



2026 IPAS *Healthcare* IN THE HEARTLAND

OCTOBER | 26-27 | 2026

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THANK YOU FOR SUPPORTING THE IOWA PA SOCIETY

INFORMATION

2026 IPAS FALL CME COMMITTEE MEMBERS

Nicole Bro | Samantha Sparrow | Marc Doobay | Mackenzie Kort | Hailey Larson

Thank you to the amazing Fall CME Committee, who have been planning this conference for months! The content of Healthcare in the Heartland and the selection of the speakers are the responsibility of the planning committee. Commercial firms providing support did not have input in these areas.

In order to avoid any possible conflict of interest, the Iowa Physician Associate Society, the provider of this medical education program, has asked each person participating as faculty to disclose any financial ties with pharmaceutical companies providing unrestricted educational grants in support of this program.

CONTINUING MEDICAL EDUCATION CREDITS

This activity has been reviewed by the American Academy of Physician Associates Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 13.5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 10/26/2026 to 10/27/2026.

AAPA reference number: CME-2016385.



WI-FI

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Access Code: CIDCV

ACTION REQUIRED

Both evaluations **must be completed** for compliance purposes. Click the appropriate buttons to complete the overall conference evaluation and a separate session evaluation for each session attended.

**General
Evaluation**

**Session
Feedback**

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IOWA PHYSICIAN ASSOCIATE SOCIETY

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MONDAY, OCT. 26 | CONFERENCE AGENDA

Speaker presentations, if approved, will be available on the IPAS website. [Click here to access.](#)

7:00 AM - 5:00 PM	Registration Desk Hours <i>Pre-Function</i>
7:00 AM - 3:30 PM	Exhibit Hall Hours <i>Kinnick Ballroom</i>
7:00 AM - 8:00 AM	Breakfast
8:00 AM - 8:05 AM	Welcome & Announcements
8:05 AM - 8:50 AM	Cancer Genetic Risk Assessment: The Basics <i>Morgan Jansen, PA-C, CGRA</i> .75 CME
8:55 AM - 9:40 AM	POTS in Practice: Recognition, Diagnosis, and Management <i>Brian Olshansky, MD</i> .75 CME
9:45 AM - 10:15 AM	Exhibit Hall Break
10:15 AM - 11:45 AM	POCUS for the PA-C: Practical application of POCUS Pearls <i>Beverly DiCorso, PA-C</i> Track 1 – 1.50 CME
10:15 AM - 11:45 AM	IUD Workshop <i>Kelly T. Schmidt, WHNP-BC, MSN, BSN</i> Track 2 – 1.50 CME
12:00 PM - 12:35 PM	* Lunch Session - Clinical Approach To Hypophosphatasia Understanding NF1 plexiform neurofibromas (PN) with a real patient case Sponsored by Alexion Pharmaceuticals, Inc.

12:35 PM - 12:50 PM	Exhibit Hall Break
12:55 PM - 1:40 PM	GLP-1s and the New Frontier <i>Leon Jons, MD</i> .75 CME
1:45 PM - 2:30 PM	Addressing Vaccine Hesitancy in Pediatrics <i>Karissa Soltys, MD</i> .75 CME
2:35 PM - 3:20 PM	Nutrition 101: For the Primary Care Provider <i>Nicole Bro, MPAS, PA-C, RDN</i> .75 CME
3:20 PM - 3:30 PM	Break
3:30 PM - 4:15 PM	No Blushing Required: A Guide to Addressing Sexual Health in the Primary Care Setting <i>Yashasvi Manektala, PA-C</i> .75 CME
4:20 PM - 5:05 PM	Hidden in Plain Sight: Recognizing and Managing OTC and Unregulated Substance Use <i>Andrea N. Weber, MD</i> .75 CME
5:10 PM - 6:00 PM	Making Measles History...Just When You Thought It Already Was. <i>Sarah Auerbach, DO</i> .75 CME
6:00 - 7:00 PM	Exhibitor Mix & Mingle



**not available for CME credit*

TUESDAY, OCT. 27 | CONFERENCE AGENDA

Speaker presentations, if approved, will be available on the IPAS website. [Click here to access.](#)

7:00 AM - 5:15 PM	Registration Desk Hours <i>Pre-Function</i>
7:00 AM - 3:00 PM	Exhibit Hall Hours <i>Kinnick Ballroom</i>
7:00 AM - 8 AM	Breakfast
8:05 AM - 8:50 AM	Shift Happens: Keeping Up with the Ever-Changing World of Medicine <i>Karen Vandehaar</i> .75 CME
8:55 AM - 9:40 AM	AI in Medicine: What PAs Need to Know, Question & Do <i>Kuan Xing, PhD & David Asprey, PhD, PA-C</i> .75 CME
9:40 AM - 10:15 AM	Exhibit Hall Break
10:15 AM - 11:00 AM	How To Have More Productive Conversations About Vaccines <i>Aaron Scherer, PhD</i> .75 CME
11:05 AM - 11:50 AM	PAs Are Essential: Advancing the Profession with Purpose <i>Jeremy L. Nelson, DMSc, MPAS, PA-C</i> .75 CME

12:00 PM - 12:35 PM	* Sponsored Lunch Session <i>Sponsored by Alexion-Astra Zeneca Rare Disease</i> 
12:45 PM - 1:00 PM	Exhibit Hall Break & Poster Break
1:00 PM - 1:45 PM	Bone Health With GLP-1s, <i>Jamie Bonner</i> .75 CME
1:50 PM - 2:35 PM	The Joint Effort: Managing Chronic Pain from Ehlers-Danlos Syndrome <i>Lee Kral, PharmD, FASHP, NBC-HWC, CPMC</i> .75 CME
2:35 PM - 2:55 PM	Exhibit Hall Break
2:55 PM - 3:55 PM	Annual Meeting, Awards, & Legislative Update <i>Dentons Davis Brown Government Affairs Team</i>
4:00 PM - 4:45 PM	Screening for Hip Dysplasia: When, How, Why <i>Heather Kowalski, MD</i> .75 CME
4:50 PM - 5:40 PM	The 3Ds of Late Life: Depression, Dementia, and Delirium <i>Jason Wilbur, MD</i> .75 CME

[VIEW AGENDA](#)

**not available for CME credit*

Thank you for attending and drive safe!

IOWA PA SOCIETY | 2026 HEALTHCARE IN THE HEARTLAND STUDENT SYMPOSIUM

OCTOBER 27, 2026

10:00 a.m. - 5:05 p.m.



LOCATION:
ISAAC'S HALL

10:00 - 10:25 a.m.

Sign-In and Poster Set-Up

10:25 - 10:45 a.m.

Welcome & Kickoff

10:50 - 11:20 a.m.

Session I: From PA Student to Practicing Clinician:
Navigating the Transition Into Your First Year of Practice

11:25 - 11:55 a.m.

**Session II: Your Clinical Rotation Playbook: Prepare,
Participate, Perform.**

12:00 - 12:45 p.m.

Lunch and Sponsored Presentation

12:50 - 2:00 p.m.

Heartland Knowledge Bowl

2:05 - 2:50 p.m.

Poster Session and Exhibit Hall Break

2:55 - 3:55 p.m.

IPAS Annual Meeting and Awards

4:00 - 5:00 p.m.

Panel: Postgraduate PA Training: Structure, Opportunities,
and Career Impact

5:00 - 5:05 p.m.

Closing Remarks

✉ marc-doobay@uiowa.edu



515-750-2343



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Des Moines University

Tonix Medicines, Inc

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***Log Your Conference Credits Conveniently at
the NCCPA Website***

Keep track of sessions you attend.



Go to www.nccpa.net and log on to your personal certification record.



Click “CME” on the left and then click on “Log New CME.” Once on the “Log New CME” screen, select the conference you want to log and click “Continue.”



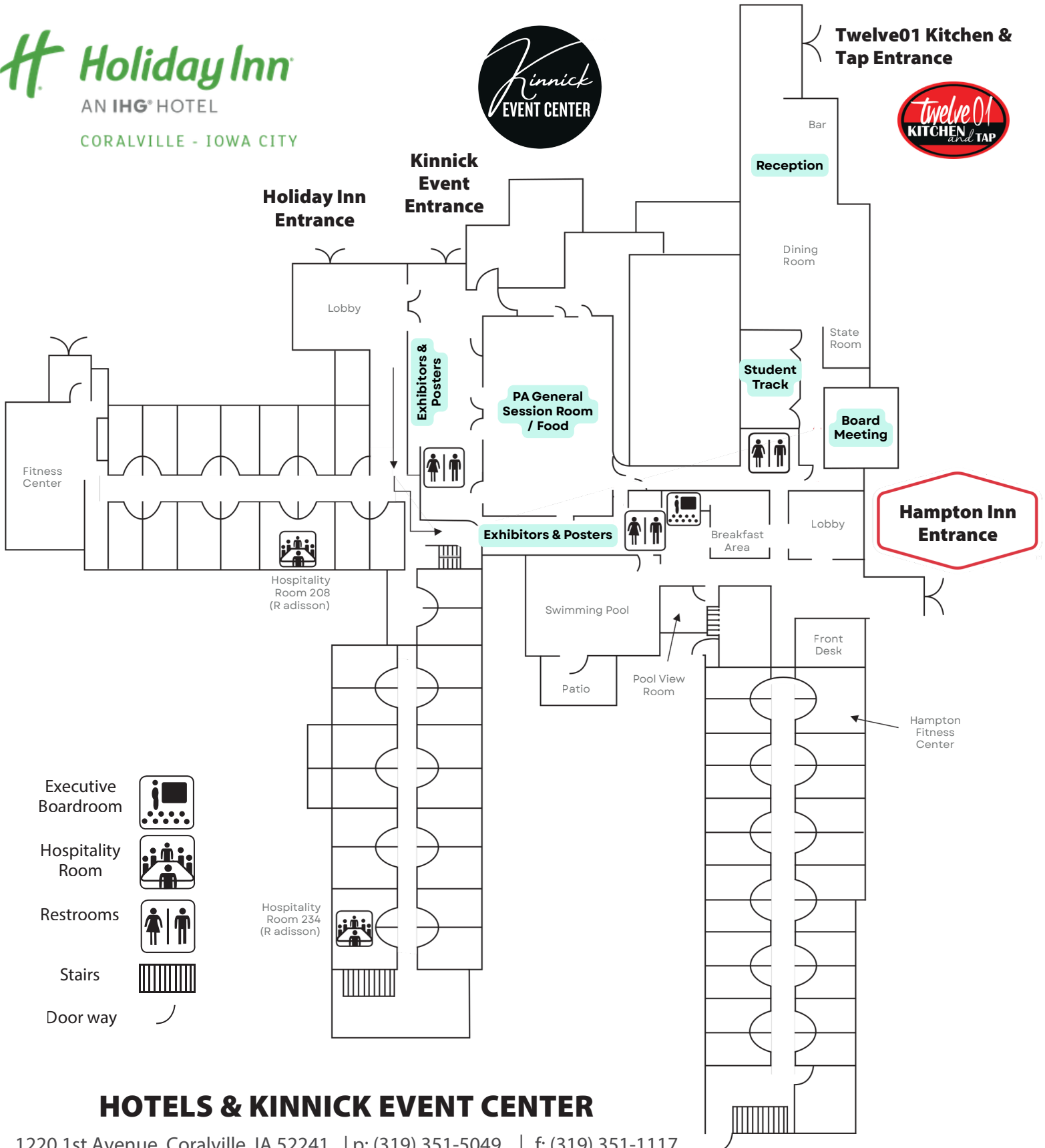
- Select the dates that you would like to log. You may log activities by day or select “All Dates” to log the sessions for all dates at once.
- Choose the sessions you attended by clicking the check box next to each session.
- If you would like to change the cycle, click on the cycle box next to each session and select the cycle for which you would like the session applied. (Only qualified cycles will be listed.)
- If necessary, change the amount of credits that you are claiming for each session in the “Credits Logged” column.
- If you would like to apply the activity to a CAQ, select the CAQ from the drop down menu in the “Also apply towards CAQ” column. (You may select multiple CAQs.)
- When you have selected the day’s activities, click on the box next to the statement that states “I certify that the above information is true and correct,” and then click the “Save” button and choose the next step that you would like to take.
- To close the conference and entering all sessions that you attended for the conference, click “Save” and then select the “Save and Close Conference” option.

****To edit a session after it is logged, go to the CME Details page and click “edit” next to the session.***

By logging your credits through the Conference Logging Link, your credits are verified, and thereby not audited by NCCPA.

Our service representatives are available 8:30 a.m. - 5:00 p.m. EST Monday-Friday to help answer any questions you may have. The NCCPA customer service line is (678) 417-8100.

VENUE MAP



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