



Clinical Rotation Success

Licensure/ Certification/ CME

Laura Delaney, MSPA, PA-C, AAPADF



Objectives

- Discuss how to thrive with preceptors
- Understand the benefits of feedback
- Review communication
- Navigate the postgraduate pathway:
 - PANCE
 - Licensure
 - Certification
 - Early career CME

The Art of
medicine....
“Seven Skills
That Promote
Mastery”

<https://www.aafp.org/pubs/fpm/issues/2014/0700/p25.html>

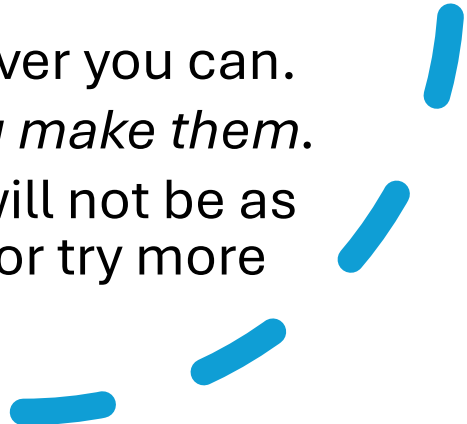
- **Take a moment to focus before entering the consultation room.**
- **Establish a connection with the patient**
 - use the patient's name
 - developing rapport and agreeing on an agenda
- **Assess the patient's response to illness and suffering.**
- **Communicate to foster healing**
 - Be authentic, show that you value the person, be sensitive to what they are experiencing
- **Use the power of touch**
- **Laugh a little**
- **Show some empathy-** vital but so seldom practiced



Clinical Setting



How to Thrive With Your Preceptor in the Clinical Setting...

- **Arrive on time:** Punctuality and a professional appearance make a strong impression.
 - **Be Prepared: Take Initiative – Do your homework**
 - Review patient information, common conditions, and procedures before each rotation and day to prepare for case discussions.
 - **Stay flexible**
 - **Take advantage of the opportunities available to you**
 - “Strive to view every experience during rotations as a learning opportunity, even if it is not how you would choose to practice.”
 - “Take initiative! Volunteer to do whatever you can.
 - *Your clinical experiences are what you make them.*
 - If you stand back, the preceptor will not be as likely to engage you or let you see or try more things.
- 

Understand the benefits of Feedback...

- **Treat every day like a job interview**
 - **Be an Effective Communicator**
 - Understand when it is and is not OK to ask questions
 - **Seek and Use Feedback**
 - View constructive criticism as a *gift for growth* and use it to identify areas for improvement in your skills and knowledge.
 - Do not wait until the end of the rotation to review your evaluations. Rather, play an active role in your growth and seek out constructive feedback
- 

Your Clinical
Year is a
Different
Busy...
Preparation
is key

- **Create a Study Plan**
 - Instead of cramming, do a small number of questions from a [PANCE question bank](#) each day to build comprehension incrementally.
- **Take Initiative – Do your homework**
 - Review patient information, common conditions, and procedures before each rotation and day to prepare for case discussions.
- **Stay organized:**
 - Bring necessary tools like a pen, notebook, and stethoscope, and keep notes on interesting cases or concepts you need to review later.
- **Go all-in on your least favorite rotation**
 - Disinterest can manifest subconsciously, and your team will be able to sense it, leading to poorer evaluations
- **Prioritize Self-Care**

Know what makes a great PA

- **Be Kind**
- **Be Honest**
- **Be Eager-** Your eagerness as a PA student is a gift.
- **Be Curious**
- **Be Confident and Be Humble-** you've got this!
- “Although a strong medical knowledge base will make up an essential part of being a competent PA, always keep in mind that it will be your empathy, communication skills, cultural competency, integrity, common sense, and your service to your patients that will really make you a great PA.”
 - <https://www.aapa.org/career-central/5-tips-for-surviving-your-clinical-rotations/>



Professional Development

- **Arrive on time:**
- **Show a positive attitude:**
- **Be proactive:**
- **Clarity:**

Maximize Learning

- **Take advantage of opportunities:**
 - Do not hesitate to ask to see more patients or participate in procedures.
- **Ask thoughtful questions:**
 - Go beyond what you can easily find in resources and ask questions that show you've thought deeply about the case.
 - Knowing what to do in a clinical situation is one thing....Understanding WHY is the most important part. Ask why with specifics...
- **Use downtime wisely:**
 - Utilize moments of waiting for results or between patients to review patient charts, research, or prepare for the next day.
- **Study incrementally:**
 - Instead of cramming, do a small number of PANCE or EOR questions daily to make retention easier and reduce stress.

Words of Wisdom- From Past Students:

1. Develop a good routine for each rotation- prepare the night before for the next day

2. Communication-ask questions to build on what you already know

Speak to everyone as if they could be a professional reference

This is your job each rotation is a full-time job- do what you need to do to get a promotion

Ask for the experiences you want- share your SPECIFIC goals

3. Study- answer test questions 10-15 each night. Weekends- study the topics you missed during

the week 5-6 hours/ day

Rosh review; boost Rosh exam- shoot for 70% or more the week before

PA Rotation Exam Review Book;

[Paul Alexander Gonzales, Mia Adair McDonald](#)

• ISBN/ISSN: 9781975193348

Relax when you get home; get a good night sleep

4. Be Prompt: Arrive 15-20 min. before the day begins

5. Learn from your mistakes

Please do not listen to your peers about how their rotation went

6. Ask for a letter of recommendation at the end of your rotation

7. Carry a notebook in your pocket and more than one pen





Key Takeaways

- Clinical rotations can be the most difficult yet rewarding aspect of your medical education.
- Excelling in rotations is not easy and requires involvement, staying curious, cultivating trust, planning, and requesting feedback.
- There is no one recipe for success.
 - Ask each team what will help them specifically and, remain kind to yourself.
- At the end of the day reflect on what you learned that day
- Believe in yourself



Licensure

- SIGN UP FOR PANCE
 - Head to nccpa.net 90 days before graduation to schedule your test date.
 - The cost is \$500, which is due when you register.
 - The earliest you can take PANCE is 7 days after your PA program end date.
 - You have 180 days from the beginning of your exam timeframe to take the exam.
 - PREPARE CV/RESUME
 - GATHER REFERENCES
 - START JOB SEARCH
- 



Nice to
know....

- What are your prescriptive rights in your desired state?
- [25th Edition of PA Laws and Regulations](#)
- What are the average salaries for new grads in your state? In your desired specialty?
- Comprehensive PA salary report-
 - available to AAPA members
 - Can purchase for \$275

Submit application for License and Pay Fee

- Submit your application, create an account, apply, and pay online.
- The application fee is \$120. Application fees are non-refundable.
 - <https://dial.iowa.gov/licenses/medical/physician-assistants/how-do-i-physician-assistant>
- Applicants must submit the following:
- Official academic transcripts verifying graduation from a program for education and training of physician assistants accredited by the Accreditation Review Commission on Education for the Physician Assistant.
 - The official transcripts must be sent directly to the college or university's office.

Requirements to maintain license...

- 100 CME every 2 years; one can apply up to 50 CME to the following renewal period
- In Iowa, a medical provider must complete child and adult abuse training within their first six months of employment and then repeat it every three years to maintain certification.
- The training consists of two separate modules—one for child abuse and one for dependent adult abuse—which must be completed individually.
- The course(s) will be the curriculum provided by the Department of Health and Human Services

A large orange circle is positioned on the left side of the slide, partially cut off by the edge.

All licensees should:

- Be familiar with the continuing education requirements of their professional boards.
 - Obtain inclusive written materials about continuing education programs from program sponsors for post-renewal auditing purposes.
 - Maintain certificates of completion that includes the program or course title, date(s), contact hours, sponsor and licensee's name for four years.
 - A percentage of licensees are randomly audited following each license renewal cycle.
- 
- Four blue curved lines of varying lengths are arranged in a fan-like pattern in the bottom right corner of the slide.

DEA/ CSA

<https://www.aphl.org/aboutAPHL/publications/Documents/EH-Oct2019-Opioids-DEA-App-Process.pdf>

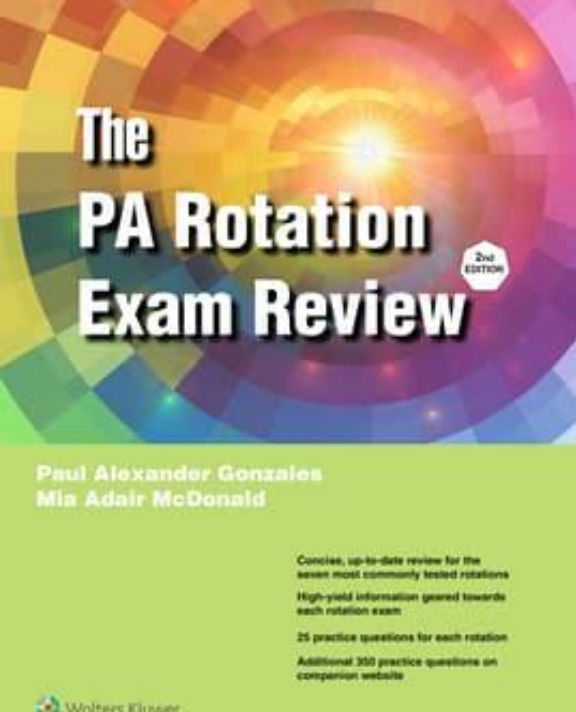
- As of 2023, DEA-registered practitioners (except veterinarians) must also complete a one-time, eight-hour-long training on substance use disorders
- Apply for a federal DEA license (Schedule 1, 2, 3, 4 & 5)
 - the cost is **\$888 for a three-year registration cycle**
 - can take 4-6 weeks to process application
- When you receive your federal **DEA** registration **number**, you must then apply for a free user account with the **Iowa Prescription Monitoring Program (PMP)**
- Once you have your DEA, you can apply for CSA (Controlled Substances Act) registration
 - You must have a CSA registration if you prescribe, store, dispense, or use controlled substances. To qualify, you must also have a current, active professional license
 - **\$90 - Initial and biennial renewal fee**

Credentialing

- Before one can bill for services, they must be credentialed with insurance companies
- If you work in a hospital, there will be hospital credentialing that must take place. This can take up to 3 months.

Resources

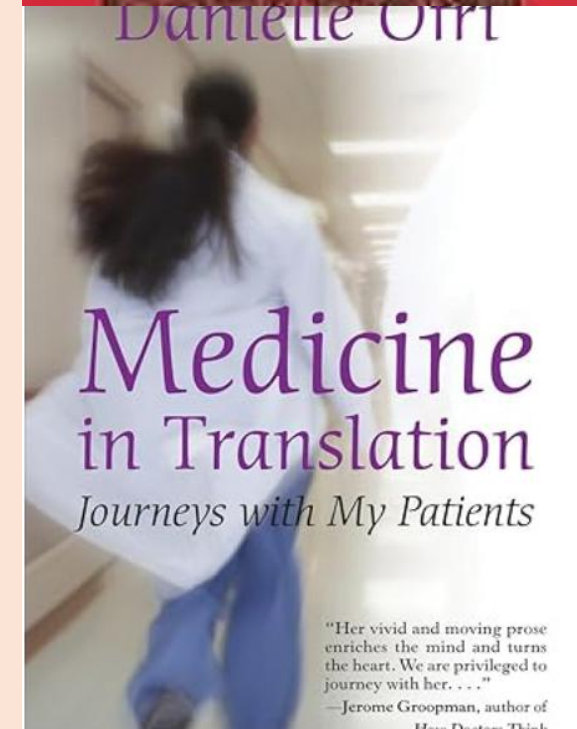
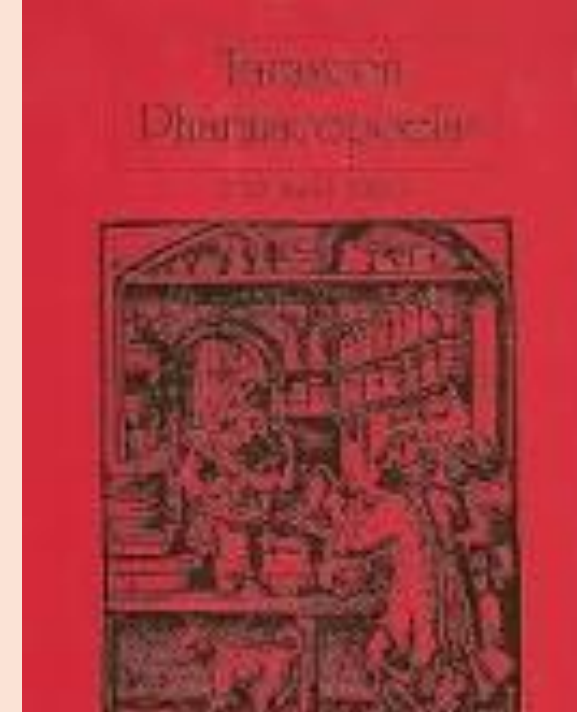
- <https://www.aapa.org/career-central/5-tips-for-surviving-your-clinical-rotations/>
- <https://tracybingaman.com/clinical-rotation/>
- <https://www.aapa.org/member-central/student-membership/surviving-clinical-phase/>
- [Board of Physician Assistants](#), Dept. of Inspections, Appeals, & Licensing, 6200 Park Avenue, Suite 100, Des Moines, IA 50321, (515) 281-0254
- [25th Edition of PA Laws and Regulations](#)
- <https://www.aamc.org/news/narrative-medicine-every-patient-has-story>
- <https://www.aafp.org/pubs/fpm/issues/2014/0700/p25.html>



Clinical Resources

- Ortho Bullets- free
- ROSH Review
- PA Blueprint (PANCE/PAEA-EORE)
 - <https://www.thepablueprint.com/the-essential-clinical-year-resources-for-pas>
- <https://blueprintprep.com/pa/resources>
- [PANCE Prep Pearls](#)
- [A Comprehensive Review For the Certification and Recertification Examinations for Physician Assistants](#)
- [podcasts](#)
- Association of Academic Radiology [-free](#)
 - <https://aarad.memberclicks.net>medical-student-resources>
 - <https://www.radiologymasterclass.co.uk/>
 - <https://med.virginia.edu/radiology/education/online-training-resources/>

Ask you preceptor!



Questions

