OUR MENU

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

MONDAY
Fragrant Chicken Tagine with Jewelled Lemon Couscous

TUESDAY
Classic Beef Lasagne, Garden Salad & Homemade Garlic Bread

WEDNESDAY
Salt & Pepper Roast Chicken, Crisp Roasties, Roasted Root Vegetables & House Gravy

THURSDAY
Chicken Tikka Masala, Wholegrain & White Rice, Kachumber Salad & Mango Chutney

FRIDAY
Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

VEGETARIAN MAIN MEALS

MONDAY
Harissa Roasted Sweet Potato & Chickpea Tagine with Jewelled Lemon Couscous (VE)

TUESDAY
Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)

WEDNESDAY
Crunchy Topped Macaroni Cheese, House Salad or Seasonal Vegetables (V)

THURSDAY
Goan Potato & Spinach Curry, Wholegrain & White Rice, Kachumber Salad & Mango Chutney (VE)

FRIDAY
Roasted Provencale Vegetable & Feta Pasty with Chips & Peas (V)

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Berry & Apple Crumble with Custard	Sticky Toffee Pudding with Butterscotch Sauce	Pear & Cocoa Sponge with Custard	Apple & Chocolate Pinwheel	Manager's Special

Fruit & Yoghurt Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD
Available Daily

JACKET POTATOES
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

Street Vibes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffalo Cauliflower Wings on Salt & Pepper Wedges (V)	Greek Souvlaki Chicken	Korean Crispy Fried Chicken	Mei Goreng Indonesian Fried Noodles (V)	Manager's Street Vibes Special

NATURally

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sweet Chilli Glazed Vegan Bites (VE)	The Big Plant Burger (VE)	Vegetable Gyozas in a Chilli & Ginger Broth (V)	Lentil Buddha Bowl (VE)	Vegan Bean & Jalapeno Burrito (VE)

TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Manager's Special	Mozzarella & Tomato or Spicy Sausage, Cheese & Tomato Pizza	Manager's Special	Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.

Innovate

DON'T MISS OUT ON FREE SCHOOL LUNCHES EVERY DAY!

Innovate provide delicious, nutritious meals every day in your school. Our chefs cook everything fresh each day with a huge choice at break and lunch.

Amazing food with loads of choice and an exciting modern twist is what we're all about. Don't just take our word for it, have a look at the sample menu overleaf!

FREE SCHOOL MEALS - WHY YOU SHOULD USE IT

Free school meal funding can bring over £475 a year of fantastic fresh food.

If your child is entitled to Free School Meals, the allowance means that they can choose one of our **GREAT MEAL DEALS** at breaktime or lunchtime. This will be completely **FREE OF CHARGE** up to the free meal allowance with no extra to pay. We only ask that their choices consist of a balanced meal.

Confidentiality is ensured as the allowance is automatically loaded onto your child's account. They then use their balance in same way as all our customers with their card or the biometric system. You can also add extra money on to their account, if you wish, which does not impact on the funding at all.

IF YOU'RE ELIGIBLE, DON'T MISS OUT! IT'S A COMPLETELY SAFE AND DISCREET WAY FOR YOUR CHILD TO ENJOY A DELICIOUS LUNCH EVERYDAY

To find out if you are entitled then visit **www.gov.uk/apply-free-school-meals**

THE CATERER FOODSERVICE CATEYS 2023 Winner

SO MUCH CHOICE

You can **choose from a great range** from modern and traditional main meals from roasts and curries to international street foods with stir fries, noodles pastas, burritos and wraps all made from fresh ingredients every day. There's a great selection of vegetarian and vegan meals plus a tempting salad bar and hearty fresh soups.

You can choose from our wide range of fresh, tasty meal deals up to the free school meal allowance at break or lunch **free of charge.**

All we ask is that they are nutritionally balanced **e.g., Main meal and dessert, hot wrap and flapjack or a baguette and a drink.**