



## 2026-2027 YOUTH FAITH FORMATION PROGRAMS

Sacred Heart | St. Cyprian | St. Joseph | Our Lady of the Woods | St. Roch

### PRE-K THROUGH GRADE 5

<b>Catechesis of the Good Shepherd (Pre-Kindergarten)</b> Weekly on Mondays Our Lady of the Woods 6:00-7:30pm	<b>Weekly Catechesis</b> Mondays Sacred Heart 3:15-4:30pm	<b>Weekly Catechesis</b> Mondays St. Roch 4:15-5:45pm	<b>Weekly Catechesis</b> Mondays St. Joseph 6:00-7:30pm	<b>Weekly Catechesis</b> Mondays Our Lady of the Woods 6:00-7:30pm
<b>Family Catechesis*</b> Twice Monthly Saturdays St. Roch 4:00-6:00pm	<b>Family Catechesis*</b> Twice Monthly Sundays St. Joseph 10:30am-12:45pm	<b>Family Catechesis*</b> Twice Monthly Sundays Sacred Heart 3:45-6:00pm	<b>Family Catechesis</b> Twice Monthly Tuesdays Our Lady of the Woods 4:30-5:30pm	<b>Family Catechesis</b> Twice Monthly Tuesdays St. Cyprian 6:15-7:30pm

### GRADE 6 THROUGH GRADE 8

<b>EDGE*</b> Twice Monthly Sundays Sacred Heart 5:00-7:30pm	<b>EDGE</b> Twice Monthly Tuesdays Our Lady of the Woods 6:00-7:30pm
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### SACRAMENT OF CONFIRMATION PREPARATION

<b>Purpose*</b> Once Monthly Sundays St. Cyprian 9:00-11:30am	<b>Purpose*</b> Once Monthly Sundays St. Roch 10:00am-12:30pm
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\* indicates including attending Mass.

## Choosing the Right Path for Your Family's Faith Journey

Our Family of Parishes is committed to supporting you in your role as the primary educators of your children. To meet the diverse needs of our community, we offer two distinct pathways for religious education: **Weekly Catechesis** and **Family Catechesis**. Below is an overview to help you decide which program is the best fit for your family.

### *Weekly Catechesis: The "Classroom" Model*

This model provides consistent, systematic instruction in a peer-group setting. It is designed for families who prefer a regular weekly routine and want their children to learn alongside others of the same age.

- **How it Works:** Children meet weekly during the school year for structured lessons led by dedicated parish catechists.
- **Key Focus:** Systematic learning of Catholic doctrine, Scripture, and tradition through textbooks and classroom activities.
- **The Setting:** Parish classrooms, where children build friendships with peers who share their faith.
- **Best For:** Families looking for a structured environment that ensures consistent weekly engagement with the faith.

### *Family Catechesis: The "Domestic Church" Model*

Rooted in the Church's teaching that parents are the "first heralds" of the faith (CCC 2225), this model empowers families to learn and grow together. It moves faith formation from a "subject to be learned" to a "faith to be lived" within the home.

- **How it Works:** Families meet at the parish twice a month for a community session. During these sessions, parents are equipped with resources and guidance to lead simple, engaging lessons with their children at home during the weeks in between.
- **Key Focus:** Building the "Domestic Church" by fostering faith-based conversations and prayer within the daily life of the family.
- **The Setting:** A blend of parish community gatherings and at-home family time.
- **Best For:** Families who want to be directly involved in their children's spiritual growth, those with busy weekly schedules, or those looking to deepen their own adult faith alongside their children.

### *Which should we choose?*

Both programs fulfill the requirements for religious education and sacramental preparation.

- **Choose Weekly Catechesis** if your child thrives in a school-like environment and your family values a consistent weekly presence at the parish.
- **Choose Family Catechesis** if you desire to make faith the center of your home life and want more flexibility in when and how your family learns together.

*"Education in the faith by the parents should begin in the child's earliest years... Family catechesis precedes, accompanies, and enriches other forms of instruction in the faith."*

— Catechism of the Catholic Church, 2226