Please join us for Adoration from 7AM to 8AM before the 8:30AM weekday morning Mass.

Confessions will be heard on Saturdays from 3 to 3:45PM.

MASS SCHEDULE
Monday - Thursday Mass 8:30 AM with Rosary following the weekday Mass Saturday 4:00 PM
Sunday 8:00 AM and 10:30 AM
*Holy Days of Obligation 8:30 AM, 12:15 PM, 7:00 PM
*Except for Christmas, New Year & Easter

St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, cast into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

PRAYER FOR PEACE
God of peace and justice, today we hold the people of Ukraine in our prayers. Please bring peace to our world and the laying down of weapons. Jesus, we ask you to please end the invasion and war in Ukraine and soften the hearts of the Russian authorities.

May all experience your spirit of comfort and compassion.

With Your mercy and grace, please save Ukraine and our world. Amen.

Ash Wednesday
Mass at 8:30AM & 7PM
Ash Distribution Service 12:15PM

The parish offices will be closed on Monday, February 20, in observance of Presidents’ Day. There will be no Adoration or morning Mass. Wishing you and your loved ones a blessed and safe holiday!
SUNDAY, FEBRUARY 19
THE SEVENTH SUNDAY IN ORDINARY TIME

**Mass Intentions**

Saturday, February 18
4PM Mass
Kenneth Kotecki
Sylvia Heuser
1st Anniversary

Sunday, February 19
8AM Mass
Frank & Anna Marie Berlen

10:30AM Mass
Christopher Doulas
The Parishioners of Holy Ghost
Living and Deceased

**Mass Intention Information**

$10 stipend per Mass Intention.
Mass Intention requests, in compliance with the
Decree on Mass Stipends, began on January 1,
2016: There will be one intention for a Mass.
Mass will be offered for all Parishioners in the Parish on Christmas Eve,
Christmas Day, Holy Thursday, Easter Vigil,
Easter Sunday, and Holy Days of Obligation.
No other intentions will be taken
for the Masses on these days.

**Lenten Disciplines of Fasting & Abstinence**

Catholics in good health ages
18 to 59 are required to fast
and to abstain from meat on
Ash Wednesday and Good Friday.

Fasting consists of eating only one
meal, with the possibility of two
smaller snacks that do not add up
to a single full meal.

Catholics age 14 and older
are to abstain from meat
on all Fridays in Lent.

**2023 CMAA Pledge Report**

Thanks to your generosity, we have
reached our goal in paid pledges and
70% of the amount over our goal will
be returned to our parish for our needs.

2023 PARISH GOAL: $54,300
2023 AMOUNT PLEDGED: $15,475
2023 AMOUNT PAID: $8,395
2022 BALANCE DUE: $7,080

**In Memory of Sylvia Heuser**

From Judith Mackey

**Ash Wednesday**

Ash Wednesday, February 22
8:30AM Mass & 7PM Mass
The Parishioners of Holy Ghost
Living and Deceased

12:15PM
Ash Distribution Service

**Thursday, February 23**

John James Koleno III

**Our Sanctuary Lamp**

Our sanctuary lamp is a 7-day candle that is
always lit above the tabernacle. If you would like
to contribute $20 to the cost of the weekly
candle, we will include an acknowledgement
in the bulletin. You are also welcome to make
the donation in memory of a loved one.
You may mail your request with your contribution
to: Holy Ghost Church
at 254 N Wood Dale Road,
Wood Dale IL 60191.

**In Memory of Stefania Kietbasiewicz**

From The Meyer Family

Names will be printed in the
bulletin in the
order in which
they are received.

**Food for the Banquet**

A beautiful way to honor your loved ones,
living or deceased, is through providing
Food for the Banquet.
You may mail your request with your $50
contribution to Holy Ghost Church at
254 N Wood Dale Road,
Wood Dale IL 60191.

**In Memory of Sylvia Heuser**

From Judith Mackey

**Please help: Our food drive is ongoing.**
Non-perishable canned, boxed and bagged food
items may be placed on the shelving unit in
the gym. Your continued support is most appreciated.

**Catholic Ministries Annual Appeal**

Diocese of Joliet

**Your gift to the CMAA makes a difference**

The opening report for the 2023 Catholic
Ministries Annual Appeal (CMAA) in
today's bulletin reflects how we belong
to God because we are part of Christ’s
Church.

Through the CMAA, we care for the most
vulnerable members of our community.
We also benefit, as a parish, from the
many ministries the CMAA supports, like
vocations, Catholic education and faith
formation.

Our parish’s goal for the 2023 CMAA is
$54,300. The diocese will return 70
percent of any amount we raise over this
goal to us. You should have received a
packet about the CMAA, including a
pledge card, in January. Please review
this information and prayerfully reflect on
your gift to this year’s CMAA.

**Thank You**

for your generosity
The Seventh Sunday in Ordinary Time

PRAYER & WORSHIP

February 19, 2023

THE LORD’S PRAYER

HOLYGHOSTPARISH.ORG

03

Pray for Our Military

Lord, hold our troops in your loving hands. Protect them as they protect us. Bless them and their families for the selfless acts they perform for us in our time of need. Amen.

Sal Abbate
Cathy Alcozer
Gloria Anderson
Joel Calderone
Anna Canale
Ron Catalano
Martin Chiido
James Cumo
John Davis
Rose Marie Davis
Philip Giancola
Gerry Grupe
Evelyn Hickman
Erika Hoeing
Anthony Jasinski IV
Karen Junke
Meaghan K.
Mike Kaiser
Virginia Kapelanski
Kathie Kelley
Joyce Kordas
Carrie Krush
Patricia Krush
Angela Liga
Noel Lopez
Wendell Meyer
Bill Morse
Gloria Paz
Lisa Perez
Laverne Peterson
Rose Powers
William Powers
Joseph Prince
Robert Rosch Sr
Andrew Rosinski
John Rossi
Reiner Siedentop
Wanda Slupik
Jackie Vanjoske
Larry Venere
Carol Williams
Jim Wright
Maria Yanez

Please help: Is our Military Prayer List current? Please email: joni@holyghostparish.org or call the parish office at 630-860-2975 to help us update this information. Thank you!

RECOGNIZE GOD IN OUR ORDINARY MOMENTS

The Hardness of Holiness

Want to know the words I find hardest to say? “Lord, give me the strength.”

The world tells us to push ourselves outside of our comfort zone if we’re training for a marathon or applying for a job—but if we’re talking about God, everything is supposed to be easy. If it comes “naturally” or without struggle it’s supposed to be right.

Only God is perfect, the world tells us. What’s the use of trying so hard?

I’m really good at finding excuses for myself, especially when it comes to holiness. Holiness, often (not always, but often), is about choosing the hard, but right, thing. The invitation to holiness is whispered in the hardest moments of my day when I am the most hopelessly human. After the kids’ bedtime, when I really just want to watch Dateline and eat too much ice cream instead of saying the Rosary. When I’ve committed to helping someone, but it suddenly becomes incredibly inconvenient. When I see a social media post that’s just begging for a snarky reply. When the conversation becomes gossip and I’m dying to make myself feel superior to someone.

The reason it’s so difficult for me to mutter these five simple words is because I know that if I say them and mean them, they form a prayer that God will always answer in the affirmative. He will give me the strength I ask for, and then I will have no excuse.

It’s not unlike my kids claiming they’re too tired to clean up the playroom. If they would just ask me for help, it would all be so doable. But where would that leave them?

With a job to do, that’s where.

“And be holy, for I, the LORD, your God, am holy.” — Leviticus 19:2

By Colleen Jurkiewicz Dorman ©LPi

LET US PRAY FOR THE SICK OF OUR PARISH

LT COL Anthony Calabrese
LT COL Patty Calabrese
MAJ Mary Dones
CAPT Joseph Piscopo
CAPT Jeremy Shimaneck
1st LT Joshua Jalowiec
SSGT Robert W. Dones
SSGT Timothy Latvis
SRA Randall Pierbok

ARMY:

LTC Robert Bowen
LTC Grace Gallagher
SSGT Zack Cieslak
SPC Marco Garcia
SPC David Patcher
CWO4 Anderson Mann
PVT Steven Badgley
PVT Ian Schaukuk

MARINE CORPS:

CAPT Edward W. Miller
SGT Nicholas Reid
CPL Charles Golowacz
CPL Jack Rowley
LCPL David Lozeau
PVT Cameron Andersen
PVT Vincent Anthony Ettman
PVT Billy Termine
PVT Michele Giuseppe Bottalico

NAVY:

LCDR Nicholas Lucania
LT Matthew Starzaik
HM3 Danielle Schlarb, CST
Ryan James Ruizol

ACT OF SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

My Jesus,
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**Readings for the week of February 19, 2023**

**Sunday:** Lv 19:1-2, 17-18/ Ps 103:1-4, 8, 10, 12-13/ 1 Cor 3:16-23/Mt 5:38-48

**Monday:** Sir 1:1-10/Ps 93:1-5/ Mk 9:14-29

**Tuesday:** Sir 2:1-11/ Ps 37:3-4, 18-19, 27-28, 39-40/ Mk 9:30-37

**Wednesday:** Jl 2:12-18/ Ps 51:3-6b, 12-14, 17/ 2 Cor 5:20–6/ Mt 6:1-6, 16-18

**Thursday:** Dt 30:15-20/ Ps 1:1-4, 6/Lk 9:22-25

**Friday:** Is 58:1-9a/ Ps 51:3-6a, 18-19/Mt 9:14-15

**Saturday:** Is 58:9b-14/Ps 86:1-6/ Lk 5:27-32

**Next Sunday:** Gn 2:7-9; 3:1-7/ Ps 51:3-6, 12-13, 17/ Rom 5:12-19 or 5:12, 17-19/ Mt 4:1-11

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**QUESTIONS OF THE WEEK - AN INVITATION TO REFLECT AND RESPOND TO SCRIPTURE**

**First Reading:**
Leviticus teaches us that one way to be holy is to have an attitude of love and non-retaliation toward your family and neighbors. Can you name some examples when you have acted in this manner?

**Second Reading:**
Paul teaches that as believers we are now “the temple of God” with the “Spirit of God” dwelling in us. How might we celebrate this new reality?

**Gospel:**
Jesus challenges his disciples to love and to pray for your enemies. Why do you think Jesus encourages us to behave this way?

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**GOSPEL MEDITATION**

7th Sunday in Ordinary Time

I don’t know what to do with the word “perfect” here. We are called to be perfect, just as your heavenly Father is perfect (Matthew 5:48), but I am not capable of being as holy or as perfect as God. My problem is that I have difficulty reconciling how perfectionism, which according to the wisdom of the world is a laudable trait, can make someone feel so miserable. Perfectionists set unreasonable standards for themselves and others, which often results in anxiety, fear of failure, procrastination and damaged self-esteem when those unrealistic, self-set expectations are not met. In fact, perfectionism runs counter to my understanding of how our relationship with God should be because it misleads the perfectionist into thinking our worth comes from our own accomplishments and abilities, when really our worth comes from our faith in Christ. Perhaps the problem I have with “perfect,” then, is that I accept the world’s conventional wisdom about how important it is to be perfect and what that means. I can’t help but think that it would be seen as foolishness in the eyes of God (1 Corinthians 3).

So instead of focusing on an ill-defined sense of “perfect,” look to how our heavenly Father is perfect to get a better idea of how we are called to live. I read Matthew 5:48 in some other translations, and I found The Message to be helpful: “Live generously and graciously toward others, the way God lives toward you.” The psalmist today gives a wonderful list of God’s traits, beginning with our response: The Lord is kind and merciful. We also see that God pardons and forgives, heals, brings compassion, is slow to anger. When I read that He does not “requite us according to our crimes,” I can more readily understand why I am not to seek revenge, bear hatred, cherish grudges (Leviticus 19), retaliate or offer resistance (Matthew 5).

Thankfully, our loving and merciful Lord gives us some positive ways to focus our energies. Love your neighbor as yourself is a great start, and then Jesus extends that with love your enemies. Jesus then tells us to pray for our adversaries, which may seem hard but has the wonderful result of changing our own hearts so that we no longer consider them our enemies. In Leviticus, God tells us to love and let go of hatred, anger, desire for vengeance, and grudges. In the Gospels, Jesus tells us to love those who attack or take advantage of us. When we obey, we benefit spiritually, mentally, emotionally and sometimes even physically as we let the Spirit take from us those sources of pain and bitterness. When we love, as Christ commanded, we keep His word, and (as our Alleluia verse tell us) the love of God is truly perfected in us. Perfect, just as our loving, merciful, forgiving, gracious heavenly Father is perfect. (And to all you perfectionists out there: Remember, God told us to love our neighbors and ourselves, so show yourself some loving mercy, too.)

Used with permission from Creighton’s Online Ministries
Please join Pope Francis in praying his February 2023 intention:

We pray that parishes, placing communion at the center, may increasingly become communities of faith, fraternity and welcome towards those most in need.

**DISCIPLES MAKING DISCIPLES**

Our small groups have begun this past week. You can still join us! Call Susan if you are interested in **Discovering Christ** (Mondays 7pm); **Sharing Christ** (Tuesdays 7pm); **BE FORMED** (Mondays 7pm); **Metanoia** (Sundays virtually 7pm or Tuesdays Noon); **Jesus, the Way, the Truth and the Life** (Mondays 10am or Wednesdays 7pm).

Please plan on joining us for our **Parish Mission: RESTORED**. Deacon Keith Strohm will return to Holy Ghost on Sunday, February 26 at 4pm and Monday, February 27 at 7pm. **Please see the next column for more information.**

Save Saturday, March 11 from 10AM-Noon for our next Spirit Saturday! This will be a **Morning of Reflection: The Broken Pot**. We will examine brokenness. We have all experienced brokenness at some point in our lives. In spite of the cracks, chips and brokenness, we are always beloved in the eyes of our Creator. We will meet in the Koinonia Room. Enter the Religious Education door in the circular driveway. Please sign up on the parish website on SIGNUP GENIUS or contact Fran: 630-766-4508.

**HALLOW PARISH LENTEN PROJECT**

Hallow, the #1 Catholic prayer app in the world, is partnering with Holy Ghost Parish this Lent as one of only a handful of parishes to pilot a new Lenten program. As part of this partnership, we will be journeying through Hollow’s Lenten Challenge together as a parish, centered around the spiritual classic: *The Imitation of Christ*. Please join us for a Challenge kick-off event on Sunday, February 26 at 9am in the gym. A light brunch will be provided. This will be a Religious Education Family Event but the parish is also invited to attend. Parishioners just need to register below with Hallow or call Fran: 630-766-4508 to register for brunch. Please bring your electronic device (phone, ipad, etc) to our meeting so you are able to download the app. We will meet all the Sundays of Lent with the exception of March 26th. There is no cost to be part of this pilot program. To learn more about the Challenge, please sign up at hallow.com/lentenchallenge. We look forward to praying with you this Lent.

If you have questions, please call Susan: 630-860-3691 or stutaj@holyghostparish.org

Lenten Blessings!
Susan Tutaj Coordinator of Discipleship
Soup and Scripture: “Questions Jesus Asks”
Threshold Bible Study by Stephen Binz Facilitated by Mary Lally
Be nourished and renewed by the living word of God, as you share a meal with others in our faith community.

One of the most striking characteristics of Jesus, ministry is the way he continually asks questions of those he encounters. Jesus’ questions help us to come to new understandings, see different perspectives and ultimately change our lives.

Please join us as we explore thirty questions Jesus asks us including: “Why are you afraid?” “Do you want to be made well?” “Do you know what I have done for you?”

Cost: $30 Lunches are included.
Please sign up at holyghostparish.org on SignUpGenius or call Fran at 630-766-4508.

Celebrate a wonderful tradition with us!
Holy Ghost Parish Saint Joseph Table
Sunday, March 19

Two Seatings:
Breakfast after 8:00 AM Mass
Lunch after 10:30 AM Mass
Our celebration ends at 2PM

If you would like to be a sponsor, volunteer or make a monetary or food donation, please sign up at the Welcome Center or call us:
Nancy: 630-673-7906
or
Antoinette 630-802-5535

Here are some suggestions of food items that may be donated to our St. Joseph Table:
Bagels
Muffins
Donuts
Cookies
French Toast Sticks
(Costco or Sam’s Club)
Juice
Potato Salad
Pasta Salad
Sandwich Tray
Olives

If you would like to bring a home cooked dish, please ensure that it is fresh, wrapped properly and placed on a food safe plate. We want to keep food safety in mind.

Thank you!

Call for Nominations for Woman of the Year
The Holy Ghost Council of Catholic Women will be electing their Woman of the Year for 2023 at a future General Membership Meeting.
Please write a short nomination note about your candidate and the reasons why she should be elected Woman of the Year. This woman should have shown outstanding service to Holy Ghost Parish.
Please seal your nomination in an envelope marked CCW Woman of the Year and drop it off at the parish office.

The parish office is open Monday through Thursday from 8AM until 3PM. We look forward to your participation in this event.

Nominations will be accepted up to February 19th.
Happy 5th Anniversary to myParish App!

Lent this year begins on February 22nd with Ash Wednesday, and the First Sunday of Lent is February 26th. On the First Sunday of Lent five years ago, in 2018, we launched my Parish App. Happy 5th Anniversary to all of us who have had the App for five years! We hope you have found it a great spiritual and communication tool which brings us closer to our Lord. Now that Lent is upon us once more, we hope the features of Daily Readings, Prayers, and inspirational buttons, Fr. Burke’s Blog, Bible in a Year and Catechism in a Year, and link to our outdoor Stations of the Cross help you to make this a spiritually fulfilling Lent. It’s never too late to download the App. Please see the instructions below.

Holy Ghost Church has partnered with Diocesan Catholic Life Everyday to bring something exciting to our parish. This App will help us communicate better with our parishioners and inspire us to be better Christians during this holy season of Lent and beyond.

Some of the features include:
- Messages from the Parish
- The daily readings read at Mass
- Outdoor Stations of the Cross
- Fr. Mike Schmitz’s Catechism and Bible in a Year
- The latest Catholic news from around the world
- An easy-to-reference list of Catholic prayers with prayer requests and prayer reminders
- A helpful examination of conscience and next confession reminder
- A button for online giving
- Parish information and directory
- Bulletins
- Homilies from Bishop Barron
- A reminder feature called “Mass Mode,” for Mass and confession.
  This includes phone silencing notification to help encourage us all to be more present while at Holy Ghost.
- And much more...

As you can see, this app offers a lot of capabilities for improving parish communication and serving as a faith building resource. It is well thought out and should become a real asset to complement our daily faith lives.

Here are the directions to download the App:
1. Open your text messages icon on your phone
2. Type 55321 in the number field
3. Type App in the text field - Send
4. A link is sent. Tap it. It sends you to the correct app store for your phone.
5. Open it in the store (you may have to put in your password for Apple or Android). Tap download. Install. Tap open.
6. Allow the push notifications.

Check them out to get the most out of MyParish App.