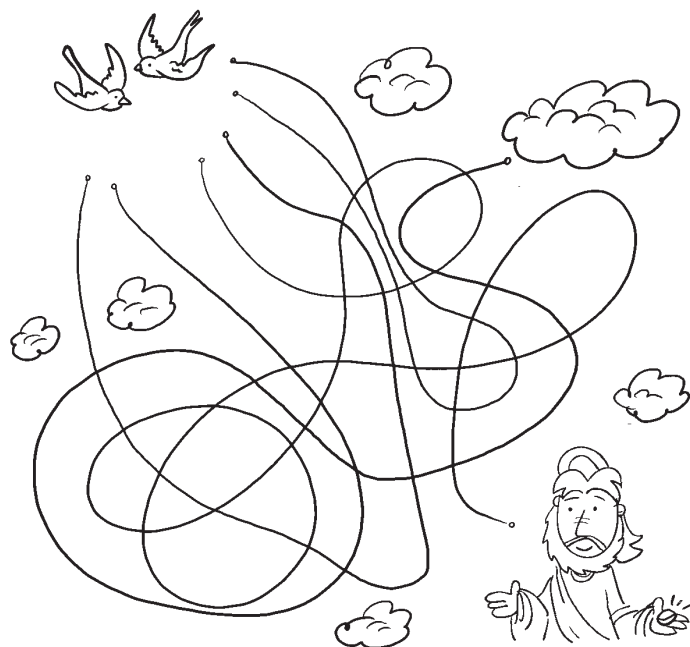


PUZZLE

Find the right path to Jesus



MISSION

I will exercise my body and pray-er-cise my soul for 10 minutes every afternoon.

GROWING WITH THE *Gospel* CYCLE A

COLOR

Read the Gospel of the week and color the image.





GOSPEL

Counting the hairs on your head can get tiresome and confusing. However, God knows exactly how many you have. Your body works on its own. You do not have to tell your heart to beat or your lungs to fill with air. Every day your body needs exercise to make all parts work well. Every day your soul needs pray-er-cise or talking with God. Pray-er-cise will fill you with peace and make your fears go away.

PRAYER

Thank you for my body and soul, Lord.

DRAW

Draw a picture of everyone in your family exercising and/or pray-er-cising together.