



CATECHESIS & EVANGELIZATION



LITURGY



SACRAMENTS



EUCARIST



SERVICE

MATER DOLOROSA

— ONE BODY IN THE EUCHARIST —

JOURNEYING TO HOLINESS

JULY 5, 2026

PARISH CENTER (650) 583-4131 Fax (650) 616-9066

CONTACT INFORMATION:

Pastor, Fr. Vito Perrone: (650) 583-4131 x 3
Parish Manager, Frances Lidwell: Frances@mdssf.org or
(650) 583-4131 X 1

D.R.E., Felisa Cepeda: mscepeda@mdssf.org
or (650) 583-4131 x 2

Mrs. Betti Magoolahan, COSJ-TO,
Counselor, LMFT #129494 (650) 302-6252
Website: www.mdssf.org

Parish Center Hours:

**Tuesday—Friday 8:30 a.m. to 12:00 p.m.,
1:00 p.m. to 5:00 p.m.**

In **URGENT** need of sacrament of the sick only:
call: 650-930-7819,
Otherwise, please call the parish center
at 650-583-4131 x 1.

♦ **MASS SCHEDULE** ♦

Saturday Evening: 5:00 p.m.

Sunday: 8:00 a.m., 10:00 a.m., & 12:00 Noon, Daily: 8:00 a.m.

Byzantine Divine Liturgy (In the Monastery) on

Saturday 10:00 a.m. & Sunday 8:00 a.m.

Holy Days of Obligation: 8:00 a.m., 10:00 a.m. (Latin Mass)

12:00 Noon, & 7:00 p.m.

Latin Mass in the Extraordinary Form: Monday through

Friday 12:00 Noon. Saturday 9:00 a.m. & Sunday at 2:00 p.m.

First Friday Healing Ministry Mass 7:00 p.m.

First Saturday Marion Devotion following the 8:00 a.m. Mass

Reconciliation: Saturday 3:00-4:30 p.m.

Fourth Saturday of the Month 5:00 Mass in Tagalog

♦ **BAPTISM** ♦

We welcome your child to be baptized at Mater Dolorosa Church.

Baptisms take place the fourth Saturday of every month at 11:30 a.m.

Baptism Preparation Class is offered for families of scheduled baptisms, the third Saturday of every month at 11:30 a.m. Parents should contact the Parish Center *three months prior* to the desired date of the baptism to allow for preparation and for scheduling.

♦ **FIRST EUCHARIST and FIRST RECONCILIATION** ♦

Families must be enrolled in Family Faith Formation one year prior to the direct preparation for each Sacrament.

♦ **CONFIRMATION** ♦

Families must be enrolled in Family Faith Formation one year prior to the direct preparation for the reception of Confirmation.

♦ **MARRIAGE** ♦

Please contact the Parish Center at least 6 months prior to your wedding date to allow time for Marriage Preparation.

♦ **FAMILY FAITH FORMATION** ♦

Family Faith Formation is a ministry in which parents and children learn about the Catholic faith together and with other families.

Family gatherings begin in September.

♦ **OCIA** ♦

Contact Deacon Ramon de la Rosa

♦ **PASTORAL STAFF** ♦

Father Vito Perrone, COSJ, Priest-Monk, Pastor

Father Andrew Mbinkar Berinyuy, Sch.P., Parochial Vicar

Father Mikhael Mihic, COSJ, Priest-Monk

Father Joseph Homick, COSJ, Priest-Monk

Rev. Mr. Ramon de la Rosa, Permanent Deacon

Mrs. Betti Magoolaghan, COSJ-TO, Counselor, LMFT #129494

Mr. Robert Kosch, COSJ-TO, Head Sacristan

Mrs. Frances Lidwell, Parish Manager

Mrs. Felisa Cepeda, Director of Religious Education

Mrs. Evangeline deGuzman, Finance Manager

Dr. Jennifer Donelson, Music Director

Mr. Marlon Evangelista, Music Director

Ms. Aida Gamboa, Music Director

Mary Charisse Rozario, Young Adult Ministry Coordinator

Jordi Cortez, Master of Ceremonies/Liturgy

Mr. Bernardo Ortiz, Parish Maintenance

Mr. Alfred Urcuyo, Building Maintenance

PARISH VISION

We, the faithful of Mater Dolorosa parish, as members of the Mystical Body of Christ, journey together in response to our baptismal call to holiness to reach our goal of eternal life.

PARISH MISSION

We are a Catholic community that draws life from Eucharistic adoration, contemplative prayer, and diverse liturgical celebrations. We form disciples in deepening the gospel values, celebrating the sacraments, and accompanying one another in Christ-like love and sacrificial service.

July 5, 2026
THE FOURTEENTH SUNDAY in ORDINARY TIME

Today's Readings:
Zechariah 9:9-10; Ps 145:1-2, 8-11, 13-14;
Romans 8:9, 11-13; Matthew 11:25-30

How to Make Burdens Feel Light

Does the yoke of Jesus weigh you down or does it feel light? His yoke — according to what he exemplified with his life — is servant-hood, a ministry that cares for others, a love that makes sacrifices.



We feel weighed down by personal struggles; we have so many of our own crosses to carry and so many people need our attention that we're exhausted from it all. We need a vacation, an escape, time out! So why does Jesus tell us that his yoke is easy? Why does he say that the burdens of servanthood are light? How can sharing in the ministry of Jesus be restful? When we strain and pull against the yoke — against our union with Christ — we suffer from our own mistaken ideas of what we should be doing. It is when we remember that we're yoked to Someone who is infinitely stronger and wiser than we are that the burden becomes light. The yoke becomes a source of joy. Jesus offers us everything we need for plowing the fields that God assigns to us. When we cooperate with him, the burden is indeed light. We find rest in Jesus and we benefit from his strength. Our anger and resentment and weariness disappear. We experience holy pleasure in our tasks, because we're yoked to the goodness and the energy of Jesus himself.

Ministries

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Come to Me,
all who are
weary and
heavy-laden,
and I will
give you rest

Matthew 11:28



COLLECTIONS



Collection Totals For June 28

First Collection \$ 5,903.00
Peter's Pence \$ 2,687.00

Our Second Collection this Sunday is for
Family Faith Formation

Our Second Collection next Sunday is for
Parish Maintenance & Improvement

*Thank you for your continued, generous, support
of our parish and your Catholic Church!*

ON LINE DONATIONS—SIMPLIFIED!

You may scan the QR Code which will take you directly to the donation page on our website, or you may use the link provided below. Thank you for your support! All online donations will go through the Mater Dolorosa Church PayPal donation page: https://www.paypal.com/donate/?hosted_button_id=9MZ4QA7W5X6RQ.



MASS INTENTIONS FOR THE WEEK

Sat. July 4	5:00 p.m.	Walter & Mamie Jo (D)
Sun. July 5	8:00 a.m. 10:00 a.m. 12:00 p.m. 2:00 p.m.	COSJ Benefactors Arminia Salting (D) People of the Parish Maxima Franco Ramos (D) (Latin Mass)
Mon. July 6	8:00 a.m. 12:00 p.m.	Fr. Joseph Homick (L) Reinaldo Salamanca (D) (Latin Mass)
Tues. July 7	8:00 a.m. 12:00 p.m.	Peter Nguyen (D) Reinaldo Salamanca (D) (Latin Mass)
Wed. July 8	8:00 a.m. 12:00 p.m.	Nartiso Serafine & Medina Cruz (D) Mike Malongy (D) (Latin Mass)
Thur. July 9	8:00 a.m. 12:00 p.m.	Tina Dizon (L) Min Lim Lioe (D) (Latin Mass)
Fri. July 10	8:00 a.m. 12:00 p.m.	Marciano Carnero (D) Reinaldo Salamanca (D) (Latin Mass)
Sat. July 11	8:00 a.m. 9:00 a.m.	Thelma Pineda (D) The Holy Souls in Purgatory (D) (Latin Mass)

**Please keep all those who are sick or unable
to attend Mass in our parish family,
in your prayers:**



Jill Abalos, Maria Avendano, Linda Bagain, Edward Barrientos, George Barrientos, Jason Bell, Benjamin Bonilla, Cleo Brazier, Dan Buntjer, Marlene Caballero, Ambrose Calonsag, Sionita Carmen, Zosimo Carmen, Charito Casanas, Elmira Castro Evelyn Cenni, Augusto Cepeda, Monica Chew, Annalie Davanzo, Bernard deGuzman, Lucy Delahoussaye, John Dresser, Mario Evangelista, Luis Flores, Rodolfo Flores, Demetrio Gomez, Jr., Donald Gomez, Katherine Hernandez, Kristin Ibisate, Patricia Kelly, Sally Lacanlale; Felicitas Martinez, Cindy Mak, Lina Mamerto, Efrén Mendoza, Jr., Ricardo & Marina Menendez, Pat Mendoza, Lucy Ocampo, Antonio Ocbena, Antonio Paat, Francisco Perez, Francisco Quitugua, Gerald Ramos, Jim Rodriguez, Archie Sam, Gigi Sam, Brian Samujh, Erlinda Silverio, Ken Sweeney, Luis Torres, Jr., and Simeon Wee.

**We pray that they find peace, comfort and healing
in Jesus Christ, our Divine Healer.**



Explore the Gospel as a family: Matthew 11: 25-30 –
14th Sunday in Ordinary Time – Rest in Jesus –

The readings this weekend

show Jesus as a humble and peaceful king. God cares for the weak and tired. Jesus invites people to trust him and find rest in his gentle way. Go to the link below to read the readings for this weekend as a family; <https://bible.usccb.org/bible/readings/070526.cfm>

Family Chat: Jesus invites us to bring him our burdens and promises us that he will give us rest. How do you rely on Jesus during times of trouble? When has Jesus helped you?

Family Challenge: In today's Gospel, Jesus encourages us to rest in him. This week, slow down, allocate some time to simply rest in Jesus, relax, and recharge your batteries.

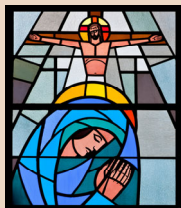
Family Activity: Create an Outdoor Sacred Space - Consider creating a sacred space in your backyard by converting a shed to a chapel or a garden area into a grotto. Having a sacred space in your backyard gives you a place of refuge where you can collect your thoughts and pray without interruption. Involve the whole family in planning and building the space. Search the Internet for ideas and inspiration!

Liturgy Link: What do you think the chalice (the special cup used by the priest during the consecration of the Eucharist) is made of?

Family Prayer: Lord, you are our refuge in times of trouble. Help us to trust in you when life feels heavy. Teach us to rely on your strength instead of our own. Give us peace when we are weary. May we always turn to you and find rest in your loving care. Amen.

Information for this week's column taken from <https://young-catholics.com/> and www.52Sundays.com

For more information about our Family Faith Formation program please contact Mrs. Felisa Cepeda at mscepeda@mdssf.org



MATER DOLOROSA'S 65TH ANNIVERSARY

Everyone reserve the dates! We will be celebrating our Mater Dolorosa 65th anniversary starting on September 11th through September 15th! We are planning what will be a profound spiritual life experience for everyone! Please mark your calendars now for the September 11th through the 15th for Mater Dolorosa Parish celebration of 65 years!

MATER DOLOROSA'S 65th ANNIVERSARY SCHEDULE:

Sunday, September 6th through Monday, September 14th: Novena to Our Lady of Sorrows after the 8:00 AM Mass, after Noon Mass, and after the 9:00 AM Saturday Mass

Friday, September 11th: Key Note Speaker, Fr. Anthony Stoeppel, in the St. Lorenzo Luiz Parish Hall 7:00 p.m.

Friday, September 11th through Tuesday, September, 15th: Twenty-Four Hour Eucharistic Adoration

Saturday, September 12th: 8:30 AM Mass (no 8:00 & 9:00 AM Masses) celebrated by Fr Anthony Stoeppel. 10:30 AM -Eucharistic Procession to Sign Hill and Benediction with Fr. Anthony Stoeppel

Saturday, September 12th: Concert of Philippine Madrigal Alumni Singers with participation of MD Music Ministry 7:00 PM

Sunday, September 13: -Sunday at 11:00 AM Solemn High Mass celebrated by Fr Vito Perrone

No 10:00 & 12:00 Masses, (4:00 PM Latin Mass) Pot Luck Luncheon Reception follows with Raffle Drawing

Monday, September 14th: Special 5:00 PM Vigil Mass & Last Day of Novena to our Lady of Sorrows

Tuesday, September 15th: Tuesday 8:00 AM Mass, 12:00 PM Noon Latin Mass. Praise & Worship.

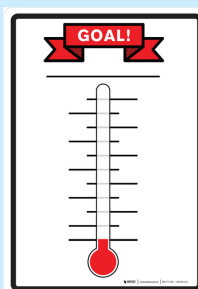
WELCOME: We hope you get to know us and we get to know you. Please fill out (PRINT) the bottom portion and place it in the collection basket, or mail it to: 1040 Miller Ave., SSF, CA 94080-1446. To complete the registration, we will mail you a registration form to fill out and return. Thank you.

Mr. & Mrs. ☐ Ms. ☐ Mr. ☐ Miss ☐

Phone _____

Address _____ City _____

Zip _____



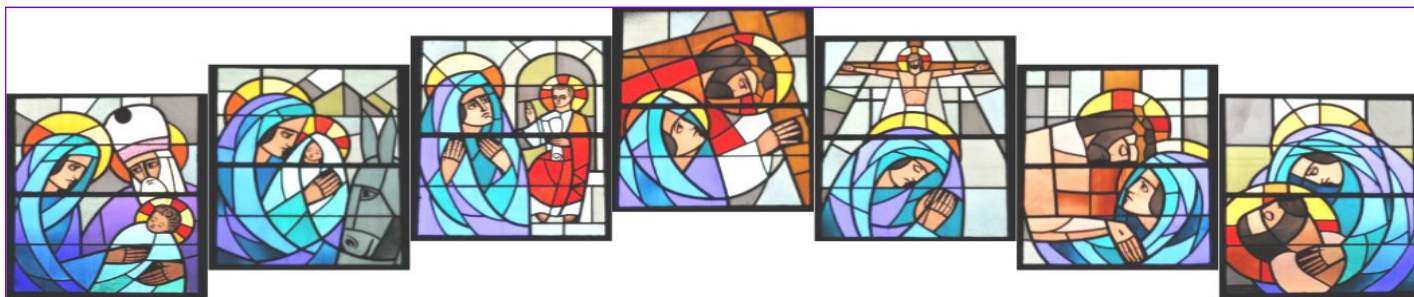
AAA 2026

Our Annual Archdiocesan Annual Appeal for 2026

AAA Assessment Goal:	\$ 69,173.00
Received to date:	\$ 8,200.00
(On-line, and by mail)	
Amount Yet to be Raised	\$60,973.00

Archdiocesan Annual Appeal brochures were mailed out this week. You may mail your donation, or drop your filled out brochure in the collection baskets. Thank you!

**Please make your pledge checks payable to
The Archdiocesan Annual Appeal**



MD'S GOT TALENT!

Enjoy a buffet of Filipino food while watching a showcase of varied musical talents from the Mater Dolorosa Children and Adult Choir at MD's Got Talent 2, on August 15 from 11 am to 3 pm. Tickets at \$25 per adult and \$10 per child, 12 years old and under are now available at the church vestibule or from any of our choir members. Proceeds from this luncheon fundraiser will benefit the Mater Dolorosa Music Ministry's Marian Shrine Pilgrimage in July, 2027. Thank you.



Worship Schedule at Mater Dolorosa

SUNDAY

6:30 AM MORNING PRAYER
7:00 AM Deep Listening to Sacred Scripture
8:00 AM HOLY MASS (English)
8:00 AM Byzantine Divine Liturgy (COSJ Chapel)
10:00 AM HOLY MASS (English)
12:00 PM HOLY MASS (English)
2:00 PM HOLY MASS (Latin)
5:30 PM EVENING PRAYER (Gregorian Chant)
6:00 PM Deep Listening to Scripture Readings

MONDAY - FRIDAY

6:00 AM Holy Hour/Eucharistic Adoration
7:00 AM MORNING PRAYER (Gregorian Chant)
7:30 AM Deep Listening to Scripture Readings
8:00 AM HOLY MASS (English)
Followed by Eucharistic Procession on 1st Fridays
8:45 AM Eucharistic Adoration until 11:45 AM
12:00 PM HOLY MASS (Latin)
1:00 PM Eucharistic Adoration until 7:00 p.m.
5:30 PM EVENING PRAYER (Gregorian Chant)
7:00 PM Healing Mass First Fridays followed by Eucharistic Adoration until Midnight
5:30 PM Begin with Eucharistic Procession on Thursdays
6:00 PM Holy Hour/Eucharistic Adoration
End with Benediction on Thursdays
6:55 PM Closing Prayer. Sung Prayer to Our Lady of Sorrows & St. Joseph, Followed by Individual Blessing with Holy Water

SATURDAY

6:00 AM Holy Hour/Eucharistic Adoration
7:00 AM MORNING PRAYER (Gregorian Chant)
7:30 AM Deep Listening to Scripture Readings
8:00 AM HOLY MASS (English)
9:00 AM HOLY MASS (Latin)
10:00 AM BYZANTINE DIVINE LITURGY (COSJ Chapel)
10:00 AM-4:00 PM EUCHARISTIC ADORATION
3:00 PM CONFESSION
3:30 PM First Saturday Eucharistic Adoration for Life
4:00 PM EVENING PRAYER (Gregorian Chant) (First Saturdays Prayer 3:30 to 4:45 p.m.)
4:30 PM Deep Listening to Scripture Readings
5:00 PM HOLY MASS (Sunday Vigil—English)
SUNDAY (See Bulletin Cover)



LEGION OF MARY

Mary Mother of the Holy Eucharist Praesidium

Invites You

Workshop on TRUE DEVOTION TO MARY

AND PREPARATION FOR THE ACT OF CONSECRATION

"The easiest, shortest, surest and most perfect way to Jesus Christ is through Mary."
— Saint Louis Marie de Montfort

Saint Louis Marie de Montfort, a great saint of the Catholic Church, in his classic book, "True Devotion to Mary" advocates to all Christians that the easiest, shortest, surest and most perfect way to Jesus Christ is through Mary. Thus, he states that all "our perfection consists in being conformed, united and consecrated to Jesus Christ" and that we can find Jesus Christ through our consecration to Mary, becoming as it were her slaves completely surrendering all our possessions into her hands.

WORKSHOP DETAILS

Date: Friday, July 10, 2026

Time: 7:00 p.m.

Place: Mater Dolorosa Legion of Mary Room

AT THIS WORKSHOP YOU WILL:

- Learn about and appreciate the treatise of Saint Louis Marie de Montfort's renowned book, "True Devotion to Mary."
- Understand the meaning and graces of Marian Consecration.
- Receive the outline and requirements for the 33-Day Preparation.
- Discover how consecration leads us more perfectly to Jesus through Mary.

33-DAY PREPARATION

Please note that the first day of the 33 Day Preparation is **July 13, 2026**

The traditional preparation consists of thirty-three days of prayers, readings, and meditations prescribed.

THE FORMAL ACT OF CONSECRATION

Date: Saturday, August 15, 2026
(In honor of Our Lady of the Assumption)

Mass ~ 5:00 p.m.
The Act of Consecration will immediately follow after the Holy Sacrifice of the Mass.

Books on True Devotion (which includes the 33 Day Preparation) are available for sale.

\$12.00

TOTUS TUUS
Completely Yours Through Mary

FOR MORE INFORMATION, CONTACT:

Bro. Ambrose Calonsag
(650) 531-0031

Under the Guidance of Mary, We Serve Christ.