

# ODIES NEWSLETTER

HOËRSKOOL FH ODENDAAL MONTHLY LETTER  
TERM 2

MAY 2025



## TABLE OF CONTENTS:

Important dates	p2
Value driven school	p2
Academics	p3
Sport	p8
Social	p14
Final words	p16
Addendi	p17

## VALUE OF MAY

### Perseverance:

*/pəˈsiːvɪərəns/*  
*persistence in doing something despite difficulty or delay in achieving success.*

*Strive High*

Page 1

*Perseverance is not a long race; it is many short races one after the other.*

Walter Elloit



# Important dates:

4 June Netball play offs  
15 June Fathers' Day  
16 June Youth Day  
27 June School closes

## VALUE DRIVEN-SCHOOL

As a value driven school, we base our values and norms on internationally accepted terms. This value system is built up of seven components, namely:

- Respect
- Vision
- Empowerment
- Appreciation
- Flexibility
- Humility
- Humanity



*By perseverance the  
snail reached the ark.*  
Charles Spurgeon



# Academics

On May 26, the exam began in earnest. The first week has been completed. Many thanks to every Odie who came to the exam venues neatly dressed and prepared.

Here are some study tips for parents to assist their children during the exam.

- **Time Management**

Be on top of the learner's assessment schedule and help them devise a realistic study plan. If everyone is on the same page regarding what needs to be revised by when both learner and parent are less likely to get anxious about the passing of time. It is not helpful to keep reminding the learner to study if there isn't a solid plan in place.

- **Previous Papers**

Assist children by sourcing previous papers and replicating an exam environment at home for paper writing practice. Emphasise that the exercise aims to practise the art of writing under specific circumstances and that reviewing the results of the mock home exam provides an opportunity to identify areas that need further attention. Take away the pressure that the aim is to achieve top marks at home.

- **Be available for assistance**

Offer support when your child needs help understanding a concept, reviewing material, or organising their study plan. However, encourage independent problem-solving and critical thinking skills.

- **Limit excessive screen time**

Recognise that screen time is often an avoidance mechanism that gives rise to prolonged procrastination. Set clear boundaries and stick to it. Period.



*A man is not finished  
when he is defeated. He is  
finished when he quits.*  
Richard M Nixon

## • Environment

Create, as far as possible, a peaceful and supportive environment. Given the demands, challenges and high stakes associated with exams, that is not always easy, but it remains a goal worth striving for. Learners can focus and apply themselves better when additional anxiety and stress are reduced, and they know they are supported.

## • Encourage a Balanced Routine

Help your child establish a balanced routine that includes sufficient time for studying breaks, physical activity, and rest. A well-planned schedule can reduce stress and improve productivity.

## • The Fundamentals

Parents should ensure their children get enough sleep, outside time and exercise, and opt for healthy foods as far as possible. Try to steer them away from a strategy of late-night or early-morning cram sessions fuelled by energy drinks and other stimulants.

## • Foster Open Communication

Create an atmosphere where your child feels comfortable discussing their concerns, challenges, and progress. Please encourage them to ask for help when needed and be an empathetic listener. Be willing to listen without judgment or jumping in to solve the problem when a child wants to talk about their fears, concerns, and anxiety. If the student shows signs of frustration, remind them to take a break and join them to sit outside or go for a walk.

## • Offer Positive Reinforcement

Recognise and appreciate your child's efforts, progress, and achievements. Positive reinforcement can boost their motivation and self-confidence.

[Source: World of Work • June 5, 2023] 



*Great works are  
performed not by strength  
but by perseverance.*  
Samuel Johnson



# Afrikaanse Spelknopie

The annual Spelknopie took place on 22 May. This event, which is the Afrikaans version of Spelling Bee, is annually attended with great excitement. This year was no different. More than 70 learners registered to participate. Yet there could only be one winner. We would therefore like to introduce the winners to you.

## Senior phase



**Jesica de Wet  
Winner**



**Elsabé vd Sandt  
Second place**



**Leah Hare  
Third place**



*Through hard work,  
perseverance, and faith in  
God, you can live your  
dreams.*

Ben Carson

# F&T phase



**Donelle Frazenberg**  
**Third place**



**Darren Nation**  
**Second place**



**Annatjie Kruger**  
**Winner**



*A river cuts through rock,  
not because of its power, but  
because of its perseverance.*  
Jim Watkins



On the 8<sup>th</sup> of May Afrikaans celebrated 100 years as an official language. It was widely celebrated. We asked the Odies what their favourite Afrikaans word is.

**Lekker!!!patat** hoender  
Helleveeg **moenie** mooi **nè**  
**beeldskoon** **musiek**  
**BAKGAT** **nou-nou**  
**grototter** **liefie**  
**voertsek** teleurstelling  
wys vergelyking geskiedenis  
**ongelooflik** **POPPE** **agie** **sies**  
**dankie** dans **LIEDJIES**  
**flaterwater** **gevaarlik**  
**spookasem** **agie** **pragtig**  
**beeshaas** **KYK**  
**bekommer** **vreeslik**  
**SKATERLAG**  
**onderskeidingskandidaat**  
**PLATEJOGGIE** **VETKOEK**  
**klopdisseboom**  
**grondboontjiebotter**

**Respek** Page 7

*Perseverance is a great element of success.*  
Henry Wadsworth Longfellow

*Perseverance is a  
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Henry Wadsworth Longfellow



# SPORT

## Netball

**Against Loreto Convent: 23 May**

**u16A won 16 - 2**

**u17A won 15 - 11**

**First Team won 21 - 12**

**Against Crawford College: 16 May**

**u15A won 19 - 13**

**u16A won 23 - 3**

**Against Woodhill College:**

**20 May**

**u14A won 15 - 8**

**u14B won 24 - 0**

**u16A won 25 - 2**

**u16B won 16 - 3**

**u17A won 18 - 8**

**First Team won 25 - 19**

**Against Lyttelton Manor: 9 May**

**u14A won 15 - 4**

**u14B won 21 - 7**

**u15A won 16 - 10**

**u15B drew 12 - 12**

**u16A won 16 - 5**

**u16B won 15 - 4**

**First Team won 33 - 14**



*I may not be there yet,  
but I am closer than  
yesterday.*

Anon





# Hockey

Our girls are going from strength to strength. The first hockey team is winning match after match. Well done, Hokkie bokies.



**Against  
Hoërskool Hercules  
won 2 - 0  
Against  
Hoërskool Silverton  
won 1 - 0**



*Perseverance is failing  
19 times and succeeding  
the 20<sup>th</sup> time.*

Julie Andrews



# RUGBY

10 May vs Maragon Mooikloof  
u15 won 36 - 5  
FHO scored 8 tries!

16 May vs Hoërskool Silverton  
u15 won 52 - 0  
u17 won 29 - 12  
First Team won 43 - 31  
FHO scored 20 tries!

**Friday 23 May both the u15 and u17 teams played in the semi finals for the City Cup.**

**The u15 team played against Maragon Mooikloof and the u17 team against Curro Roodeplaat.**

**The u15s emerged victorious with a score of 41 - 5.**

**This saw them advance to the final on 30 May.**

# WE ARE THE CHAMPIONS



Responsibility

Page 10

*Success is not the absence of failure, its persistence through failure.*  
Aisha Taylor





Verant-  
woorde-  
likheid

Page 11

*Great things come from  
hard work and  
perseverance. No excuses.*  
Kobe Bryant



# CHESS



**Our chess teams  
participated  
against  
Hoërskool Silverton  
and bagged a win  
against  
Christian Brothers  
College Mount  
Edmund.**



*Bongiwé Cele*

**During the Tshwane South School District  
Individual Finals she ended 4<sup>th</sup> in the district.  
She will be playing in Gauteng Finals.**



*Perseverance is  
stubbornness with a  
purpose.*  
Jenny Garret





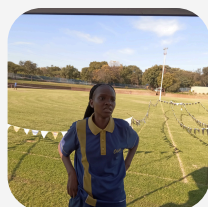
# CROSS COUNTRY

FHO hosted a cross country meeting.

FHO bagged two wins:

Thumiso Machele winner of the Senior Girls' race and

Nokuthula Lupahla winner of the Junior Girls' race.



*Courage and perseverance  
make difficulties disappear  
and obstacles vanish.*  
Anon



# Social Affairs

The last academic day before the exams start was 'n day filled with a lot of fun. Teachers dressed as learners and learners dressed as their favourite teacher guarantee lots of laughter.



Excellence

Page 14

*Be persevering at the bottom and humble at the top.*  
Maxime Lagace





*Patient and perseverance  
they are the biggest  
armour against all odds.*  
Sujata Chatterjee



# Final word

FOLLOW US ON FACEBOOK:

HOËRSKOOL FH ODENDAAL INFO PAGE  AND INSTAGRAM: HS\_FH\_ODENDAAL 

*Thank you*

To all the community who supported us by dropping your till slips  
in the FHO box at East Lynne Spar.

♥ Remember!

On August 1st the school celebrates its birthday. This day  
will be full of surprises and treats. Keep an eye on our social  
media for more information.

FHO celebrates



years of excellence



*Blessed is a man who  
perseveres under trial.*  
James 1:12

# 2026 ONLINE ADMISSIONS

FOR GRADE 1 AND 8

**APPLY ONLINE  
FOR GRADE 1 AND/OR  
GRADE 8**

to secure space for your child at a  
Gauteng public school.

**OPEN:**

**THURSDAY  
24  
JULY  
2025**

**CLOSE:**

**FRIDAY  
29  
AUGUST  
2025**

To apply, login to  
**[www.gdeadmissions.gov.za](http://www.gdeadmissions.gov.za)**

**#2026OnlineAdmissionsGP**

**PLAY YOUR PART!  
APPLY ONLINE! APPLY ON TIME!**



*10th Year*  
**ONLINE ADMISSIONS**  
Anniversary



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**GAUTENG PROVINCE**

EDUCATION  
REPUBLIC OF SOUTH AFRICA

**GGT 2030**  
GROWING GAUTENG TOGETHER



# Wen Wetenskap & Wiskunde Win Science & Maths

## Graad 10 tot Graad 12

### Wetenskap:

- Nifty Notas @ R130
- Flashy Flitskaarte @ R70
- Vraestelle met memo's @ R130

**Vat die volledige  
Wetenskap Pakket  
vir slegs R300**

## Grade 11 to Grade 12

### Science Pack:

- Snazzy Summaries @ R130
- Tricky Exam Papers with Answer Sheets @ R130
- Flashy Flash Cards @ R100

**All the Science  
Goodies for R300**

## Graad 10 tot Graad 12

### Wiskunde:

- Vraestelle met Memo's @ R130
- Nifty Notas @ R130

**Vat die volledige  
Wiskunde Pakket  
vir slegs R240**

Afleweringkoste / Courier  
Costs @ R120

## Grade 10 to Grade 12

### Maths:

- Tricky Exam Papers with Answer Sheets @ R130

**[HTTPS://WENWETENSKAP.CO.ZA](https://wenwetenskap.co.za)**

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