

Week 1					
	Monday	Tuesday	Wednesday	Thursday	Friday
Snack am	Bananas and orange	Breadstick and houmous	Apple and pear	Cheese and tomato	Variety of melon slices
Dinner	Sausage mash and beans Greek yogurt	Chicken lasagne with salad Fruit	Five bean chilli and rice Greek yogurt	Tuna pasta bake with garlic bread Fruit	Homemade chicken and leek pie with potatoes Greek yogurt
Snack pm	Cheese and tomato	Variety of melon slices	Cucumber & carrot sticks	Bananas and orange	Cucumber & carrot sticks
Tea	Pizza Fruit	Tomato and basil pasta Greek yogurt	Tuna and cheese crustless sandwiches Fruit	Spaghetti loops on wholemeal triangles Greek yogurt	Cream cheese and ham wraps with cucumber sticks Fruit
Week 2					
Snack am	Apple and pear	Cucumber & carrot sticks.	Variety of melon slices	Cheese and tomato	Variety of melon slices
Dinner	Pasta bolognaises bake with garlic bread Greek yogurt	Chicken curry, rice, sweetcorn and naan bread Fruit	Sausage Danish, mash, peas and gravy Greek yogurt	Beef lasagne with salad Fruit	Fish cake with a cheesy vegetable bake Greek yogurt
Snack pm	Breadsticks and houmous	Banana and orange	Cheese and tomato	Banana and orange	Cucumber and carrot sticks.
Tea	Spaghetti loops on wholemeal triangles Fruit	Crumpets and cheese Greek yogurt	Pizza Fruit	Homemade soup with bread Greek yogurt	Tuna and cheese crustless sandwiches Fruit
Week 3					
Snack am	Variety of melon slices	Cheese and tomato	Bananas and oranges	Breadsticks and houmous	Cheese and tomato
Dinner	Sausage and tomato pasta bake with garlic bread Greek yogurt	Mince stew with potatoes and peas Fruit	Fish fingers, mash and beans Greek yogurt	Five bean chilli with jacket potato Fruit	Homemade cheese and onion pie with baked beans Greek yogurt
Snack pm	Cucumber and carrot sticks	Apples and pears	Breadsticks and houmous	Variety of melon slices	Apples and pears
Tea	Chicken goujons with wraps and dip Fruit	Muffins with cheese spread and cucumber sticks Greek yogurt	Tomato and cheese pasta Fruit	Cheesy beans on wholemeal squares Greek yogurt	Cream cheese and ham wraps with cucumber sticks Fruit

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Dinner	Sausage mash and beans Fromage frais	Chicken lasagne with salad Fruit	Five bean chilli and rice Fromage frais	Broccoli and cauliflower bake with garlic bread Fruit	Homemade chicken and leek pie with potatoes Fromage frais
Snack pm	Cheese and tomato	Variety of melon slices	Cucumber & carrot sticks	Bananas and orange	Cucumber & carrot sticks
Tea	Pizza Fruit	Cold pasta salad Fromage frais	Tuna and cheese crustless sandwiches Fruit	Spaghetti loops on wholemeal triangles Fromage frais	Cream cheese and ham wraps with cucumber sticks Fruit
Week 2					
Snack am	Apple and pear	Cucumber & carrot sticks.	Variety of melon slices	Cheese and tomato	Variety of melon slices
Dinner	Pasta bolognaises bake with garlic bread Fromage frais	Chicken curry, rice, sweetcorn and naan bread Fruit	Sausage Danish, mash, peas and gravy Fromage frais	Beef lasagne with salad Fruit	Fish cake with a cheesy vegetable bake Fromage frais
Snack pm	Breadsticks and houmous	Banana and orange	Cheese and tomato	Banana and orange	Cucumber and carrot sticks.
Tea	Spaghetti loops on wholemeal triangles Fruit	Crumpets and cheese Fromage frais	Pizza Fruit	Homemade soup with bread Fromage frais	Tuna and cheese crustless sandwiches Fruit
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