar. The Third District also includes the unincorporated communities of Aguanga, Anza Valley, De Luz, East Hemet, French Valley, Green Acres, Homeland, La Cresta, Lake Riverside, Romoland, Sage, Tenaja and Winchester, as well as parts of Valle Vista.

Link: Home | Supervisor Chuck Washington, District 3

County Administrative Center

4080 Lemon Street - 5th Floor Riverside, California 92501 Email: <u>D3Email@rivco.org</u> Phone: (951) 955-1030

Office of Fourth District County of Riverside, Supervisor V. Manuel Perez

The Fourth Supervisorial District is the largest district by geography, it covers eastern Riverside County, from Whitewater, stretching across the **entire Coachella Valley** south to the Salton Sea, up Highway 74 to Idyllwild and the mountain communities, and heading east of the Coachella Valley to Blythe and the Colorado River.

Link: Home | Supervisor V. Manuel Perez Fourth District County of Riverside

County Administrative Center 4080 Lemon Street - 5th Floor Riverside, California 92501 Email: district4@rivco.org Phone: (951) 955-1040

Phone: (951) 955-104 Phone: 760-863-8211

Office of Fifth District Riverside County, Supervisor Yxstian Gutierrez

The Fifth District includes the cities of Banning, Beaumont, Calimesa, Hemet, Moreno Valley and San Jacinto. District Five also encompasses the unincorporated communities of Cabazon, Cherry Valley, Lakeview, Nuevo, Reche Canyon, San Timoteo Canyon, as well as parts of Valle Vista and Whitewater.

Link: <u>Home | Supervisor Yxstian Gutierrez, District 5</u>

County Administrative Center 4080 Lemon St., 5th Floor Riverside, CA 92501

Email: district5@rivco.org Phone: (951) 955-1050

State, County-wide Planning, Advisory and Advocacy Organizations

California Department of Aging (CDA)

Under the umbrella of the California Health and Human Services Agency, the California Department of Aging (CDA) administers programs that serve older adults, adults with disabilities, family caregivers, and residents in long-term care facilities throughout the State. These programs are funded through the federal Older Americans Act, the Older Californians Act, and through the Medi-Cal program.

The Department contracts with the network of 33 Area Agencies on Aging, who directly manage a wide array of federal and state-funded services that provide meals, help finding employment; supportive services to assist older individuals as well as younger adults with disabilities to live as independently as possible; promote healthy aging and community involvement; and support family members in their vital care giving role.

CDA also contracts with 38 agencies that operate the Multipurpose Senior Services Program through the Medi-Cal home and community-based waiver for the elderly and certifies approximately 242 Adult Day Health Care Centers for participation in the Medi-Cal Community Based Adult Services (CBAS) Program.

To promote the Department's goal of every Californian having the opportunity to enjoy wellness, longevity and quality of life in strong healthy communities, CDA actively collaborates with many other State departments (and other entities) on transportation, housing and accessibility, emergency preparedness and response, wellness and nutrition, falls and injury prevention, improving services to persons with dementia, reducing fraud and abuse and many other issues.

CDA core service categories — a sample of the site's programs' links the CDA administers – intended for the public, providers and partners.

- AAA Area Agencies on Aging
 - Disaster Preparedness
 - o Family Caregiver Support
 - o Health Promotion: Evidence-Based
 - Older Californians Nutrition Program
 - Supportive Services
- ADRC Aging and Disability Resource Connection
- CAL GROWs Growing a Resilient and Outstanding Workforce (CDA's Direct Care Workforce Program)
- CFO CalFresh Outreach Program
- CFHL CalFresh Healthy Living (formerly known as SNAP-ED)
- CBAS Community-Based Adult Services
- CRC Caregiver Resource Centers
- DAHFP Dignity at Home Fall Prevention Program
- Digital Inclusion Bridging the Digital Divide
- HICAP Health Insurance Counseling and Advocacy Program
- Legal Services
- LTCOP Long-Term Care Ombudsman Program
- MSSP Multipurpose Senior Services Program
- OLTCPR The Office of the Long-Term Care Patient Representative
- SCSEP Senior Community Service Employment Program

Link: Home Page | California Department of Aging - State of California

Email: info@aging.ca.gov Phone: 800-510-2020

Community Health Association

The Community Health Association Inland Southern Region is a champion for community-based health centers and clinics located throughout Riverside and San Bernardino Counties. Founded in 2009, and designated a 501c (3) in 2011, CHA provides services to support our diverse membership in providing access to care and quality health services for safety net communities. The Association provides advocacy, public policy promotion, technical assistance, healthcare workforce enhancement and healthcare education, as well as resources to strengthen the provision of primary and specialty care services throughout the region. The Association provides advocacy, public policy promotion and education, as well as resources and networking opportunities for 25 organizations in the membership which represent 129 community-based health centers and clinics throughout Riverside and San Bernardino Counties. In 2024, member health centers and clinics reported 1,648,907 annual patient visits, serving 559,557 unduplicated patients across the Inland Southern Region.

Mission — We exist to support our membership and community partners to ensure accessible, high-quality, and cost-effective health services.

Vision — We envision health care access for all and efficient use of health services and resources in the Inland Southern Region.

Link: Home - Community Health Association Inland Southern Region

CHA Resource Link: Community Resources - Community Health Association Inland Southern Region

Phone: 909-566-2555

The Health Insurance Counseling & Advocacy Program (HICAP)

HICAP offers free, one-on-one Medicare counseling. Trained volunteer counselors can answer your questions and help you understand your Medicare rights and benefits, including how to appeal denials of coverage; Medicare supplemental insurance (Medigap policies); Medicare Advantage plans; employee and retiree coverage; and long-term care insurance.

Legal help and representation at Medicare appeal or administrative hearings are also available.

HICAP provides free educational presentations on Medicare and related topics. Call your local HICAP to schedule a presentation or find out about one happening in your area. HICAP counselors do not sell, recommend, or endorse any insurance product, agent, insurance company, or health plan.

The <u>California Department of Aging</u> administers this volunteer-supported program and **California Health Advocates** CHA supports the HICAP through trainings, technical assistance and up-to-date consumer materials, including their <u>website</u> and <u>fact sheets</u>.

<u>Link: Medicare Counseling (HICAP) - Consumer | California Department of Aging - State of California Phone: 1-800-434-0222</u>

California Commission on Aging

The California Commission on Aging serves as "the principal <u>advocate</u> in the state on behalf of older individuals, including, but not limited to, advisory participation in the consideration of all legislation and regulations made by state and federal departments and agencies relating to programs and services that affect older individuals."

The Commission's work on behalf of older adults reflects the values of equity and inclusion; autonomy, choice, and access; respect and integrity; collaboration and partnership.

The Commission advises the Governor and Legislature, along with state, federal, and local agencies on programs and services that affect older adults. The Commission works closely with public, nonprofit, and private-sector partners to address emerging challenges and opportunities.

Established in the Older Californians Act, the Commission is comprised of 25 appointees representing the state's racial, ethnic, and geographic diversity. Members of the Commission are consumers and providers of

aging services, as well as researchers and academicians from the field of aging. Commissioners are volunteers who serve up to two three-year terms, appointed by the Governor, the Speaker of the Assembly, and the Senate Rules Committee.

Meetings of the California Commission on Aging are open to the public. Visit the <u>General</u> Meetings and Committee Meetings page for information on current and past CCoA meetings.

Vision — Californians can age with dignity and respect in the setting of their choice.

Mission — To serve as the principal <u>advocacy</u> body for older Californians and a catalyst for change that supports and celebrates Californians as they age.

Link: California Commission on Aging - State of California

Email: ccoa@ccoa.ca.gov Phone: 916-419-7591

California Health Advocates (CHA)

About California Health Advocates

Founded in 1997, California Health Advocates is the leading Medicare advocacy and education non-profit in California. CHA receives financial support from private and public organizations. See CHA grantors and sponsors, meet staff, read articles mentioning CHA, or read about their first 10 years.

Advocacy & Policy

Advocacy: Advocating on behalf of Medicare beneficiaries and their families, CHA targets federal and state level legislators and their staff through media and educational campaigns. CHA cultivates and collaborates with strategic partners concerned with Medicare-related issues.

Policy: As the premiere watchdog organization for Medicare in California, CHA conducts public policy research to support improved rights and protections of Medicare beneficiaries and their families. They frequently partner with other statewide and national Medicare organizations to promote policies that positively impact Medicare.

Education: CHA provides accurate and up-to-date Medicare information for both Medicare beneficiaries and their families — and their advocates and providers who serve them.

For California beneficiaries and their families: The website provides Medicare information organized by topic, with English and Spanish podcasts available in several sections. CHA supports the state's **Health Insurance Counseling & Advocacy Program (HICAP)** who work directly one-on-one with California's Medicare population through our trainings, technical assistance and educational materials.

For Medicare professionals: CHA provides current Medicare information and education through this website, our e-newsletter, blog articles, and our widely-used fact sheets concerning the Medicare's most pressing issues, all available on our website. Our expert staff trainers also provide educational workshops, training and consultation to professionals, including HICAP counselors and staff on comprehensive Medicare topics and policy issues.

Contact Us

Link: <u>Home - California Health Advocates</u> Email: news@cahealthadvocates.org

Blog: cahealthadvocates.org

Inland Empire Coalition on Aging (ICA)

Formed in 2008, the **Inland Coalition on Aging (ICA)**, formerly the IE-LTSS Coalition, brings together the expertise of diverse health care entities, community-based organizations, public officials, and stakeholders to better serve older adults, adults with disabilities, and caregivers in **San Bernardino and Riverside Counties**.

Vision — A community where older adults, adults with disabilities, and caregivers age well.

Mission — The Coalition is committed to facilitating systems change across networks and developing improved integrated care and service delivery of long-term services and supports.

Leadership — Representatives from the Riverside County Office on Aging, San Bernardino Department on Aging and Adult Services, Inland Empire Health Plan, Community Access Center and Inland Caregiver Resource currently lead the Inland Coalition on Aging.

Over the next two decades, California's over-65 population will nearly double, with those aged 85 and older being the fastest growing demographic group. While this change in demographics will introduce new opportunities for economic and community growth, it will simultaneously lead to an increased demand for health and support services.

In January 2021, the State of California began to implement a new **Master Plan for Aging (MPA)**, a 10-year blueprint for state government, local government, the private sector, and philanthropy to prepare for these coming demographic changes. The plan was informed by a network of aging and disability providers, policy makers, advocates, and experts, and addressed topics such as housing, healthcare, community-based services, social isolation and loneliness, equity and inclusion, caregiver support, and financial security for older adults.

In January of 2022 the SCAN Foundation provided financial support to three <u>advocacy</u> coalitions, including the Inland Coalition on Aging to focus on developing regional Master Plans for Aging that address the unique challenges of aging in a rural community. In May of 2023 the ICA was funded by the California Department on Aging to extend these efforts through June 30, 2025.

State Master Plan on Aging Goals (CDA)

- Goal 1: Housing for All Stages & Ages
- Goal 2: Health Reimagined
- Goal 3: Inclusion & Equity, Not Isolation
- Goal 4: Caregiving That Works
- Goal 5: Affording Aging

Inland Empire Master Plan on Aging Focus Areas (ICA)

- Housing
- Transportation
- Healthcare
- Alzheimer's and All Other Dementia
- Behavioral Health & Social Support
- Caregiving

Link: <u>Inland Coalition on Aging | Working to serve Inland Empire Older Adults, Caregivers and People</u> with Disabilities

See the Appendix with list of participating organizations with in the Coalition attached.

Justice in Aging

Justice in Aging is a national organization that uses the power of law to fight senior poverty by securing access to affordable health care, economic security, and the courts for older adults with limited resources.

Justice in Aging is the opportunity to live with dignity, regardless of financial circumstances—free from the worry, harm, and injustice caused by lack of health care, food, or a safe place to sleep. By using the law to strengthen the social safety net, and remove the barriers low-income seniors face in trying to access the services they need, we work to ensure the future we all envision for our loved ones and ourselves.

Justice in Aging is not a direct services agency. They do not provide direct legal assistance to individuals. They welcome advocates' input, comments, and questions about the issues we work on. They provide brief and substantive case consultations to legal advocates serving older adult clients. They do not provide representation

to individual clients. If someone needs to contact a staff attorney regarding a substantive matter, email them at info@justiceinaging.org. If you are a low-income individual seeking help, our Find Help page lists resources.

Justice in Aging Washington, DC Office 1444 Eye Street NW Suite 1100 Washington, DC 20005

LINK: Home - Justice in Aging

Phone: 202-289-6976

ADDENDUM

Addenda 1 - Frequently Referenced Acronyms Detail

(Some names listed include links to the source - in red)

Acronym	Stands For
ACO	Office of Auditor / Controller (for all 5 RivCo Districts)
AAA	Area Agency on Aging
ADRC	ADRC - Aging and Disability Resource Connection
AFP	Association of Fundraising Professionals
APS	Adult Protective Services
ATT	Access to Technology
BOS	Board of Supervisors - oversees all RivCo Districts
CAIPTC	California Independent Provider Training Center
CAL GROWS	CAL GROWs – Growing a Resilient and Outstanding Workforce
CBAS	CBAS - Community-Based Adult Services
CCoA	California Commission on Aging
CDA	California Department on Aging
CFH	CFHL - CalFresh Healthy Living (formerly known as SNAP-ED)
CFO	CFO – CalFresh Outreach Program
CHA	California Health Advocates
CHA (ISR)	Community Health Association (Inland Souther Region)
CID	Community Improvement Designation Fund - Application and Policy
COASC	Council on Aging – Southern California
CRC	CRC - Caregiver Resource Centers
DAHP	DAHFP – Dignity at Home Fall Prevention Program
DI	Digital Inclusion – Bridging the Digital Divide
DPSS	Dept of Public Social Services
FCSP	Family Caregiver Support Programs
GRG	Grandparents Raising Grandchildren
HARC	Housing Authority of Riverside County
HARTS	Holistic Assessment, Resources, and Transitions for Seniors Program
HICAP	HICAP - Health Insurance Counseling and Advocacy Program Legal Services
IHSS	In Home Social Services and Public Authority
LTCOP	LTCOP - Long-Term Care Ombudsman Program
MSSP	MSSP - Multipurpose Senior Services Program
NCOA	National Council on Aging
NISC	National Institute of Senior Centers
NPO	Non-Profit Organization
OLTCPR	OLTCPR - The Office of the Long-Term Care Patient Representative
OoA	Office on Aging
PSA	Planning and Service Area
RAP	Regional Action Project
RIVCO	Riverside County
RSVP	Retired Senior Volunteer Program
SCAG	Southern California Associate of Governments
SCSEP	SCSEP - Senior Community Service Employment Program
SHIP	Senior Homelessness Integrated Partnerships
SIA	Senior Inspiration Awards
SNAP	Supplemental Nutrition Assistance Program
TRIP	Transportation Reimbursement & Information Program
UDWA	United Domestic Workers of America

Addenda 2 - Inland Coalition on Aging (ICA) List of Coalition Member Organizations:

- 24 Hour Home Care
- Acadia Healthcare
- AccessAble
- AdvanCare
- Age Forward Coalition of San Mateo County
- Aging and HIV Institute
- Aging Well
- All Hours Adult Care
- Alzheimer's Association
- Alzheimer's Coachella Valley
- AMMA Transit Planning
- ANT Consulting
- Arosa Home Care
- Arrowhead Regional Medical Center
- Ayala Building And Remodeling
- Azusa Pacific University
- Bet Avery Counseling Services
- Big Brothers Big Sisters of Orange County & the Inland Empire
- Blossom Grove Alzheimer's Special Care Center
- Blue Shield
- Braille Institute
- California Baptist University
- California Department of Financial Protection & Innovation
- California State University Long Beach
- California State University San Bernardino
- Care Dimensions Health Care
- CareBuilders at Home
- CarePatrol
- Cathedral City Senior Center
- Chaffey College
- Change Home Mtg.
- City of Beaumont
- City of Chino
- City of Colton
- City of Montclair
- City of Ontario
- City of Perris
- City of Rancho Cucamonga
- City of Riverside Commission on Aging
- City of San Bernardino
- Clipboard Healthcare
- Coachella Valley Mosquito and Vector Control District
- Community Access Center
- Community Health Systems
- Community Hospital of San Bernardino
- Council on Aging Southern California
- County of Riverside Department of Public Social Services
- **County of Riverside District Attorney**
- County of Riverside Office on Aging
- County of Riverside Riverside University Health System Behavioral Health
- County of Riverside Riverside University Health System Public Health
- Diamond Painting With Janis
- Donna Poole-Insurance Solutions
- Eisenhower Health Memory Day Center
- Elder Love USA
- Eleos Behavioral Health
- Equitable Social Solutions
- Family Assistance Program

- Family Service Association
- Geiss MED Hospice
- Grand Terrace Hospice
- GRID Alternatives IE
- Harvest Time Ministry
- Healthy Valley Foundation
- HIV + Aging Research Project--Palm Springs
- Hope Hospice & Healthcare
- Hope Through Housing
- Independence at Home, a SCAN Community Service
- Independent Living Partnership
- Inland Caregiver Resource Center
- Inland Counties Legal Services
- Inland Empire Community Health Initiative
- Inland Empire Concerned African American Churches
- Inland Empire Health Plan
- Inland Empire Pathways to Housing Network
- Inland Empire Senior Support
- Inland Housing Solutions
- Inland Regional Center
- Inland SoCal United Way
- Innercare
- Institute on Aging
- Jewish Family Service of the Desert
- Kaiser Permanente
- Latter Days Help For Seniors
- Leisure Living Homes
- LGBTQ+ Community Center of the Desert
- Live Oak Project
- Loma Linda University Department of Occupational Therapy
- Loma Linda University Health
- Lutheran Social Services
- Maxim Healthcare Services
- Menifee Senior Advisory Committee
- Mom's Meals
- Moreno Valley College
- Motherly Comfort Home Care
- National CORE
- Neighborhood Healthcare
- Office of Majority Leader Emerita Eloise Gomez Reves
- Office of Senator Ochoa Bogh
- Optum
- Pack My Parents
- Partners in Care Foundation
- Providence
- Reliance Real Estate Services
- Rescue Mission Alliance Victor Vallev
- Reverse Loans Pro- Change Home Mtg.
- RH Benefits Insurance Services
- Riverside Community Hospital
- Riverside County Advisory Council on Aging
- Riverside County Foundation on Aging
- Riverside County Office on Aging, Multipurpose Senior Services Program (MSSP)
- Riverside County, Office of Supervisor Gutierrez, 5th District Supervisor
- Riverside Family Physicians
- Riverside Legal Aid
- Riverside University Health System Behavioral Health
- Rolling Start
- San Bernardino County California Children's Services (CCS)
- San Bernardino County Department of Aging and Adult Services Public Guardian

- San Bernardino County Department of Public Health
- San Bernardino County In-Home Supportive Services Public Authority
- San Bernardino County Office of Equity and Inclusion
- San Bernardino County Senior Affairs Commission
- San Diego County Adult Protective Services
- SBX Youth and Family Services
- Shield Health Care
- Social Security Administration
- SpeakRiverside Speech Therapy
- Starting Over
- Step Up on Second
- Surety Home Care
- TELACU Residential Management
- USC Verdugo Hills Hospital (VHH) Community Resource Center for Aging
- Valley Restart Shelter
- Veterans Home Care
- Visionary Care Consultants
- Visiting Angels
- VNA Care
- West End Family Counseling Services
- Wings of Hope Hospice
- Wise & Healthy Aging