

## Other Services

### **Cloths Cabin** (480-285-4111

Free Clothing for personal use. Photo Id required.  
Showers, mailboxes, storage lockers and laundry.  
Open Tues & Wed 9am-3p or Thurs 6pm-8pm.  
710 North Cooper Rd, Gilbert, Az 85233

### **Paz De Cristo** (480)464-2370

Showers Wed from 10am-2pm (Oct-Feb) 8am-12pm (Mar-Sept).  
AZ ID Vouchers: Tuesdays from: 1pm-2pm.  
Clothing Distribution, by appointment only  
(602)737-8852.  
Mail service: Mon – Fri from 4pm-6:15pm  
424 W Broadway, Mesa, AZ 85210

## RESOURCE GUIDE



**All Saints Catholic Church**  
**1534 North Recker Road**  
**Mesa, AZ 85205**  
**480-985-7655**

**Updated June 2025**

## General Assistance

**AHCCS** (602)417-4000

**Arizona Resource Line** 211

**Catholic Charities of Mesa** (602)285-1999

**Mesa Police Non-Emergency** (480)644-2211

**Salvation Army (Mesa)** (480)644-2211

241 East 6<sup>th</sup> St. Mesa, Az 85201

## Crisis + Reporting Lines

**Arizona Adult Protective Services** 1-(877)767-2385

To report abuse, neglect, or exploitation.

**AZ Dept of Child Safety** 1-(888)767-2445

**Child Help USA** 1-(800)422-4453

**Cyber Tipline** 1(800)-843-5678

National reporting system for online child exploitation

**Diocese of Phoenix Reporting Hotline**

1-(877)850-0003 or

[www.lighthouse-services.com/dphx](http://www.lighthouse-services.com/dphx)

**EMPACT Crisis Hotline** (480)784-1500

Crisis calls and referral services

**Maricopa County Crisis Hotline for Mental Health**

(602)222-9444

**National Domestic Violence Hotline**

1-(800)799-7233

**National Hotline of Missing and Exploited**

**Children** 1-(800)843-5678

**National Runaway Safe line** 1-(800)RUNAWAY

(for Youth and Teens)

**National Sexual Assault Hotline** 1-(800)-656-HOPE

**National Suicide and Crisis Lifeline** 988

**Senior Hotline** (602)264-4357

**Teen Lifeline** (602)248-8336

## Substance Abuse + Rehab

**Arizona Angel Initiative (AAI)**

Police assisted recovery program that connects people to treatment. Go to any Mesa police station without fear of arrest. 18+, no arrest warrants or pending charges. No criminal conviction for possession with intent to transport or sell

**Canyon Vista Recovery Center** 1-(888)409-6984

Mental health and addiction treatment in Mesa, Az

**Dignity House Phoenix** (480)236-2875

Sober living home for women

**Rehab Centers Locator**

Detox, inpatient and outpatient <https://www.addictions.com/rehabs/arizona/mesa/>

**Sunlight of the Spirit** (602)864-5032

Structured transitional living program for women with substance abuse

2610 West McLellan Blvd suite 7, Phoenix Az 85017

**Teen Challenge Az**(602)708-9475

Residential Recovery Program: Men 18+  
1515 Grand Ave Phoenix Az 85002

## Domestic Violence + Abuse

### **Arizona Coalition Against Domestic Violence**

(602)279-2900

### **Autumn House Domestic Violence Shelter**

(480)890-3039.

Confidential location in East Valley that helps with transition to long term housing, counseling, and employment services

### **DOVES Program** (602)264-4357

Emergency and transitional housing for adults 50+ who are victims of elder abuse or late life domestic violence. Clients must have the potential to become self-sufficient.

1366 East Thomas Road Ste 108, Phoenix, AZ 85014

### **My Sisters Place Catholic Charities** (480)821-1024

Domestic violence shelter case management, crisis intervention referrals to transitional programs, victim advocacy, children's services. Confidential location

### **Sojourner Center** (602)244-0089

Shelter and transitional housing for adults and children who are victims of domestic violence. Confidential location in Phoenix.

### **The Olive Press** (915)538-8673

State housing program for men and woman abuse victims 3 months to 2 years stay or longer, monthly fee.

### **A New Leaf House** (480) 890-3039

A 24-hour emergency shelter in Maricopa County for single adult men and women and adult with children who are experiencing domestic violence, human trafficking, homelessness, or other urgent circumstances.

868 East University Drive, Mesa, Az 85203

## Emergency Shelters

### **CASS Downtown Adult Shelter** (602)229-5155

Services Single Adults

230 South 12 Avenue, Phoenix AZ 85007

### **CASS Vista Colina Family Shelter** (602)595-8700

1050 West Mountain View, Phoenix AZ 85021

### **Child Crisis Center:** (480)834-9424.

Provides emergency shelter, foster care, adoption, counseling, early education and parenting support services to Arizona's most vulnerable children, youth and families.

424 West Rio Salado Parkway Mesa, AZ 85201

General inquiries: [info@childcrisisaz.org](mailto:info@childcrisisaz.org)

### **East Valley Men's Shelter** (480)610-6722

Single Men Only intakes Monday -Friday,

2345 North Country Club Dr. Mesa Az 85201

### **Gate Keepers – Community Bridges Inc.**

(877)931-9142

Cheryl Hafner

### **I HELP Chandler** (480)963-1423 Ex 116

Emergency Shelter for Men and Women

345 South Chandler St. Chandler Az 85225

### **I HELP Mesa:** (480)684-0645

Women only Emergency Shelter. Intake completed on phone with a case manager.

### **I HELP Tempe**

Shelter for Men and Women.

1800 E Apache Blvd. Tempe, AZ 85281

### **La Mesita Family Shelter** (602)595-8700

Shelter allows families to bring children with them. 2245 West Ella St. Building B Mesa, AZ 85201.

## Transitional Housing

### **Copa Health** (480)969-3800

Residential Services, group homes for those with disabilities

### **Family Housing HUB** (602)595-8700

Helps to create housing plans for families with children under 18 years House of Refuge:  
2 Bedroom homes rented to families who are either homeless or at risk of homelessness and seeking employment. Family must include at least one minor child.

Housing inquiry form <https://houseofrefuge.org/nee3d-help/#>  
(480)988-9242

6935 E Williams Field Rd, Mesa Az 85212

### **Housing for Hope** (480)-966-0830 Run by Catholic

Charities: affordable housing for low income.

Tempe Location: Desert Willow Apartments

[desertwillow.cd@fpimgt.com](mailto:desertwillow.cd@fpimgt.com)

### **MANA House** (602)254-6785

Run by Catholic Charities transitional living for veterans,

2422 W. Holly St. Phoenix, AZ 85009

### **New Christian Concepts Working Men's Home**

(480)910-0617

Housing for men able to work. Provides employment assistance and job contracts.

1502 W. Maricopa St. Phoenix AZ 85017

### **Ozanam Manor** (602)850-6900

Run by Saint Vincent de Paul: transitional housing and meals for senior and disabled homeless men and women.

320 West Watkins Rd. Phoenix Az 85003

### **Save the Family** (480)898-0228

For families with minor aged children. Work with Case Managers to obtain long term housing  
[savethefamily.org](http://savethefamily.org)

## Employment Services

### **Arizona Workforce Connection** (602)372-9700

735 North Gilbert Road, Gilbert, Az 85234.

### **Copa Health** (480)969-3800

Only if on AHCCS or diagnosed with serious mental illness employment services + case management.

924 South Country Club Drive Mesa, Az 85201.

[casemanagement@copahealth.org](mailto:casemanagement@copahealth.org) or

[workfirst@copahealth.org](mailto:workfirst@copahealth.org)

### **East Valley Job Center** (602)372-9700

1001 West Southern Ave Suite 101 Mesa, Az 85210

### **LDS Employment Services** (480)829-8999

Resumes, coaching, job searching. Tues – Thurs  
10am – 3pm

235 South El Dorado Mesa, AZ 85202

### **Paz De Cristo Employment Center** (602)737-8852

Appointment only, call to schedule

424 West Broadway Mesa, Az 85201

### **Smart Justice Program** (602) 372-1839

Assists individuals with criminal justice challenges/  
background in finding employment

245 N Centennial Way Suite 160 Mesa, Az 85201

## Youth and Young Adult

### **Full Circle Youth at Risk Ministry** (480)620-7995

Catholic Recovery Program substance abuse, mental health, porn, eating disorders, self-harm.

325 E Elliot Road Unit 27, Chandler, AZ 85225

### **New Christian Concepts**

Transitional living for young adults ages 17-24 able to work. Employment preparation. 1502 West Maricopa St. Phoenix, Az 85007-3533

### **Springboard Home for Girls** (520)730-4269

(12-17 years of age) Tucson, Az

# Pregnancy and Family Assistance

## **Aid to Women** (480)966-1902.

Resources for women facing planned or unplanned pregnancies. Free pregnancy tests and assistance  
1328 East Apache Blvd. Tempe, Az 85281

## **Walking with Mom's in Need** (928) 351-1288.

Saint Mary's Chapter

[stmaryswalkingwithmoms@gmail.com](mailto:stmaryswalkingwithmoms@gmail.com)

## **Child Crisis Arizona** (480)834-9424

Shelters for children, family education, preschool program, foster care and adoption

## **Copa Health** (480)969-3800

Home support services for parents with serious mental illness (SMI)

924 North Country Club Drive Mesa, AZ 85201.

## **Joining Hearts by Catholic Charities**

1-(888)818-4445

Counseling for family planning, financial preparation, parenting education, legal resources.

## **Lutheran Social Services** (480)489-5773

Family Resource Center – Our Savior Lutheran Church

612 South Ellsworth Mesa, Az 85208

## **Maggie's Place** (602)262-5555

Housing for pregnant and parenting women and children, direct support services, health and wellness, educational programs.

4001 North 30<sup>th</sup> Street Phoenix, AZ 85016

## **Paz de Cristo** (480)464-2370

424 West Broadway, Mesa, Az 85210,

## **Women Infants and Children (WIC)**

1-(800)252-5942

Free pregnancy, nutrition, and breastfeeding program. Referrals to community resources

## **The Mesa House** (480)844-2968

A non-profit re-entry program to support our community that will provide safe, clean, environments for veterans and civilians. Mut commit for 90 days, be willing to abide by rules, able to work submit to random testing and be 18 years of age.

# Affordable/Subsidized Rentals

## **Alma Park Apartments (Subsidized)**

(480) 964-9136

718 S Alma School Rd. Mesa Az 85210.

Go to apartment to obtain an application.

## **ARM Save the Family** (480)898-0228

## **Casa Mesa Estates** Subsidized housing

(480) 834-6728

1251 S. Mesa Dr. Mesa AZ 85210

## **El Rancho Del Arte** (480)970-6242

Low Income Rentals

719 East Main Street, Mesa AZ 85203

## **Housing and Urban Development** (602)955-2232

Mesa Office (HUD) Phoenix (Section 8)

200 South Center Bldg. 1, Mesa AZ 85201

## **Housing Authority of Maricopa County Mesa**

(602)744-4562

710 W. 8<sup>th</sup> Ave, Mesa, Az 85210,

## **Housing for Hope: Catholic Charities**

1-(855)316-2229

[HousingforHopeAZ.org](http://HousingforHopeAZ.org)

## **Desert Willow Apartments** (480)966-0830

Low Income Family Housing

1895 E Don Carlos Rd. Tempe AZ 85281

## **Mesa Section 8 Housing Voucher (HVC):**

[mesaaz.gov/residents/housing/application-wait-list](http://mesaaz.gov/residents/housing/application-wait-list)

**Temple Square Apartments** (480)656-9019  
Low-income housing call to be placed on a waiting list.

**Western Sun Apartments** (Section 8 Mesa)  
615 South Williams, Mesa, AZ 85204  
Go to property to obtain application.

## Senior Housing + Services

**ACOYA Independent Living** (480)275-8300  
6502 East Brown Rd, Mesa, Az 85205

**Brookdale Springs Mesa Independent Senior Living**  
(480) 985-8900

**Canyon Winds Senior Living** (480)948-0600  
7311 East Oasis St, Mesa AZ 85207

**Centennial Village** (480)833-6036  
Ages 62+ 130 West Brown Road, Mesa, Az 85201  
Fill out application at [centennialvillage.org](http://centennialvillage.org)

**Christian Care Manor IV** 1-(888)460-2182  
Ages 62+, Independent and Assisted living  
6945 East Main St, Mesa AZ 85207

**Discovery Point Independent Living**  
(480)924-6474  
6210 East Arbor Ave. Mesa, Az 85206.  
All inclusive – provides meals, housekeeping, transportation to shopping and medical.  
Pick up application at office.

**Encore on First** (480)834-4547  
Senior Housing Ages 62+  
25 West First Avenue, Mesa, AZ 85201

**Fellowship Square** (480)654-1800.  
Senior Living  
6945 East Main St, Mesa AZ 85207

**Mesa Senior Meadows** (480)615-7893  
333 East 6<sup>th</sup> St. Mesa, Az 85201

**Orchard Mesa** (480)870-8105  
108 N Greenfield Road, Mesa, AZ 85205

**Page Commons** (480)813-4609  
170 North Oak Street, Gilbert, AZ 85233

**Paz De Cristo** (480)464-2370  
Seniors ages 60+ Food Boxes  
3rd Thursday 10-11 am, Must register ahead to receive a pass card. Call for registration information

**Sliver Crest** (480)649-9117  
Ages 62+,  
255 East 6<sup>th</sup> Street, Mesa Az 85201  
Pick-up application in office.

**Senior Help Line** (602)542-2124

## Food and Meal Services

**[azfoodbanks.org](http://azfoodbanks.org)** Enter zip code for food pantries nearby.

**Lutheran Social Services Food Pantries and SNAP enrollment assistance** (480)489-5772  
*First Evangelical Lutheran Food Pantry*  
143 North Date, Mesa 85201 Tues and Thursday  
9am-11:15am (except 2<sup>nd</sup> Tuesday of the month)  
and 2<sup>nd</sup> Wed of the month 5pm-7pm  
*Victory Lutheran Church Food Pantry*  
5946 East University Drive Mesa, Az 85202, Mon  
and Wed 9am -11:30am  
*Help enrolling in SNAP or AHCCS: Call 480-489-5772 to schedule an appointment.*

**Paz de Cristo** (480)464-2370  
Dinner served daily with take away bag 5:15pm – 6:45pm. Food Boxes given out on Tuesdays  
424 West Broadway, Mesa, Az 85210

**Saint Vincent de Paul Dining Hall**  
Dining room supervisor: (602)619-9411  
Breakfast served daily Mon–Sun 9:30am–1:30 pm.  
49 West Broadway Rd. Mesa, Az